

7th National Biennial Conference on Adolescents  
and Adults with Fetal Alcohol Spectrum Disorder (FASD)

# Research on Adolescents & Adults: *If Not Now, When?*

**APRIL 6 to 9, 2016**

Hyatt Regency Hotel | Vancouver, BC

*"Research serves to make  
building stones out of  
stumbling blocks."*

– Arthur D. Little

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Conference Information Online: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

# General Information

## Conference Description

Although there have been thousands of published articles in FASD in general, there has been limited research specifically on adolescents and adults with FASD or on individuals across the lifespan. As those individuals diagnosed with FASD continue to age, the “need to know” across a broad spectrum of areas is becoming critically important for identifying clinically relevant research questions and directions. This is especially true for questions which answers have the potential to prevent the long-lasting effects of fetal alcohol exposure on cognition, behaviour, physical and mental health, addiction, immune function, and metabolism, and to improve quality of life.

Arising from the work of previous conferences and experience-based practices, there is a clear need to examine relevant global research (especially in areas that are new and emerging in animal models and both basic and clinical science), literature, programs and policies and the ethics surrounding them with implications for the future. What do the highlights of existing or emerging research tell us? Are the results transferable from country to country and/or from laboratory to real life? Are there clinical implications of results from any of these areas of which we should be aware? What are the changes in our thinking, practice and directions that will be required to improve outcomes? What are the ethical issues and implications for the future?

This interactive 2016 conference will provide an opportunity to be at the forefront of addressing these issues. We will leverage the experience of the diverse group of professionals, researchers, students, families and individuals with FASD who attend to stimulate the discussion of research, evidence for practice, models, and ideas to expand our knowledge of how we can sustain and enhance the lives of those with FASD.

## Learning Objectives

- Identify, explore and examine existing, new and emerging research and the implications for those with FASD, families and caregivers, systems and services
  - Connect the identified needs of community workers, healthcare providers, and families with the research community
  - Discuss emerging research findings and how they might better assist ethical policy and decision making and the development of integrated and collaborative approaches across systems
  - Examine practice-based evidence, projects and programs to understand the potential connections to research and potential longitudinal studies
  - Engage in knowledge exchange and dialogue through sessions, networking and the direct experience of those with FASD
- Please note: 25% of the program will be interactive.

## Who Should Attend

The conference will be essential for those living or working with adults with FASD. It will also be of critical interest for those supporting adolescents with FASD and planning for their futures. It will be of particular interest to the following professionals/individuals noted below. The conference program is not primarily designed for individuals with FASD. However, there will be specific sessions that are open only to adolescents and adults with FASD and these will be highlighted on a one pager on our website. Many adults enjoy attending this conference and meeting other individuals with FASD. As always, we are honoured to have these individuals as our guests.

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|---|--|--|
| <ul style="list-style-type: none"> <li>• Administrators/Managers</li> <li>• Alcohol &amp; Drug Workers</li> <li>• Corrections Workers</li> <li>• Counsellors</li> <li>• Educators/Administrators</li> <li>• Elected Officials/Hereditary Officials</li> <li>• Employment Services</li> <li>• Ethicists</li> <li>• Family Members</li> <li>• Financial Planners</li> <li>• First Nations, Metis and Inuit Communities</li> </ul> | <ul style="list-style-type: none"> <li>• Government Officials</li> <li>• Housing Officials/Providers</li> <li>• Individuals with FASD</li> <li>• Judges</li> <li>• Lawyers</li> <li>• Members of Faith Communities</li> <li>• Mental Health Specialists</li> <li>• Nurses</li> <li>• Occupational Therapists</li> <li>• Physicians</li> <li>• Police Officers</li> </ul> | <ul style="list-style-type: none"> <li>• Policymakers</li> <li>• Private/Public Funders</li> <li>• Program Providers</li> <li>• Psychiatrists</li> <li>• Psychologists</li> <li>• Researchers</li> <li>• Social Service Providers</li> <li>• Social Workers</li> <li>• Speech Language Pathologists</li> <li>• Spouses/Partners</li> <li>• Students</li> <li>• Vocational Rehab Service Providers</li> </ul> |
|---|--|--|

## Exhibiting

Organizations interested in exhibiting at this conference are invited to contact the conference organizers for more information. Exhibit space is limited. Please contact by phone: 604-822-7708 or by e-mail: [kathryn.jpce@ubc.ca](mailto:kathryn.jpce@ubc.ca).

## Professional Credits

A certificate of attendance will be prepared for all registrants including pre-approved continuing education credits where appropriate. Please refer to our website for updates on credits: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca).

## Location

**The Hyatt Regency Hotel, 655 Burrard Street, Vancouver, BC.** A special rate of \$165.00 + taxes has been set aside for conference participants. Book your accommodation today to avoid disappointment. Specify that you are booking under “Adults with FASD 2016 Conference” and call local: 1.604.683.1234 or call toll-free: 1.800.421.1442 to reserve now and save. Please note that the Early Bird deadline to book your hotel will be **February 24, 2016** for single/double occupancy. The price will increase to \$173.00 after that date.

## Travel Information

The Hyatt Regency Vancouver Hotel is conveniently located next to the Burrard Skytrain Station and is located approximately 16km/10miles from the Vancouver International Airport (YVR). By Skytrain, the Canada Line connects Vancouver International Airport to downtown Vancouver in under 30 minutes. A transfer will be required at Waterfront Station. [www.translink.ca](http://www.translink.ca)

### From Airport to Downtown

Monday - Friday fee is \$9.00 CAD\*, Saturday and Sunday is \$7.75 CAD\*

### From Downtown to Airport

Monday - Friday fee is \$4.00CAD\*, Saturday and Sunday is \$2.75 CAD\* \*Fees for the Canada Line are per way.

Vancouver provides visitors with many opportunities to experience the West Coast lifestyle. If you would like more information on travelling in the area or things to do and see in Vancouver, please contact:

Tourism BC  
1-800-HELLO-BC (435-5622)  
[www.hellobc.ca](http://www.hellobc.ca)

Tourism Vancouver  
+1 604-683-2000  
[www.tourismvancouver.com](http://www.tourismvancouver.com)

# General Information

## Parking

We encourage you to take easy and affordable public transportation, as parking rates at the hotel are very expensive. Below are the parking fees for the Hyatt (all rates are subject to change):

### Weekday Rate

Each 20 minutes or portion thereof: \$3.00  
 Hourly Rate: \$9.00  
 Daily Rate: \$25.00 maximum between 6.00 am and 6.00 pm  
 Evening Rate: \$11.00 maximum between 6.00 pm and 6.00 am (next day)

### Weekend / Holiday Rate

Hourly or portion thereof: \$2.00  
 Daily Rate: \$8.00 maximum between 6.00 am and 6.00 pm  
 Evening Rate: \$4.00 maximum between 6.00 pm and 6.00 am (next day)

## Registration and Tuition Fees

Pre-registration prior to March 16, 2016 is strongly recommended to ensure you receive all conference materials.

**Online:** The most secure method. Secure, fast, online registration is available for Visa and MasterCard holders at the conference organizer's website: [interprofessional.ubc.ca](http://interprofessional.ubc.ca)

**Phone:** Register and pay over the phone. Toll-free within Canada/USA: 1-855-827-3112 or Local/International: +1 604-827-3112.

**Fax:** Fax the registration form to +1 604-822-4835 and indicate that you would like to pay with VISA or MasterCard. We will email you the secure online link to enter your credit card information.

**Mail:** Send the registration form with cheque to: IN 9546 REGISTRATION Interprofessional Continuing Education The University of British Columbia Room 105-2194 Health Sciences Mall Vancouver, BC, V6T 1Z3, Canada. Make cheque payable to: The University of British Columbia

**Alternative Payment Methods:** Mail or fax complete registration form along with one of the following: 1. Signed purchase order (PO)  
 2. Letter of Authorization (LOA) from the manager on the organization's letterhead stating that they will be paying the registration fees. The letter should include the amount of registration fees, name and contact information of the manager  
 3. Signed cheque requisition form (ChReq)

The tuition fee includes conference materials, refreshment breaks, and one lunch. Please see the registration form for further details.

## Refund/Transfer and Cancellation Policy

Refunds will be made (less a \$50 processing fee) if written notice of withdrawal is received by March 4, 2016. No refunds will be granted for withdrawal after that date. There is a \$25 replacement charge in case of a registration transfer. Please contact us prior to March 4, 2016 if you cannot attend and would like another person to come in your place. Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund will be issued.

# Program-at-a-Glance

## Wednesday, April 6, 2016

8:00 – 8:30 Registration Open  
 8:30 – 10:00 Pre-Conference AM 1, AM 2  
 10:00 – 10:30 Break & Exhibits Open  
 10:30 – 12:00 Pre-Conference AM 1, AM 2 Cont'd  
 12:00 – 1:00 Lunch (on your own) & Exhibits Open  
 1:00 – 2:30 Pre-Conference PM 1, PM 2 & PM 3  
 2:30 – 3:00 Break & Exhibits Open  
 3:00 – 4:30 Pre-Conference PM 1, PM 2 & PM 3 Cont'd

## Thursday, April 7, 2016

8:00 – 8:30 Registration Open  
 8:30 – 10:00 Welcoming Remarks and Keynote  
 10:00 – 10:30 Break: Exhibits Open, Poster Viewing  
 10:30 – 12:30 Plenary Sessions  
 12:30 – 1:30 Lunch (provided), Poster Session & Exhibits  
 1:30 – 3:00 Plenary Sessions  
 3:00 – 3:30 Break: Exhibits Open, Poster Viewing  
 3:30 – 5:00 Concurrent Session A

## Friday, April 8, 2016

7:15 Parent Breakfast  
 8:00 – 8:30 Registration Open  
 8:30 – 9:40 Remarks & Plenary  
 9:40 – 9:55 Presentation of the CanFASD Dr. Sterling Clarren FASD Research Award  
 9:55 – 10:30 Break: Exhibits Open, Poster Viewing  
 10:30 – 12:00 Plenary  
 12:00 – 1:10 Lunch (on your own) & Exhibits Open  
 1:10 – 2:40 Concurrent Breakout Session B  
 2:40 – 3:10 Break: Exhibits Open, Poster Viewing  
 3:10 – 4:40 Concurrent Breakout Session C

## Saturday, April 9, 2016

8:00 – 8:30 Registration Open  
 8:30 – 9:40 Remarks  
 9:40 – 10:10 Break: Exhibits Open, Poster Viewing  
 10:10 – 11:40 Concurrent Breakout Session D  
 11:40 – 12:40 Lunch (provided) & Exhibits Open  
 12:40 – 2:10 Concurrent Breakout Session E  
 2:10 – 2:40 Break: Exhibits Open, Poster Viewing  
 2:40 – 3:30 Closing Keynote  
 3:30 – 4:00 Presentation of Starfish Awards, Closing Ceremonies & Closing Remarks

## Planning Committee

**Jan Lutke**, Conference Chair, Vancouver, BC

**Tina Antrobus**, MA, RCC, Registered Clinical Counselor, PLEA Community Services, Coquitlam, BC

**Anne Fuller**, RN, MSN, Provincial FASD Consultant, Children and Youth with Special Needs Policy, Ministry of Children and Family Development, Government of British Columbia, Victoria, BC

**Brenda Knight**, Registered Psychologist, Private Practice, Vancouver, BC

**Christine Loock**, Associate Professor, Department of Paediatrics, University of British Columbia; Social Paediatrics Program, BC Children's Hospital & Sunny Hill Health Centre for Children, Vancouver, BC

**Kristina Hiemstra**, Director, Interprofessional Continuing Education, University of British Columbia, Vancouver, BC

**Marsha Wilson**, MA, Leadership, Faculty Member, Douglas College, New Westminster, BC

**Michelle Sherbuck**, Principal at Write & Design, Parent, Advocate, Public Speaker, Surrey, BC

**Kee Warner**, Executive Director, Whitecrow Village FASD Society, Nanaimo, BC

## Expert Planning Committee

**Iiona Autti-Rämö**, MD, Research Professor, Head of Health Research, Research Department, The Social Insurance Institution, Helsinki, Finland and Adjunct Professor at the Child Neurology Department, Helsinki University Hospital, Finland

**Michael Charness**, MD, Physician, Harvard Medical School, Harvard University, West Roxbury, MA, USA

**Edward Riley**, PhD, Director, Center for Behavioral Teratology, Distinguished Professor, Department of Psychology, San Diego State University, San Diego, CA, USA

**Joanne Weinberg**, PhD, Professor and Distinguished University Scholar, Emerita, Department of Cellular & Physiological Sciences, University of British Columbia, Vancouver, BC

## Advisory Committee

**Sally M. Anderson**, Ph.D., ICCFASD Coordinator and Executive Secretary; Office of the Director, National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, Bethesda, MD, USA

**Dorothy Badry**, PhD, RSW, Assistant Professor, Faculty of Social Work, University of Calgary, Calgary, AB

**Tatiana Balachova**, PhD, Associate Professor, Co-Director, Interdisciplinary Training Program in Child Abuse and Neglect (ITP), Department of Paediatrics, The University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma, USA

**Diane Black**, PhD, FAS Foundation of the Netherlands, Uithuizen, the Netherlands; and Chair, European FASD Alliance

**Peter W. Choate**, PhD, Assistant Professor, Social Work, Mount Royal University, Calgary, AB

**Paul D. Connor**, PhD, Neuropsychologist, Private Practice and Courtesy Clinical Assistant Professor, Fetal Alcohol and Drug Unit, University of Washington, Seattle, WA, USA

**Lori Vitale Cox**, PhD, Clinical Coordinator, Eastern Door Diagnostic Team for FASD and Related Conditions; Director, Nogemag Healing Lodge for Youth, Rexton, NB

**Dan Dubovsky**, MSW, FASD Specialist, SAMHSA FASD Center for Excellence, Rockville, MD, USA

**Elizabeth Elliott**, MD, MPhil, FRACP, FRCPC, FRCP, Paediatrics & Child Health, Sydney University and The Children's, Hospital Westmead, Sydney, Australia

**James P. Fitzpatrick**, FRACP, MBBS, BSc, Paediatrician, Telethon Kids Institute, Patches Paediatrics, Subiaco, Australia

**Denis Lamblin**, MD, Developmental Paediatrician, SAF FRANCE President, REUNISAF Founder, Medical director of the CAMSP (Fondation du Père FAVRON) Reunion Island, Saint Louis, France

**Christine Loock**, MD, FRCP(C), Associate Professor, Department of Paediatrics, University of British Columbia, BC Children's Hospital & Sunny Hill Health Centre for Children, Vancouver, BC

**Rebecca Martell**, Clinical Associate, Occupational Performance Analysis Unit (OPAU), Department of Occupational Therapy, University of Alberta, Edmonton, AB

**Philip A May**, PhD, Research Professor, University of North Carolina at Chapel Hill-Nutrition Research Institute, Kannapolis, NC, USA Raja A.S. Mukherjee, Consultant Psychiatrist, Honorary Senior Lecturer, Surrey and Borders, Partnership NHS Foundation NHS Trust; St George's University of London, UK FASD Specialist, London, UK

**Kieran D O'Malley**, MB BAO BCh DABPN, Child and Adolescent Psychiatrist, Charlemont Clinic, Dublin, Ireland

**Maira Plant**, PhD, Professor of Alcohol Studies Alcohol & Health Research Unit, University of the West of England, Bristol, UK

**Christine Rogan**, BA, Health Promotion Advisor, Alcohol Healthwatch Trust and National Coordinator, Fetal Alcohol Network New Zealand

**Paula Stanghetta**, Trainer, Facilitator, Paula Stanghetta & Associates, Kitchener, ON

**Kenneth R Warren**, PhD, Deputy Director, National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, Bethesda, MD, USA

## Wednesday, April 6: Pre - Conference

*"What we find changes  
who we become."*

*- Peter Morville*

8:00 – 8:30 am

Registration Open

8:30 – 10:00 am

Pre-Conference AM

10:00 - 10:30am

Break & Exhibits Open

10:30 – 12:00 noon

Pre-Conference AM Cont'd

12:00 – 1:00 pm

Lunch (on your own) and Exhibits Open

1:00 – 2:30 pm

Pre-Conference PM

2:30 – 3:00 pm

Break & Exhibits Open

3:00 – 4:30 pm

Pre-Conference PM Cont'd

## Pre-Conference AM: 3 hour session

### AM1 From Overmedication to Participatory Research to Stop Overmedication – Sleep & Wake-Behaviour Assessments of Medicated Adolescents with FASD- A Round Table Discussion

#### INTERMEDIATE

**Osman S Ipsiroglu, MD, FRCP(C), PhD, Developmental Paediatrician, Sleep/Wake Behaviours Research Lab and Clinic, BC Children's Hospital, Clinical Associate Professor, Department of Paediatrics, University of British Columbia, Vancouver, BC**

**Dean Elbe, BSc(Pharm), PharmD, BCPP, Clinical Pharmacy Specialist, Child and Adolescent Mental Health, Children's & Women's Mental Health Programs, BC Children's Hospital, Vancouver, BC**

**Amy Salmon, PhD, Clinical Assistant Professor, School of Population and Public Health, University of British Columbia, Vancouver, BC**

#### Discussants:

**Gail Andrew, MD, MDCM, FRCP(C), Medical Director, FASD Clinical Services, Glenrose Rehabilitation Hospital; Assistant Clinical Professor, University of Alberta, Edmonton, AB**

**Nina DiPietro, PhD, Professor, Department of Psychology, Douglas College, New Westminster, BC**

**Christine Loock, MD FRCP(C), Developmental Paediatrician, BC Children's Hospital & Sunny Hill Health Centre for Children; Associate Professor, Department of Paediatrics, University of British Columbia, Vancouver, BC**

**Kieran O'Malley, MD, DABPN, Child and Adolescent Psychiatrist, Charlemont Clinic, Dublin, Ireland**

In adolescents and adults with an FASD diagnosis, unidentified and untreated sleep problems often become subject to inappropriate medication trials, poly-pharmacy and mental health diagnoses. On the other hand, prescription drugs are one of the most important clinical treatments. With the wide spectrum of pharmacologic therapies currently on the market, it can be difficult to select a medication most likely to benefit a specific patient for a specific problem. An algorithm on how to access and address this situation will be provided.

#### Learning Objectives

- Present a brief overview of sleep deprivation related clinical symptoms
- Identify commonly reported challenging / disruptive day- and nighttime behaviours which lead to medication prescriptions
- Present an algorithm for avoiding inappropriate medications due to missed sleep problems
- Present an action plan for implementing this algorithm

### AM2 The Impact of Loss and Grieving for Individuals with FASD, Their Families, and Those Who Serve Them

#### INTERMEDIATE

**Dan Dubovsky, MSW, FASD Specialist, Philadelphia, PA, USA**

When we work or live with individuals who have experienced disruptions in their lives or have disabilities and their families, we most often neglect to recognize issues of loss and grieving that may be the cause of their behaviors. We typically only think of addressing loss and grief when there has been a death and not when there has been a move, when there is a discharge from a hospital or treatment facility, when one does not meet the milestones of his or her peers. It is very important to recognize the behaviors and physical manifestations that may be indicative of a grief reaction and help individuals acknowledge and work through their losses.

#### Learning Objectives

- List the stages of grief;
- Discuss the importance of addressing ongoing losses
- Describe common ongoing losses individuals experience
- Examine how to support individuals in addressing their losses

## Pre-Conference PM: 3 hour session

### PM1 FASD and Forensic Mental Health

#### INTERMEDIATE

**Kaitlyn McLachlan, PhD, Psychologist / Assistant Professor, SJHH McMaster University, Hamilton, ON**

**Jacqueline Pei, PhD, Associate Professor, University of Alberta, Edmonton, AB**

**Mansfield Mela, MD, FRCPsych, FRCP(C), Forensic Psychiatrist, University of Saskatchewan, Saskatoon, SK**

Presenters will describe the intersection of FASD and forensic mental health care, with particular attention to the challenging tasks of providing timely, sensitive, and cost-effective court-ordered assessments, along with interventions that are sensitive to the needs and abilities of many individuals with FASD in criminal justice contexts.

#### Learning Objectives

- Describe how the difficulties experienced by adolescents and adults with FASD may impact offenders at various points in the criminal justice context
- Discuss the necessary competencies required to undertake clinical forensic assessment of offenders with FASD
- Describe a range of clinical approaches to court-ordered FASD assessments undertaken in both general clinical and forensic settings
- Discuss how FASD might impact an individual's ability to meaningfully engage and benefit from correctional and forensic approaches to treatment

### PM2 Success: How Do We Define It? Is It the Same for Everyone? How Do We Help People Achieve It?

#### INTERMEDIATE

**Dan Dubovsky, MSW, FASD Specialist, Philadelphia, PA, USA**

Most of us have ideas of what success would look like for our loved ones or those with whom we work. There are often standard measures of success. Unfortunately, many individuals cannot meet those expectations. Imposing our definitions of success can lead to people feeling that they are failures. This session examines common definitions of success and alternative ways of viewing success. Highlights include the development of methods to support an individual's progress towards their success with participants' input.

#### Learning Objectives

- Discuss whether success is the same for everyone
- Examine how imposing our definition of success can impede the progress of others
- Describe how to support success once it is identified

### PM3 Songlines and Lifelines - Hope and Healing - a Workshop for Adults and Adolescents with FASD

#### SESSION ONLY FOR TEENS AND ADULTS WITH FASD

**Dennis Cox, Musician, Whale Watch Captain, Person with FASD, Rexton, NB**

**Lori Vitale Cox, PhD, Clinical Coordinator, Eastern Door Diagnostic Team/ Nogemag Healing Lodge; Partner of someone with FASD, Rexton, NB**

This is a workshop for people with FASD-experts living with FASD. Participants will work together to discuss their stories and ideas and to visually express these in a large but portable mural that will be constructed during the course of the 3-hour workshop. The findings of this workshop in mural form will then be available to delegates throughout the conference.

# Thursday, April 7

8:00 – 8:30 am

## Registration Open

8:30 – 10:00 am

## Welcoming Remarks

Jan Lutke, Conference Chair, Vancouver, BC

### Remarks: If Not Now, When: Something I Want to Say

Presented by Destiny, Adolescent with FASD

### Conference Keynote: Have We Failed Children with FASD, and the Adults They Become?

Honourable Mary Ellen Turpel-Lafond, LLD, LLM, LLB, Representative, BC Office of the Representative for Children and Youth, Victoria, BC

10:00 – 10:30 am

## Break – Exhibits Open & Poster Viewing

10:30- 12:30 pm

### Plenary: A Developmental Programming Perspective on Health and Disease Risk (including Q & A)

Deborah M Sloboda, PhD, CRC in Perinatal Programming, McMaster University, Hamilton, ON

#### Learning Objectives

- Have a basic understanding of the theoretical principles that founded the Developmental Origins of Health and Disease (DOHaD)
- Understand the epidemiological and experimental data that support the theory of DOHaD
- Identify interventions

### Plenary: Developmental Origins of Health and Disease: A New Perspective on FASD (including Q & A)

Joanne Weinberg, PhD, Professor and Distinguished University Scholar, Emerita, Department of Cellular & Physiological Sciences, University of British Columbia, Vancouver, BC

#### Learning Objectives

- Describe the adverse health outcomes in adolescents and adults with FASD
- Explain how prenatal alcohol exposure could act on the fetus to increase vulnerability to later life diseases/disorders
- Explain what types of interventions might be possible to attenuate some of the adverse health outcomes observed in adolescents and adults with FASD

### Plenary Panel: The Undiscovered Country: Why and How to Carry out FASD Research Across the Life Span (including Q & A)

Claire D Coles, PhD, Professor, Emory University School of Medicine, Atlanta, GA, USA

Therese Grant, PhD, Director, Washington State Parent-Child Assistance Program; Director, Fetal Alcohol and Drug Unit; Associate Professor; and Ann Streissguth Endowed Professor in Fetal Alcohol Spectrum Disorders, University of Washington School of Medicine, Seattle, WA, USA

Edward Riley, PhD, Director, Center for Behavioral Teratology, Distinguished Professor, San Diego State University, San Diego, CA, USA

Kathryn A Kelly, BA, Project Director FASD Legal Issues Resource Center, University of Washington, Seattle, WA, USA

#### Learning Objectives

- Understand why the lack of empirical information about the life-long consequences of FASD is a critical problem
- Describe at least two ideas for research strategies that could lead to more effective methods of diagnosis and treatment for adolescents and adults with FASD
- Learn how follow-up research into brain and cognitive development using an older sample of adults with FASDs, can inform the field and help identify treatment needs across the lifespan for those living with FASD

12:30 – 1:30 pm

## Lunch (provided), Poster Session & Exhibits Open

1:30 – 3:00 pm

### Plenary Panel: The Lay of the Land: Results of a Health Survey of Adults with FASD

CJ, Myles and Emily, Adults with FASD

#### Learning Objectives

- Understand why this survey was developed
- Review the highlights from The Lay of the Land Survey
- Understand FASD as a whole body diagnosis

### Plenary Panel: Response to Lay of the Land Survey: Where Do We Go From Here?

Edward Riley, PhD, Director, Center for Behavioral Teratology, Distinguished Professor, San Diego State University, San Diego, CA, USA

Joanne Weinberg, PhD, Professor and Distinguished University Scholar, Emerita, Department of Cellular & Physiological Sciences, University of British Columbia, Vancouver, BC

Christine Lock, MD FRCP(C), Developmental Paediatrician, BC Children's Hospital & Sunny Hill Health Centre for Children; Associate Professor, Department of Paediatrics, University of British Columbia, Vancouver, BC

Deborah M Sloboda, PhD, CRC in Perinatal Programming, McMaster University, Hamilton, ON

#### Learning Objectives

- Review the significance of the survey findings
- Explore the potential implication of the survey findings for individuals with FASD and systems of care
- Discuss the potential for research

3:00 – 3:30 pm

## Break – Exhibits Open & Poster Viewing

3:30 - 5:00 pm

**Concurrent Session A: 90 minutes**

(all concurrent sessions include 30 minutes of interaction and/or Q&amp;A)

**A1 – Oral Session 1****A1a Effect of Depression on Risk and Protective Factors for Risky Alcohol Consumption, and Response to Intervention Among a Native American Sample**

15MIN + Q&amp;A

Annika C Montag, PhD, Post-doctoral Scholar, University of California San Diego, La Jolla, California, USA

**A1b Identifying Children and Adolescents with FASD in the Child Welfare System: An Exploratory Project**

15MIN + Q&amp;A

Jacquelyn Bertrand, PhD, Senior Scientist, Centers for Disease Control and Prevention, Atlanta, GA, USA

Sharon Newburg-Rinn, PhD, Social Science Research Analyst, Children Bureau, Washington, DC, USA

**A1c Fetal Alcohol Syndrome in Adulthood – A Thirty Year Follow-Up Study on Psychosocial Outcomes Related to Environmental Conditions in Childhood**

30MIN + Q&amp;A

Jenny Rangmar, Fil. Lic, PhD student, University of Gothenburg, Gothenburg, Sweden

**A2 What We Know Now – Factors Impacting Daily Functioning in Adults with FASD Based on Data Gathered within a Unique Clinic Practice Model**

INTERMEDIATE

Mary Culshaw, PhD student, Virginia Commonwealth University; Occupational Therapist, Sedgewick, AB

Trina Kennedy, BAHSA, RSW, Clinic Coordinator, Central Alberta FASD Network, Red Deer, AB

In this session, we will discuss the unique clinic process of the Central Alberta FASD Diagnostic Clinic, the data collected from 200+ individuals over 5 years, and the implications of the findings in practice.

The Central Alberta FASD Clinic has developed a unique process based on the values of compassion, dignity, empathy, integrity, trust, family, community and individuality.

The presenters will discuss the value of Occupational Therapy, comprehensive support and service planning, and creative outreach in assessing adults for FASD. As well, they will discuss the factors that impact daily functioning based on the findings from the data collection analysis, as part of a research study. Future considerations and new questions generated by research will be discussed.

**Learning Objectives**

- Learn how unique clinic approaches through data collection and collaboration can positively influence success rates for: the assessment process, client engagement, and client's daily functioning over time
- Learn about the effectiveness of the Outcome Star, an outcomes measurement and goal setting tool that has been successfully piloted as part of clinic process at the Central Alberta FASD Clinic
- Learn how data collection can be used to guide change within the clinic setting

**A3 Substance Misuse Treatment Services: Can they Meet the Needs of Adults with Fetal Alcohol Spectrum Disorder?**

INTERMEDIATE

Julaine Allan, PhD, M.Soc Sci, BSW, Senior Research Fellow, Lyndon Community, Orange, Australia

The session will describe a drug and alcohol treatment program designed to meet the needs of people with cognitive impairments including FASD. The drug and alcohol treatment program context will be explained. The evidence based measures used to 1. Identify cognitive impairment in adults in the program; 2. Assess changes related to participating in the program and 3. Assess the cost benefit of the program will be discussed including results obtained to date. The theoretical underpinnings of the program will be explained including the ways these are translated into daily practice. Practical demonstrations of one or two elements of the treatment program will involve session participants in learning how the theory and practice come together.

**Learning Objectives**

- Identifying the prevalence of FASD in a substance treatment program
- What needs to change in treatment to make it more suitable for people with FASD and why
- Discuss evaluation of the new program and what early results show

**A4 The Empower Project (TEP): Utilizing a Social Enterprise Model to Train and Employ Post-carceral Women (15 – 19) Living with FASD**

BEGINNER

Liz Wolff, Program Manager, Clinician, New Directions for Children Youth, Adults and Families, Winnipeg, MB

Jeffery Hatcher, Clinician, New Directions for Children Youth, Adults and Families, Winnipeg, MB

Susan Van Dreser, Coordinator/Clinician, New Directions for Children Youth, Adults and Families, Winnipeg, MB

This workshop introduces attendees to the theory and use of community economic development to assist young post-carceral women (15 – 19) living with FASD with an emphasis on adaptive functioning, employability and sexual and reproductive health. This is currently the only program of its kind in Canada. Previous projects under our program umbrella, using this model produced quantitative evidence of the efficacy of social enterprises and demonstrated that involvement in such programs could result in lower recarceration rates and reduced severity of offenses.

**Learning Objectives**

- Learn about The Community Economic Model that supports Social Enterprise & the TEP's referral and screening processes
- Review the consultation process with stakeholders and participants in order to develop individual program plans
- Gain insight in the implementation of and modifications to program plans
- Discuss preliminary outcomes

**A5 Nogemag-All my Relations – A Model of Hope and Healing for Adults with FASD**

INTERMEDIATE

Lori Vitale Cox, PhD, Clinical Coordinator, Eastern Door Diagnostic Team/ Nogemag Healing Lodge; Partner of someone with FASD, Rexton, NB

What factors support resilience and ameliorate or prevent secondary disabilities in adolescents and adults with FASD? This longitudinal research follows a sample of youth who were diagnosed with FASD as part of a prevalence study and looks at how length and intensity of intervention affects outcome in terms of amelioration of secondary disabilities and development of strengths.

**Learning Objectives**

- Review of longitudinal research data
- Learn about the practice based evidence that supports the development of an intervention model that promotes resilience by ameliorating secondary disabilities and developing gifts of adolescents and adults with FASD
- To discuss this intervention model

**A6 Preliminary Findings from the Yukon FASD Prevalence Study: Understanding the Cognitive and Mental Health Needs of Adult Offenders in Yukon**

INTERMEDIATE

**Kaitlyn McLachlan, PhD, Psychologist, St. Joseph's Healthcare Hamilton; Assistant Professor, McMaster University, Hamilton, ON**

**Loree Stewart, Policy Analyst, Yukon Government, Whitehorse, YT**

This session will present preliminary findings from research estimating the prevalence of FASD among offenders in Yukon Corrections. Rates of cognitive impairment, mental health, and substance abuse were also assessed. Additional objectives included the validation of FASD screening tools for adult offenders and local capacity development in Yukon. Ethical challenges encountered during the course of this project will be highlighted, along with solutions developed to minimize risk of harm to participants and their families, and maximize individual and community benefit from participation in the study.

**Learning Objectives**

- Review the prevalence of FASD, prenatal alcohol exposure, and neurocognitive deficits among a sample of adult offenders in Yukon Corrections
- Understand screening rates of mental health and substance use problems among study participants
- Discuss the utility of FASD screening tools among adult offenders
- Understand the ethical challenges inherent in conducting research among offenders with FASD and strategies for maximizing benefits and minimizing harm for participants, their families, and communities

**A7 Navigating Diagnosis and Systems: Understanding the Lived Experience of People with FASD**

INTERMEDIATE

**Allison Pooley, BEd, Program Director, The Asante Centre, Maple Ridge, BC**

**Michelle Stewart, PhD, Associate Professor, University of Regina, Regina, SK**

**Paul Gordon, Program Director, PLEA Community Services, Vancouver, BC**

Explaining and understanding the diagnosis of FASD can be overwhelming. This session describes the learning from a series of focus groups with adults with FASD, addressing how these expert participants understand their disability and accept the diagnosis. Outcomes inform others how to explain diagnosis and support individuals to navigate systems.

**Learning Objectives**

- Gain insight on how adults with FASD have come to understand the implications on their FASD diagnosis
- Discover what types of language and format may be valuable to help an individual with FASD understand his or her FASD diagnosis

**Friday, April 8**

7:15 **Parent Breakfast\***

8:00 – 8:30 am **Registration Open**

8:30 – 9:40 am **Remarks: If Not Now, When: Something I Want to Say...**  
Presented by Justin, Adult with FASD

**Plenary: Prenatal Alcohol Exposure: The Role of Chemosensory Fetal Programming in Adolescent Alcohol and Nicotine Acceptance**

**Steven L.Youngentob, PhD, Senior Associate Vice Chancellor for Research, Professor, University of Tennessee Health Science Center, Memphis, TN, USA**

**Learning Objectives**

- Understand the relationship between fetal alcohol exposure, chemosensory plasticity (a normal adaptive process) and the enhanced risk for initial alcohol intake and continued consumption in adolescence
- Understand the underlying mechanisms contributing to the behavioral preference for alcohol odor and the perception and acceptability of alcohol's flavour, as a consequence of fetal exposure
- Understand the potential chemosensory-based mechanisms(s) by which fetal alcohol exposure increases the later initial risk for nicotine acceptability

9:40 – 9:55 am **Presentation of the CanFASD Dr. Sterling Clarren FASD Research Award**

9:55 – 10:30 am **Break – Exhibits Open & Poster Viewing**

10:30 – 12:00 noon **Plenary: Adult Research: Economics, Policy and Responsibility - Why Now?**

**Facilitator: Paul D. Connor, PhD, Neuropsychologist, Private Practice and Courtesy Clinical Assistant Professor, Fetal Alcohol and Drug Unit, University of Washington, Seattle, WA, USA**

**Svetlana Popova, MD, PhDs, MPH, Senior Scientist, Social and Epidemiological Research, Centre for Addiction and Mental Health; Assistant Professor, Epidemiology Division, Dalla Lana School of Public Health, University of Toronto; Assistant Professor, Factor-Inwentash Faculty of Social Work, University of Toronto; Graduate Faculty, Associate Member, Institute of Medical Science, Toronto, ON**

**Moira Plant, PhD, Professor of Alcohol Studies Alcohol & Health Research Unit, University of the West of England, Bristol, UK**

**Jan Lutke, Conference Chair, Vancouver, BC**

**Michael Charness, MD, Physician, Harvard Medical School, Harvard University, West Roxbury, MA, USA**

12:00 noon – 1:10 pm **Lunch (on your own) Exhibits Open**

**\*Parent Breakfast-** In past conferences, parents have indicated their desire to have opportunity to come together at these events to connect with other parents who are raising a child, youth or adult with FASD. For those parents who have children/adults living with FASD and are registered to attend the entire conference, we are happy to announce that a breakfast at **7:15 am on Friday, April 8** is arranged for you. If you are interested in attending, please sign up when registering for the conference.



**1:10 - 2:40 pm Concurrent Session B: 90 minutes**

(all concurrent sessions include 30 minutes of interaction and/or Q&amp;A)

**B1 – Oral Session 2****B1a Second Trimester Ultrasound as a Tool in Early Detection of FASD**

15MIN + Q&amp;A

Annika C Montag, PhD, Post-doctoral Scholar, University of California San Diego, La Jolla, California, USA

**B1b Investigating the Sex-Specific Effects of Alcohol in the Developing Brain**

15MIN + Q&amp;A

Mojgan Rastegar, PhD, Associate Professor, University of Manitoba, Winnipeg, MB

**B1c Metabolic Assessment and Obesity Risk in a Novel Mouse Model of Chronic Gestational Alcohol Exposure**

15MIN + Q&amp;A

Robyn M. Amos-Kroohs, PhD, Post-doctoral Fellow, University of Wisconsin-Madison, Madison, WI, USA

**B1d The DSM-5 Criteria for ND-PAE and the Canadian Guidelines for Diagnosis of FASD: How do they Compare?**

15MIN+Q&amp;A

Nicole Netelenbos, MSc, Research Assistant, University of Lethbridge, Lethbridge, AB

**B2 Assessing Parents with Fetal Alcohol Spectrum Disorder for the Child Protection System****C2 INTERMEDIATE | 3 HOUR WORKSHOP****THIS SESSION IS RESTRICTED TO PROFESSIONALS WORKING WITH FAMILIES.**

Ann Marie Dewhurst, PhD, Registered Psychologist, Valerian Consulting, Edmonton, AB

Peter Choate, PhD, RSW, Assistant Professor, Social Work, Mount Royal University, Calgary, AB

Michael I Jeffery, JD Judge (ret.), Alaska Court System, Barrow, AK

Jonathan Nicholson, Director, Alberta Justice, Social Enhancement Legal Team, Calgary, AB

Terri Davies, Director, Investigations and Legal Representation, Office of the Child and Youth Advocate, Calgary, AB

**Learning Objectives:**

- To understand the ways in which present approaches to Parenting Capacity Assessments with those who have FASD may not be effective or appropriate
- To understand ways in which these assessments might be approached in more clinically appropriate fashion
- To explore ways in which these assessments might be further researched and enhanced to increase their clinical utility
- To discuss the varying perspectives with which these assessments are used and their impacts in child protection and the courts

**Part 1 by Dr. Ann Marie Dewhurst**

Parents with disabilities are at a significantly higher risk of having their children apprehended and raised by others. Given the diversity of abilities reflected in adults impacted by FASD, it is important to develop an assessment protocol that supports the FASD impacted parent in maintaining the highest level of independent parenting possible. Issues relating to parental acting out behaviours common to FASD impacted parents (e.g., sexual acting out, criminal involvement, aggression, addictions, etc.) will be explored as they

relate to parenting capacity. This session will present a clinically based approach to psychological/parenting assessments to evaluate an FASD impacted adult's capacity to parent and focus on the clinical conundrums.

**Part 2 by Dr. Peter Choate**

How are we to take Dr. Dewhurst's proposals and turn them into an assessment protocol that will be accepted by the courts? What are the main areas that must be addressed in research? How are we to consider the cross-cultural assessment issues including Aboriginal parents as well as those whose parenting traditions are different from the dominant cultural models of parenting? This portion of the workshop will raise the research agenda that needs to be pursued to change the assessment approach.

**Part 3 – Panel Presentation: Drs. Dewhurst and Choate along with representatives in and around the child protection system**

The panel will respond to the issues that have been raised by the presenters as well as comments and questions from the audience. The Family Court Judge will be asked to outline what factors a court must consider when contemplating how a parent impacted with FASD could raise or have a significant role in the life of their child. The Child and Youth Advocate will be asked to explore the ways in which the child's rights to be raised by their family can be balanced against the rights of the child for safety and the obligation of the state to protect the child.

**B3 Beyond Strategies: Accepting and Adjusting to the Evolving Reality****C3 INTERMEDIATE | 3 HOUR WORKSHOP**

Brenda Knight, Registered Psychologist, Private Practice, Vancouver, BC

Caring for our family members is complex. The challenges of navigating through developmental stages are demanding. It can be a lonely and overwhelming task seeking support from social systems and even our own family.

Caregivers and professionals are met with many stages of developmental adjustment themselves. Amongst the intensity of our knowledge, experience and commitment, we need to reflect on our own needs as individuals who often feel disenfranchised and devalued.

This workshop will provide safe, non-judgmental environment in which we can explore some of these issues while recognizing our emotional, physical, spiritual and financial dilemmas.

**Learning Objectives**

- To review the journeys of adolescents and adults with FASD
- To review factors beyond strategies that lead to positive outcomes and limitations
- To reflect on our own adjustment issues and coping styles
- To feel more connected and supported by others who understand

**B4 Moment to Moment: Teens Growing Up with FASD****INTERMEDIATE**

Ira J Chasnoff, MD, President, NTI Upstream, Chicago, IL, USA

"Moment to Moment: Teens Growing Up with FASD" is a documentary film that chronicles the lives of four adolescents with FASD. A full screening of the film will take place, followed by highlights of findings from research on foster and adoptive families who have brought a child with FASD into their home.

**Learning Objectives**

- Describe the functional changes that occur in the fetal brain due to prenatal alcohol exposure
- List three key areas of neurodevelopment functioning that should be considered when assessing and developing a treatment approach for teens affected by prenatal alcohol exposure
- Discuss family-based strategies for guiding the development of adaptive behaviors in teens

**B5 Supporting Adolescents and Adults with FASD: The Impact on Caregivers****BEGINNER**

**Carmen Rasmussen, PhD, Associate Professor, University of Alberta, Edmonton, AB**

**Jacqueline Pei, PhD, Associate Professor, University of Alberta, Edmonton, AB**

This presentation will summarize the results from a research study conducted with (n=70) caregivers of adolescents and adults with FASD. These results provide important information on the impact of caring for an adolescent or adult with FASD. Future research and practice considerations in this area, including the transition to adulthood, will also be discussed and suggestions for future research developments will be proposed.

**Learning Objectives**

- To gain an understanding of reported needs of caregivers of adolescents and adults with FASD
- To explore ways in which understandings of caregiver experiences can shape the ways systems provide support to individuals with FASD
- To discuss the unique functions and contributions of the caregiver in the lives of individuals with FASD – and the strengths and risks within this relationship
- To engage participants in conversation about the way forward, in considering how to foster and nurture support systems

**B6 Neurodevelopmental Disorder Associated with Prenatal Alcohol Exposure: Diagnosis and Treatment of Adolescents and Adults in an Era of DSM-5****ADVANCED**

**Susan D. Rich, MD, MPH, Board Certified in Child/Adolescent and Adult Psychiatry, Potomac, MD, USA**

This workshop will present historical and clinical insights to shift diagnostic and therapeutic paradigms toward a brain-based system of care for adolescents and adults with ND-PAE. A screening tool based on DSM-5 criteria and 4-domain model will be presented to guide screening, diagnosis and treatment planning for affected individuals. The following questions will be discussed: can screening, diagnosis and treatment for ND-PAE among adolescents and young adults improve adaptive functions (conceptual, social and practical domains) and/or life course prognosis?; are lamotrigine and/or clonidine superior to a combination of antipsychotics, mood stabilizers, and stimulants for treatment of ND-PAE?

**Learning Objectives**

- Present historical perspectives leading up to recognition of Neurodevelopmental Disorder Associated with Prenatal Alcohol Exposure (ND-PAE)
- Learn a screening tool for ND-PAE
- Discuss clinical insights on psychopharmacologic management

2:40 – 3:10pm

**Break – Exhibits Open & Poster Viewing**

*“The best way to predict the future is to invent it”*  
- Alan Kay

3:10 - 4:40 pm

**Concurrent Breakout Session C: 90 minutes**

(all concurrent sessions include 30 minutes of interaction and/or Q&amp;A)

**C1 – Oral Session 3****C1a Prenatal Alcohol Exposure Produces Disproportionate Volume Reduction and Altered Developmental Trajectory of the Corpus Callosum in Adolescents and Young Adults**

20MIN + Q&amp;A

**Eileen M Moore, PhD, Research Assistant Professor, San Diego State University, San Diego, CA, USA**

**C1b Neuropsychological Assessment and FASD in Adolescence: Which Measures Best Predict an FASD Diagnosis?**

20MIN + Q&amp;A

**Leah N. Enns, PhD, C.Psych., Clinical Psychologist and Assistant Professor, University of Manitoba/ Manitoba FASD Centre, Winnipeg, MB**

**Nicole Taylor, PhD, C.Psych., Clinical Psychologist and Assistant Professor, University of Manitoba/ Manitoba FASD Centre, Winnipeg, MB**

**C1c Functional and Neuropsychological Abilities in Adults with Fetal Alcohol Spectrum Disorders**

20MIN + Q&amp;A

**Ada Leung, PhD, Assistant Professor, University of Alberta, Edmonton, AB**

**Sharon Brintnell, MSc, FCAOT, FWFOT, Professor, University of Alberta, Edmonton, AB**

**C2 Assessing Parents with Fetal Alcohol Spectrum Disorder for the Child Protection System**

3 HOUR WORKSHOP CONTINUED

**Ann Marie Dewhurst, PhD, Registered Psychologist, Valerian Consulting, Edmonton, AB**

**Peter Choate, PhD, RSW, Assistant Professor, Social Work, Mount Royal University, Calgary, AB**

**Michael I Jeffery, JD Judge (ret.), Alaska Court System, Barrow, AK**

**Jonathan Nicholson, Director, Alberta Justice, Social Enhancement Legal Team, Calgary, AB**

**Terri Davies, Director, Investigations and Legal Representation, Office of the Child and Youth Advocate, Calgary, AB**

**C3 Beyond Strategies: Accepting and Adjusting to the Evolving Reality**

3 HOUR WORKSHOP CONTINUED

**Brenda Knight, Registered Psychologist, Private Practice, Vancouver, BC**

**C4 FASD, Legislation and Canada: The Place Where the Future Happens First**

INTERMEDIATE

**Kathryn A Kelly, BA, Project Director FASD Legal Issues Resource Center, University of Washington, Seattle, WA, USA**

**Rod Snow, Q.C., Counsel, DLA Piper (Canada) LLP, Whitehorse, YT**

**Howard Sapers, Correctional Investigator of Canada, Office of the Correctional Investigator, Ottawa, ON**

**Larry Bagnell, Member of Parliament, House of Commons, Ottawa, ON**

**Sean Casey, Q.C., Member of Parliament, House of Commons, Ottawa, ON**

National legislation in Canada and in the U.S. is attempting to bring about change in how those with FASD experience the provision of needed services as well as their access to justice in the criminal and juvenile courts. This panel will discuss current legislative efforts in both countries, recommended improvements for those with FASD who are involved in Canadian Corrections and how these efforts can be supported by advocates for those living with FASD. This is a model which can be used in other countries to bring about beneficial changes for those with FASD, their families, caregivers and service providers.

**Learning Objectives**

- Become familiar with the current legislative efforts around FASD in Canada and the U.S.
- Understand the critical importance of legislation to establish the authority and obligation for government officials to provide access to justice and needed services for those living with FASD
- Learn how advocacy and support can be crucial in advancing these legislative initiatives

**C5 Neurocognitive Profile of Young Offenders with Fetal Alcohol Spectrum Disorder**

**INTERMEDIATE**

**Katherine Flannigan, PhD, Post-doctoral Fellow, University of British Columbia, Delta, BC**

**Andrew Burke, MSc, Manager, Forensic Assessment and Community Treatment Program, Edmonton, AB**

An abundance of studies of the general offender population have linked impaired brain function with criminal behaviour, but despite what is known about the damaging neurological effects of prenatal alcohol exposure (PAE), little work has been undertaken to examine the neurocognitive profile of offenders with FASD. This presentation will highlight key findings from a study (N=81) exploring neurocognitive functioning among young offenders with FASD, and discuss implications for service providers working with this vulnerable population.

**Learning Objectives**

- To share findings on the profile of neurocognitive functioning in young offenders with FASD
- To discuss how an understanding of neurocognitive functioning among offenders with FASD can be used to impact the justice process and support better outcomes for this population

**C6 Presentation by the Recipient of the Dr. Sterling Clarren FASD Research Award**

90MIN INCLUDES 25% Q&A

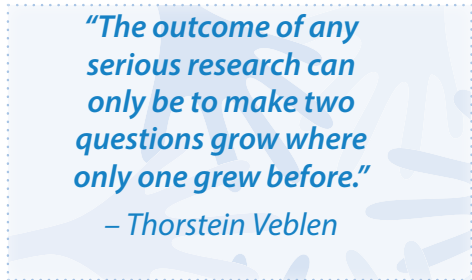
The Dr. Sterling Clarren FASD Research Award has been named in honor of Dr. Sterling Clarren to recognize his pioneering contribution and leadership in the field of Fetal Alcohol Spectrum Disorder (FASD). The award is presented annually to an individual in recognition of a completed study that has made a substantial contribution to the FASD field in one of Canada FASD Research Network's (CanFASD) member provinces/territories. This session will feature a presentation of the results of the award recipient's research.

**Angelina Paolozza, PhD, Post-doctoral Fellow, University of Toronto Scarborough, Toronto, ON**

The talk will focus on the results of a multi-site investigation of the functional outcomes of children and adolescents with FASD obtained using psychometric testing and eye movement control tasks, and how these outcomes correlate to measures of the integrity of white matter tracts in the brain obtained via neuroimaging.

**Learning Objectives**

- To discuss the eye movement sensory-motor and behavioural outcomes
- To discuss deficits in set shifting, response inhibition, selective and sustained attention, working memory, and visuospatial processing from psychometric testing
- To report the imaging results which revealed deficits in the organization of major white matter tracts in the brain
- To highlight the main hypothesis driven correlations between these three assessment techniques (MRI, eye tracking, and psychometric testing)



**Saturday, April 9**

8:00 – 8:30 am

**Registration Open**

8:30 – 9:40 am

**Remarks: If Not Now, When: Something I Want to Say...**

Presented by Thomas, Adult with FASD

**Plenary: FASD as a Foresight Disorder: Implications for Expanded Service Eligibility**

Stephen Greenspan, PhD, Professor Emeritus, Educational Psychology, University of Connecticut, Storrs, CT, USA

**Learning Objectives**

- Understand the concept of intellectual disability equivalence, in terms of common limitations across IQ cut-offs and its clinical and ethical limitations
- Understand the concept of ‘foresight disorder’ in terms of inability to anticipate risky consequences of one’s behavior
- Understand the basic purpose of developmental disability services as protecting against the consequences of risk-anticipation and unawareness
- Understand efforts that have been made in various states, provinces and nations to devise ID equivalence formulas for individuals with FASD or related neurodevelopmental conditions
- Understand the future solutions and obstacles to this movement to broaden the ID concept to provide services to individuals with FASD, regardless of IQ score

9:40 – 10:10 am

**Break – Exhibits Open & Poster Viewing**

**10:10 - 11:40 am Concurrent Breakout Session D: 90 minutes**

(all concurrent sessions include 30 minutes of interaction and/or Q&amp;A)

**D1 – Oral Session 4****D1a Patterns of Disordered Eating in Individuals with FASD**

20MIN+Q&amp;A

**Susan M. Smith, PhD, Professor of Nutritional Sciences, University of Wisconsin-Madison, Madison, WI, USA**

**D1b Characterizing Auditory Processing in Adolescents and Adults with FASD**

20MIN+Q&amp;A

**Susan A McLaughlin, PhD, Research Scientist, University of Washington, Seattle, WA, USA**  
**John C Thorne, PhD, Lecturer, University of Washington, Seattle, WA, USA**

**D1c Alcohol Intervention for Adolescents with FASD: Project Step Up**

20MIN+Q&amp;A

**Mary J. O'Connor, PhD, ABPP, Professor, UCLA School of Medicine, Los Angeles, California, USA**

**D2 Impact of FASD on Success in Meeting the Challenges of Early Adulthood****E2 ADVANCED | 3-HOUR SESSION**

**Mary E Lynch, PhD, Assistant Professor, Emory University School of Medicine, Atlanta, GA, USA**

**Molly N Millions, DEd, Education Specialist, Emory University School of Medicine, Atlanta, GA, USA**

**Claire D. Coles, PhD, Professor, Emory University School of Medicine, Atlanta, GA, USA**

The presentation will focus on three aspects of effects of FASD on adult function: 1) clinical implications of FASD-related challenges, 2) recent findings on effects of FASD on adaptive functioning and problem behavior in early adulthood, and 3) a discussion of factors promoting resilience in adults affected by FASD. Based on the results of a prospective longitudinal sample of 236 young adults, the presenters will discuss outcomes from a variety of areas including adaptive function, entry into adult roles, substance use, mental health, and legal problems. Clinical implications as well as additional prenatal, demographic, and social factors related to resilience and more positive outcomes will be discussed.

**Learning Objectives**

- Develop an appreciation of the clinical implications of FASD-related challenges to adult function
- Become familiar with research-based information on adaptive function in early adulthood
- Develop an understanding of the factors that promote resilience in young adults with FASD

**D3 FASD and Homelessness - An Advocacy Focused Research Project**

INTERMEDIATE

**Dorothy Badry, PhD, RSW, Associate Professor, University of Calgary, Calgary, AB**

**Christine Walsh, PhD, Professor, University of Calgary, Calgary, AB**

A major gap exists in providing FASD informed care in the homelessness serving sector. The need exists to merge best practice in working with homeless populations and best practice in working with individuals with FASD - creating a structured case management model that recognizes the complex and unique needs related to this disability. The care needs of individuals with FASD requires balancing support while offering care that is as protective as possible. While appreciating the rights and freedoms of legal adulthood, the need exists to provide structured practice approaches and support that recognizes the role of social dysmaturity and the vulnerability/risk for individuals with FASD to negative peer influences and victimization in relation to street life and homelessness.

**Learning Objectives**

- To provide a description of the experiences of individuals with FASD who experience homelessness
- To highlight risks, vulnerabilities and challenges for individuals with FASD including health and mental health, in order to develop greater understanding of service and care needs
- To identify supportive and protective case management approaches and strategies that draw on research from the homeless serving sector and FASD best practice approaches and research

**D4 Virtual Environments as a Method of Intervention for Individuals with FASD: The Past, Present, and Future**

BEGINNER

**Rianne E. Spaans, MEd, PhD student, School and Clinical Child Psychology, University of Alberta, Edmonton, AB**

**Heather Gautreau, BA, MEd student, PSE Technology in Education, University of Alberta, Edmonton, AB**

A number of studies have been conducted using Virtual Environments (VEs) as interventions for different populations. This presentation will explore VEs past, present, and future and the potential for them to be used with individuals with FASD. Research has shown VEs can influence cognitive rehabilitation, social skills, working memory and executive functioning. The cognitive framework used to develop a virtual environment for individuals with FASD will be presented and preliminary data regarding implementation of this pilot study will be shared.

**Learning Objectives**

- To provide information regarding VEs and their potential as interventions for individuals with FASD
- Preview a current intervention study as a game design

***“If you want change, you have to make it.  
If we want progress we have to drive it.”***

***- Susan Rice***

**D5i 'Melding' Pot**

**BEGINNER**  
**90 MINUTE SESSION (SPLIT INTO TWO 45-MINUTE SESSIONS)**

**Erin J Reimer-Mayzes**, *Adult with FASD/ Recreation Therapist, Port Coquitlam, BC*

This presentation will cover the experience of an individual living with FASD with a peek into a hidden disability through visual representation. She will speak on how she did not let FASD define her and the strategies she has developed to cope with daily challenges. Information will be provided on the supports that allowed her to be successful in obtaining a diploma in Therapeutic Recreation while also being a single parent, speaking on many panels, and being an advocate for those affected by FASD.

**Learning Objectives**

- To learn about adolescent and adult experiences and the supportive interventions that enhanced their well-being and those that caused harm
- To gain a sense of moment by moment, day by day challenges and victories and the effect on emotional and physical capacity to cope and maintain self-esteem
- To increase your sense of hope for the well-being and the productive contributions of individuals with FASD

**D5ii The Blair Charters Project | Create Something Positive**

**BEGINNER | 2ND 45-MINUTE SESSION**

**Blair Charters**, *Adult with FASD, Motivational Speaker, Baker, Earl's Restaurant, Red Deer, AB*

**Jacy L Morissette**, *Prevention Facilitator, Central Alberta FASD Network, Red Deer, AB*

Blair was diagnosed with FASD at the age of 17, though not before he experienced the all too familiar story of FASD with a disrupted school experience, trouble with the law, discrimination and addiction. Now at the age of 36, Blair tells us how he overcame adversity to transform his life to one that is committed to his passion of motivational speaking, life-long learning and helping others to create a positive life.

**Learning Objectives**

- Be inspired and motivated to believe in 'Hope' and to be leaders in 'Creating Something'
- Be motivated to stimulate discussion on research, best practices and ideas to expand our knowledge of FASD
- Be encouraged to be at the forefront of shaping the future of FASD

**D6 Screening Older Adolescents and Adults for a Possible FASD and Modifying Interventions: Initial Practice Based Evidence for its Utility**

**INTERMEDIATE TO ADVANCED**

**Dan Dubovsky**, *MSW, FASD Specialist, Philadelphia, PA, USA*

If individuals with FASD are not recognized, they are often viewed as being non-compliant, unmotivated, and manipulative and, unfortunately, interventions are based on this view. This session discusses the creation of a screen for identifying adults who may have an FASD and implementing modifications to approaches based on that assessment. The implementation of the screen in residential substance abuse treatment centers is examined along with the need to change policies and procedures to improve outcomes. The gold standard is examined as well as reasons for implementing the screen even in the absence of diagnostic availability.

**Learning Objectives**

- Examine the importance of screening older adolescents and adults for a possible FASD

- Discuss why screening needs to be used even in the absence of diagnostic availability
- Describe why screening should not be done if no changes will be made in the approach to the person
- List modifications to interventions that can be implemented for those who screen as having a possible FASD
- Report on early data on the use of the screen in the U.S.

**D7 An Employment Training Program (Trades Focus) for Young Adults with FASD, Suspected FASD, Brain Injury and Executive Function Disorder**

**INTERMEDIATE**

**Ellen Chambers**, *BSc, MEd, Instructor Access for Students with Disabilities, North Island College, Port Alberni, BC*

**Mark Price**, *Red Seal (Carpentry) HSW, Trades Instructor, North Island College, Port Alberni, BC*

North Island College's (NIC's) "Employment Transition/Construction Labourer Program" was developed at the request of community agencies to provide training for a significant number of adults living with FASD in Port Alberni, BC. Participants will learn about NIC's application of current FASD research to create their program including the collaborative project design process.

**Learning Objectives**

- To provide an "experienced-based" model of a responsive curriculum for adults with FASD
- To demonstrate the importance of community collaboration in the creation and maintenance of effectual programming for adults with FASD
- To articulate the developmental process undertaken by NIC to meet the educational needs of an under-served, "at-risk" population of young adults
- To demonstrate the resiliency of learners with FASD

**11:40 – 12:40 pm Lunch (provided) & Exhibits Open**

**12:40 - 2:10 pm Concurrent Breakout Session E 90 minutes**

(all concurrent sessions include 30 minutes of interaction and/or Q&A)

**E1 Supportive Housing for Adults with FASD: 15 Years of Experience in the Yukon**

**INTERMEDIATE**

**Simukai Sam Mutiwekuziwa**, *BA, LL.M.-International Human Rights Law, Executive Director, Options for Independence Society of Yukon, Whitehorse, YT*

**Judy Pakozdy**, *BScN, FASD Consultant, Founding Member and Board Secretary, Options for Independence Society of Yukon, Carcross, YT*

**Richard Sam**, *Adult with FASD, Resident Client, Options for Independence Society of Yukon, Whitehorse, YT*

Participants will learn about the development of a supported residence for adults with FASD in the Yukon. After 15 years of experience we will share our learning regarding the advantages and challenges of supportive housing and the future of housing and an adequate standard of living for persons living with FASD.

**Learning Objectives**

- Explore the advantages and challenges of supportive housing and ways to improve or accelerate its potential benefits to clients with FASD
- Learn the importance of establishing a spectrum of inter-dependent support

- Learn about assertive outreach and guided decision making as opposed to undue interference

## E2 Impact of FASD on Success in Meeting the Challenges of Early Adulthood

### E2 3-HOUR SESSION CONTINUED

**Mary E Lynch, PhD, Assistant Professor, Emory University School of Medicine, Atlanta, GA, USA**

**Molly N Millians, DEd, Education Specialist, Emory University School of Medicine, GA, USA**

**Claire D. Coles, PhD, Professor, Emory University School of Medicine, GA, USA**

## E3 Developments in Prevention of FASD - The Work of the CanFASD Prevention Network Action Team

### BEGINNER

**Nancy Poole, PhD, Researcher, Knowledge Broker, BC Centre of Excellence for Women's Health, Vancouver, BC**

**Dorothy Badry, PhD, RSW, Associate Professor, University of Calgary, Calgary, AB**

The objective of this session is to create a forum for dialogue on FASD prevention. Members of the Prevention Network Action Team on FASD Prevention, an arm of the CanFASD Research Network will discuss with participants current efforts in research, practice and policy related to FASD prevention with a focus on women with FASD.

#### Learning Objectives

- To raise awareness of the overall work of the prevention arm of the CanFASD Research Network
- To promote discussion of what is known about prevention of FASD with/for girls and women who have FASD
- To identify practical strategies for preventing FASD such increasing use of contraception, reducing alcohol use, promoting housing stability, working in a trauma-informed way, and related strategies

## E4 Junior Leadership Program for Youth with FASD

### BEGINNER

**Nicole Schween, CYW, Director, Camp Unity, Brantford, ON**

**Michelle Ennis, BMSc, OCT, SpecEd 1, Director, Camp Unity, Brantford, ON**

**Flora Ennis, ECE, BA, MScEd, Director, Woodview Mental Health and Autism Services, Brantford, ON**

This presentation will describe an innovative program for youth with FASD including a summer camp experience, a junior leader and junior leader in training program with a year round skill development, support and education component. This community collaborative presentation will include testimonials from participating youth.

#### Learning Objectives

- Review how to provide an engaging environment during the summer months for youth with FASD
- Review how to support both the academic and therapeutic needs of youth with FASD
- Review how to develop a leadership program throughout the year that supports the summer program
- Discuss how to establish a community collaboration that builds capacity in supporting youth with FASD

## E5 Using Current FASD Research for Effective Legal Advocacy

### INTERMEDIATE

**Karen A Steele, J.D., Attorney, Karen A Steele, Esq., Salem, OR, USA**

FASD impacts every facet of a lawyer's general and case-specific practice: identifying clients, victims and witnesses impacted by FASDs, structuring investigation and case decision-making/theory development, and effectively presenting to case decision-makers. Effective FASD advocacy

requires integrating legal theories and the interests underlying those theories with current knowledge of FASD.

#### Learning Objectives

- Gain knowledge of a working model with which to potentially identify FASD in case actors/participants, and what to do with that information
- Identify interests underlying legal concepts, and compare those underlying interests with commonalities in FASDs
- Come away from the presentation with a working model with which to analyze legal concepts in the criminal justice system so as to allow FASD concepts to be recognized and effectively acted upon

## E6 Creating Effective Communication Skills with Individuals with FASD

### INTERMEDIATE

**Brenda Knight, Registered Psychologist, Private Practice, Vancouver, BC**

Researchers, practitioners and caregivers can utilize specific skills to create meaningful, genuine and sustainable communication with individuals with FASD

Thoughtful observation, verbal and written communication, including timing of silence can significantly affect positive outcomes in home, research and clinical settings.

#### Learning Objectives

- Reflect on our patterns of communication that are effective
- Learn to modify our communication to enhance relationships and integrity of interviews and consents
- Review what factors are affecting the person's capacity to relate and communicate optimally and accommodate to their needs

## E7 The Welfare System for Adults with Disabilities in Germany and First Results of a Clearing Group for Adults with FASD and Risk of Addiction

### INTERMEDIATE

**Gela Becker, Dipl. - Psych., Psychotherapist, Evangelischer Verein Sonnenhof E.V., Berlin, Germany**

In a two part session an overview of the German welfare system for adults with disabilities will be presented, including development of our residential communities for adults with FASD.

Secondly the development of a clearing group for adults with FASD and risk of addiction in a multidisciplinary team which aims to raise awareness of substance abuse disorders in the patients and ease access to facilities of addiction help will be presented. Innovative for our multimodal, bifocal model project is 1. the weighting of impairment of severities, 2. the inclusion of caregivers by designing sessions for caregivers parallel and specific to the program and 3. the development of person-centered materials (flyers) to facilitate the transfer.

#### Learning Objectives

- Provide an insight on a different welfare system and its organization
- Share our approach into establishing a residential community for adults with FASD and the steps through and with the welfare system to get the necessary funding
- Conceptualize a clearing group for adults with FASD and risk of addiction and first findings of the pilot test group
- Discuss the gap between the FASD diagnosis and the degree of the functional impairments and the implication for working with adults with FASD.

## 2:40 – 3:30 pm Closing Keynote: It's Time: Head, Heart and Hands

**Rebecca Martell Clinical Associate, Occupational Performance Analysis Unit (OPAU), Department of Occupational Therapy, University of Alberta, Edmonton, AB**

## 3:30– 4:00 pm Presentation of Starfish Awards Closing Ceremonies & Closing Remarks

# Poster presentations

All poster presenters will be available at their posters for Q&A during the following poster session time:

Thursday, April 7, 2016, 1:00 pm – 1:30pm

## Adolescents with FASD and Psychiatric Co-morbidities in BC: Clinical, Case Management, and Policy Perspectives

Erika Ono, MSW, RSW, Social Worker, BC Children's Hospital, Neuropsychiatry Clinic; PhD student, UBC School of Social Work, Vancouver, BC

## Fetal Alcohol Spectrum Disorder: The Difficulties of Identification and Diagnosis of Adolescents and Adults with FASD in the UK

Laura Harrison, MA Oxon, Medical Student, University of Manchester, Manchester, Greater Manchester, United Kingdom

Charlotte Willis, Medical Student, University of Manchester, Preston, Lancashire, United Kingdom

## Fetal Alcohol Spectrum Disorder (FASD) Initiative: Outcomes, Tools, Resources & Next Steps - National Strategic Projects

Holly MacKay, Senior Policy Analyst, Public Health Agency of Canada, Ottawa, ON

## Hope and Heart: A Photovoice Portrait of a Young Adult with FASD

Meridith C Burles, PhD, Post-doctoral Fellow, University of Saskatchewan, Saskatoon, SK

## Social Communication Profiles of Youth with Fetal Alcohol Spectrum Disorder (FASD)

Jamie Hack, MSc, Speech-Language Pathologist, Sunny Hill Health Centre for Children, Vancouver, BC

Lucy Ruthven, Speech-Language Pathologist, Sunny Hill Health Centre for Children, Vancouver, BC

## Support Services Case Study from Bremen, Germany (faspektiven e.V.)

Britta Andreas, BSc, Social Worker, faspektiven e.V., Bremen, Germany

## Acknowledgements

We would like to acknowledge with great appreciation the support from Public Health Agency of Canada and financial support from the following organizations:

Platinum Sponsor and In Collaboration With:



Gold Sponsors:



Bronze Sponsors:



Vancouver Coastal Health

University of Calgary - Faculty of Social Work

*"It is by acts and not by ideas that people live" – Anatole France*

# Registration and Tuition Fees

## Registration

IN9546

PLEASE WRITE IN BLOCK LETTERS:

One registration form per person. Please photocopy if more are needed.

Ms.  Mrs.  Miss  Mr.  Dr.

\_\_\_\_\_  
Last Name First Name Initials

\_\_\_\_\_  
Organization Name/Mailing Address

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City Prov/State Postal Code

\_\_\_\_\_  
Daytime Telephone Number / Local

\_\_\_\_\_  
E-Mail

\_\_\_\_\_  
Please inform us of any dietary requirements

## AFFILIATION/PROFESSION

Please indicate which Affiliation/Profession best describes you:

- |   |  |
|---|--|
| <input type="checkbox"/> Administrator/Manager    | <input type="checkbox"/> Registered Nurse                |
| <input type="checkbox"/> Alcohol & Drug Worker    | <input type="checkbox"/> Parents/Family Member           |
| <input type="checkbox"/> Corrections Worker       | <input type="checkbox"/> Physician                       |
| <input type="checkbox"/> Educator (Adult)         | <input type="checkbox"/> Policymaker                     |
| <input type="checkbox"/> Individual with FASD     | <input type="checkbox"/> Psychiatrist                    |
| <input type="checkbox"/> Judge                    | <input type="checkbox"/> Psychologist                    |
| <input type="checkbox"/> Law Enforcement Officer  | <input type="checkbox"/> Social Worker                   |
| <input type="checkbox"/> Lawyer                   | <input type="checkbox"/> Vocational Rehab Service Worker |
| <input type="checkbox"/> Mental Health Counsellor | <input type="checkbox"/> Other: _____                    |

## CONCURRENT SESSIONS

Please refer to the program for session descriptions.

Please specify the concurrent sessions you plan to attend so we may allocate appropriate rooms. Some sessions may fill up quickly, in this case you will be registered in your second choice.

	1ST CHOICE	2ND CHOICE
Example:	_____ A1	_____ A4
Session A:	_____	_____
Session B:	_____	_____
Session C:	_____	_____
Session D:	_____	_____
Session E:	_____	_____

## TUITION FEES

Pre-registration prior to March 16, 2016 is strongly recommended to ensure you receive all conference materials. All rates are quoted in CAD and the tuition fee includes 5% GST. Please use one registration form per person. The main registration fee includes conference material, Thursday and Saturday lunches, refreshment breaks, and a certificate of attendance.

### EARLYBIRD REGISTRATION RATES (before or on February 29, 2016)

- Pre-conference Full Day - choose 2:  AM1  AM2  PM1  PM2 **\$175**
- Pre-conference 1/2 Day - choose 1:  AM1  AM2  PM1  PM2 **\$95**
- Pre-conference 1/2 Day for Adults with FASD **\$0**
- Main Conference - Full Program (Thursday to Saturday) **\$525**
- TOTAL: \$ \_\_\_\_\_**

### REGULAR REGISTRATION RATES (after February 29, 2016)

- Pre-conference Full Day - choose 2:  AM1  AM2  PM1  PM2 **\$225**
- Pre-conference 1/2 Day - choose 1:  AM1  AM2  PM1  PM2 **\$125**
- Pre-conference 1/2 Day for Adults with FASD **\$0**
- Main Conference - Full Program (Thursday to Saturday) **\$625**

### Main Conference - Individual Day Rates

- Thursday, April 7, 2016 Only **\$250**
- Friday, April 8, 2016 Only **\$250**
- Saturday, April 9, 2016 Only **\$250**

- Main Conference - Full Program (TH-SAT) for Adults with FASD **\$0**
- Parent Rate \* **\$275**

\* For the main conference and available only for parents who do not work in the area of FASD.

- Full-Time Student Rate \*\*(Before April 4, 2016) **\$275**

\*\*Please note that the main conference rate does NOT include the pre-conference sessions. A letter from your supervisor/department head stating that you are a full time student along with a valid student photo ID must be sent with student registrations. Please fax a copy if you register online.

**TOTAL: \$ \_\_\_\_\_**

Please select the format you would like to receive the syllabus in:

- Paper copy or
- Electronic (a memory stick with the presentation materials will be given to you on-site at the conference)

**Special Event:** Parent Breakfast on Friday April 8 at 7:15  Yes  No

## METHOD OF PAYMENT

Please indicate below how you would like to pay:

For more detailed information on registration payment methods, please refer to "Registration & Tuition Fees" on page 3.

- Credit Card:** Please e-mail me a secure on-line link to enter credit card number
- Cheque:** Cheque payable to University of British Columbia is enclosed with mailed registration form
- PO/LOA/ChReq:** Purchase order/letter of authorization/cheque requisition form is enclosed with faxed/mailed registration form