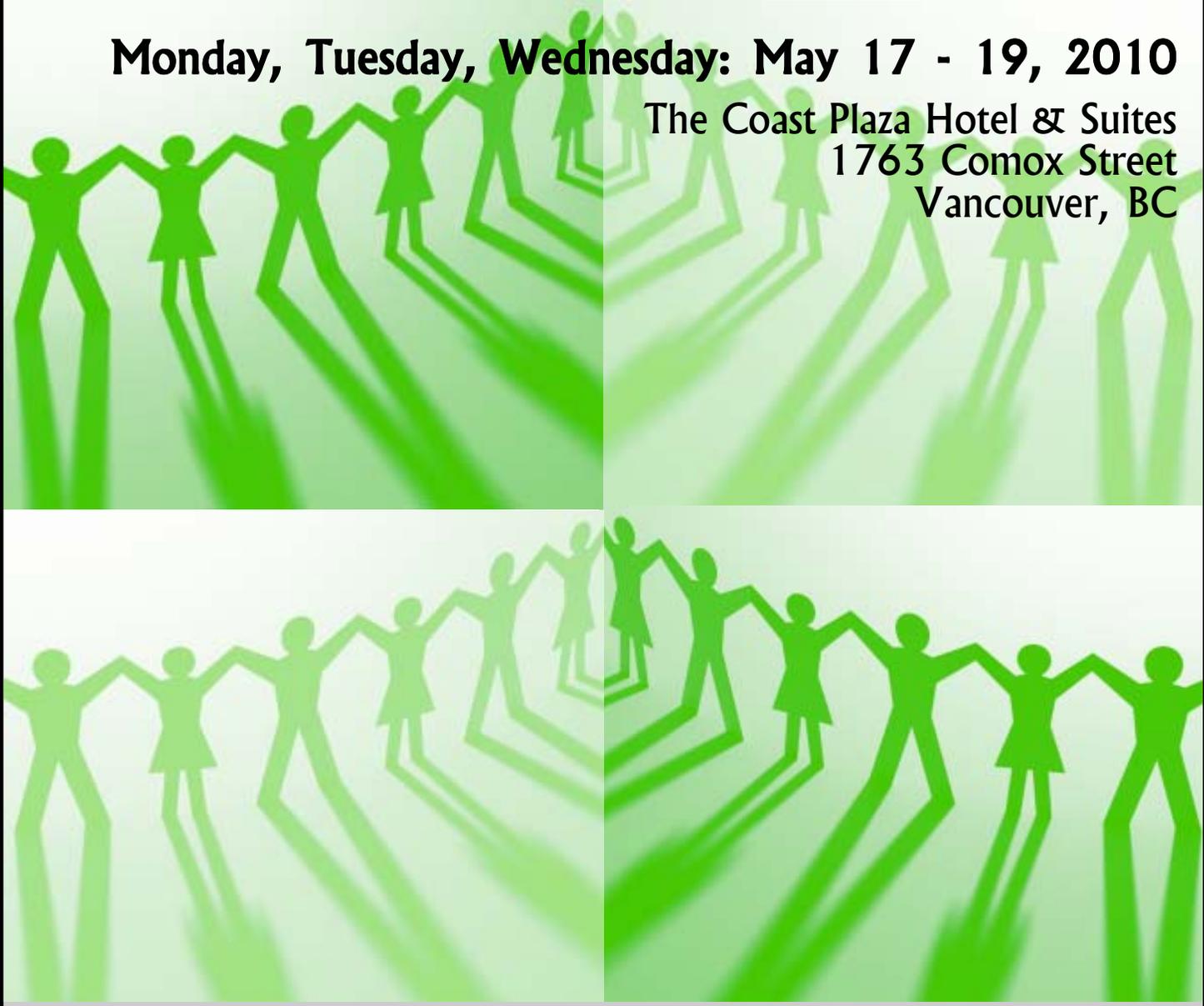


18th Annual David Berman Memorial Concurrent Disorders Conference

Monday, Tuesday, Wednesday: May 17 - 19, 2010

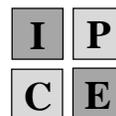
The Coast Plaza Hotel & Suites
1763 Comox Street
Vancouver, BC



In collaboration with:



Interprofessional Continuing Education
The University of British Columbia
A Team Approach to Learning



UBC DENTISTRY 



GENERAL INFORMATION

LOCATION Coast Plaza Hotel and Suites, 1763 Comox Street, Vancouver, BC, Canada

Reserve today to avoid disappointment by calling toll-free: 1-800-716-6199 or local: 604-688-5934, or online at www.coasthotels.com (CPS-GFC3788047). A block of rooms will be held at the conference rate of \$156.00 (single or double occupancy) until **April 13, 2010**. Please specify that you are booking under UBC's 18th Annual David Berman Memorial Concurrent Disorders Conference to receive these rates. Hotel tax of 10% and 5% GST will be added to all rates.

PARKING

- Conference Hotel - \$4.50 per hour up to \$14.00 per day (6am - 6pm)
- \$23.00 In-house Guest

VANCOUVER TOURISM Vancouver provides visitors with many opportunities to experience the West Coast lifestyle. If you would like more information on travelling in the area or other accommodations, please call these numbers or go online: Tourism BC: 1-800-HELLO-BC (435-5622) www.hellobc.com or Tourism Vancouver Tel: 604-683-2000 www.tourism-vancouver.org

EXHIBITING Exhibit space is available for community and health organizations only. Space is limited and is provided on a first-come, first-served basis. Please contact conference organizers at 604-822-2801 or by email: ipinfo@interchange.ubc.ca.

REGISTRATION Please see registration form (last page) for details. To receive the reduced early bird rates, you must register by **April 7, 2010**. Pre-registration prior to **April 30, 2010** is strongly recommended to ensure you receive your course selections. All fees listed are in Canadian dollars (CAD\$) and include 5% GST. The tuition fee includes course materials, coffee breaks, and three lunches.

Please note that we are only accepting individual registrations. You will be required to wear your name badge for the duration of the conference.

Secure, fast, **online registration** is available for Visa and Mastercard holders at the conference organizer's website: www.interprofessional.ubc.ca. Please ensure that you have a copy of the program to assist you in your concurrent session selections while online. A registration receipt will be mailed to all registrants regardless of payment method after processing by our office.

To charge by **phone** (Mastercard or Visa only), please call: 604-827-3112 or toll free within North America 1-877-328-7744; to **fax** your registration form with payment information: 604-822-4835; to **mail** your registration form with cheque or payment information: REGISTRATION, UBC Interprofessional Continuing Education, Room 105-2194 Health Sciences Mall, Vancouver, BC V6T 1Z3, Canada.

REFUND, TRANSFER, AND CANCELLATION POLICY Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by **April 30, 2010**. No refunds will be granted for withdrawal after that date. There is a \$25 replacement charge in the case of a registration transfer. Please contact us prior to **May 5, 2010** if you cannot attend and would like another person to come in your place. Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund will be issued.

CERTIFICATE OF ATTENDANCE, AND CREDITS A certificate of attendance will be prepared for all registrants including pre-approved continuing education credits where appropriate. Please check our website: www.interprofessional.ubc.ca for updates on credits.

CONFERENCE CONTACT For inquiries regarding the program, registration, or exhibiting at this conference, please contact Jo Nam at 604-822-2801 or by email: ipinfo@interchange.ubc.ca.

GENERAL INFORMATION

WHO WAS DAVID BERMAN?

David Berman was a great friend and colleague to many mental health and alcohol and drug professionals. Originally from the United States, he worked for 7 years at the Strathcona Mental Health Team as a community mental health worker. In 1989, he initiated the Dual Diagnosis Program and became its first director.

Sadly, on April 4, 1991 - one day before his 44th birthday - Dave passed away.

As a tribute to him, the David Berman Memorial Fund was established following his death. The aim was to host an educational event each year which would honour him by bringing together professionals sharing his commitment to bridging mental health and alcohol and drug systems. This annual conference is a tribute to his memory.

CONFERENCE VISION

This conference aims to inspire and support individuals to work with people with concurrent disorders by providing evidence-supported skills and strategies, highlighting latest research and resources related to concurrent disorders, and promoting networking and the sharing of information and perspectives.

WHO SHOULD ATTEND?

This annual conference brings together an interdisciplinary group of professionals and individuals which includes: administrators/managers, alcohol and drug counsellors, community health workers, consumers, educators, families, law enforcement officers, mental health counsellors, nurses, peer support workers, physicians, policy makers, psychiatrists, psychologists, researchers, social workers, students, and all who are interested in, or who work in, the field of mental health and addictions.

COMMITTEE MEMBERS

Otto Lim (Conference Chair) Coordinator, Centre for Concurrent Disorders

Sally Blyle, Client Liaison, Centre for Concurrent Disorders

Diane Dickson, Office Manager, Centre for Concurrent Disorders

Stephen Epp, Practice Coordinator, Occupational Therapy VCH Acute Care; Coordinator, Strathcona Mental Health Team Rehabilitation Program

Sue Garries, Mental Health Educator, Vancouver Coastal Health

Kristina Hiemstra, Director, Interprofessional Continuing Education, The University of British Columbia

Dr. Shaohua Lu, Clinical Assistant Professor, Department of Psychiatry, Faculty of Medicine, The University of British Columbia

Michele Sutherland, Manager of Addictions, Vancouver Coastal Health

COMMITTEE ADVISORY CONSULTANTS

Dr. Tom Watterson, Strathcona Mental Health Team

FINANCIAL ASSISTANCE

We would like to acknowledge with special appreciation the financial contribution from the following organization:



E D G E W O O D

extending the branch of hope

MONDAY, MAY 17

8:00 Registration, Exhibits Open

8:30 Plenary: Emotional Sobriety: The Next Step in Recovery

Allen Berger, PhD, Clinical Director, The Institute for Effective Psychotherapy, Redondo Beach, CA

Recovery involves three stages: getting clean and sober, staying clean and sober, and living clean and sober. The quality of life in recovery has to do with a person's level of emotional sobriety. The concept of emotional sobriety was first discussed by Bill Wilson in 1958 but as Dr. Berger will demonstrate, the issue has also been discussed in other ways by many famous psychotherapists like Fritz Perls, Karen Horney, Virginia Satir, Nathaniel Branden, and Murray Bowen. In this presentation Dr. Berger will discuss how emotional dependency undermines emotional recovery and needs to be addressed to establish a stable and satisfying recovery. This workshop will familiarize both professional therapists and addiction counsellors with the concept of emotional dependency and how it impacts the person in recovery. Participants will learn how to: define emotional sobriety and emotional dependency; list two characteristics of emotional dependency; and describe what it means to hold on to yourself in a relationship.

10:00 Coffee and Exhibits

10:30 Plenary: Integrating Modern Psychotherapy with the 12 Steps of Alcoholics Anonymous

Allen Berger, PhD, Clinical Director, The Institute for Effective Psychotherapy, Redondo Beach, CA

The 12 Steps of Alcoholics Anonymous have proven to be the most effective treatment for addiction. Yet many myths and misperceptions about the 12 Steps exist amongst mental health professionals and addictions counsellors. Dr. Berger will shatter these myths by outlining both the general and specific therapeutic effects of the 12 Steps. His discussion will show how informed psychotherapists can be very helpful to individuals who are struggling with recovery. In this presentation Dr. Berger discusses the therapeutic benefits from working the 12 Steps, the relationship amongst the Steps, and how the 12 Steps help the addict recover the "lost self." He will also discuss specific therapeutic interventions for each Step. This workshop will familiarize both the professional therapists and addiction counsellors with how the 12 Steps interact to help the addict recover the lost self or true self. Participants will learn how to: describe how Step 1 shatters the false self; identify and name the three clusters of steps; list at least one specific therapeutic effect for each Step; and describe at least one therapeutic intervention for each Step.

12:00 Lunch (Provided) & Exhibits

1:00 PM Breakout Session:

PM1 What's New in Depression: A Review of Neurobiology and Alternative Treatments (**2-hours**)

Diane McIntosh, BSc Pharmacy, MD, FRCPC, Clinical Assistant Professor, Department of Psychiatry, University of British Columbia

This session will review the current understanding of neuroanatomy and neurochemistry of depression and how this is relevant to clinical practice. Also, it will discuss the role of alternate treatments for depression in clinical practice. Participants will be able to: better understand the neuroanatomical underpinnings of depression; apply this understanding to clinical practice; and have an appreciation for alternative treatments of depression that have empirical evidence.

PM2 PM2i: Gestalt Family Therapy (90-minutes)

Allen Berger, PhD, Clinical Director, The Institute for Effective Psychotherapy, Redondo Beach, CA

Dr. Berger will discuss a clinical protocol to help individuals move from a state of emotional dependency to a state of emotional sobriety. He will use live clinical demonstrations and narrate a couples session facilitated by Dr. Walter Kempler, a pioneer in couples and family therapy, to illustrate the clinical dynamics and their effective treatment. This workshop will familiarize both professional therapists and addiction counsellors with a clinical protocol and specific clinical interventions to help individuals and couples move beyond emotional dependency to emotional sobriety. Participants will learn: clinical protocol for treating emotional dependency, and an intervention that will help a client learn how to hold on to themselves.

PM2ii: 12 Smart Things to Do when the Booze and Drugs are Gone (90-minutes)

Allen Berger, PhD, Clinical Director, The Institute for Effective Psychotherapy, Redondo Beach, CA

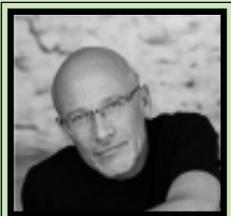
Dr. Berger will discuss the 12 personal strategies to strengthen recovery. This presentation is based on Dr. Berger's new Hazelden book, *12 Smart Things to Do when the Booze and Drugs are Gone*, a sequel to his best selling *12 Stupid Things that Mess Up Recovery*. This workshop will familiarize both professional therapists, health care professionals, and addiction counsellors with an understanding of the personal strategies that strengthen recovery. Participants will learn how to describe at least 6 personal strategies to strengthen recovery.

30-minute Break for Coffee and Exhibits

Continue PM1 or PM2

3:30 Adjourn for PM1 / 4:30 Adjourn for PM2

Speaker Profile: Dr. Allen Berger



Dr. Berger is an internationally recognized expert in the science of addiction and recovery. He is best known for his work on integrating modern psychotherapy with the 12 Steps of Alcoholics Anonymous and for his insights into emotional sobriety. He is also recognized for his outstanding work as a psychotherapist and trainer. Dr. Berger is uniquely qualified: His own personal journey in recovery started 37 years ago on the island of Oahu in Hawaii. It is noteworthy that he was a high school drop out who returned to school and eventually received a doctorate in clinical psychology from UC Davis in 1987. He was trained and mentored by two brilliant clinicians: William C. Rader, M.D., and Walter Kempler, M.D. Dr. Berger has a reputation of being a very dynamic and engaging presenter, as well as a very practical, "no-nonsense" therapist. He has presented at IDAA Annual Meetings; the Betty Ford Awareness Hours; Cedars at Cobble Hill in Canada; Cumberland Heights in Nashville - Tennessee; The Orchard - Canada; The Refuge - Florida; the Alcohol Recovery Services at San Pedro Peninsula Hospital and South Bay Hospital.



**TUESDAY,
MAY 18**

8:00 Registration, Exhibits Open

8:30 Concurrent Breakout Session A:

A1 **Balancing the Brain: Mental Health, Medications and Substance Use (3-hours)**

Bayla Schechter, MD, AAFP, Regional Medical Advisor, Mental Health and Addictions, Vancouver Island Health Authority, Vancouver, BC

This session will be a case-based interactive presentation of clients with mental health disorders who are using alcohol and drugs as well as medication. The workshop will focus on how medications and substance use interact and affect brain function and mental health, as well as changes that occur in the brain and mental health disorders and substance use. Participants will learn how to help clients with concurrent disorders understand the importance of medications, learn about the interaction of medications and drugs of abuse, and learn how substances of abuse affect mental health.

A2 **Mindfulness and Emotion Regulation Skills in Dialectical Behaviour Therapy (3-hours)**

Alex Chapman, PhD, RPsych, President, DBT Centre of Vancouver; Assistant Professor & Associate Chair (Graduate), Department of Psychology, Simon Fraser University, Burnaby, BC

This workshop will cover some of the mindfulness and emotion regulation skills used in Dialectical Behaviour Therapy, a well-established treatment for borderline personality disorder that has also demonstrated promising findings for substance use disorders. Mindfulness skills help clients learn to pay attention non-judgmentally to the experience of the present moment, and emotion regulation skills involve accurately labeling, understanding, and modulating emotional experiences. These skills can be useful for a variety of patients. This workshop will involve didactic presentations, demonstrations (e.g., video/audio clips), and practice of some mindfulness and emotion regulation skills. In this session, participants will be able to: label and define at least three key DBT mindfulness skills; describe three key emotion regulation strategies; and consider how to apply some mindfulness and emotion regulation strategies with their patients, particularly those with concurrent disorders.

A3 **Neuroplasticity and Chronic Pain (3-hours)**

Neil Pearson, Clinical Assistant Professor, The University of British Columbia; Chair, Canadian Physiotherapy Pain Science Division; Physiotherapist, Penticton, BC

This workshop reviews current findings related to neuroplasticity in chronic pain. The complex, individualized effects of chronic pain will be discussed in relation to changes in the nervous systems. Thankfully some evidence exists that 'negative' neuroplastic changes can be over-powered by new adaptive changes to the nervous system. Participants will learn to: understand that neurophysiological changes occur in all aspects of the nervous system; integrate current brain imaging study findings with the experiences of people in pain; and develop a more optimistic view of recovery for people in pain.

10:00 Coffee and Exhibits

10:30 Continue A1, A2, or A3

12:00 Lunch (Provided) & Exhibits

1:00 Concurrent Breakout Session B:

B1 **i) Methadone 101 (90-minutes)**

Mary Marlow, Manager, RPN, BScPN, Manager, Addiction Services - Vancouver Community, Vancouver, BC

Methadone has been used in the treatment of opioid dependence for the past 40 years, yet is still widely mistrusted as a valid and safe treatment option by many. This workshop will give participants a clear understanding of how Methadone helps opioid dependent clients regain some stability in their lives, as well as an understanding of best practices in methadone maintenance programs. Participants will: gain an understanding of the action and benefits of Methadone for opiate dependent clients; be able to discern Methadone "myths" from real and potential adverse effects; and understand interactions with other drugs and contraindications for clients with other medical conditions

ii) Crack Cocaine 101 (90-minutes)

Stephen Epp, Practice Coordinator, Occupational Therapy VCH Acute Care; Coordinator, Strathcona Mental Health Team Rehabilitation Program, Vancouver, BC

Hugh Lampkin, Vice President, The Vancouver Area Network of Drug Users, Vancouver, BC

Lucie Landry, Board Member, The Vancouver Area Network of Drugs User, Vancouver, BC

Lee Wiebe, Board Member, The Vancouver Area Network of Drugs User, Vancouver, BC

Diane Tobin, Pedestrian Safety Project, The Vancouver Area Network of Drugs User, Vancouver, BC

This panel workshop led by people with lived experiences from the Downtown Eastside of Vancouver explores a street view of the purchasing, selling, and using of "crack cocaine." We will discuss this drug in relation to the Downtown Eastside and the experiences of members of this community. Participants will be able to explore the lived experience of how Crack Cocaine is sold and purchased in the Downtown Eastside; explore how Crack is consumed and the basic philosophy behind the "safer crack kits"; and explore the specific quality of life issues for people living in the Downtown Eastside with a co-occurring substance use and severe and persistent mental illness.

B2 **Mindfulness and Emotion Regulation Skills in Dialectical Behaviour Therapy (3-hours) (A2 Repeated)**

Alex Chapman, PhD, RPsych, President, DBT Centre of Vancouver; Assistant Professor & Associate Chair (Graduate), Department of Psychology, Simon Fraser University, Burnaby, BC

Please see A2 for session description.

B3 **Sleep and Addictions (3-hours)**

Maureen Ceresney, MD, FRCPC, DABSM, DABAM, Clinical Instructor, Department of Psychiatry, University of British Columbia, Vancouver, BC

This presentation will provide an overview of normal sleep and common sleep problems in patients with addictions and concurrent disorders. Principles of a sleep assessment will also be reviewed. Participants will learn how to: be aware of common sleep problems in patients with addictions and concurrent disorders; be aware of clinical tools used to assess sleep; and understand basic mechanisms underlying normal and abnormal sleep patterns and to apply this to patients with addiction/concurrent disorders.



TUESDAY, MAY 18 (CONTINUED)

2:30 Coffee and Exhibits

3:00 Continue B1, B2, or B3

4:30 Adjourn



WEDNESDAY, MAY 19

8:00 Registration

8:30 Concurrent Breakout Session C:

C1 Building Bridges: Linking Woman Abuse, Substance Use and Mental Ill Health (3-hours)

Alexxa Abi-Jaoude, MPH, Program Coordinator; Woman Abuse Response Program, BC Women's Hospital and Health Centre, Vancouver, BC
Jill Cory, Director, Woman Abuse Response Program, BC Women's Hospital and Health Centre, Vancouver, BC

This interactive workshop will provide the opportunity to explore how experiences of violence, substance use and mental ill health intersect to negatively impact women's health and safety as well as their access to services. Findings from the recently completed Building Bridges provincial consultation with service providers and women will be presented. Challenges in service delivery and recommendations on how to develop an integrated approach to improve services for women will be explored. After the session, participants will be able to better understand the intersection between violence, substance use/addictions, and mental ill health in women's lives; recognize the barriers women impacted by these issues face when accessing services in all sectors; and explore how integrated services and increased cross-sectoral collaboration can increase women's access to safe and appropriate services.

C2 Complex and Continuing Trauma: Treatment Considerations and Approaches (3-hours)

Mok Escueta, PhD, RSW, Social Worker, British Columbia Operational Stress Injury (BC-OSI) Clinic, Vancouver, BC

This workshop seeks to provide a venue for participants to learn about continuing complex traumatic distress. Some considerations for treatment will be discussed including contributions that a participatory, dialogic, and transformative approach makes to people's efforts at collective recovery and reconstruction. After this workshop, it is expected that the participants will be able to: explain complex and continuing traumatic distress and some considerations for treatment and critically discuss the contributions that a participatory, dialogic, and transformative approach makes to people's efforts at collective recovery and reconstruction.

C3 Is Change Possible? Older Adults with Concurrent Disorders (3-hours)

Maryam Murat-Khan, MEd, OT Reg, Older Adult Counsellor, South Addictions Services, George Pearson Centre, Vancouver, BC

Kathryn Patterson, MA, RCC, Older Adult Addictions Counsellor, Pacific Spirit Addiction Services, Vancouver Coastal Health Addiction Services, Vancouver, BC

This workshop will examine: beliefs regarding older adults and change, approaches to treatment, anxiety and depression, problematic substance use, and stage of life issues that impact concurrent disorders. Participants will be able to reflect on attitudes and beliefs regarding older adults dealing with concurrent disorders, understand approaches that work well with older adults experiencing problematic substance use, and understand the stage of life issues impacting concurrent disorders for older adults.

C4 Mindfulness-Based Cognitive Therapy and Prevention of Relapse in Major Depression (3-hours)

Mark A. Lau, PhD, Research Scientist and Director, BC Cognitive Behaviour Therapy Network, BC Mental Health & Addiction Services; Clinical Associate Professor of Psychiatry, The University of British Columbia, Vancouver, BC

MBCT is a group intervention integrating cognitive behaviour therapy for depression with mindfulness meditation to teach formerly depressed patients new skills to help prevent relapse/recurrence. Increased mindfulness allows early detection of relapse-related patterns of negative thinking, feelings, and body sensations. Formulation of specific relapse prevention strategies are included in the later stages of treatment. MBCT is now included in the National Institute of Clinical Excellence (NICE) Guidelines in the United Kingdom for prevention of recurrent depression. At the end of this session participants will be able to: demonstrate an understanding of the link between the development of MBCT and a model of cognitive vulnerability to depression; recall information of the empirical support for MBCT for the prevention of depressive relapse; and explain the key structural elements of MBCT.

10:00 Coffee and Exhibits

10:30 Continue C1, C2, C3, and C4

12:00 Lunch (Provided) & Exhibits



WEDNESDAY, MAY 19 (CONTINUED)

1:00 Concurrent Breakout Session D:

D1 **Genetics, Drugs, and Cognitive Control: Individual Differences Underlying Substance Dependence (90-minutes)**

Travis Edward Baker, PhD Student, Department of Psychology, Brain and Cognitive Science, University of Victoria, Victoria, BC

There is empirical evidence that substance dependence depends on a confluence of biological, cognitive, genetic, and personality-related factors that conspire to cause some people to pursue substances of abuse and other people to eschew them entirely: By acting on the abnormal reinforcement learning system of the genetically vulnerable, addictive drugs hijack the control system to reinforce maladaptive drug-taking behaviours. The goal of this workshop is to provide a basic introduction to cognitive neuroscience and its applications to study addiction. Topics of this lecture will go over biological, cognitive, genetic, and personality-related factors that underly addiction, and the presenter will describe research findings that show how these factors conspire to cause some people to pursue substances of abuse.

D2 **Recognizing and Incorporating Knowledge of Historical Traumas in Your Work with Aboriginal Clients (90-minutes)**

Alanaise Goodwill, PhD, Outreach Clinician and Psychologist, Aboriginal Child and Youth Mental Health, Chilliwack, BC

For those who work with Aboriginal clients in concurrent disorder settings, the understanding and application of knowledge of the historical traumas faced by Aboriginal peoples specifically will be covered in this workshop. Specific strategies to enhance the assessment and identification of appropriate interventions that are sensitive to culture and informed by knowledge of the historical and present day impacts of colonization will be discussed. By attending this session, participants will: gain knowledge of multiple approaches to conducting culturally safe and historically informed assessments and interventions with Aboriginal clients; gain access to sources of knowledge that will enrich and facilitate the ongoing learning process; and be able to have the opportunity to dialogue and enhance their collaborative learning based on one another's experiences.

D3 **A Thousand Dreams: Vancouver's Downtown Eastside (90-minutes)**

Neil Boyd, Professor and Associate Director, School of Criminology, Simon Fraser University, Burnaby, BC

Lori Culbert, Investigative Reporter, The Vancouver Sun, Vancouver, BC

Larry Campbell, Senator and former Mayor, Vancouver, and Chief Coroner, BC

The Downtown Eastside is a neighbourhood at risk, but it is also home to a vital community of people who believe passionately in its future. The authors of this book—Larry Campbell, former Vancouver mayor and chief coroner for British Columbia; Neil Boyd, a leading criminologist and commentator on drug policy; and award-winning journalist, Lori Culbert—create a multi-faceted portrait of that community, drawing on their own experiences as they waded into the controversies and offer concrete, urgently needed solutions. A compelling mix of history, political analysis, and first-person accounts, *A Thousand Dreams* raises crucial questions for all of North America's major cities. After the session, participants will be able to: understand the problems of the Downtown Eastside; understand the resilience of the neighbourhood; and understand solutions to the problems of drug addiction.

D4 **Building Bridges: Linking Woman Abuse, Substance Use and Mental Ill Health (3-hours) (C1 Repeated)**

Alexxa Abi-Jaoude, MPH, Program Coordinator; Woman Abuse Response Program, BC Women's Hospital and Health Centre, Vancouver, BC

Jill Cory, Director, Woman Abuse Response Program, BC Women's Hospital and Health Centre, Vancouver, BC

Please see C1 for session description.

D5 **Mindfulness-Based Cognitive Therapy and Prevention of Relapse in Major Depression (3-hours) (C4 Repeated)**

Mark A. Lau, PhD, Research Scientist and Director, BC Cognitive Behaviour Therapy Network, BC Mental Health & Addiction Services; Clinical Associate Professor of Psychiatry, The University of British Columbia, Vancouver, BC

Please see C4 for session description.

2:30 Coffee and Exhibits

3:00 Concurrent Session E or CONTINUATION of D4 or D5

E1 **Gambling Addiction (90-minutes)**

Irene Tang, MTSC, RCC, Counsellor, Problem Gambling Program, Family Services of Greater Vancouver, Vancouver, BC

The presentation will cover topics on: criteria of what constitutes problem gambling; some of the signs to look for in clients who have problems with gambling; how to help clients with the financial impact and what resources are available in the community; concurrent mental health issues that are commonly seen; how to work with family members affected by problem gambling; and what are some of the underlying issues behind problem gambling and what treatment models are helpful. In this session, participants will learn how to be more aware of signs and symptoms of problem gambling within client population; learn about concurrent mental health issues affecting clients who struggle with gambling problems; and share and discuss effective treatment models.

E2 **The DSM-IV TR in Concurrent Disorders: What It Is (and Isn't) (90-minutes)**

Peter Gibson, MD, FRCPC, Team Physician Leader, Grandview-Woodlands Mental Health Team, Vancouver Community Mental Health Services (VCMHS), Vancouver; Consultant Psychiatrist, Northeast Mental Health Team and Trout Lake Tertiary Rehabilitation Unit, VCMHS, Vancouver; Clinical Assistant Professor, Department of Psychiatry, The University of British Columbia, Vancouver, BC

The current diagnostic scheme for Mental Health is the American Psychiatry Association's Diagnostic and Statistical Manual, Version IV Text Revision (DSM-IVTR). This 90 minute session will provide an opportunity to explore classification systems in general, the history behind the DSM, the current usage as it pertains to concurrent disorders, and future directions. By the end of the presentation, participants will be able to: identify underlying classification strategies, understand the context behind DSM, and apply DSM criteria to concurrent disorders.

4:30 Adjourn

The 18th Annual David Berman Memorial Concurrent Disorders Conference

PLEASE WRITE IN BLOCK LETTERS

ONE registration form per person. You will be required to wear your name badge for the duration of the conference.

Ms. Mrs. Miss Mr. Dr.

Last Name First Name Initials

Organization Name/Mailing Address

Mailing Address

City Prov/State Postal Code

() ()
Daytime Telephone Number / Local Fax Number

E-Mail

FOUR WAYS TO REGISTER!

- On the web: www.interprofessional.ubc.ca (Mastercard and Visa only)
- By telephone:
Local/International: (604) 827-3112
Toll free within Canada/USA: 1-877-328-7744
- By Fax: (604) 822-4835 (Mastercard and Visa only)
- By mail with a cheque, purchase order or credit card.

AFFILIATION / PROFESSION:

(please select only one)

- | | |
|---|---|
| <input type="checkbox"/> Administrator/Manager | <input type="checkbox"/> Nurse |
| <input type="checkbox"/> Alcohol & Drug Counsellor | <input type="checkbox"/> Physician |
| <input type="checkbox"/> Community Health Counsellor | <input type="checkbox"/> Policy Maker |
| <input type="checkbox"/> Consumer/Client | <input type="checkbox"/> Psychiatrist |
| <input type="checkbox"/> Concurrent Disorders Councillors | <input type="checkbox"/> Occupational Therapist |
| <input type="checkbox"/> Educator | <input type="checkbox"/> Psychologist |
| <input type="checkbox"/> Family Member | <input type="checkbox"/> Researcher |
| <input type="checkbox"/> Law Enforcement Officer | <input type="checkbox"/> Social Worker |
| <input type="checkbox"/> Mental Health Counsellor | <input type="checkbox"/> Student |
| <input type="checkbox"/> Other: _____ | |

TUITION FEES:

Pre-registration prior to **April 30, 2010** is strongly recommended. All rates are quoted in \$CAD and the tuition fee includes GST.

Please inform us of any dietary restrictions.

Early Bird Rate, before Wednesday, April 7, 2010

Individual Day Rates

- Monday, May 17, 2010 \$195
 Tuesday, May 18, 2010 \$195
 Wednesday, May 19, 2010 \$195

Rate after Wednesday, April 7, 2010

Individual Day Rates

- Monday, May 17, 2010 \$210
 Tuesday, May 18, 2010 \$210
 Wednesday, May 19, 2010 \$210

1/2 day Rates

- Monday am, May 17, 2010 only \$135
 Monday pm, May 17, 2010 only \$135
 Tuesday am, May 18, 2010 only \$135
 Tuesday pm, May 18, 2010 only \$135
 Wednesday am, May 19, 2010 only \$135
 Wednesday pm, May 19, 2010 only \$135

Student Rate (limited number of spots available) \$275

Students: Available for the full program only, paid before **April 30, 2010**.

A copy of valid student photo ID must be sent with registration.

Out-of-town Participant Rate (for all three days) \$575

TOTAL PAYMENT = _____

CONCURRENT SESSIONS:

Please refer to the program for session descriptions

Monday, May 17:

Session PM: PM1 PM2

Please enter your top 2 choices to ensure space availability.

	1ST CHOICE	2ND CHOICE
Example:	A1	A3

Tuesday, May 18:

Session A: _____

Session B: _____

Wednesday, May 19:

Session C: _____

Session D: _____

Session E: _____

(Please enter your Session E choices only if you are attending D1, D2, or D3)

Method of Payment:

Charge by Phone/Fax.

Local/International: (604) 827-3112

Toll free within Canada/USA: 1-877-328-7744

Register by Fax: (604) 822-4835



Credit Card Number Expiry Date

Name of Cardholder

Please note: A \$25 processing fee will be charged for the re-issue of lost tax receipts.

PLEASE SEE GENERAL INFORMATION PAGE FOR CANCELLATION POLICY.

We are unable to register anyone without one of the following:

- Payment by Visa, MasterCard or Cheque received at the time of the registration.
- Signed purchase order (original or photocopy)
- Letter of Authorization from the manager on the organization's letterhead stating that they will be paying the registration fees. The letter should include the amount of registration fees, name and contact information of the manager.
- Signed cheque requisition form

Mailing Address & Payment by Cheque:

Please make your cheque payable to the **University of British Columbia** and send to: **Interprofessional Continuing Education**,
 The University of British Columbia, Room 105 - 2194 Health Sciences Mall,
 Vancouver, BC, V6T 1Z3