

4th International Multidisciplinary Conference on Spirituality and Health:

Interweaving Science, Wisdom, and Compassion

November 9 - 11, 2006

The Westin Bayshore,
1601 Bayshore Drive
Vancouver, British Columbia, Canada

Keynote Presenters:



Dr. Susan Folkman

Professor and Director, UCSF Osher Center for Integrative Medicine, San Francisco, CA



Roshi Joan Halifax

Abbot, Upaya Zen Center,
Santa Fe, New Mexico



Rev. Prof. Stephen Graham Wright

Visiting Prof. Faculty of Health and Social Care,
St. Martin's College, Carlisle; Chair – the Sacred
Space Foundation; Editor – Spirituality and Health
International, Cumbria, UK



Dr. Harold G Koenig

Professor of Psychiatry and Behavioral
Science, Duke University Medical Center,
Durham, NC



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The University of British Columbia
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PLANNING COMMITTEE

Lyren Chiu, PhD

Conference Co-Chair; Assistant Professor, School of Nursing; Faculty Associate, Centre of Chinese Research, The University of British Columbia; Director, Vancouver Research Network for Spirituality and Healing, Vancouver, BC

Soma Ganesan, MD, FRCPC

Conference Co-Chair; Clinical Professor of Psychiatry, UBC; Medical Director, Department of Psychiatry, VGH and UBC; Medical Director, Adult Mental Health Services, Vancouver Community Mental Health Services; Physician Leader, Riverview Hospital; Director, Cross Cultural Psychiatry Program, The University of British Columbia, Vancouver, BC

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Assistant Professor, School of Nursing, The University of Victoria, Victoria, BC

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Doctoral Student, Department of Educational and Counselling Psychology, and Special Education, Faculty of Education, University of British Columbia; Student Representative, Canadian Psychological Association; Executive Committee, Vancouver Research Network for Spirituality and Healing, Vancouver, BC

Carolyn Iker, RN, MSN

Manager, Infant, Children and Youth Programs and Primary Care, South Community Health Office, Vancouver Coastal Health; Adjunct Professor, UBC School of Nursing, University of British Columbia, Vancouver, BC

Rev. Dr. Dale W. Johnson

Clinical Coordinator, Spiritual Care and Multi-Faith Services, Vancouver Coastal Health, Vancouver Acute and Vancouver Community; and President, Canadian Association for Pastoral Practice and Education (CAPPE), Vancouver, BC

Elaine Liao

Director, Interprofessional Continuing Education, The University of British Columbia, Vancouver, BC

Bernadette (Bernie) Pauly RN, PhD

Coordinator, Ethics Health & Society Research Group; and Research Associate, Nursing Ethics Research Team, The University of Victoria; Research Associate, Centre for Studies in Religion and Society, Victoria, BC

Corinne Rogers

Director of External Relations, Vancouver School of Theology, Vancouver, BC

Rob Rutledge, MD, FRCPC

Radiation Oncologist, Department of Radiation Oncology, Dalhousie University, Nova Scotia Cancer Centre, Halifax, NS

John Toews, MD, LMCC, FRCPC

Professor, Faculty of Medicine, Psychiatry (Telehealth Program), The University of Calgary, Calgary, AB

Jane Wong

Representative, Interprofessional Continuing Education; Director, International Education, Faculty of Dentistry, The University of British Columbia, Vancouver, BC

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Professor and Director, UCSF Osher Center for Integrative Medicine, University of California, San Francisco, CA

Hai-Gwo Hwu, MD

Chairman, Department of Psychiatry, National Taiwan University Hospital and College of Medicine, National Taiwan University, Taiwan; Professor, Department of Psychiatry, Psychology and Institute of Epidemiology, National Taiwan University, Taipei, Taiwan

Harold Koenig, MD, MHSc

Professor of Psychiatry & Behavioral Sciences, Associate Professor of Medicine, Duke University, Durham, NC

Glen Jones, MD

Head, Radiation Oncology, Cancer Care Ontario, Hamilton, ON

Dennis Patrick O'Hara, PhD

Director, Elliott Allen Institute for Theology and Ecology, Assistant Professor, Ethics, The University of St. Michael's College, Toronto, ON

Christina Puchalski, MD

Director, The George Washington Institute for Spirituality and Health; Associate Professor of Medicine, Healthcare Sciences, The George Washington University School of Medicine; Associate Professor of Health Management and Leadership, The George Washington University School of Public Health School of Medicine and Health Sciences, Washington, DC

Members of Vancouver Research Network for Spirituality and Healing Vancouver, BC

GENERAL INFORMATION

This international conference will address how spirituality relates to health and the health sciences. A growing body of scientific evidence shows a relationship between spirituality, spiritual practices and positive health outcomes. This spirituality-health interface has the potential to influence clinical practice, education, health policy and research. The conference will offer presentations by and for scholars, scientists, and practitioners from multiple disciplines. There will also be opportunities to engage in facilitated discussion groups, experiential workshops and informal events.

Conference Objectives:

The conference aims to provide a diverse, multidisciplinary, multi-faith forum in order to:

- Provide updates of the science and research examining the effect/impact of spiritual practices on health and well-being
- Describe aspects of spirituality and its implications for health care
- Expose participants to multi-faith spiritual teachings and practices used in health care
- Promote the awareness of spiritual well-being of health care professionals
- Outline models of curricular design for teaching spirituality and health within and across disciplines

Who Should Attend:

This conference will be of interest to health care professionals from all disciplines within conventional and complementary systems, researchers, educators, and affiliated practitioners who work and are interested in spirituality and health. We invite people from diverse cultural, ethnic, philosophical backgrounds and from all faith communities.

Refund and Cancellation Policy

Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by **October 27, 2006**. No refunds will be granted for withdrawal after that date.

Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of program cancellation, a full refund will be returned.

Financial Assistance

Financial support of this conference is acknowledged with special appreciation from:

- Fraser Health Authority
- Provincial Health Services Authority
Mental Health and Addictions
- Vancouver Coastal Health Authority

Registration

You may register by any of the following methods:

- On the web: www.interprofessional.ubc.ca
(Mastercard and Visa only)
- By telephone/fax:
Local/Outside BC: (604) 822-6156
Toll free within BC: 1-877-328-7744
Register by Fax: (604) 822-4835
(Mastercard and Visa only)
- By mail with a cheque, purchase order or credit card. Please see registration form for more details.

Registration before October 27, 2006 is strongly recommended to ensure you receive all conference materials.

Registration fee includes conference materials, refreshment breaks, a no-host bar reception on Friday evening and Saturday lunch.

Location:

The conference will be held at the **Westin Bayshore**, 1601 Bayshore Drive, Vancouver, BC, Canada. Reserve today to avoid disappointment!

Call toll free: 1-800-228-3000 or

Local: 604-682-3377

E-mail: bayshorereservations@westin.com

Please call hotel reservations directly and let them know that you are booking under the SPIRITUALITY AND HEALTH 2006 Conference room block to receive the reduced rate for conference delegates. Hotel tax of 10% and 6% GST must be added to all rates.

Rates: **\$175** single, double or twin occupancy

\$30 each additional person

The block of rooms will be held at the conference rate until **October 8, 2006**.

The Westin Bayshore is right on Coal Harbor within easy walking distance of world famous Stanley Park and Vancouver's exciting Robson Street.

Parking

In addition to metered parking, the following options are available at the Westin Bayshore Resort and Marina:

- Self-Parking Lot adjacent to Main Entrance: \$18.00/entire day
- Self-Parking Lots available in area for \$6.00 and up/entire day
- Valet Parking at the Main Entrance: \$18.50/entire day



THURSDAY, NOVEMBER 9TH, 2006

Pre-Conference Workshops - Thursday Afternoon

12:00 Noon **Registration Open**

1:00 pm **Pre-Conference Workshops (1:00 - 4:30 PM)**

These four workshops are offered simultaneously. Please see the registration form to register.

PW1 How to Integrate Spirituality Into Your Health Care Practice

Steven K H Aung, MD, OMD, PhD

Associate Clinical Professor, Departments of Medicine & Family Medicine, University of Alberta, Edmonton, AB

Optimal therapeutic effects can be achieved by intergrating spirituality into your health care practice. Dr. Steven Aung is a medical pioneer who is changing the way medicine is practiced in Canada. This workshop will demonstrate how the body, mind, and spirit approach can be used to promote the healing process.

PW2 Health and Spirituality: Exploring the Ethical Dimensions

Michael M. Mendiola, Ph.D.

Associate Professor of Christian Ethics, Pacific School of Religion, and a member of the Ecumenical Union, Berkeley, CA, USA

The effort to bring spirituality and ethics into conversation with each other can raise a host of ethical issues and challenges. How does one ethically address spirituality in clinical/health care practice? What guides might one draw on to do so? What ethical goods and pitfalls does this effort face? The workshop will begin with a brief "primer" in ethics. Utilizing these perspectives, participants will engage in an interactive exploration of some of these central ethical issues and challenges.

PW3 Developing Curricula in Spirituality and Medicine

Christina M. Puchalski

Director, The George Washington Institute for Spirituality and Health; Associate Professor of Medicine, Healthcare Sciences, The George Washington University School of Medicine; Associate Professor of Health Management and Leadership, The George Washington University School of Public Health School of Medicine and Health Sciences, Washington, DC

This workshop will describe the advances in curricular development in spirituality and health in US medical schools. The history of the national curriculum initiatives will be presented. Learning objectives, definitions of spirituality, course descriptions and evaluation will be described. Finally, findings of a national survey on curricula in spirituality and health in US medical and osteopathic schools of medicine will be presented. The George Washington Institute for Spirituality and Health is currently working with an advisory group in Canada to develop similar initiatives.

PW4 Interweaving Indigenous Health and Spirituality

Millie McComber

Counselor, Sulsila Lelum Wellness Centre, Vancouver, B.C.

Dawn Marsden

Post-doctoral Fellow, BC ACADRE/Educational Studies, The University of British Columbia, Vancouver, B.C.

Lee Brown

Coordinator, Indigenous Ed. Doc. Program, Faculty of Education, The University of British Columbia, Vancouver, BC

For many traditional Indigenous people in Canada, spirituality is the foundation of who we are, and is instrumentally involved with the maintenance or development of health and well-being. We will discuss our research, thoughts and experiences in the context and provision of traditional Indigenous health and spirituality practices in an urban setting, and suggest recommendations for greater awareness and facilitation of such practices in Vancouver and beyond.

THURSDAY, NOVEMBER 9TH, 2006

Main Conference - THURSDAY EVENING

5:00 pm **Registration Open**

7:00 pm **Welcome and Introduction**

Launching of the Canadian Research Institute of Spirituality and Healing by Co-Chairs Dr. Lyren Chiu and Dr. Soma Ganesan

Opening Ceremonies

Blessings from various faiths/traditions

7:45 pm **The Wasteland – Reflections on Spirituality and Health**

Reverend Professor Stephen Graham Wright

Visiting Prof. Faculty of Health and Social Care, St. Martin's College, Carlisle; Chair, Sacred Space Foundation; Editor, Spirituality and Health International, Cumbria UK

The possibility of soul has been dumbed down in our culture, emptying our language and our everyday consciousness of the depth and significance of our very essence. Reduced to our personhoods – “who I am” becomes the plaything of multiple attachments to countless roles, identities and functions. The consequences are profound in health care and, using the Arthurian legendary metaphor of the Waste Land, the implications of the loss of the sacred and whether it can be recovered, will be explored. There are implications for staff who work in an increasingly soulless culture and health care system, and for patients when “who we are” is reduced to complex biopsychosocial systems. Can and should health care be more ensouled? It will be argued that the answer to both elements of this question is “yes” and ways of approaching this in 21st century medicine will be considered using the 4 domains of soul works, soul friends, soul foods and soul communities.

8:45 pm **Opening Reception (8:45 - 10:00 PM)**

FRIDAY, NOVEMBER 10TH, 2006

Main Conference - FRIDAY MORNING

8:00 am **Registration Open**

8:30 am **Opening Remarks**

Blessing & Meditation

9:00 am **Interweaving Religion, Spirituality & Health**

Harold G Koenig, MD, MHSc

Professor of Psychiatry and Behavioral Science, Duke University Medical Center, Durham, NC

The Lecture will explore the historical background of religion and healthcare, define terms spirituality and religion, examine research on the religion-health relationship, and explore clinical applications.

10:00 am **Refreshment Break**

10:30 am **Dialogue: Religion, Spirituality & Health**

Moderator: Harold Coward

Founding Director, Centre for Studies in Religion and Society, University of Victoria, Victoria, BC

Harold G Koenig

Professor of Psychiatry and Behavioral Science, Duke University Medical Center, Durham, NC

Michael M. Mendiola

Associate Professor of Christian Ethics, Pacific School of Religion/Graduate Theological Union, Berkeley, CA

Lorraine M. Wright

Professor Emeritus of Nursing, University of Calgary, Calgary, AB

Christina M. Puchalski

Director, The George Washington Institute for Spirituality and Health; Associate Professor of Medicine, Healthcare Sciences, The George Washington University School of Medicine; Associate Professor of Health Management and Leadership, The George Washington University School of Public Health School of Medicine and Health Sciences, Washington, DC

FRIDAY, NOVEMBER 10TH, 2006

12:00 - 1:30 pm Luncheon Break (registrants on your own)

12:30 - 1:15 pm **Optional Luncheon Session for Graduate Research Students (45 minutes)**

Good research is shaped and reshaped through dialogue and mentorship. The Graduate Student Committee of the 4th International Multidisciplinary Conference on Spirituality and Health would like to invite all graduate research students to participate in this interactive session. This session will provide an opportunity to network with other graduate research students and spend time with a senior scholar in the field of health and spirituality. **Please indicate on the registration form if you wish to attend.**

SIMULTANEOUS SESSION A

1:30 PM -2:30 PM

Each Simultaneous Session will have four rooms with three 20 minute oral paper presentations per room and four rooms with 60 minute Roundtable Discussions. You can choose to either attend the oral paper sessions or you can choose to sign up for a Roundtable Discussion. Please see the registration form to indicate your preference.

Simultaneous Oral Paper Sessions: A (1:30 pm - 2:30 pm) Each Paper Presentation will be 15 minutes in length with a 5 minute Q & A

Room 1	Room 2
1:30 Why is This Happening to me? Interpretations of Cancer Held by Charedi Jewish Breast Cancer Patients: an Exploratory Study Kate Coleman, MSc <i>PhD Program, Centre for Behavioural and Social Sciences in Medicine, University College London, London, UK</i>	Adaptive Coping Styles and Spirituality Among Patients with Chronic Diseases Arndt Büssing, MD <i>Associate Professor at the Chair of Medical Theory and Complementary Medicine; Head of the Research Group Spirituality and Medicine, University Witten/Herdecke, Germany</i>
1:50 Towards a Culturally-Sensitive Understanding of Spiritual Coping: The Case of Portuguese Immigrants Derrick Klaassen, MA <i>Doctoral Student (Counseling Psychology), Department of Educational and Counselling Psychology and Special Education, UBC, Vancouver, BC</i>	Distinct Expressions of Spirituality: Development of the ASP Questionnaire as an Exploratory Research Tool Thomas Ostermann <i>University Witten/Herdecke, Germany</i>
2:10 Investigating The Relationship Between Spiritual Intuition, Religious Devotion, And Mental Health Problems In Portuguese Azorean Islands Anne Gadermann, MA <i>Doctoral Student (Measurement, Evaluation and Evaluation and Research Methodology), Department of Educational and Counselling Psychology and Special Education, The University of British Columbia, Vancouver, BC</i>	<i>What Do Patients Believe, Who Regard Themselves As Neither Religious Nor Spiritual?</i> Arndt Büssing, MD <i>See above</i>
Susan James, PhD <i>Associate Professor, Department of Educational and Counselling Psychology and Special Education, The University of British Columbia, Vancouver, BC</i>	Women Ministers' Experiences of Providing Pastoral Care in Rural Communities Anita M. Unruh, BSc, RSW, PhD <i>Professor, School of Health and Human Performance, Dalhousie University, Halifax, NS</i>
Room 3	Room 4
1:30 Finding Meaning in Palliative Care Nursing: A Meaning-Centered Group Intervention Lise Fillion, RN, Ph.D (psychology) <i>University Laval Cancer Center, Maison Michel-Sarrazin Research Team in Palliative Care, and Professor at the Faculty of Nursing, University Laval, Quebec City, QC</i>	Depression and Spirituality: The Role of Spirituality on the Process of Recovering from Depression Sarojni Rajakumar, RN, MSN <i>Nursing Instructor and Nurse Clinician, Changeways Program, Vancouver, BC</i>
1:50 Evaluation of an Innovative Contemplative End-of-Life Care Program Anne Bruce <i>Assistant Professor, School of Nursing, The University of Victoria, Victoria, BC</i>	Buddhism and Its Impact on Clinical Practice: Shambhala Buddhist Counsellors' Narratives of Experience Jennifer Rodrigues, Ed.D. <i>Counsellor, UBC Counselling Services, The University of British Columbia, Vancouver, BC</i>
2:10 A Randomized Controlled Trial of the Effects of Meditation on Home Care Nurses' Work Stress Rosanna R. Ferrer, B.Sc., MSN <i>Project Leader, Home Health Wound Program, Fraser Health Authority Corporate Office, Surrey; and Client Coordinator, Burnaby Hospital, Burnaby, BC</i>	What Helps Empathy? Guiding Tenets of Spirituality in Counselling Marie Morrison, M.A. <i>University of British Columbia, Vancouver, BC; Research Assistant on the Depression and Diabetes 'Positive Steps Study' and Community Aide, University of Michigan, Ann Arbor, MI</i>

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Simultaneous Roundtable Discussions: A (1:30 pm - 2:30 pm) Please note that you need to pre-register for the Roundtable Discussions.

A1 Roundtable (60 min): Psychotherapy and the Soul

Roger Gale, M.Ed

Counselling Psychology, Vancouver, BC

Level of Presentation: Intermediate

"Psychotherapy and the Soul " will be a consideration of how healers and patients engage in an encounter that itself is best described as Soul; revealing the shared and transcendent as the healing ground. Jungian Psychology, existentialism and the dynamics of counter-transference will inform discussion of this graceful space.

A2 Roundtable (60 min): Home-Based Spiritual Care (HSC) and its Challenges

Sr. Mangalam Lena, FMM, MA Pastoral Studies

Director of Home based Spiritual Care and Spiritual Care Provider, Ottawa, ON

Robert Robinson

Senior Consultant in Electronic Data Processing Security and Project management, RLR Advanced Systems Technologies, Board of Director of Home-based Spiritual Care, Orleans, ON

Level of Presentation: Introductory

Many recognize the need for spiritual care and the lack of services available, but are uneasy about initiating such a service. In providing multi-faith services, HSC face the challenge of lack of cooperation on behalf of multi-faith organizations. How can we achieve common ground where we can all recognize that spirituality is part of the human condition and spiritual care is accepted as a universal human need without religious barriers or proprietorship.

A3 Roundtable (60 min): Evoking Spirit in Psychotherapy

Larry Green, M.A., R.C.C.

Psychotherapist and Community Associate of the Institute of Humanities, Simon Fraser University, Fort Langley, BC

Level of Presentation: Appropriate for all levels

As I live my life and as I conduct psychotherapy, I sometimes forget that spirit is always there. It is only my awareness of it that waxes and wanes. Therapy is effective only when it addresses one's incarnate spirit or soul. I will be articulating the conditions that are necessary for the soul to show up.

Target Audience: Other therapists

A4 Roundtable (60 min): Going Beyond Mindfulness-based Weekend Cancer Support Groups: Deepening, Connecting and Nurturing Spirituality in People Affected by Cancer

Rob Rutledge, MD, FRCPC

Radiation Oncologist; Assistant Professor, Faculty of Medicine, Dalhousie University, Halifax, NS

Level of Presentation: Intermediate

Facilitator/presenter has run the 'Skills for Healing' Weekend Retreats for people with cancer 14 times in multiple cities across Canada and internationally and is interested in hosting a discussion to explore how to go further in the work by helping participants to deepen their spiritual practice over time. What are the possibilities for weekend programming and beyond?

2:30 pm - 2:40 pm Room Change

SIMULTANEOUS SESSION B

2:40 PM - 3:40 PM

Each Simultaneous Session will have four rooms with three 20 minute oral paper presentations per room and five rooms with 60 minute presentations. You can choose to either attend the oral paper sessions or you can choose to sign up for a 60 minute presentation. Please see the registration form to indicate your preference.

Simultaneous Oral Paper Sessions: B (2:40 pm - 3:40 pm) Each Paper Presentation will be 15 minutes in length with a 5 minute Q & A

Room 1	Room 2
2:40 Creating Experiences of Healing and Wellness: Preliminary Findings of a Narrative Study Annemarie Gockel, M.S.W., R.S.W., <i>Ph.D. Student, Department of Educational and Counselling Psychology and Special Education, The University of British Columbia, Vancouver, BC</i>	Spiritual and Religious Attitudes of German Patients with Chronic Diseases Arndt Büssing, MD <i>Associate Professor at the Chair of Medical Theory and Complementary Medicine; Head of the Research Group Spirituality and Medicine, University Witten/Herdecke, Germany</i>
3:00 Explicitly Exploring Spirituality at a Weekend Cancer Support Program: the "Skills for Healing" Experience Rob Rutledge, MD, FRCPC <i>Radiation Oncologist; Assistant Professor, Faculty of Medicine, Dalhousie University, Halifax, NS</i>	Religion/Spirituality, Suicidal Ideation and Mood Variability Marilyn Baetz, MD, FRCPC <i>Associate Director, Anxiety & Mood Disorders Program; Associate Professor, Department of Psychiatry, University of Saskatchewan, Saskatoon, SK</i>
3:20 Investigation the Helpfulness of Spiritually-influenced Arts-based Group Work in Developing Self-awareness and Self-esteem Diana Coholic, Ph.D, RSW <i>Associate Professor, School of Social Work, Laurentian University, Sudbury, ON</i>	Methodological Meanderings in Spirituality Lyren Chiu, PhD <i>Assistant Professor, School of Nursing, The University of British Columbia, Vancouver, BC</i> Anne Bruce, PhD <i>Assistant Professor, School of Nursing, The University of Victoria, Victoria, BC</i>

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Simultaneous Paper Sessions: B - continued

Room 3	Room 4
<p>2:40 "Always the What if?": Experiencing Spirituality and Breast Cancer over Time Judy Gould, PhD <i>Initiative Director, Ontario Breast Cancer Community Research Initiative, Women's College Hospital, Sunnybrook Health Sciences Centre, Department of Public Health Sciences, University of Toronto, Toronto, ON</i> Sue Wilson, MBA, PhD <i>Associate Dean of the Faculty of Community Social Services, Ryerson University, Toronto, ON</i></p>	<p>Learning to Care for Spiritual Needs: Connecting Spiritually L. Elizabeth Hood, RN, MSN, PhD <i>Clinical Nurse Specialist (Mental health), Alberta Hospital Edmonton; Sessional Instructor, University of Alberta, Edmonton, AB</i> Joanne K Olson, RN, PhD <i>Professor and Associate Dean of Undergraduate Program, Faculty of Nursing, University of Alberta, Edmonton, AB</i></p>
<p>3:00 Cancer as a Moral Illness: a Discursive Approach to Understanding the Moral Nature of Illness Spencer Wade, RN <i>Senior Instructor, Lower Mainland Campus, University of Victoria School of Nursing, Vancouver, BC</i></p>	<p>The Elusiveness of Spiritual Wisdom in the Art and Science of Nursing Practice Jeannine Moreau, RN, MN <i>Senior Instructor, School of Nursing, University of Victoria, Victoria, BC</i> Andrea Hunter, BA, BSN (c) <i>Fourth year nursing student in Bachelor of Science in Nursing program at Malaspina University College, Nanaimo, BC</i> Kerris Richardson, BSc, BSN (c) <i>Fourth year nursing student in Bachelor of Science in Nursing program at University of Victoria, Victoria, BC</i></p>
<p>3:20 Digging in, Moving on: Spirituality and the Experiences of Breast Cancer Dragon Boat Paddlers Sheryl Shermak <i>MSW Candidate, School of Social Work and Family Studies, University of British Columbia, Vancouver, BC</i></p>	<p>Connecting To The Source: Safe, Effective And Appropriate Spiritual Support Colleen Kendrick, RGON, BN <i>Cancer Society Liaison Nurse, Tauranga, New Zealand</i></p>

Simultaneous Roundtable Discussions and Workshop Sessions: B (2:40pm - 3:40pm)

Please note that you need to pre-register for the Roundtable discussions and Workshop Sessions.

B1 Roundtable (60 min): Facing the Unknown: Stories of Responsibility and Risk

Laurene Sheilds, RN, PhD

Associate Professor, School of Nursing, University of Victoria, Victoria, BC

Level of Presentation: Intermediate

This Roundtable discussion will focus on the concepts of responsibility and risk as they appear in life-threatening illness. Participants will be encouraged to explore the borders, tensions and vulnerabilities that exist in the metaphoric space between responsibility as people comes to terms with the uncertainty and mystery of life-threatening illness and human suffering.

B2 Roundtable (60 min): Satir's Approach to the Spiritual Dimension in Couples' Therapy

Steve Bentheim, Ph.D

Clinical Member of the Satir Institute of the Pacific; Editor, The Satir Journal: Transformational Systemic Therapy, Vancouver, BC

Level of Presentation: Intermediate/Advanced

The family therapist Virginia Satir encouraged couples to go beyond the dimensions of beliefs and expectations to connection at the level of Self. My research has involved mature couples from several religious contexts. This roundtable offers a sharing of clinical, religious and spiritual perspectives.

B3 Workshop (60 min): Reclaiming Your Innate Healing Power

Thomas F. Capshew, JD, PhD

Founder and Director, Innerspark.org, Reinbeck, IA

Level of Presentation: Intermediate

How do our own beliefs limit ourselves in healing? Participants in this session will discuss common limiting beliefs and the ways our belief systems create blind spots about healing. Stories of breakthroughs in healing will be invited as well as ways to reclaim our power to heal.

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Simultaneous Roundtable Discussions and Workshop Sessions: B - continued

B4 Workshop (60 min): Spirituality, Suffering, and Illness: the Soul of Clinical Work with Individuals and Families

Lorraine M. Wright, RN, PhD

International Lecturer, Author, Marriage and Family Therapist, Professor Emeritus of Nursing, University of Calgary, Calgary, AB

Level of Presentation: Intermediate

Diminishing suffering when illness emerges is the heart of clinical practice of all health professionals. Experiences of suffering lead to issues of spirituality as the big questions in life are faced. This presentation will offer the Trinity Model as a map to assist individuals and families suffering with serious illness.

B5 Workshop (60 min): The Sacred and the Subtle: Healing Body, Mind and Spirit

Ruth M. Lamb, RN, BA, MScN, PhD Student

Manager, Health and Human Services, Langara College, Vancouver, BC

Linda C. Turner, RN, BSc, MN, PhD student

Co-ordinator, Health and Human Services, Langara College, Vancouver, BC

Level of Presentation: Intermediate

The sacred and the subtle are woven together in the ancient healing practices of many of the world's great cultures. The science of consciousness helps to explain the connection through the heart between the sacred and the subtle human energy field. This one hour workshop describes the yogic science that underlies health, wholeness and holiness.

3:40 pm - 4:10 pm Refreshment Break

SIMULTANEOUS SESSION C

4:10 PM - 5:40 PM

Simultaneous Workshop Sessions: C (4:10 pm - 5:40 pm)

Please note that you need to pre-register for the Simultaneous Sessions

C1 Workshop (90 Min): Moving in Sacred Space - A Healing Prayer Ritual

Tannis Huggill, MA, MFA

Registered BC Clinical Counsellor; Dance-movement and Drama Therapist, Spiritual Director in private practice, Vancouver, BC

Level of Presentation: Introductory

Dance-movement and Drama Therapy are two of the oldest healing arts. By engaging creativity of our bodies, we awaken the divine within. Bridging body, mind and spirit, this workshop will use ritual and movement to create prayers for healing. No movement experience necessary, just a willingness to celebrate the bodies' wisdom.

C2 Workshop (90 Min): Reiki: A Spiritual Therapeutic Modality to Promote Healing

Amandah Hoogbruin, RN, PhD

Nursing Faculty, Bachelor of Science in Nursing Program, Kwantlen University College, Surrey, BC

Level of Presentation: Introductory

Reiki is an energy based touch therapy that is known to reduce stress and promote healing. An introduction to Reiki as a spiritual therapeutic modality and reported clinical and anecdotal benefits will be presented. For consenting participants, Reiki will be demonstrated, followed by a discussion of their experience.

C3 Workshop (90 Min): PATH WAYS! Empowering Communities by Inspiring You... Through Circle of World Music, Rhythm & Song!

Angela Roy, ECE ITE

Director and Founder, Expression Interactive Performing Art Co.; Performing Artist, Educator, Vernon, BC

Level of Presentation: Introductory

There is an exceptional interconnection that happens when a group of people create music together! Culturally & historically communities celebrate through the PATHWAYS of the musical & vocal arts as ways to tell stories that represent life! The rhythm & song circle provide a sense of well-being, rejuvenation and belonging for all. A sense of leadership emerges through the creation of music... the process breath a collective joy! This workshop provides an interactive, dynamic and multi-sensory experience for each individual to discover and apply their rhythmic, singing and storytelling abilities. The program is facilitated by a West African drum (Djembe) and world percussion instruments for each participant to play. We will sing songs in over five different languages, learn basic drumming techniques, and learn rhythms & polyrhythm from divers' cultural sources. All of these integrated through the circle and storytelling! Angela's keen insight on the value music & storytelling as an essential component in building and maintain healthy communities and providing a sense of well being to all! You'll walk, (actually dance & sing) away, as this experience is sure to energize & nurture your spirit!

C4 Workshop (90 Min): THE IM/POSSIBILITY OF WRITING SPIRITUALITY

Limited Registration: 25 participants

Anne Bruce, RN, PhD

Assistant Professor, School of Nursing, University of Victoria, Victoria, BC

Laurene Shields, RN, PhD

Associate Professor, School of Nursing, University of Victoria, Victoria, BC

Anita Molzahn

Professor, School of Nursing, University of Victoria, Victoria, BC

Lucia Gamroth

Associate Professor, School of Nursing, University of Victoria, Victoria, BC

Jennine Moreau

Senior Instructor School of Nursing, University of Victoria, Victoria, BC

L. Flato

Senior Instructor, School of Nursing, University of Victoria, Victoria, BC

Spencer Wade

Senior Instructor School of Nursing, University of Victoria, Victoria, BC

Level of Presentation: Introductory

Participants will explore the challenges of articulating that which may be im/possible to capture in language. We will actively engage with data using analytic processes identifying and interpreting metaphoric and metonymic ways of writing spirituality. Outcomes include a greater understanding of the range of ideas and approaches for articulating spirituality.

C5 Workshop (90 Min): Shamanic Healing Paradigm: A Key to Getting at Cause

Anita R. Shack, B.F.A

Staff Chiropractor, Toronto Western Hospital Artist's Health Center and Private Practice, Toronto, ON

Level of Presentation: Introductory

We explore how ancient systems of knowledge can be used as a key to finding underlying spiritual causes to physical symptoms and provide the means and tools to address them. The correlation of the elements to our human aspects, gives insights that allow pattern change and opportunity for healing.

C6 Workshop (90 Min): Dream Dance with the Four Elements

Judith Onley, RAD

Dance Teacher, Reiki Master and Spiritual Mentor, Toronto, ON

Ann-Marie Boudreau

Accompanist and Soundwork Practitioner, Transformational Arts College, Toronto, ON

Level of Presentation: Introductory

Experience the stimulation of moving to inspiring music and drumming in relation to the elements of earth, water, fire and air, learning how the energies of each of these is related to our charkas. Harness this power as awakened spiritual beings to learn how to tap into our bodies as communication devices.

C7 Workshop (90 Min): Remembering What You Love Can Guide Your Life

Larry Nusbaum, MD, CCFP

Physician, Psychotherapist, Storyteller, Musician, Toronto, ON

Level of Presentation: Introductory

Doing what you love can have a powerful effect on your body, mind, and soul. The memories of these experiences are also very potent. Using interactive music, stories, discussion and inner imagining we will explore the practical power of this remarkable resource to help you and those you care for.

C8 Workshop (90 Min): Spirituality in Action: Expressing Spiritual Values in a Rural Clinical Practice

R. Warren Bell,

Attending Staff, Shuswap Lake General Hospital. President, Association of Complementary and Integrative Physicians of BC, Salmon Arm, BC

Level of Presentation: Intermediate

This session shares experiences about living, practical spirituality learned in the 27 years the presenter has been imbedded in a rural community of 16,500, and offers some practical suggestions for addressing and expressing spiritual values in an authentic way in such a setting. However, these suggestions have broad application in **any** therapeutic, and indeed in any **social** context.

5:40 pm **Poster Sessions** **(5:40 pm - 6:30 pm)**

Poster presenters will be available to answer questions

7:30 pm **Banquet Dinner and Artistic Performances (Optional Event)**

9:30 pm **Adjourn**

SATURDAY, NOVEMBER 11TH, 2006

8:00 am **Registration Open**
8:30 am **Blessing, Meditation and Opening Remarks**

9:00 am **Compassion in Action**
Roshi Joan Halifax, Ph.D.
Abbot, Upaya Zen Center, Santa Fe, New Mexico

In this talk, Roshi Joan Halifax will explore with us a spirituality that is brought from the monastery to the world. Through work in the prison system and with dying people, social and political activism, and a commitment to environmental responsibility, she will look at three aspects of spirituality: a spirituality of social action, a spirituality of service, and a spirituality of conscience and conscientiousness. She will look at four dimensions of courage and five aspects of compassion as a basis for healing the individual and healing the world. All of this will be seen from the perspective of mutuality. There will be time for questions and discussion.

10:00 am **Refreshment Break**

10:30 am **Dialogue: Compassion & Wisdom: Engaged Spirituality**

Moderator: David Kuhl

Physician, Department of Family and Community Medicine, Providence Health Care; Assistant Professor, Department of Family Practice, Faculty of Medicine, University of British Columbia, Vancouver, BC

Roshi Joan Halifax

Abbot, Upaya Zen Center, Santa Fe, New Mexico

Reverend Professor Stephen Graham Wright

Visiting Prof. Faculty of Health and Social Care, St. Martin's College, Carlisle; Chair, Sacred Space Foundation; Editor, Spirituality and Health International, Cumbria UK

Susan Folkman

Professor and Director, UCSF Osher Center for Integrative Medicine, University of California, San Francisco, CA

Harold Coward

Founding Director, Centre for Studies in Religion and Society, University of Victoria, Victoria, BC

12:00 noon **Luncheon (provided for conference participants) (12:00 - 1:30 pm)**

12:30 pm **Poster Sessions (12:30 - 1:30 pm)**
Poster presenters will be available to answer questions

SIMULTANEOUS SESSION D

1:30 PM - 2:30 PM

This Simultaneous Session will have four rooms with three 20 minute oral paper presentations per room and five rooms with 60 minute Roundtable/Workshop Sessions. You can choose to either attend the oral paper sessions or you can choose to sign up for a Roundtable/Workshop Sessions. Please see the registration form to indicate your preference.

Simultaneous Oral Paper Sessions: D (1:30 pm - 2:30 pm) Each Paper Presentation will be 15 minutes in length with a 5 minute Q & A

Room 1	Room 2
<p>1:30 Effects of Traditional Mindfulness Meditation Upon Psychological and Physical Health Claire H. Clark, Ph.D <i>Associate Professor, Department of Family & Preventive Medicine, University of Utah School of Medicine, Salt Lake City, Utah, USA; and Psychologist in private practice in the community at the Center for Psychophysiological Health, Salt Lake City, Utah, USA</i> Richard W. Glade, B.A., L.C.S.W <i>Center for Psychophysiological Health, Salt Lake City, UT</i></p>	<p>Radiant Energies Balance: A Whole System Intervention Body, Mind and Spirit) Phillip W. Warren, BA, PhC <i>Professor emeritus (Psychology and Music), Research and Development in Energy Psychology, Kwantlen University College and Delta Life Skills, Delta, BC</i> Janet G. Nestor <i>Licensed Professional Counsellor, Psychological Counselling Center of Well Being, Winston-Salem, NC</i></p>
<p>1:50 Using Spiritual Exemplars in Mindfulness-Based Stress Reduction: Speaking to the Human Heart and the Searching Mind Amy E. Beddoe, PhD(c), RN <i>Assistant Professor, School of Nursing, San Jose State University, San Jose, CA</i></p>	<p>The Integrated Parish Nursing Model: A Framework for Practice, Education and Research Margaret Elizabeth Myers, RN, BA, BScN, MAEd, M.Div, Ed D, CCC <i>Anglican Priest (Associate); Director, Counsel Care Canada, Wingham, ON</i></p>
<p>2:10 Cleansing the Heart; Therapeutic Dimensions of Buddhist Ritual Bowing Martin J. Verhoeven <i>Research Professor of Buddhist Studies & Practice, Institute for World Religions, Berkeley, CA; and Adjunct Professor of Comparative Religions, Graduate Theological Union, Berkeley, CA</i></p>	<p>From Machine to Human Being: Reflecting on the Metaphor We Live By Helen Croza, RMT, B.Sc, MA <i>Somatic Psychotherapist, Wellness Consulting, and Massage therapist; Founder of Integral Health Consulting, Squamish, BC</i></p>

SATURDAY, NOVEMBER 11TH, 2006

Simultaneous Paper Sessions: D Cont'd

Room 3

- 1:30 Spirituality: It's Starring Role in Recovery from Addiction
Victoria Marie, PhD
Adjunct Professor, Social Justice Theology, Saint Mark's College, Vancouver, BC
- 1:50 The Spiritual Needs of Persons living with Mental Health and Addictions Challenges
Margaret O'Donnell, M.Sc
Researcher, Spiritual Health Coordinator, Nigel House; Founder Oasis Society for Spiritual Health, Victoria, BC
- 2:10 Community Mental Health Professionals' Perspectives on Incorporating Spirituality in their Care of Clients With Serious Mental Illness
Nancy Clark, RN, MSN
Adjunct Professor, School of Nursing, The University of British Columbia; Nurse Educator for the Mental Health Program at Providence Health, Vancouver, BC

Room 4

- The Sikh Spiritual Model of Counseling
Kala Singh, MBBS
Multicultural Mental Health Liaison Worker, Vancouver Community Mental Health Services, Vancouver Coastal Health, Vancouver, BC
- Spiritual aspects of Local Health Traditions
Balakrishnan Nair, PhD
Senior Programme Advisor, Foundation for Local Health Traditions, Karnataka, India
- Hmong Shamanism and Hmong Health Care Choices
Charles H. Numrich, Ph.D
Director, Creative Theatre Unlimited, St Paul, MN

Simultaneous Workshop Sessions: D (1:30 pm - 2:30 pm) (*or 1:30 pm - 3:00 pm)

*Some of the Workshop sessions are 90 minutes long and will therefore go into the next session as well. Please note that you need to pre-register for the Workshop Sessions.

D1 Workshop (90 Min*): Mythic Narratives: A Journey into the Imaginal Through Art Making

Susanna Ruebsaat, MA

Creative Director, Image Maker Art Therapy Services; Doctoral Student, Simon Fraser University, Vancouver, BC

Level of Presentation: Intermediate

A depth approach to art therapy offers a perspective that drops into the deepest levels of the psyche. An experiential workshop that explores the link between the **creative process** and the **healing process**; How the inner psychic images we hold of ourselves and other existential concerns carries the information necessary for healing and spiritual unfoldment.

D2 Workshop (90 Min*): Spiritually Directed treatment protocol for recovery from Trauma

Limited Registration: 60 participants

Beth Hedva, PhD, RMFT, OABPS

Chair, Continuing Education, International Council of Psychologists; Faculty, Global Program, Institute of Transpersonal Psychology, and Psychologists, Finkman Communications Ltd, Calgary, AB

Level of Presentation: Introductory

Explore protocol for using spiritual resources, breathwork, intuition, intentional thought, energy work plus counselling skills to respond to burn-out prevention, survivor's guilt, clinical and paranormal aspects of recovery. Developed by Dr. Beth Hedva at the request of the Indonesian Psychology Association to help up-grade trauma training for Indonesian tsunami recovery workers.

D3 Workshop (60 min): Opening Up to The Non-dual

Gary Nixon, PhD, R.Psych.

Associate Professor & Addictions Counselling Program Coordinator, School of Health Sciences, University of Lethbridge, Lethbridge, AB

Level of Presentation: Intermediate

This workshop will highlight the process of initiating non-dual being in everyday life. The works of Maharshi, Balsekar, Maharaj, Gangaji, Tolle and other non-dual teachers will be used as pointers towards embracing the absolute, letting go of the separate self contraction, and enjoying the perfection of the present moment.

D4 Roundtable/Workshop(60 min): An Exploration of Spiritual Emergence

Dr. Brian Farlinger, RAc, DDS

Director, Spiritual Emergence Centre Foundation, Vancouver, BC

Mr. Mahmud Nestman, Med. RCC CCH

Director of the CURA Institute for Integrated Learning, Vancouver, BC

Ms. Anne Little, PhDc

Transpersonal Psychologist, Lotus Works, Vancouver, BC

Dr. Beth Hedva, Ph.D

Chair, Continuing Education, International Council of Psychologists; Faculty, Global Program, Institute of Transpersonal Psychology, and Psychologist for Finkman Communications Ltd., Calgary, AB

Mr. Larry Green, M.A. R.C.C.

Psychotherapist and Community Associate of the Institute of Humanities, Simon Fraser University, Fort Langley, BC

Level of Presentation: Introductory

Spiritual Emergence, a spiritual growth process in the individual, is explored in it's various forms including "Spiritual Emergency". Support of individuals undergoing the process of Spiritual Emergence is discussed.

SATURDAY, NOVEMBER 11TH, 2006

2:30 pm - 2:40 pm Room Change

SIMULTANEOUS SESSION E

2:40 PM - 3:40 PM

This Simultaneous Session will have four rooms with three 20 minute oral paper presentations per room and two rooms with 60 minute Workshop presentations. You can choose to either attend the oral paper sessions or you can choose to sign up for a Workshop Sessions. Please see the registration form to indicate your preference.

Simultaneous Oral Paper Sessions: E (2:40 pm - 3:40 pm) Each Paper Presentation will be 15 minutes in length with a 5 minute Q & A

Room 1	Room 2
2:40 Employees' Use of Mindfulness in Managing Occupational Stress: a Qualitative Study David Treleven, M.A. <i>The University of British Columbia, Vancouver, BC; Group and Individual Therapist, BC Forensic Psychiatric Services Commission Sex Offender Treatment Program, Vancouver, BC</i>	Nursing With Spirit: The Lived Experience of Nurses Using Energy-Field Therapies Enid L. Muirhead, RN, DHom, BScN, Med <i>Clinical Associate, School of Nursing, The University of British Columbia, Vancouver, BC</i>
3:00 A Spiritual and Post Structural Reframing of Premenstrual Syndrome Helen Loshny, MA <i>Doctoral Student in Women's Studies at Simon Fraser University (SFU), Burnaby, BC; Research Project Manager at the Health Research and Methods Facility at Simon Fraser University, Vancouver, BC</i>	Changing the Heart Using Divine Blessing of Zhi Gang Sha Peter Hudoba, MD <i>Private Practice, Vancouver, BC; CEO, Sha Research Foundation, CA</i> Caire Jil, PhD <i>Assistant Professor of Psychiatry, University of California, San Francisco, CA</i>
3:20 Rethinking Compassion Fatigue as Moral Stress in Health Care Professionals Donna Forster, PhD (c) <i>PhD (c), School of Rehabilitation Therapy, Queen's University, Kingston, ON</i>	Postdisciplinary Research on Spirituality and Healing: An Integral Vision Durwin Foster <i>Doctoral Student, Department of Educational and Counselling Psychology, and Special Education, Faculty of Education, University of British Columbia, Vancouver, BC</i>
Room 3	Room 4
2:40 Considering the Intersections of Culture, Religion, and Spirituality in Health Care Provision Sheryl Reimer-Kirkham, RN, PhD <i>Associate Professor, Trinity Western University, Langley, BC</i> Barbara Pesut, RN, PhD <i>Associate Professor, Trinity Western University, Langley, BC</i>	From Exploration to Implementation: Integrating Spirituality into a Pediatric Rehabilitation Centre Patricia J. Baldwin, BSc(OT), OTReg (Ont) <i>Occupational Therapist Family & Community Services, Thames Valley Children's Centre, London, ON</i> John A. LaPorta, PhD <i>Chief Executive Officer, Thames Valley Children's Centre, London, ON</i>
3:00 The Contemplative Therapist: Insights from Merton, Nouwen, and Winnicott Rodolfo R. Nolasco, Jr., MDiv, ThD <i>Associate Professor, Counseling Psychology, Providence Theological Seminary, Otterburne, MB</i>	Healing as a Creative Art Andrew J. Macnab, MD <i>Distinguished Scholar in Residence, Peter Wall Institute for Advanced Studies; Professor of Paediatrics, University of British Columbia, Vancouver, BC</i>
3:20 Writing and Literature for Compassion and Connection Deirdre Maultsaid, BA, MEd <i>Freelance Writer, Vancouver, BC; Effective Writing Tutor, Commonwealth of Learning, Vancouver, BC</i>	A Sense of Place: Organic Farming as Healing Practice, as Spiritual Practice Susan Wismer, PhD <i>Associate Professor, Department of Environment and Resource Studies, University of Waterloo, Waterloo, ON</i>

SATURDAY, NOVEMBER 11TH, 2006

Simultaneous Workshop Sessions: E (2:40 pm - 3:40 pm)

Workshop Session D1 & D2 will continue in this time slot since they are 90 minutes long. Please note that you need to pre-register for the Workshop Sessions.

E1 Workshop (60 min): Integrating Spiritual Assessment and Spiritual Care Specialists into Cancer Care

Rob Rutledge, MD, FRCPC

Radiation Oncologist; Assistant Professor, Faculty of Medicine, Dalhousie University, Halifax, NS

David Morrison, PhD Theology

Spiritual Care Specialist, PEI Cancer Treatment Centre, Charlottetown, PEI

Level of Presentation: Intermediate

In this workshop a Canadian oncologist and spiritual care specialist outline how to engage patients and families in conversation about spirituality, screen for spiritual distress (including using questionnaires), indications for spiritual care referral, and demonstrate a team approach. The oncologist reviews his experience asking 33 new cancer patients about their spirituality.

E2 Workshop (60 min): Acupuncture as an Aid to Dying

Ronald Puhky, B.Sc., MDCM

Co-director, Five Element Acupuncture for Physicians Training Program, San Diego, CA; Past President, Association of Complementary and Integrative Physicians of BC; Private Practice, Integrative Medicine and Acupuncture, Salt Spring Island, BC

Level of Presentation: Intermediate

This is an introduction to the Five Element Acupuncture method of treating the dying. The participant will be given an energetic map of human spiritual resources and how to access them skillfully during the dying process. These capacities can be utilized throughout life for healing, and at the end, help achieve a meaningful and peaceful death.

3:40 pm - 4:00 pm Refreshment Break

4:00 pm Positive Emotions in the Stress Process: The Special Role of Meaning - Focused Coping

Susan Folkman

Professor and Director, UCSF Osher Center for Integrative Medicine, San Francisco, CA

This talk will include theory, research, and clinical application regarding the role of positive emotions in the stress process. A number of studies have documented the occurrence of positive emotions under conditions of intense and prolonged stress such as providing care for a loved one with a serious illness, bereavement, and spinal cord injury. Until recently, little attention was given to this phenomenon. This talk will make the case that positive emotions may play an important role in the stress process and will describe the kinds of meaning-focused coping processes that generate and sustain them. The talk will highlight some of the complexities regarding the relationship between meaning-focused coping and well-being. There will also be a personal "take home" message for members of the audience.

5:00 pm Closing Remarks by Co-Chairs Dr. Lyren Chiu and Dr. Soma Ganesan

5:05 pm Closing Blessing Roshi Joan Halifax, Ph.D. *Abbot, Upaya Zen Center, Santa Fe, New Mexico*

5:10 pm Adjourn

POSTER LISTING

The posters will be set up for delegates to view throughout the entire conference. The presenters of the posters will be available to answer questions during the poster sessions on **Friday, November 10th** from **5:40 - 6:30 pm** and on **Saturday, November 11th** from **12:30 - 1:30 pm**.

The following posters have been confirmed as of the printing of this brochure.

Reclaiming the Voice of Spirituality in Nursing Through Nurses' Stories

Lynn Anderson

Faculty Lecturer, Faculty of Nursing, The University of Alberta, Edmonton, AB

Joanne K Olson

Professor, Associate Dean, Academic Planning and Undergraduate Services, Faculty on Nursing, University of Alberta, Edmonton, AB

Kristine Martin-McDonald

Associate Professor, Faculty of Nursing, University of Alberta, Edmonton, AB

Professor, Associate Dean, Academic Planning and Undergraduate Services, Faculty on Nursing, University of Alberta, Edmonton, AB

POSTER LISTING

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The following posters have been confirmed as of the printing of this brochure.

Beyond the Cliché: Toward Creative Caring

Alex Chamberlain

Chaplain, Member of Ethics Committee, St Luke's Meridian Medical Centre, Boise, ID

Involvement of Rabbinic and Communal Authorities in Medical Decision-Making by Charedi Jews with Breast Cancer: An Exploratory Study

Kate Coleman

PhD Program, Centre for Behavioural and Social Sciences in Medicine, University College, London, UK

Spiritual Assessment as a Shared Multidisciplinary Model in a Paediatric Hospital

Gerardo Quintanar

Manager Spiritual Support Program, Children Hospital of Eastern Ontario, Ottawa, ON

An Introduction to Spiritual Healing

Don Ley

Spiritual Teacher and Healer, Bellingham, WA

Lynne Brisdon

Spiritual Teacher and Healer; President, Living in Vision, Vancouver, BC

The Spirituality and Health Program: A Unique For Multi-Disciplinary, Interfaith Teaching and Learning

Emma Bezy

Principal of 'Spirited Change', Founder/Director of Centre for Spirit & Health, Seattle, WA

Tailoring Spiritual Communications To Patients' Style And Developmental Stage

Emma Bezy

Principal of 'Spirited Change', Founder/Director of Centre for Spirit & Health, Seattle, WA

The Rationale for Integrating Spirituality in Mental Health Practice

Peter, S. O. Wong

Counselor, Psychology and Learning Centre; Senior Lecturer in Psychology, Inti College, Subang, Jaya, Malaysia

Quality of Life is Associated with Spiritual Well Being in Terminally Ill Patients: A Pilot Study

Ewan Goligher

Medical Student- IV, Faculty of Medicine, University of British Columbia, Vancouver, BC

Pippa Hawley

Director, Pain and Symptom Management Clinic, BC Cancer Agency; Department of Medicine, University of British Columbia, Vancouver, BC

Active Meditations - the 21st Century Solution for Health

Mada Dalian

Medical Intuitive, Healer, Spiritual Guide. Founder of the evolutionary Dalian Healing Method and the Dalian School of Healing & Meditation; author of soon to be published book IN SEARCH OF THE MIRACULOUS: How to Start Your Healing Journey, Vancouver, BC

Teaching and the Development of an Interdisciplinary Graduate Course on Research and Theory of Spirituality and Alternative Healing Practices

Lyren Chiu

Assistant Professor, School of Nursing, University of British Columbia, Vancouver, BC

Spectrum-V

Jai-Inder Pangli

Youth Counsellor, Princess Cruises, Abbotsford, BC

Spirituality: Findings from an Ethnographic Study of an Integrative Cancer Service on the Invisible Dimension

Lyren Chiu

Assistant Professor, School of Nursing, University of British Columbia, Vancouver, BC

Caring For Professional Caregivers: Implementation, Evaluation and Outcomes of a Four-Week Mindfulness Meditation Course For Nursing Leaders

Jennifer. J Bortz

Assistant Professor Psychology, Department of Psychiatry/Psychology, Mayo Clinic Arizona, Phoenix, AZ

Teri Britt-Pipe

Assistant Professor of Nursing, Department of Nursing, Mayo Clinic Arizona, Phoenix, AZ

Teaching Oncology Staff "Skills For Wellness": Outline And Results Of Day-Long Health And Spirituality Seminars

Rob Rutledge

Radiation Oncologist, Nova Scotia Cancer Centre, Halifax, NS

Providing Pastoral Care In rural churches

Anity Unruh

Professor, Health and Human Performance, and Occupational Therapist, Dalhousie University, Halifax, NS

Worldview in Psychiatry

Saman Miremadi

Psychiatry Resident, Department of Psychiatry, University of British Columbia, Vancouver, BC

Quest for Balm in Gilead: Use of Faith and Mirrors in Church Affiliated Family Members of Those who have Disclosed Being Lesbian or Gay

Margaret. E Myers

Counsellor, Counsel Care Canada; Associate Priest, St Paul's Trinity Church, Wingham, ON

Honouring The Mystery At The End Of Life

Barbara Morningstar

Program Director, Surrey Hospice Society, Surrey, BC

Grounded Theory Research: Forgiveness Within Significant Relationships

Juanita Lawson

PhD Candidate, Social Worker/Patient Advocate Office, Thunderbay, ON

Compassion and Intention - a Self Care Model

Gloria Kropf Nafziger

Therapist and Facilitator, New Directions Counselling, Waterloo, ON

Lora Carter Nafziger

Master of Social Work, Master of Theology in progress, Smith College School of Social Work, Chicago Theological Seminary

Dr. Susam Wismer,

Assistant Professor, University of Waterloo

Therapists who practice Mindfulness Meditation: Implications for Therapy

John Alvarez de Lorenzana

BA (Psych), MA (Candidate) Counseling Psychology Program, The University of British Columbia

PLEASE WRITE IN BLOCK LETTERS:

One registration form per person. Please photocopy if more are needed.

Ms. Mrs. Miss Mr. Dr.

Last Name First Name Initials

Organization Name/Mailing Address

Mailing Address

City Prov/State Postal Code

() ()
Daytime Telephone Number / Local Fax Number

Daytime Telephone Number / Local Fax Number

E-Mail

AFFILIATION/PROFESSION:

Please indicate which Affiliation/Profession best describes you:

- | | |
|--|---|
| <input type="checkbox"/> Administrator/Manager | <input type="checkbox"/> Physician |
| <input type="checkbox"/> Chaplain | <input type="checkbox"/> Psychiatrist |
| <input type="checkbox"/> Community Practitioner | <input type="checkbox"/> Psychologist |
| <input type="checkbox"/> Counselor | <input type="checkbox"/> Researcher |
| <input type="checkbox"/> Educator | <input type="checkbox"/> Social Worker |
| <input type="checkbox"/> Family Members/Patients | <input type="checkbox"/> Spiritual Leader |
| <input type="checkbox"/> Nurse | <input type="checkbox"/> Student |
| <input type="checkbox"/> Pastor/Minister | <input type="checkbox"/> Therapist |
| <input type="checkbox"/> Other: _____ (please specify) | |

PRECONFERENCE WORKSHOPS:

Each workshop is 3.5 hours in length. Indicate below which workshop you wish to attend. A separate fee is charged for the pre-conference workshop. See Tuition Fees to the right.

PW1 PW2 PW3 PW4

MAIN CONFERENCE SIMULTANEOUS SESSIONS:

Please refer to the program for session descriptions. Simultaneous Sessions are filled on a first come, first served basis (some are limited). Please number the sessions in order of preference.

Note: You either attend a workshop OR a roundtable OR oral papers

Session A: A1 A2 A3 A4

Session B: B1 B2 B3 B4 B5

Session C: C1 C2 C3 C4 C5 C6 C7 C8

Session D: D1 D2 D3 D4

Session E: E1 E2

or I will be attending Oral Papers

or I will be attending Oral Papers

NO ORAL PAPERS IN SESSION C

or I will be attending Oral Papers

or I will be attending Oral Papers

Method of Payment:

Cheque P.O. #

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Local/International: (604) 822-6156

Toll free within Canada/USA: 1-877-328-7744

Register by Fax: (604) 822-4835



Credit Card Number Expiry Date

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Please note: A \$25 processing fee will be charged for the re-issue of lost tax receipts. PLEASE SEE THE GENERAL INFORMATION PAGE FOR CANCELLATION POLICY

TUITION FEES:

The full registration fee includes conference materials, one lunch, refreshment breaks, and a certificate of attendance. (On Friday, a box lunch will be available for purchase)

Please inform us of any dietary needs: _____

EARLY BIRD RATES, BEFORE SEPTEMBER 29TH, 2006

Pre-Conference Workshops \$95

Main Conference \$395

Thursday Evening, all day Friday, all day Saturday
(Does not include banquet)

Individual Day Rates

Thursday, November 9th EVENING only \$75

Friday, November 10th only (banquet not included) \$195

Saturday, November 11th only \$195

RATES AFTER SEPTEMBER 29TH, 2006

Pre-Conference Workshops \$115

Main Conference \$450

Thursday Evening, all day Friday, all day Saturday
(Does not include banquet)

Individual Day Rates

Thursday, November 9th EVENING only \$95

Friday, November 10th only (banquet not included) \$225

Saturday, November 11th only \$225

OPTIONAL EVENTS

Graduate Research Student Luncheon Session
Friday, November 10th (Registration is required) No Charge
(Box lunch will be available for purchase)

Friday, November 10th - Banquet & Performances \$50

STUDENT CONFERENCE RATE \$250
(limited number available)

Student rates are available for the **full program only**. Must be paid in full before **October 27th, 2006**

A copy of valid student photo ID must be sent with registration.

TOTAL PAYMENT = _____

Registration prior to **October 27th, 2006** is strongly recommended to ensure you receive all conference materials. All rates are quoted in \$CAD and the tuition fee includes GST.

If your organization will be paying with a purchase order on your behalf:

P.O. # _____ Manager's Tel.#: _____

Name of Manager: _____

Name of Organization: _____

Mailing Address: _____

Mailing Address & Payment by Cheque:

Please make your cheque payable to the University of British Columbia and send to:

Interprofessional Continuing Education, UBC

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