

# 2nd International Diabetes in Indigenous Peoples Forum

*International Best Practices*

**November 16 to 19, 2008**

The Fairmont Hotel Vancouver  
900 West Georgia Street, Vancouver, BC, Canada

Presented by



UBC Institute for Aboriginal Health

with

Assembly of First Nations  
Canadian Diabetes Association  
Congress of Aboriginal Peoples  
Health Canada, First Nations and Inuit Health Branch  
Indigenous Physicians Association of Canada  
International Diabetes Federation  
Inuit Tapiriit Kanatami  
National Aboriginal Diabetes Association  
Network Environments for Aboriginal Health  
Métis National Council  
Research BC & Western Arctic  
UBC Interprofessional Continuing Education

photos: Tourism Vancouver

Conference Information Online: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

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# GENERAL INFORMATION

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**Description** This international meeting brings together an interdisciplinary group of professionals who work in the field of Indigenous peoples' health. Presenters from Australia, New Zealand, Canada and the United States and other countries will review relevant developments in the etiology, prevention and treatment of diabetes and related conditions among Indigenous people with a focus on the sharing of international best practices.

**Conference Goals**

- To foster discussion on the etiology, prevention and treatment of diabetes and related conditions among Indigenous people
- To review international best practices and to facilitate their dissemination and implementation

**Learning Objectives**

1. To review initiatives aimed at preventing and treating diabetes and related conditions among Indigenous people around the globe.
2. To understand and discuss the most recent scientific developments in the area of diabetes and related conditions with experts in the field
3. To develop a position statement on diabetes and related conditions among Indigenous peoples

**Who Should Attend** This interdisciplinary conference will be of interest to the following audience:

Administrators/Managers	Political Leaders	Educators
Community Health Representatives	Nurses	Social Workers
Dietitians/Nutritionists	Researchers	Traditional Healers
Epidemiologists	Physicians	
Policy Makers	Students	

**Location and Hotel Information** The Fairmont Hotel Vancouver, 900 West Georgia, Vancouver, BC Canada V6C 2W6  
Telephone: 604-684-3131; Fax: 604-662-1929; Toll free in North America: 1-800-441-1414  
Online hotel booking available: [www.fairmont.com/hotelvancouver/](http://www.fairmont.com/hotelvancouver/). Online hotel booking code is: GRIDF1  
Please make your own reservation by calling the hotel directly. Please specify that you are booking under the Diabetes in Indigenous Peoples Forum Room Block to receive the reduced rate for conference delegates. 5 % GST and 10 % PST and Room Tax will be added to all rates.

Rates: \$155 single, double or twin occupancy, additional person \$30/room/night. Children under 18 stay free in same room as parents (max. applies). If you do not have a credit card on file when checking in, a \$100 cash/day deposit will be required and you will have no signing privileges (this includes no access to the minibar, movies, telephone calls, room service, laundry etc). A block of rooms will be held at the conference rate until October 15, 2008. The Fairmont Hotel Vancouver is within walking distance of world-class shopping, the beaches and a wide variety of restaurants. Check-in time is 3:00 PM. Check-out time is 12:00 NOON.

**Parking** In addition to metered street parking, which is available for a maximum time of two hours from 8:00 AM–8:00 PM, 7 days a week, the following options are available:

Self Parking for \$27/night, including in-and-out; Valet Parking for \$29/night, including in-and-out. There is also parking at Robson Square (enter at Smithe St & Howe St) for \$3.00/hr weekdays, \$13.00 maximum weekday rate, \$3.50 evening flat rate and \$4.00 all day weekends.

**SkyTrain** The nearest SkyTrain station is Burrard Station, located on the west side of Burrard Street between Georgia Street and Dunsmuir Street. To get to the Hotel Vancouver, turn right when exiting the station and walk one block up Burrard to Georgia. The hotel is on the south-east corner of Burrard and Georgia.

**Registration** Four Ways to Register!

- On the web: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca) (Mastercard and Visa only)
- By telephone: (Mastercard and Visa); Local/International: (604) 827-3112  
Toll free within Canada/USA: 1-877-328-7744
- By Fax: (604) 822-4835 (Mastercard and Visa only)
- By mail with a cheque, purchase order or credit card.

Please see registration form for more details.

**Refund And Cancellation Policy** Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by October 20, 2008. No refunds will be granted for withdrawal after that date. Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund less a \$50 handling charge will be returned.

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# 2nd International Diabetes in Indigenous Peoples Forum

*International Best Practices*

## SUNDAY, NOVEMBER 16

4:00 pm *Registration Opens*  
6:00–7:30 pm **Opening Reception**  
7:30 pm *Registration Closes*

## MONDAY, NOVEMBER 17

7:30 am *Registration Opens*

8:30–9:15 am

### **Opening Ceremony**

**Welcome from First Nations Chief**

**Opening Prayer**

**Opening Remarks**

*The Honourable Tony Clement, P.C., M.P.* - Invited

*National Chief Phil Fontaine;* Assembly of First Nations, Invited

*Clément Chartier;* President, Métis National Council, Ottawa, ON

*Patrick Brazeau;* National Chief, Congress of Aboriginal Peoples, Ottawa, ON

*Eduardo Jovel;* Director, Institute for Aboriginal Health; and Assistant Professor, Food, Nutrition and Health, Botanical Gardens & Center for Plant Research, Faculty of Land and Food Systems, The University of British Columbia, Vancouver, BC

*Jay Wortman, MD;* Conference Chair, Senior Medical Advisor, FINHB, Health Canada, Vancouver, BC

9:15 am–10:00 am

### **Keynote presentation: Effects of Colonization: the Impacts on Our People**

*Papaarangi Reid,* Associated Professor, Tamuaki and Head of Department Te Kupenga Hauora Māori, Faculty of Medical and Health Sciences, University of Auckland, Auckland, New Zealand.

10:00–10:30 am *Break – exhibits open / poster viewing*

10:30 am

### **Responses to the Diabetes Epidemic Following the UN Resolution on Diabetes**

*Martin Silink, AM MB BS (Hons1) MD FRACP;* President, International Diabetes Federation; Professor of Paediatric Endocrinology at the University of Sydney and The Children's Hospital at Westmead, Sydney, Australia

11:00 am

### **Diabetes Epidemic in Canada: Trends, Gaps and Innovation**

*Stewart B. Harris, MD, MPH, FCFP, FACPM;* Professor, Department of Family Medicine, Schulich School of Medicine and Dentistry, The University of Western Ontario, London, Ontario; CDA Chair in Diabetes Management; Ian McWhinney Chair of Family Medicine Studies

11:30 am

### **The Special Diabetes Program for Indians; An Overview of the Largest Indigenous Diabetes Initiatives in the United States**

*Kelly Acton, MD, MPH, FACP;* Director, Indian Health Service Division of Diabetes, Treatment and Prevention, Albuquerque, New Mexico, USA

12:00 noon–1:30 pm *Lunch (provided) and exhibits open*

12:30 pm *Poster Session – poster presenters will be available for discussion*

### **1:30 pm–3:00 pm CONCURRENT SESSION A**

#### **A1 D.I.Y. Health Fair: A Hands-on Way to Makeover Diabetes Teaching**

*Laura Salmon M.Sc, RD;* Traditional Diet Coordinator, First Nations Health Programs, Whitehorse General Hospital, Whitehorse, YT

*Jennifer Eskes RD;* Community Dietitian, Whitehorse General Hospital, Whitehorse, YT

Step out of the classroom and Do-it-yourself! Use the materials and user-manual provided create interactive displays, share them with peers and experience a hands-on training program for front-line diabetes workers. Culturally relevant and fun, this makeover of diabetes teaching provides a safe environment for participants to learn and teach others.

## A2 Type 2 Diabetes Mellitus in Children and Youth of First Nation Origin: an Interprofessional Approach to Advancing Knowledge and Improved Care

**Elizabeth Sellers** MD, MSc; Associate Professor, Department of Pediatrics and Child Health, University of Manitoba, Winnipeg, MB

**Julie Dexter** RN, BN; Diabetes Nurse Educator, Diabetes Education Resource for Children and Adolescents, Winnipeg, MB

The Diabetes Education Resource for Children and Adolescents is an interprofessional team involved in prevention, care, education, advocacy and research related to type 2 diabetes in children and youth. Research highlights and clinical insights will inform a discussion on the future directions of clinical research in the prevention and management of type 2 diabetes in youth.

## A3 Traditional Medicine and Culinary Pedagogy: A Community Determined Approach to Prevention and Treatment of Diabetes

**Leslie Korn** PhD, MPH, RPP; Director, Center for Traditional Medicine, Olympia, WA

**Rudolph C. Ryser** PhD; Executive Director, Center for World Indigenous Studies, Olympia, WA

**Connie McCloud**; Cultural Director, Puyallup Tribal Health Authority, Tacoma, WA

Nutrition trauma in indigenous communities is the loss of access to natural resources and traditional foods and medicines and results in community stress and dysregulation of glucose metabolism. This presentation provides specific traditional medicine methods used in the USA, Canada and Mexico that elevate community-determined approaches to revitalize traditional healing practices.

## A4 Implementing the Aboriginal Diabetes Initiative across Canada

**Amy Bell**; Manager, National Initiatives, Aboriginal Diabetes Initiative, Health Canada, Ottawa, ON

**Loee Okalik**; Health Projects Coordinator, Inuit Tapiriit Kanatami, Ottawa, ON

**Marie Frawley Henry**; Senior Policy Analyst for Health and Social Secretariat, Women's Council, Assembly of First Nations, Ottawa, ON  
**Community Representatives** (names TBD)

This workshop will provide an overview of the Aboriginal Diabetes Initiative and provide examples of how the Initiative is being successfully implemented in First Nations and Inuit communities across Canada. Perspectives on the program will be given by the First Nations Diabetes Working Group, the Inuit Diabetes Network and community representatives.

3:00– 3:30 pm **Break – exhibits open / poster viewing**

## 3:30 pm –5:00 pm CONCURRENT SESSION B

### B1 Patient Wait Time Guarantees - Pilot Projects in Canada to Effect Change in Diabetes Care

**Judy Watson**; Senior Policy Advisor, Community Programs Directorate, First Nations and Inuit Health Branch, Health Canada, Ottawa, ON

**Eugene Nicholas**; Research and Policy Analyst, Health Secretariat, Assembly of First Nations, Ottawa, ON

The Government of Canada and the Assembly of First Nations have launched pilot projects in selected First Nations communities to test patient wait times in the area of prenatal care and diabetes. This presentation will describe the steps taken to engage communities, create tools and map community health care systems.

### B2 Go Interactive - The Key to Prevention!

**Lorene Gemmill McLean**; Community Diabetes Prevention Worker Program Facilitator, Yellowquill College, Winnipeg, MB

**Linda Green** B.Ed.; Coordinator and Facilitator, Community Diabetes Prevention Worker Program, Yellowquill College, Winnipeg, MB

Participants are invited to participate in some of the interactive exercises and tools that have been utilized in the Yellowquill College Community Diabetes Prevention Worker program to encourage, motivate and build up the confidence and skill levels of community Diabetes workers through interactive, experiential learning activities.

### B3 My Big Fat Diet

**Jay Wortman**, MD; Senior Medical Advisor, FINHB, Health Canada, Vancouver, BC

The members of Namgis First Nation in Alert Bay, BC were invited to eat a diet based on their traditional way of eating. Both traditional and modern foods were allowed as dieters were studied over a 12 month period. They lost weight, improved their cholesterol and blood sugar control while discontinuing medications for diabetes and blood pressure. The study was featured in the CBC television documentary, "My Big Fat Diet". The workshop will discuss the study and the science behind a diet low in carbohydrates and high in fat.

### B4 A Lifegiving Medicine Wheel Walk

**Cathryn Mandoka**; Health Director, Association of Iroquois and Allied Indians (AIAI), London, ON

**Darlene Arnault**; Director, Primary Health Care Unit, Federation of Saskatchewan Indian Nations, Saskatoon, SK

Members of the AFN First Nations Diabetes Working Group will invite participants to join them in a walk around the "Life Giving Medicine Wheel." Participants will witness healthy lifestyles of the historic past where wellness prevailed and diabetes was non-existent. Participants will experience the journey of persons living with diabetes and share in a give-away of life-giving tools.

5:00 pm **Poster Session**

Time for discussion with poster presenters.

6:00 pm **Dinner & Performances**

Don't forget to sign up for the dinner. Please see the registration form.



8:00 – 8:30 am Registration Open

## 8:30 am–10:00 am CONCURRENT SESSION C

### C1 ORAL SESSION: Self Management

#### Diabetes Impacts and Outcomes from Conflicting Worldviews of Health and Wellness

**Stephanie Cavers**; Director, Eagle Moon Health Office, Regina Qu'Appelle Health Region, Regina, SK

**Harry Desnomie**; Consultant, Mental Health & Addictions, Regina Qu'Appelle Health Region, Regina, SK

**Dorothy Lloyd**; Health Consultant, Regina, SK

#### Personal Empowerment and Diabetes Prevention

**Alex M McComber** M.Ed.; Consultant, Mohawk, Kahnawake Mohawk Territory, QC

#### Implementation of the Chronic Disease Self-Management Program in First Nations Communities 2005–2008

**Patrick McGowan** Ph.D.; Associate Professor, University of Victoria, Centre on Aging, Victoria, BC

#### Self Management Education for Maori Health

**Richard S Cooper** DocFA; Self Management Educator, Maori Health, Lets Beat Diabetes, Counties Manukau District Health Board, Auckland, New Zealand

### C2 ORAL SESSION: Using Technology

#### Experiences with a Community-Based Complications Screening Program in Saddle Lake Cree Nation

**Lorraine Cardinal**; Community Health Representative, Diabetes Program, Saddle Lake Health Centre, Saddle Lake, AB

#### Diabetes and My Nation

**Keith Dawson** MD; Director, Diabetes and My Nation Foundation; Endocrinologist, University of British Columbia, Vancouver, BC

**Chief Robert Joseph**; Director, Diabetes and My Nation Foundation, Kwagiulth Nation, West Vancouver, BC

#### A Database that Works

**Ellen Toth** MD, FRCPC; Professor, University of Alberta, Edmonton, AB

**Theresa Campiou**; Research Assistant, Driftpile Community Health Services, Driftpile First Nation, Driftpile, AB

#### Ktunaxa Community Learning Centres: An Innovative Health Education Model

**Sandra Jarvis-Selinger** PhD; Assistant Professor, Department of Surgery; Associate Research Director, Division of Continuing Professional Development and Knowledge Translation, The University of British Columbia, Vancouver BC

### C3 ORAL SESSION: Reduction of Complications

#### The Effect of a Traditional Dietary Intervention on Diabetes Mellitus and Cardiovascular Disease Risk Factors in a First Nation Community: A Pilot Study

**Shannan Grant** RD, MSc; Research Coordinator, Sandy Lake Health & Diabetes Program: Nutrition Study, Department of Nutritional Sciences, University of Toronto, Toronto, ON

**Anthony Hanley** PhD; Principle Investigator, Sandy Lake Health & Diabetes Program: Nutrition Study, Department of Nutritional Sciences, University of Toronto, Toronto, ON

#### SOADI's Holistic Foot Care Program

**Shannon Van Every**; Foot Care Program Coordinator, Southern Ontario Aboriginal Diabetes Initiative, St. Catharines, ON

**Roslynn Baird**; Program Director, Southern Ontario Aboriginal Diabetes Initiative, St. Catharines, ON

#### Diabetes Integration Project

**Barry Lavallee** MD; Program Medical Consultant, Diabetes Integration Project, Winnipeg, MB

**Caroline Chartrand** RN, BN; Four Arrows Regional Health Authority, Diabetes Integration Project, Winnipeg, MB

#### PARTNERSHIP IN ACTION: Building a Wait Times Guarantee Model for the Prevention, Care and Treatment of Diabetic Foot Ulcers in Manitoba First Nations

**Mabel Lena Horton** RN, BA; PWTG Coordinator, Assembly of Manitoba Chiefs, Winnipeg, MB

**Tracy Scott** RN, BN, MN; Knowledge Liaison, Saint Elizabeth Health Care, Winnipeg, MB

### C4 INTERNATIONAL SESSION

#### Pacific Self Management Group Education Programme

**Muagututi'a Pulalao Taouma-Fatupaito**; Pacific Self Management Education Programme Facilitator, Diabetes Nurse, RGON, Pacific Health Division, CMDHB, Auckland, New Zealand

Further information about this session will be posted online shortly. Please go to: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

10:00–10:30 am Break – exhibits open / poster viewing

**10:30 am–12:00 noon CONCURRENT SESSION D**

**D1 ORAL SESSION: Treatment and Interventions**

**Inuit Diabetes Network, Diabetes Awareness CD**

**Looee Arreak;** Chair, Inuit Diabetes Network, Nunavut Tunngavik Incorporated, Iqaluit, NU

**Looee Okalik;** Health Projects Coordinator, Inuit Tapiriit Kanatami, Ottawa, ON

**Northern Diabetes Health Network: Northern Ontario Aboriginal Diabetes Initiative**

**Susan Griffis** RN MA DBA CHE; Chief Executive Officer, Northern Diabetes Health Network, Thunder Bay, ON

**Natalia Morrison** MSc RD CDE; Project Manager, Northern Diabetes Health Network, Northern Ontario Aboriginal Diabetes Initiative, Thunder Bay, ON

**Providing Community Based Diabetes Treatment in Isolated Areas**

**Virginia Sutter;** Director, Fallon Painte/Shoshone Tribal Health Clinic, Fallon, NV

**Sharon Shirley** LVN; Diabetes Program Director, Indian Health Service Special Diabetes Program for Indians, Fallon NV

**Getting School Kids Moving! Results from the Sandy Lake School-Based Diabetes Intervention Study**

**Mariam Naqshbandi,** M.Sc. Project Coordinator, Department of Family Medicine, Schulich School of Medicine and Dentistry, The University of Western Ontario, London, ON

**Stewart B. Harris,** MD, MPH, FCFP, FACP, Professor, Department of Family Medicine, Schulich School of Medicine and Dentistry, The University of Western Ontario, London, ON; CDA Chair in Diabetes Management; Ian McWhinney Chair of Family Medicine Studies

**D2 ORAL SESSION: Research Approaches and Models**

**Gender Balancing Analysis: A New Perspective on Diabetes**

**Kathleen McHugh;** Chair, Assembly of First Nations Women's Council; and Counselor, Awo Taan Healing Lodge, Siksika, AB

**Using a Community-Participatory Model to Develop Diabetes Education Materials for Native Hawaiians and Pacific Islanders**

**Nia Aitaoto** MPH, MS; Program Coordinator, Pacific Diabetes Education Program, Papa Ola Lokahi, Honolulu, Hawaii

**Understanding Aboriginal Women's Experiences with Gestational Diabetes Mellitus in the Urban Context of Winnipeg, Manitoba, Canada**

**Hannah Tait Neufeld** M.Sc.; Doctoral Candidate, Winnipeg MB

**Problematising Participatory Action Research: Lessons Learned from a Diabetes Prevention Project**

**Heather Meyerhoff,** RN, MSN; Associate Professor, Nursing, Trinity Western University, Langley, BC

**Sonya Sharma,** PhD. Research Coordinator, Trinity Western

University, Langley, BC; Postdoctoral Research Fellow, Family Food Practices Research Program, University of British Columbia and Dalhousie University

**D3 ORAL SESSION: Prevention**

**The Metabolic Syndrome and Incident Type 2 Diabetes in an Aboriginal Canadian Population**

**Sylvia H Ley** RD, MSc; Registered Dietitian, Department of Nutritional Sciences, University of Toronto, Toronto, ON

**Community Walks**

**Marie-Helene Gilbert** RD, BSc; Nutritionist, Home Care Program, Cree Health Board, Mistissini, QC

**Mihigo Muganda,** RD, B.Sc.; Nutritionist, Diabetes Program, Cree Health Board, Mistissini, QC

**Aboriginal Urban Diabetes Initiative in Alberta**

**Emilea Karhioo** BPE; Health Coordinator, Alberta Native Friendship Centres Association, Edmonton, AB

**Community Diabetes Prevention Workers - Come to Life!**

**Brenda Roos** BScN; Regional Nurse, Manager, Adult Health, Health Canada, First Nations and Inuit Health, Atlantic Region, Moncton, NB

**Josie Augustine** CHR; Traditional and Alternative Medicines, Elsipogtog Health and Wellness Centre, Elsipogtog, NB

**D4 INTERNATIONAL SESSION**

Updated information about this session will be posted online shortly. Please refer to: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

**12:00 noon–1:30 pm Lunch (provided) and Exhibits Open**

**12:30 pm**

**Optional Session: Viewing of "My Big Fat Diet"**

**1:30 pm**

**Low Carbohydrate Diets: Do They Have a Role in the Prevention and Management of Type 2 Diabetes?**

Speakers to be announced

A panel of experts will debate the current and evolving evidence linked to low carbohydrate diets in the prevention and management of Type 2 diabetes. Discussion will also focus on how this evidence is being interpreted by scientific bodies who develop dietary and clinical guidelines. Contentious issues, research gaps, relevance to Aboriginal populations and future directions will be explored.

**3:00–3:30 pm Break – exhibits open / poster viewing**

**3:30 pm**

**Low-Carbohydrate Diets Cont'd**

**5:00 pm**

**Adjourn**

8:00–8:30 am *Registration Open*

8:30 am

## **The Social Determinants of Diabetes in Aboriginal Torres Strait Islander Populations'**

*Mick Adams*; Chair, National Aboriginal Community Controlled Health Organization, Australia

9:00 am

## **Challenges and Opportunities: Diabetes Prevention in the Arctic Project**

*Dr. Grace Egeland*; Associate Professor, School of Dietetics & Human Nutrition, McGill University, Montreal, QC; Canada Research Chair

9:30 am *Stretch break*

## **9:40–11:10 am CONCURRENT SESSION E**

### **E1 Weigh In Weigh Out: Healthy Eating and Physical Activity for Indigenous Women**

*Ruth Ann Cyr* RN, M.Ed; Aboriginal Health Promotion, Toronto Council Fire Native Cultural Centre, Toronto, ON

*Carol Seto* RD; Health Promotion Consultant, Toronto Council Fire Native Cultural Centre, Toronto, ON

“Weigh In Weigh Out” is a 12-week program that uses a comprehensive physical activity program and “community kitchen table” model to encourage healthy active living in urban Aboriginal communities. Results of the “Weigh In Weigh Out” community-based programs delivered in Toronto will be presented and program tools and resources shared.

### **E2 Action Schools! BC - Promoting Healthy Living**

*Jennifer Fenton*; Action Schools! BC Support Team, Richmond, BC  
*Bryna Kopelow*; Action Schools! BC Support Team, Richmond, BC

Action Schools! BC is a best practices model designed to assist schools in creating individualized Action Plans to promote healthy living. The presentation will provide an overview of the initiative and highlight support given to BC Aboriginal school communities, including a partnership with the Brighter Smiles Project, a diabetes screening project at BC Children’s Hospital.

### **E3 Reclaiming the Sweetness in Our Community**

*Linda Giroux* LPN; Home Care Nurse and Herbal Therapist/Educator, Driftpile Community Health Services, Driftpile First Nation, AB

*Paulette Campiou*; Diabetes Program Coordinator, Cultural/Conference Events Coordinator, Driftpile Community Health Services, Driftpile First Nation, AB

*Ellen Toth*; Physician and Professor, University of Alberta, Founder of BRAID study, Edmonton, AB

*Theresa Campiou*; Researcher, CIRCLE Project, Diabetes Program, Driftpile First Nation Health Services, Driftpile First Nation, AB

*Brenda Laboucan*; Researcher, CIRCLE Project, Diabetes Program, Driftpile First Nation Health Services, Driftpile First Nation, AB

*Florence Willier*; Health Director, Driftpile First Nation Health Services, Driftpile First Nation, AB

This presentation will demonstrate how Driftpile First Nation and its Health Programs intertwine western and indigenous practices through sharing of evidence-based information, a power point of healing therapies and a community video highlighting our commitment and passion to enhance healthy lifestyles; our healing journey. Participants will also enjoy some good medicine: laughter.

11:10–11:40 am *Break – exhibits open / poster viewing*

11:40 am – 1:00 pm

## **UN Declaration of the Rights of Indigenous Peoples**

*Tonya Gonnella Frichner*; North American Regional Representative, United Nations Permanent Forum on Indigenous Issues

## **Ribbon of Life**

## **Closing Plenary**

*Tina Keeper*, Invited

## **Closing Remarks and Evaluation**

1:00 pm *Adjourn*

*Have a safe journey home!*

# POSTER PRESENTATIONS

## Diabetes in Indigenous Population: Modifiable and Non-modifiable Risk Factors

Hasu Ghosh, PhD Candidate in Population Health Program, Institute of Population Health, University of Ottawa, Ottawa, ON

James Gomes, Assistant Professor, Health Sciences Program, Faculty of Health Sciences, University of Ottawa, Ottawa, ON

## Come Play With Me

Kathleen LaForme, Diabetes Prevention Coordinator, Urban Horseshoe Region, Southern Ontario Aboriginal Diabetes Initiative, Hamilton, ON

## Embracing the Teachings of the Medicine Wheel in Regards To Diabetes: Empowering Marginalized, Homeless/ Under-housed Urban Aboriginal People Through Education and Traditions In Toronto, Ontario

Christine Smillie-Adjarkwa, HBA, MIST, Ph.D. Candidate, Consultant, Evaluator, Queen West Community Health Centre, Toronto, ON

Christa-Lea Gray, Coordinator Aboriginal Diabetes Program, Queen West Community Health Centre, Toronto, ON

## The Appropriate Definition for Metabolic Syndrome Among Overweight or Obese Subjects in Cameroon

Damaris Mandob Enyegue, PhD Student, Laboratory of Nutrition and Nutritional Biochemistry, Part time lecturer, Department of Biochemistry, The University of Yaounde I, Yaounde, Cameroon

Judith Laure Ngondi, PhD, Assistant Lecturer, Department of Biochemistry, The University of Yaounde I, Yaounde, Cameroon

## Assessment and Prevalence of Insulin Resistance Among Overweight or Obese Subjects in Cameroon

Damaris Mandob Enyegue, PhD Student, Laboratory of Nutrition and Nutritional Biochemistry, Part time lecturer, Department of Biochemistry, The University of Yaounde I, Yaounde, Cameroon

Judith Laure Ngondi, PhD, Assistant Lecturer, Department of Biochemistry, The University of Yaounde I, Yaounde, Cameroon

## Partnering with Aboriginal Communities: Type II Diabetes Prevention in Children and Youth

Heather Meyerhoff, RN, MSN, RN, MSN, Associate Professor, Trinity Western University, Langley, BC

## The Emergence of Type II Diabetes Mellitus among the First Nations of Northern Manitoba: Historical Context

Paul Hackett, Geography and Saskatchewan Population Health Research Unit (SPHERU), University of Saskatchewan, Saskatoon, SK

## Assessing Exposure to Components of a Diabetes Risk Behavior Prevention Program among First Nation Communities in Northwest Ontario and Associations with Improvements in Psychosocial and Dietary Factors

Mohan B Kumar, PhD, Research Fellow, Johns Hopkins School of Public Health, Baltimore, MD

## Telemedicine Technology to Provide Diabetes Education and Prevention Services to 25 Remote First Nation Communities

Maureen Chabbert, Program Manager, Sioux Lookout Diabetes Program, Sioux Lookout, ON

Lorena Otto, RN, Diabetes Nurse Educator, Sioux Lookout Diabetes Program, Sioux Lookout, ON

## Fitness Food Fun: A Shared Vision for Healthy Communities and Healthy People

Brenda Kinniewess, Diabetes Outreach Worker, Westside Clinic, Saskatoon, SK

## Discovering the Aboriginal Diabetes Literature: A Focus on Holistic Methodologies

Sylvia Barton, RN, PhD, Associate Professor, Faculty of Nursing, University of Alberta, Edmonton, AB

## The Sandy Lake Health and Diabetes Project: Field Research Methods for Assessing Type 2 Diabetes, Complications and Associated Risk Factors.

Mary Mamakeesick, RPN, Project Coordinator, Sandy Lake Health and Diabetes Project Research Program, Sandy Lake, ON

Edith Fiddler, Community Surveyor, Sandy Lake Health and Diabetes Project Research Program, Sandy Lake, ON

Tina Noon, Community Surveyor, Sandy Lake Health and Diabetes Project Research Program, Sandy Lake, ON

## Increasing Rates of Diabetes and Cardiovascular Risk in Métis Settlements in Alberta

Ellen Toth MD, FRCPC; Professor, University of Alberta, Edmonton, AB

## BEST PRACTICE - Wagner Indian Health Service Healthy Heart Project - TBC

Colleen Permann, RN, BSN, CDE

## Aboriginal Diabetes Play/Video

Darci Climenhaga, B. Sc. Nutr, RD, ADI Community Nutritionist, Health Canada, Regina SK

Elaine Conacher, B. Sc. Nursing, RN, CDE, Diabetes Educator, Prince Albert Grand Council, Prince Albert SK

## Tsleil-Waututh Nation: On Our Path to Wellness

Ruth Ditchburn, RN, B.m.p, Community Health Nurse, Tsleil-Waututh Nation, North Vancouver, BC

## Understanding the Context of Implementation of Community-based Diabetes Prevention in Aboriginal Communities in Canada

Alex M. McComber, M.Ed., Consultant, Kahnawake Schools Diabetes Prevention Project, Kahnawake Mohawk Territory, QC



# PLANNING COMMITTEE MEMBERS

Jay Wortman, MD  
Conference Chair, Senior Medical Advisor, FINHB, Health Canada,  
Vancouver, BC

Kelly J. Acton, MD, MPH, FACP  
Director, Indian Health Service Division of Diabetes, Treatment  
and Prevention, Albuquerque, New Mexico, USA

Amy Bell  
Manager, Aboriginal Diabetes Initiative, Health Canada, Ottawa,  
ON

Dina Bruyere, BA, LL.B  
Executive Director, National Aboriginal Diabetes Association,  
Winnipeg, MB

Jacques Dalton  
Project Officer, CIHR – Institute of Aboriginal Peoples' Health,  
Ottawa, ON

Melissa DeLeary  
Junior Research and Policy Analyst, Assembly of First Nations,  
Ottawa, ON

Don Fiddler  
Manager, Knowledge Translation, Health Information and  
Research Division, Health Canada First Nations & Inuit Health  
Branch, Ottawa, ON

Monte L. Fox  
Exercise Physiologist, Director of Health for the White Earth  
Nation, White Earth Tribal Health Systems, White Earth, MN

Marie Frawley-Henry  
Senior Policy Analyst for Health and Social Secretariat, Women's  
Council, Assembly of First Nations, Ottawa, ON

Josée Guimond, PhD  
Director, Research Programs and Partnerships, Canadian Diabetes  
Association - National Office, Toronto, ON

Stewart Harris, MD, MPH, FCFP, FACPM  
Professor, Department of Family Medicine, Schulich School  
of Medicine and Dentistry, The University of Western Ontario,  
London, ON; CDA Chair in Diabetes Management; Ian  
McWhinney Chair of Family Medicine Studies

Kristina Hiemstra, BA  
Conference Services Manager, Interprofessional Continuing  
Education, University of British Columbia, Vancouver, BC

Eduardo Jovel, PhD  
Director, Institute for Aboriginal Health; and Assistant Professor,  
Food, Nutrition and Health, Botanical Gardens & Center for Plant  
Research, Faculty of Land and Food Systems, The University of  
British Columbia, Vancouver, BC

Kandice Leonard  
Executive Director, Indigenous Physicians Association of Canada  
(IPAC), Ottawa, ON

Elaine Liau  
Director, Interprofessional Continuing Education, University of  
British Columbia, Vancouver, BC

Alastair MacPhee  
Policy Advisor, Congress of Aboriginal Peoples, Ottawa, ON

Rick McDougall  
Project Assistant, National Aboriginal Diabetes Association,  
Winnipeg, MB

Looee Okalik  
Health Projects Coordinator, Inuit Tapiriit Kanatami, Ottawa, ON

Katharina Patterson  
N. Saanich, BC

Anna-Louise Pentland  
Senior Policy Analyst, Office of the Senior Medical Advisor, First  
Nations and Inuit Health Branch, Health Canada, Vancouver, BC

Onalee Randall, RN, BScN  
Director of Health and Environment, Inuit Tapiriit Kanatami,  
Ottawa, ON

Jeroline Smith, RN  
Peguis Home and Community Care coordinator, (AFN) Diabetes  
Network Group, Peguis, MB

Danielle N. Soucy, MA  
Senior Research Officer, Communications and Research Unit,  
Managing Editor, Journal of Aboriginal Health, National  
Aboriginal Health Organization, Ottawa, ON

Cynthia D. Stirbys  
Acting Assistant Director, CIHR - Institute of Aboriginals' Health,  
Ottawa, ON

# PROGRAM AT-A-GLANCE

## SUNDAY, NOVEMBER 16

6:00–7:30 pm Opening Reception

## MONDAY, NOVEMBER 17

8:30–9:15 am Opening Ceremony

9:15 am–10:00 am Morning Keynote

10:30 am Responses to the Diabetes Epidemic Following the UN Resolution on Diabetes

11:00 am Diabetes Epidemic in Canada: Trends, Gaps and Innovation

11:30 am The Special Diabetes Program for Indians; an Overview of the Largest Indigenous Diabetes Initiatives in the United States

12:00 noon Lunch

12:30 pm Poster Session

1:30 pm–3:00 pm CONCURRENT SESSION A

A1 D.I.Y. Health Fair: A Hands-on Way to Makeover Diabetes Teaching

A2 Type 2 Diabetes Mellitus in Children and Youth of First Nation Origin: an Interprofessional Approach to Advancing Knowledge and Improved Care

A3 Traditional Medicine and Culinary Pedagogy: A Community Determined Approach to Prevention and Treatment of Diabetes

A4 Implementing the Aboriginal Diabetes Initiative across Canada

3:30 pm–5:00 pm CONCURRENT SESSION B

B1 Patient Wait Time Guarantees - Pilot Projects in Canada to Effect Change in Diabetes Care

B2 Go Interactive - The Key to Prevention!

B3 My Big Fat Diet

B4 A Lifegiving Medicine Wheel Walk

5:00 pm Poster Session

6:00 pm Dinner & Performances

## TUESDAY, NOVEMBER 18

8:30 am–10:00 am CONCURRENT SESSION C

C1 Oral Session: Self Management

C2 Oral Session: Using Technology

C3 Oral Session: Reduction of Complications

C4 International Session

10:30 am–12:00 noon CONCURRENT SESSION D

D1 Oral Session: Treatment and Interventions

D2 Oral Session: Research Approaches and Models

D3 Oral Session: Prevention

D4 International Session

12:00 noon Lunch

12:30 pm Optional Session: Viewing of "My Big Fat Diet"

1:30 pm–5:00 pm Low Carbohydrate Diets: Do They Have a Role in the Prevention and Management of Type 2 Diabetes?

## WEDNESDAY, NOVEMBER 19

8:30 am Australian Plenary Presentation

9:00 am Challenges and Opportunities: Diabetes Prevention in the Arctic Project

9:40–11:10 am CONCURRENT SESSION E

E1 Weigh In Weigh Out: Healthy Eating and Physical Activity for Indigenous Women

E2 Action Schools! BC - Promoting Healthy Living

E3 Reclaiming the Sweetness in Our Community

11:40 am–1:00 pm Plenary Panel/Presentations:

UN Declaration of the Rights of Indigenous Peoples

Ribbon of Life

Closing Plenary: Title TBC

Closing Remarks and Evaluation

# 2nd International Diabetes in Indigenous Peoples Forum

## *International Best Practices*

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### Financial Assistance

We would like to acknowledge with special appreciation financial support from the following organizations:

Providence of British Columbia  
through the Ministry of Aboriginal Relations and Reconciliation

Provincial Health Services Authority (PHSA) - Aboriginal Program

Northern Health Authority

and partial funding for this project was provided by:  
Health Canada, First Nations & Inuit Health Branch

### Exhibitors

Exhibit space is available for organizations to display at the conference as well as for vendors (we would ask vendors to sell arts and crafts that is traditional First Nations). Space is limited. Please contact the conference organizers by email: [ipconf@interchange.ubc.ca](mailto:ipconf@interchange.ubc.ca) or by phone: 604-822-0054 to request further information.

### Certificate of Attendance

A certificate of attendance will be prepared for all participants listing pre-approved continuing education credits. For updates in regards to credits see our website: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

### Tourist Information

Vancouver provides visitors with many opportunities to experience West Coast lifestyle. If you would like more information on travelling in the area or activities in and around the city, please call these numbers or go online:

Tourism BC  
1-800-HELLO-BC (435-5622)  
[www.hellobc.com](http://www.hellobc.com)

Tourism Vancouver  
Tel: 604-683-2000  
Fax: 604-682-6838  
[www.tourism-vancouver.org](http://www.tourism-vancouver.org)

Check our website for updates in regards to this program as well as other related conferences!

# [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)



# REGISTRATION FORM IN9560

## 2nd International Diabetes in Indigenous Peoples Forum *International Best Practices*

PLEASE WRITE IN BLOCK LETTERS:

One registration form per person. Please photocopy if more are needed.

Ms.  Mrs.  Miss  Mr.  Dr.

\_\_\_\_\_  
Last Name First Name Initials

\_\_\_\_\_  
Organization, Tribe or Nation Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City Prov / State Postal Code

\_\_\_\_\_  
Daytime Telephone Number / Local Fax Number

\_\_\_\_\_  
E-Mail

### Concurrent Sessions:

Please refer to the program for session descriptions.

**You MUST enter your 2 choices or YOU WILL NOT BE REGISTERED**

	1ST CHOICE	2ND CHOICE
Example:	A1	A6
Session A:	_____	_____
Session B:	_____	_____
Session C:	_____	_____
Session D:	_____	_____
Session E:	_____	_____

I am planning to attend the opening reception on Sunday night

Yes  No

[www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

### Affiliation/Profession:

Please indicate which Affiliation/Profession best describes you:

- |  |   |
|--|---|
| <input type="checkbox"/> Administrator/Manager           | <input type="checkbox"/> Nutritionist           |
| <input type="checkbox"/> Community Health Representative | <input type="checkbox"/> Occupational Therapist |
| <input type="checkbox"/> Counselor                       | <input type="checkbox"/> Physician              |
| <input type="checkbox"/> Dietician                       | <input type="checkbox"/> Pediatrician           |
| <input type="checkbox"/> Early Childhood Educator        | <input type="checkbox"/> Policy Maker           |
| <input type="checkbox"/> Educator                        | <input type="checkbox"/> Political Leader       |
| <input type="checkbox"/> Elder                           | <input type="checkbox"/> Researcher             |
| <input type="checkbox"/> Epidemiologist                  | <input type="checkbox"/> Social Worker          |
| <input type="checkbox"/> Nurse                           | <input type="checkbox"/> Student                |
| <input type="checkbox"/> Other: _____                    | <input type="checkbox"/> Traditional Healer     |

### Tuition Fees:

Pre-registration prior to October 20, 2008 is strongly recommended to ensure you receive all conference materials. All rates are quoted in \$CAD and the tuition fee includes GST. Please use one registration form per person.

The registration fee includes conference material, refreshment breaks, a conference bag, banquet luncheon and a certificate of attendance. **Please inform us of any dietary requirements.**

#### EARLY BIRD RATE, BEFORE SEPTEMBER 29, 2008

**Full Monday - Wednesday program**  \$325

#### Individual Rates

- Monday, November 17<sup>th</sup> only  \$195  
Tuesday, November 18<sup>th</sup> only  \$195  
½ day Tuesday afternoon (includes lunch)  \$130  
Wednesday, November 19<sup>th</sup> only  \$130

**Add: Dinner**  \$ 25

**TOTAL PAYMENT** = \_\_\_\_\_

#### RATE AFTER SEPTEMBER 29, 2008:

**Full Monday - Wednesday program**  \$395

#### Individual Rates

- Monday, November 17<sup>th</sup> only  \$205  
Tuesday, November 18<sup>th</sup> only  \$205  
½ day Tuesday afternoon (includes lunch)  \$150  
Wednesday, November 19<sup>th</sup> only  \$150

**Add: Dinner**  \$ 25

**TOTAL PAYMENT** = \_\_\_\_\_

**STUDENT RATE** (limited number available)  \$225

**Add: Dinner**  \$ 25

**TOTAL PAYMENT** = \_\_\_\_\_

Student rate available for the full program only, paid before October 20, 2008. A copy of valid student photo ID must be sent with registration.

### Method of Payment:

PO#  Cheque

Charge by phone/fax:

Local/International: (604) 827-3112

Toll free within Canada/USA: 1-877-328-7744

Register by Fax: (604) 822-4835



\_\_\_\_\_  
Credit Card Number Expiry Date

\_\_\_\_\_  
Name of Cardholder

**Please note: A \$25 processing fee will be charged for the re-issue of lost tax receipts. PLEASE SEE GENERAL INFORMATION PAGE FOR CANCELLATION POLICY**

If your organization will be paying with a purchase order on your behalf:

PO#: \_\_\_\_\_ Manager's  
(attach a copy of the purchase order) Tel.#: \_\_\_\_\_

Name of Manager: \_\_\_\_\_

Name of Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

### Mailing Address & Payment by Cheque:

Please make your cheque payable to the University of British Columbia and send to: Interprofessional Continuing Education, The University of British Columbia, Room 105 – 2194 Health Sciences Mall, Vancouver, BC V6T 1Z3