# The Second International CANCER REHABILITATION CONFERENCE 2006



# Survivorship:

MOVING FORWARD After Treatment

March 30<sup>th</sup> - April 1<sup>st</sup>, 2006 Vancouver, British Columbia, Canada

Sponsored by:



In cooperation with:









# WELCOME



#### **Greetings from the Local Planning Committee**

t gives us great pleasure to welcome delegates to one of the world's most beautiful cities. From sea to sky, we are driven by nature. Inspired by the land, we see its diversity reflected in our people. Our stunning scenery, numerous facilities and cultural mosaic make Vancouver one of the best places to live in the world.

We are pleased to host the Second International Cancer Rehabilitation Conference. The goal of this conference is to provide a forum for discussing current research programs and best evidence in cancer rehabilitation. We want to grow as a community that supports researchers, health care professionals and survivors who want to address the physical, psychosocial and spiritual impact on an individual's life after cancer treatment.

An exciting programme has been planned for March 2006. We look forward to meeting you in Vancouver. Please join us!

#### **Cancer Survivorship Planning Committee**

#### Sherri Magee

Conference Chair, Oncology Researcher and Co-Author of "Picking Up the Pieces: Moving Forward After Cancer"

#### Shirley Howdle

General Practitioner in Oncology, Vancouver Centre, BC Cancer Agency

#### Elaine Liau

Director, Interprofessional Continuing Education, The University of British Columbia

#### Gina MacKenzie

Regional Professional Practice Leader for Patient and Family Counseling Services, BC Cancer Agency, Fraser Valley and Vancouver Centres

#### **Maureen Parkinson**

Rehabilitation Counselor, BC Cancer Agency

#### **Brenda Ross**

Education Resource Nurse, BC Cancer Agency, Vancouver Centre

#### Deborah Rusch

Breast Tumour Group Secretariat, BC Cancer Agency

#### Kathy Scalzo

Change and Transition Consultant, Kathy Scalzo & Associates; Board of Directors – BC Rehab Society; Co-Author of "Picking Up the Pieces: Moving Forward After Cancer"

#### Carol Storoz

Past Chair, Canadian Breast Cancer Research Alliance; Past Board Member, Canadian Breast Cancer Foundation

#### Cheri Van Patten

Registered Dietician, Oncology Nutrition, BC Cancer Agency

#### Iane Wong

Representative, Interprofessional Continuing Education; Director, International Education, Faculty of Dentistry

#### **David Wozencroft**

Community Liaison, Disability Issues, TransLink; Survivor

"...Survival is not so much about the body, but rather it is about the triumph of the human spirit."

- Danita Vance

rehabilitation forward

#### Cancer Survivorship Advisory Committee

#### Philip E. Branton

Scientific Director/Directeur scientifique, CIHR Institute of Cancer Research/ Institut du cancer des IRSC, Montreal, PQ

#### Barry D. Bultz

Director, Department of Psychosocial Resources, Tom Baker Cancer Centre; and Adjunct Professor and Division Head, Division of Psychosocial Oncology, Department of Oncology, Faculty of Medicine, University of Calgary, AB

#### Andrew M Cole

Director of Medical and Allied Health Services, Hope Healthcare Ltd.; Conjoint Associate Professor, School of Public Health and Community Medicine, University of New South Wales, Sydney, Australia

#### Kerry S. Courneya

Professor and Canada Research Chair in Physical Activity and Cancer, Faculty of Physical Education, University of Alberta, Edmonton, AB

#### **Margaret Fitch**

Head, Oncology Nursing and Supportive Care - Cancer Care Ontario; Chair, Rebalance Focus, Canadian Strategy for Cancer Control; President International Society of Nurses in Cancer Care, Toronto - Sunnybrook Regional Cancer Center

#### Suzanne Dixon

Director, Cancer Nutrition Info, LLC; and Adjunct Faculty, Human Nutrition Program, Eastern Michigan University, Ypsilanti, Michigan

#### Richard Doll

Provincial Leader Cancer Rehabilitation and Behavioural Research, BC Cancer Agency

#### Lynn C. Hartmann

Professor of Oncology, Co-leader Women's Cancer Program, Mayo Clinic, Rochester, MN

#### Chaplain Mary E. Johnson

Coordinator of Spiritual Research, Psycho-oncology Program, Mayo Clinic Cancer Center, Co-ordinator of Education, Mayo Department of Chaplain Services, Rochester, MN

#### David Kuhl

Physician, Department of Family and Community Medicine, Providence Health Care; Assistant Professor, Department of Family Practice, Faculty of Medicine, University of British Columbia, Vancouver, BC

#### Del Leibel

Radiation Therapist, Education, Practice & Development, BC Cancer Agency, Fraser Valley Centre

#### Christina A. Meyers

Professor of Neuropsychology, Department of Neuro-Oncology, M.D. Anderson Cancer Center, Houston, TX

#### Dan Mornar

Patient/Parent Advocate for Oncology/Hematology/BMT, BC Children's Hospital

#### Peggy Reidy

Manager, Peer Support Services, Canadian Cancer Society, BC & Yukon Division

#### Jennifer Yao

UBC Physical Medicine & Rehabilitation, Acquired Brain Injury Program, GF Strong Rehab Centre, Vancouver, BC

# general information

#### **Conference Objectives:**

- To identify and discuss the most current research & best available evidence in cancer rehabilitation.
- To learn effective strategies for coping with long and short-term side effects of cancer and its treatment(s).
- · To examine current evidence regarding influence of lifestyle factors on recurrence and survival.
- To identify the specific needs of post-paediatric and adult cancer individuals who have finished treatment.
- To explore the role health care professionals provide to individuals living with cancer at this stage of the cancer continuum.
- To identify resources & information available to individuals with cancer and their families and how to access them.
- To develop contacts with other health care professionals working with individuals who are living with cancer.

#### Who Should Attend:

This conference is unique in targeting an interdisciplinary audience. It will be of interest to family physicians, nurses, oncologists, researchers, physiatrists, physiotherapists, speech therapists, occupational therapists, psychiatrists, psychologists, social workers, genetic counselors, registered dietitians, educators, vocational rehabilitation counselors, other interested health care professionals, cancer support groups, individuals living with cancer and their families.

#### Location:

The conference will be held at the spectacular Westin Bayshore, a 2005 Condé Nast Traveler Gold List Winner. Located on the ocean, just steps away from 1000 acre Stanley Park, this hotel and conference centre is also within easy walking distance of world class shopping on Robson Street.

#### Reserve today to avoid disappointment!

A block of rooms has been reserved at the preferred rate of: \$169 single, double or twin occupancy \$30 each additional person Hotel tax of 10% and 7% GST is added to all rates

The block of rooms will be held at the conference rate until March 1, 2006

Please call the hotel reservations directly and specify Cancer Survivorship 2006.

#### Westin Bayshore Resort & Marina

1601 Bayshore Drive, Vancouver, BC, Canada

Call toll free: 1-800-WESTIN-1 or Local: 604-682-3377

E-mail: <u>bayshorereservations@westin.com</u>

#### **Parking**

In addition to metered parking, the following options are available at the Westin Bayshore Resort and Marina:

- Self-Parking Lot adjacent to Main Entrance: \$18.00/entire day
- Valet Parking at the Main Entrance: \$18.50/entire day

#### Certificate of Attendance

A Certificate of Attendance will be prepared for all registrants listing pre-approved continuing education credits

#### **Refund and Cancellation Policy**

Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by **March 15, 2006.** No refunds will be granted for withdrawal after that date.

Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of program cancellation, a full refund will be returned.

# Four Ways to Register!

- On the web: www.interprofessional.ubc.ca (Mastercard and Visa only)
- By telephone:

Local/International: (604) 822-6156

Toll free within Canada/USA: 1-877-328-7744

- By Fax: (604) 822-4835 (Mastercard and Visa only)
- By mail with a cheque, purchase order or credit card.

#### Please see registration form for more details.

Registration before March 5, 2006 is strongly recommended to ensure you receive all conference materials.

Registration fee includes conference materials, refreshment breaks, a no-host bar networking reception on Friday evening and Saturday lunch.

#### **Scholarships**

A scholarship program has been established for **registration fees only** for a limited number of individuals living with cancer. A letter of application with a completed registration form should be mailed to the address listed at the bottom of the registration page, no later than **February 10, 2006**. The Scholarship program is being generously sponsored by:

- ORTHO BIOTECH Division of Janssen-Ortho Inc
- Scotiabank
- Surrey Health Services

#### Financial Support

Financial support of this conference is acknowledged with special appreciation from:

- AstraZeneca
- BC Cancer Agency
- BC Ministry of Health
- BC Women's Hospital & Health Centre
- Canadian Breast Cancer Foundation, BC/Yukon Chapter
- · Canadian Cancer Society, BC/Yukon
- ORTHO BIOTECH Division of Janssen-Ortho Inc
- Scotiabank
- Surrey Health Services

# program schedule

#### Thursday, March 30th, 2006

- 12:00 **Registration & Exhibits**
- 1:00 Welcome

Sherri Magee, Conference Chair

- Moving Forward: A Survivor's Story 1:15
- 1:30 **Keynote: Models of Rehabilitation Care**

A Global Perspective Andrew Cole

- 2:30 **Ouestions & Answers**
- Refreshment Break & Exhibits 2:45
- 3:15 Panel: Future of Rehabilitation Care

Andrew Cole, Chair; Margaret Fitch; Julia Rowland

The focus of the panel is to provide an overview of rehabilitation care for cancer survivors. Specific topics to be discussed include: current models of delivery in Australia, the United States and Canada; the organizations involved, from federal to community levels; current pathways of finding care; and future directions of care and research needs for the increasing number of cancer survivors.

- 4:15 **Questions & Answers**
- 4:45 Adjourn

#### Friday, March 31st, 2006

- 8:00 **Registration & Exhibits**
- 8:30 **Opening Remarks**

Sherri Magee, Conference Chair

8:45 **Keynote: Side Affects** 

> Acute, Chronic and Late Effects of Cancer Julia Rowland

- 9:45 **Questions and Answers**
- 10:00 **Refreshment Break & Exhibits**
- 10:30 Panel: Emotional, Spiritual, Social Side Effects Julia Rowland, Chair; Michael Boyle; Mary Johnson; Elaine Drysdale

Anticipated and unanticipated side effects following treatment are an issue for survivors. Well being is integral to one's strength and confidence after treatment, and lingering symptoms can be obstacles in the process of recovery. In addition to dealing with the physical side effects, survivors experience emotional, spiritual and social issues. This panel will present an overview of the most common side effects for cancer survivors.

- 11:30 **Questions and Answers**
- 12:00 **Luncheon:** Registrants on their own Sandwich service available for your convenience

#### 12:30 Optional Luncheon Session (12:30 - 1:15 PM)

Needs, Beliefs and Practices of Chinese Patients Across the Cancer Journey

Maria Cristina Barroetavena, Lyren Chiu, T. Gregory Hislop

This 45 minute presentation will be given on the research being done in BC into the needs, beliefs and practices of Chinese patients. A guest survivor will be joining the presentation to share their personal story on the challenges with maintaining culture within the medical model.

#### 1:30 - 3:00 PM Concurrent Sessions A

#### 1A Innovative Interventions After Treatment

Barbara Dooley, Mary E. Ivers, Deborah Rusch, Sarah Sample What are the needs of survivors after cancer treatments end and how do

countries, provinces and communities respond to the needs of individuals living with a history of cancer? The presenters will discuss innovative interventions developed in Ireland and British Columbia to address after treatment issues. Interventions which cover a variety of issues to reduce stress post-treatment will be presented.

#### 2A Connecting with Others

Christina I Loch, Peggy Reidy, Lora Rhodes, Joy Soleiman

This session will showcase a variety of studies and programs exploring both peer and professional support groups and their effectiveness. Presentations include an innovative model for peer led support groups; comparisons between professional and peer led groups and a unique program which addresses the multifaceted needs of the young adult survivor.

#### 3A Intimacy/Sexuality After Cancer

Margaret Fitch and Sally Kydd

Issues of intimacy and sexuality can be a major concern following a diagnosis and treatment for cancer. Dr. Fitch will present an overview of her research study comparing the views of health care providers and patients on the needs of patients in the area of sexuality. Dr. Kydd is a clinical psychologist and also a breast cancer survivor, who brings a wealth of knowledge and personal experience to the topic. Dr. Kydd believes that sexuality is the "elephant in the room" that is frequently not discussed following a diagnosis of cancer. She will discuss the challenges to a person's sexuality that a cancer diagnosis presents; and provide a framework for overcoming these hurdles based on the workshops she gives in New Brunswick on the topic of "Intimacy After Cancer".

#### 4A Vocational Issues in Cancer Rehabilitation

#### Jennifer A Hansen, David Metcalf, Maureen Parkinson

As more cancer survivors are returning to work after treatment, they can be faced with ongoing physical, emotional and cognitive concerns from cancer and its treatment. This presentation will discuss vocational issues and interventions provided in cancer treatment centres; an investigation of the relationship between cognitive impairments in cancer survivors and work productivity; and an in-depth analysis of brain tumour patients participating in a long-term vocational rehabilitation counselling program in a multidisciplinary outpatient rehabilitation setting.

#### 5A Complementary and Alternative Medicine

Lynda Balneaves, Suzanne Dixon, Jennifer Young & Survivor

A significant number of cancer survivors use complementary and alternative medicine (CAM). Many patients report feeling overwhelmed by the amount and type of information available about CAM. In this presentation, participants will be introduced to basic concepts related to CAM, current evidence on select CAM therapies and credible CAM information resources. The topic will also be addressed from perspective of an oncology nutrition specialist and a survivor.

# 6A Back to Basics: Managing the "New Normal" and Post Treatment Symptoms

#### Jennifer Finck, Karen Levy, Ann Syme

Adapting to a different level of functioning and changes in quality of life are some of the outcomes people experience when living with long-term effects of cancer and its' treatment. This session will review the issues of chronic pain and cancer related fatigue syndrome (CRFS). The concept of "total pain" will be reviewed; and non-pharmacological strategies, as well as the role of pain medications will be discussed. The multi-dimensionality of fatigue will be explored and specific management strategies will be suggested.

# 7A Follow-up Care and Surveillance in Adult and Childhood Cancers

#### Kevin Murphy and Annette Sunga

Establishing guidelines for follow-up care is a complicated process, but necessary for optimal care and enhanced communication between survivors, clinicians, and cancer centres. Periodic evaluation that includes a plan for surveillance and prevention, incorporating risks based on previous cancer, therapy, genetic predispositions, personal behaviors, and comorbid health conditions, is recommended. Guidelines recently developed by a team of researchers from New York will be discussed and compared to guidelines in practice today in British Columbia.

#### 3:00 Refreshments & Exhibits

# 3:30 Panel: Change & Transition Kathy Scalzo, Ronna Jevne, Joanne Stephen

How do people reconstruct their lives after cancer? How does one move from a survivor to living well with the experience of cancer? Recovery involves: acknowledging and sorting through change, transitioning from unexpected to planned change, applying the power of hope, gathering resilience and developing coping strategies.

#### 4:30 Ouestions and Answers

- 4:45 "Can Can" Survive!
- 5:00 Networking Reception & Poster Sessions
- 6:30 Adjourn

#### POSTER PRESENTATIONS

The following posters are scheduled for presentation during the Networking Reception. The authors will be available at this time for questions. Primary presenters names are listed first.

# **Health Information Needs Of Men With Prostate Cancer And Their Partners**

**Howard Pai** Radiation Oncologist, BC Cancer Agency, Vancouver Island Centre, Victoria, BC

# Transition from Treatment to Survivorship: Development of an Innovative Information-Support Intervention

**Tish Knobf** American Cancer Society Professor Oncology Nursing, Yale Cancer Centre, New Haven, CT

### Survivors Supporting Patients: A New Approach By The Canadian Cancer Society

Sheila Craigie Coordinator, CancerConnection Program, Vancouver, BC Marie Dubord Coordinator, CancerConnection Program, Vancouver, BC

### The Transition from Patient to Survivor as a Predictor of Adjustment to Cancer Survival

John P. Garofalo Assistant Professor of Psychology, Washington State, Vancouver, WA Erica Dawson PhD Candidate, University of Cincinnati, Cincinnati, OH

#### POSTER PRESENTATIONS

- continued -

Telehealth Applications In Head And Neck Oncology Rehabilitation Candace Myers Head and Neck Disease Site Group, CancerCare Manitoba, Winnipeg, MB

#### Exploring Quality of Life in Individuals With Head and Neck Cancer

**Philip Doyle** Director, Voice Production and Perception Laboratory; Professor, Shulich School of Medicine, University of Western Ontario, London, ON

**Tanyan L. Eadie** Assistant Professor, Department of Speech and Hearing, University of Washington, Seattle, WA

**Candace Myers** Speech Language Pathology, CancerCare Manitoba, Winnipeg, MB **Paul G. Beaudin** PhD Candidate, Rehabilitation Sciences, University of Western Ontario, London, ON

### What Was Meaningful? Cancer Survivors' Descriptions of Rehabilitation

**Jan Park Dorsay** Acute Care Nurse Practitioner, Hamilton Health Sciences, Hamilton, ON

**Valerie Harvey** Research Assistant, Cancer Rehabilitation Program, Hamilton Health Sciences, Hamilton, ON

### Improving Quality of Life for Patients with Spinal Cord Compression

**Brett Sanderson** Physiotherapist, Hamilton Health Sciences, Hamilton, ON **Jan Park Dorsay** Acute Care Nurse Practitioner, Hamilton Health Sciences, Hamilton, ON

David Harvey Psychiatrist, Hamilton Health Sciences, Hamilton, ON

### Paddling Forward: Psycho-Social Experiences of Breast Cancer Survivor Dragon Boaters

Catherine Sabiston Post-doctoral Fellow, UBC, Vancouver, BC Meghan McDonough PhD Candidate, UBC, Vancouver, BC Valerie Hadd PhD Student, UBC, Vancouver, BC

# A Resource to Help You "Face Forward": The Canadian Cancer Society's Cancer Information Service

Judy Heck CCE Resource Developer, Cochrane, AB

Cate Dobhran CCE Resource Developer & Information Specialist, Regina, SK

### Management of Dexamethasone Induced Diabetes in Rehabilitation Oncology Patients

David Harvey Chief, Physical Medicine & Rehabilitation & Physiatrist Neuro-oncology Rehabilitation Team, Hamilton Health Sciences, Hamilton, ON Kiska Colwill Clinical Pharmacist, Henderson Hospital, Hamilton, ON

#### Determinants of Physical Activity in Adolescent Cancer Survivors: An Application of the Theory of Planned Behaviour

**Melanie Keats** Doctoral Candidate, Department of Kinesiology, University of Calgary, AB **Nicole Culos-Reed** Assistant Professor, Department of Kinesiology, University of Calgary, AB

#### Vocational and Educational Hardships During and After Cancer

Vikram Bubber Cancer Survivor, Vancouver, BC

Daralynn Walker Cancer Survivor, Vancouver, BC

Rob St. Amand Cancer Survivor, Vancouver, BC

# The Relationship Between Functional Outcomes and Measures of Pain and Symptoms in Cancer Rehabilitation Patients

Mary Ann Repa Occupational Therapist, Hamilton Health Sciences, Hamilton, ON Suzanne Blaskivich Occupational Physical Therapist,

Hamilton Health Sciences, Hamilton, ON

**Betty Ann Griffiths** Clinical Nurse Specialist, Hamilton Health Sciences, Hamilton, ON

#### The Rehabilitation Process of Cancer Patients

**Dorte Malig Rasmussen** PhD Student, Institute of Public Health, University of Southern Denmark, Odense, Denmark

**Beth Elverdam** Associate Professor, Institute of Public Health, University of Southern Denmark, Odense, Denmark

# program schedule

#### Saturday, April 1st, 2006

8:00 Registration & Exhibits

8:30 Opening Remarks

Sherri Magee, Conference Chair

**8:45 Panel:** Lifestyle Tools To Prevent Recurrence *Linda Carlson, Kerry Courneya, Suzanne Dixon* 

One of the greatest challenges after treatment for cancer is the fear of recurrence. All survivors want to know about preventing recurrence of their cancer. Are there lifestyle tools to aid in preventing recurrence? This panel will present the current research and recommended strategies in the areas of exercise, nutrition and stress management.

9:45 Questions & Answers

10:00 Refreshments & Exhibits

#### 10:30 - 12:00 PM Concurrent Sessions B

#### 1B Navigating: Partners in Care

Audrey Jusko Friedman, Lisa Miller, Gale Turnbull

From Ontario come two unique programs designed to enhance the coordination and delivery of cancer care along the trajectory of the cancer experience. Included is an empowerment curriculum designed to assist survivors in becoming true partners in addressing their own on-going care needs, as well as the lessons learned from a pilot project that expanded the scope of care coordination.

#### 2B Exercise and Breast Cancer

Bryn Askwith, Kirstin Lane & Survivor

Three studies involving breast cancer survivors following treatment; and women with breast cancer who are undergoing chemotherapy will be presented in this session. The exercise preferences of individuals who have completed treatments; and the current research related to exercise and breast cancer related lymphedema (BCRL) will be explored. The START (Supervised Trial of Aerobic versus Resistance Training) project, a three year, multi-centred trial funded by the National Cancer Institute of Canada, involving participants currently in treatment will also be presented.

#### 3B Picking Up the Pieces: Moving Forward After Cancer

Sherri Magee and Kathy Scalzo

This interactive workshop will explore the Transition Model and the Four Phase Recovery Process developed by the authors to assist survivors as they acknowledge the changes, grieve the losses, regain control of their lives, explore the possibilities for living the life they want to live, and look toward the future. Participants will learn about the tangible tasks and practical tools that assist survivors as they move from fragmentation to integration of their pre-cancer old self with their post-cancer new self.

# 4B Benefits of Coping Strategies and Interventions for Cancer Survivors

Ursula Bates, Christine Carruthers, Michael Feuerstein

Presenters from Ireland, Maryland, and Alberta will discuss various approaches including mindfulness-based cognitive therapy groups, expressive writing and cognitive behaviour therapy to assist cancer survivors in coping. The benefits that will be highlighted are reduction in anxiety, depression and pain and an improvement of physical functioning and quality of life.

#### 5B Late Effects of Childhood Cancer

Vikram Bubber, Mary McBride, Sheila Pritchard, Rob St. Amand, Daralynn Walker

Due to advances in medicine, there are more individuals with childhood cancer surviving to adulthood. This presentation will include medical issues that might impact these individuals in their adulthood and a review of cohort studies of childhood cancer survivorship issues identified in BC and Canada. Three adult survivors of childhood cancer will discuss their perspective on psycho-social and developmental issues that have impacted them and resources that have helped them in the process.

#### 6B Sexuality Issues After Treatment for Prostate Cancer

Ross Gray, John Oliffe, Richard Wassersug

This session will address sexuality issues in prostate cancer survivors. Studies looking at various aspects and strategies for coping will be presented. Studies range from exploring the effect of impotence on participants masculinity, sexuality and intimate relationships to strategies for overcoming the negative effects of Androgen Deprivation Therapies. The benefits and challenges of non-medical sexual counselling will also be discussed.

#### 7B Functional Outcomes and Pathways to Care

Shirley Howdle, Candace Myers, Jennifer Yao

In this session, two presenters will address the unique challenges facing individuals with head and neck cancers as well as those with spinal cord compression. Analysis of data describing functional outcomes, as well as implications for clinical management, will be presented from G F Strong Rehab Centre Vancouver, B.C. and Cancer Care Manitoba, Winnipeg, Manitoba. The third presentation by a General Practitioner in Oncology, BC Cancer Agency will discuss pathways to care: including the concerns of GP's, how to access information in the community and the Family Practice Oncology Network (FPON).

12:00 Luncheon (provided)

#### 12:30 Optional Luncheon Session (12:30 - 1:15 PM)

**Adjunctive Cancer Care -** An Overview of Complementary and Alternative Options

Christine Carruthers

People with cancer consider CAM therapies as supportive, and believe that they may help manage symptoms of cancer, assist the body's natural ability to heal, relieve symptoms of treatment, and increase quality of life. Two out of three people with cancer use one or more complementary therapies, and only fifty percent of them discuss these practices with their physician. In this session, the integration of CAM therapies is approached with a holistic view that has a health promotion focus, and integrates the best of all medicines and medical theory.

#### 1:30 Panel: Search for Meaning

Mary Johnson, Gilly Heaps & Survivor

With a diagnosis of cancer, survivors begin to reassess their lives and search for meaning. Facing mortality can initiate a questioning process which can lead to a spiritual quest. During that time new insights can be discovered, strengths revealed and priorities reordered. Spiritual rebuilding is both a personal and a universal process in the wake of a life-changing event. This panel will explore spirituality from the perspective of the professional and the survivor.

2:45 Questions and Answers

3:00 Stretch Break

3:15 Survivorship: An Inspirational Address

Don McKenzie

4:00 Closing Remarks & Evaluation

4:15 Adjourn

# speaker listing

# survivorship forward rehabilitation

#### **Brvn Askwith**

MSc Candidate, School of Rehabilitation Sciences; Affiliate, Western Regional Training Centre, UBC, Vancouver, BC

#### Ursula Bates

 $Senior\,Clinical\,Psychologist\,Psycho-oncology\,Service\,Department\,of\,Psychiatry,\,St\,Vincent's\,University\,Hospital,\,Dublin,\,Ireland$ 

#### Vikram Bubber

Cancer Survivor, Vancouver, BC

#### Lynda Balneaves

Assistant Professor, UBC School of Nursing; Co-Principal Investigator, Nursing; Health Behaviour Research Unit, UBC; Canadian Cancer Society Research Scientist

#### Maria Cristina Barroetavena

Epidemiologist and Research Consultant at the BCCA Sociobehavioural Research Centre; Adjunct Professor in the Department of Health Care and Epidemiology, UBC

#### Michael Boyle

Regional Professional Practice Leader - Patient and Family Counselling/Psychosocial Oncology, BCCA, Vancouver Island Cancer Centre, Victoria, BC

#### Linda Carlson

Associate Professor, Department of Oncology, University of Calgary, and Clinical Psychologist, Tom Baker Cancer Centre, Calgary, AB

#### **Christine Carruthers**

Health Consultant, Calgary, AB

#### Lyren Chiu

Assistant Professor, UBC School of Nursing; Faculty Associate, Centre of Chinese Research at UBC; Director of the Vancouver Research Network for Spirituality and Healing, Vancouver, BC

Andrew M Cole Please see Advisory Committee Listing

Kerry Courneya Please see Advisory Committee Listing

#### Carol Dale

Abreast in a Boat Society Member, Vancouver, BC

#### Suzanne Dixon

 $Director, Cancer \, Nutrition \, Info, LLC; and \, Adjunct \, Faculty, \, Human \, Nutrition \, Program, \, Eastern \, Michigan \, University, \, Ypsilanti, \, Ypsila$ 

#### Barbara Dooley

Head of School, School of Psychology, University College Dublin, Ireland

#### Elaine Drysdale

 $Clinical \ Associate \ Professor, \ Psychiatry/Oncology, \ University \ of \ British \ Columbia \ and \ BC \ Cancer \ Agency, \ Vancouver \ Centre, \ Vancouver, \ BC$ 

#### Michael Feuerstein

Professor, Departments of Medical and Clinical Psychology and Preventive Medicine and Biometrics, Uniformed Services University of the Health Sciences, Bethesda, MD

#### **Iennifer Finck**

Registered Nurse, Team Leader, Pain and Symptom Mangagement/Palliative Care, BC Cancer Agency, Vancouver Island Centre, Victoria, BC

Margaret Fitch Please see Advisory Committee Listing

#### Audrey Jusko Friedman

Director, Patient Education and Survivorship, Princess Margaret Hospital, University Health Network, Toronto; and Provincial Head, Patient Education, Cancer Care Ontario

#### Jane Frost

Abreast in a Boat Society Member, Vancouver, BC

#### Ross Gray

Consultant Psychologist, Sunnybrook & Women's College Health Sciences Centre; Associate Professor, Department of Public Health Sciences, University of Toronto, Toronto, ON

#### Jennifer A. Hansen

Graduate student, Department of Clinical Psychology, American University; Research Associate, Uniformed Services University of Health Sciences, Bethesda, MD

#### Gilly Heaps

Counselor, Delta Hospice Society, Delta, B.C. and Callanish Retreats, Vancouver, BC

#### T. Gregory Hislop

Epidemiologist, BCCA Cancer Control Research; Clinical Professor, Department of Health Care and Epidemiology at UBC, Vancouver, BC

Shirley Howdle Please see Planning Committee Listing

#### Mary Ivers

PhD Candidate, School of Psychology, University College Dublin; Researcher, St. Vincent's University Hospital, Dublin, Ireland

#### Ronna Jevne

Elske Consulting Associates; Professor Emeritus, Department of Educational Psychology, University of Alberta, Edmonton, BC

Mary Johnson Please see Advisory Committee Listing

#### Gail Konantz

Abreast in a Boat Society Member, Vancouver, BC

#### Sally Kydd

Psychologist, Private practice, Stockton, NJ; Co-leader of "Intimacy After Cancer" Workshops, New Brunswick

#### Kirstin Lane

PhD Candidate, School of Human Kinetics, UBC, Vancouver, BC

#### Karen Levy

 $\label{lem:Advanced Practice Nurse, Symptom Management, BC Cancer Agency, Vancouver and Fraser Valley Centres$ 

#### Christina I Loch

Survivor; YACN (Young Adult Cancer Network) Member, West Vancouver, BC

Sherri Magee Please see Planning Committee Listing

#### Mary McBride

Epidemiologist, BC Cancer Agency, Vancouver, BC

#### Don McKenzie

Professor, Department of Family Practive, University of British Columbia, Vancouver, BC

#### David Metcalf

Vocational Rehabilitation Counsellor, G.F. Strong Rehab Centre, Vancouver, BC

#### Lisa Miller

Manager, Client Services, Grey Bruce Community Care Access Centre, Owen Sound, ON

#### Kevin Murphy

Medical Oncologist, BC Cancer Agency, Fraser Valley Centre, Surrey, BC

#### Candace Myers

Speech Language Pathology, Head and Neck Disease Site Group, CancerCare Manitoba, Winnipeg, MB

Maureen Parkinson Please see Planning Committee Listing

#### Shaila Pritchard

Medical Director, Pediatric Oncology Follow Up Program, Clinical Associate Professor, Department of Pediatrics, UBC, Vancouver, BC

#### John Oliffe

Assistant Professor, UBC School of Nursing, Faculty of Applied Science, Vancouver, BC

Peggy Reidy Please see Advisory Committee Listing

#### Lora Rhodes

 $Coordinator, Advocacy \ and \ Survivorship \ Program; Kimmel \ Cancer \ Center \ at \ Thomas \ Jefferson \ University, Philedelphia, PA$ 

#### Julia H. Rowland

Director, Office of Cancer Survivorship, Division of Cancer Control and Population Sciences, U.S. National Cancer Institute, Bethesda, MD

Deborah Rusch Please see Planning Committee Listing

#### Sarah Sample

Social worker, BC Cancer Agency, Vancouver, BC

Kathy Scalzo Please see Planning Committee Listing

#### Joy Soleiman

 $\operatorname{Clinical}$  Administrator, Kimmel Cancer Center at Thomas Jefferson University, Philadelphia, PA

#### Rob St. Amand

Cancer Survivor, Vancouver, BC

#### Joanne Stephen

 $Research \, and \, \hbox{\it Clinical Practitioner, BC Cancer Agency, Fraser Valley Centre, \, Surrey, \, BC \, Cancer \, Agency, \, Fraser \, Valley \, Centre, \, Surrey, \, BC \, Cancer \, Agency, \, Cancer \,$ 

#### Annette Sunga

 $Assistant\ Professor,\ Department\ of\ Cancer\ Prevention\ and\ Population\ Sciences,\ Roswell\ Park\ Cancer\ Institute,\ Buffalo,\ NY$ 

#### Anne Syme

Provincial Program and Network Leader, Pain and Symptom Management/Palliative Care, BC Cancer Agency, Vancouver, BC

#### Cale Turnbul

 $Manager, Supportive\ Care\ Unit,\ Patient\ and\ Professional\ Education,\ London\ Regional\ Cancer$   $Program,\ London\ Health\ Sciences\ Centre,\ London,\ ON$ 

#### Daralynn Walker

Cancer Survivor, Vancouver, BC

#### Richard Wassersug

Professor, Department of Anatomy and Neurobiology, Dalhousie University, Halifax, NS

Jennifer Yao Please see Advisory Committee Listing

#### Jennifer Young

Graduate Student, University of Washington Nurse Practitioner Program; Research Assistant, Nursing and Health Behaviour Research Unit, Vancouver, BC

# registration form

The 2nd International Cancer Rehabilitation Conference

### SURVIVORSHIP:

MOVING FORWARD After Treatment			Please inform us of any dietary requirments.			
IVIOVING I OKWA	AKD After   reatment		EARLY BIRD RATE, BEFORE FEBRUARY 15, 2	2006		
			Full Program		\$425	
PLEASE WRITE IN BLOCK LE			Thursday - Saturday			
One registration form per person. P	lease photocopy if more are needed	d.	Individual Day Rates			
Ma Mrs Miss	□ M <sub>2</sub> , □ D <sub>2</sub>		Thursday, March 30, 2006 only		\$150	
Ms. Mrs. Miss	Mr. Dr.		Friday, March 31, 2006 only		\$225	
			Saturday, April 1, 2006 only		\$225	
Last Name	First Name Init	. 1	RATE AFTER FEBRUARY 15, 2006			
Last Name	First Name Init	iais	Full Program		\$450	
			Thursday - Saturday		4	
Organization Name/Mailing Addr	ess		Individual Day Rates			
		1	Thursday, March 30, 2006 only		\$175	
Mailing Address			Friday, March 31, 2006 only		\$250	
C			Saturday, April 1, 2006 only		\$250	
City	Prov/State Postal C	`odo	CANCER SURVIVOR RATE		,	
City	110V/State 10stal C	loue			¢250	
( )	( )		(special rate available for cancer survivors)		\$250	
Daytime Telephone Number / Loc	cal Fax Number		STUDENT RATE (limited number available)		\$250	
E-Mail			Student and survivor rates are available for the full program only. Must be paid in full before <b>March</b> 6 <sup>th</sup> , <b>2006</b>			
			A copy of valid student photo ID <u>must</u> be sent with re	gistrati	on.	
			TOTAL PAYMENT**			
AFFILIATION/PROP	FESSION:		Registration prior to <b>March 5<sup>th</sup></b> , <b>2006</b> is strongly recon	nmonde	ad to opeur	
	ion/Profession best describes yo	2111	you receive all conference materials. All rates are qu			
rease marcate which Allman	on to tession best describes yo	<u> </u>	the tuition fee includes GST.	toted ir	φer in aria	
☐ Family Member	☐ Individual Living with Cancer	r	** Please see our cancellation policy under General In	iformat	ion	
□ Nurse	☐ Family Physician					
Researcher	☐ Support Group Facilitator		CONCURRENT SESSIONS:			
□ Psychologist	☐ Speech Therapist					
☐ Educator	☐ Physiatrist		Please refer to the program for session descrip	<u>ptions</u>		
□ Oncologist	□Surgeon		Concurrent sessions are filled on a first come, first ser	ved bas	sis.	
□ Occupational Therapist	☐ Psychiatrist		Please number three sessions in order of preference.			
☐ Physiotherapist	☐ Social Worker					
☐ Genetic Counselor	□ Registered Dietician		Session A: A1	A6	A7	
☐ Government	□ Vocational Rehab Counselor		Session B: B1 B2 B3 B4 B5	B6	B7	
□ Other:						
	EBSITE FOR UPDATES A	ND	LUNCHEON SESSIONS:			
INFORMATION A	BOUT EXCITING NEW		Please indicate below if you will be attending the	lunche	on session	
CONF	ERENCES!		Note: There is no additional cost to attend these sessions	Taricic	OII SCSSIOIL	
			Friday, March 31, 2006: Saturday, Apri	1 1 200	6.	
			Sandwiches available Lunch provide		J	
www.interprof	fessional.ubc.d	ca	for purchase	;u		
3			r			
			1			
Method of Payment:	Cheque P.O. #	If you	ir organization will be paying with a purchase ord	ler on	your behal	
•	o eneque o non	PO #	Manager's Tel.#:			
Charge by Phone/Fax:	VISA () ILLUMBIN		· ·			
Local/International: (604) 822-6156		Name	Name of Manager:			
Toll free within Canada/USA: 1			e of Organization:			
D : 4 1 E ((04) 000 400E		rvairie	or Organization.			

TUITION FEES:

breaks, reception and a certificate of attendance.

The registration fee includes conference material, one lunch, refreshment

Credit Card Number Expiry Date

Name of Cardholder

Register by Fax: (604) 822-4835

Please note: A \$25 processing fee will be charged for the re-issue of lost tax receipts

Mailing Address & Payment by Cheque:

Mailing Address: \_

Please make your cheque payable to the University of British Columbia and send to: **Interprofessional Continuing Education**,

The University of British Columbia, Room 105 - 2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3  $\,$