



Diabetes Education Academy

DIABETES: Innovative Care and Management Strategies

For all those requiring or interested in updated information on innovative care and management of diabetes, this course is for you.

CDA Clinical Practice Guidelines for the prevention and maintenance of diabetes will be used.

This program is endorsed by
The University of British Columbia
School of Nursing

Presented by:

Doreen Hatton, RN, MSN, CDE
Gloria Kuffner, RN, CDE, ACSM
Exercise Specialist, MACS Program

and



**Interprofessional
Continuing Education**
The University of British Columbia
A Team Approach to Learning

DIABETES EDUCATION ACADEMY

COURSE DATES & LOCATIONS:

KAMLOOPS
October 2, 2007
The Plaza Heritage Hotel
405 Victoria Street,
Kamloops, B.C. V2C 2A9
Hotel Reservations: 250-377-8075

CHILLIWACK
October 4, 2007
Best Western Rainbow Country Inn
43971 Industrial Way,
Chilliwack, BC V2R 3A4
Hotel Reservations: 604-795-3828

NANAIMO
November 7, 2007
Coast Bastion Inn
11 Bastion Street
Nanaimo, BC V9R 6E4
Hotel Reservations: 1-800-716-6199

**PLEASE CHECK OUR WEBSITE
FOR ADDITIONAL DATES,
LOCATIONS AND TO REGISTER**
www.interprofessional.ubc.ca

Exhibitor & Sponsorship Opportunities

Please contact UBC Interprofessional
Continuing Education for more information

Phone: 604-822-4965
Email: ipinfo@interchange.ubc.ca

REGISTRATION: Diabetes Education Academy

- KAMLOOPS - October 2, 2007** *1 day seminar \$195*
 - CHILLIWACK - October 4, 2007** *1 day seminar \$195*
 - NANAIMO - November 7, 2007** *1 day seminar \$195*
- Limited number of seats available so please **REGISTER EARLY**. We recommend that you register at least **one week** in advance of these seminars to ensure that you receive all resource materials when you sign in at the event.
- All tuition fees include GST**
- Mr Mrs Ms Dr

Last Name _____ First Name _____ Profession/Title _____

Organization _____

Mailing Address _____

City _____ Province/State _____

Country _____ Postal/Zip Code _____

Daytime Telephone Number _____

E-mail Address _____

Fax No. _____

To register by PHONE:

Local Calls: 604-822-2801
Long Distance: 1-877-328-7744

To register ONLINE:

www.interprofessional.ubc.ca

To register by CREDIT CARD:

Please indicate which card type VISA Mastercard American Express

Credit Card Number _____

Expiry Date _____

Name of Cardholder _____

If your organization will be paying with a PURCHASE ORDER:

PO #: _____ Manager's Tel #: _____

Name of Manager: _____

Name of Organization: _____

Mailing Address: _____

To pay by Cheque: Please make cheque payable to **The University of British Columbia** and mail to the following address:

Registration, Interprofessional Continuing Education, The University of British Columbia, #105 - 2194 Health Sciences Mall, Vancouver, B.C. V6T 1Z3.

IN9559

Diabetes: Innovative Care and Management Strategies

Course Objectives:

Participants in this full-day seminar will receive current evidence-based information on diabetes care, management and education across populations and settings. Practice orientated approaches with application to individuals, families, communities and health care providers will be examined.

Why You Should Attend:

The incidence and prevalence rates of Diabetes (Type 1, Type 2, Gestational and Hybrid) are increasing dramatically. Studies reported by the Canadian Diabetes Association show that anyone born in or after the year 2000 has a 1 in 3 chance of developing diabetes in their lifetime. This will impact diabetes care, education and clinical practice now and in the future.

Recent innovative technology and updated clinical practice guidelines have significantly changed care for individuals with diabetes. Optimal management and prevention of long term complications can only be achieved with support and advocacy from knowledgeable health care professionals.

What Your Registration Includes:

- ◆ Certificate of Attendance
- ◆ Detailed Resource Material and Handouts
- ◆ Breakfast, lunch and refreshment breaks

Limited number of seats so please register early. Registration at least **one week** in advance of the seminar is required to ensure that you receive all resource materials.

Credits:

This course is eligible for up to **7 credits** towards your Canadian Diabetes Educator Certification Maintenance Credit Portfolio.

Please see our website for additional information on continuing education credits for other professional associations.

Course Schedule:

8:15 AM	Registration & Light Breakfast
8:45 AM	Introductions
8:55 AM	What is diabetes? Pathophysiology, Etiology
9:15 AM	Prevention: Pre-Diabetes, Diabetes, Heart Disease, Metabolic Syndrome
9:35 AM	Intensive Management, Hyperglycemia, Managing Illness Ketones, DKA, and blood glucose monitoring
10:05 AM	Refreshment Break
10:30 AM	Insulin Management, Hypoglycemia, Managing Illness
11:30 AM	Nutrition and Diabetes
12:00 PM	Lunch & Learn about Diabetes Products & Technology
1:30 PM	Lifestyle Management of Diabetes
2:30 PM	Complications: Nephropathy, Retinopathy
3:00 PM	Complications: CVD, Erectile Dysfunction, Neuropathy, Foot Care
3:30 PM	Refreshment Break
3:45 PM	Care of the older adult
4:15 PM	Oral Medications
4:45 PM	Question period
5:00 PM	Adjourn

Course content is based on the current CDA Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada.



DIABETES EDUCATION ACADEMY

Meet the Presenters:

Doreen Hatton, RN, MSN, CDE

Doreen has 20 years experience in diabetes care, education, counseling and advocacy. Former Clinical Nurse Specialist with the Diabetes Program at BC's Children's Hospital, and Founder of the first integrated Diabetes Day Care Program for children newly-diagnosed with diabetes in Canada. She is a researcher, clinician, published author and is an Adjunct Professor with the School of Nursing at UBC. Doreen is a consultant and specialist in Pediatric and Youth Diabetes Care and is an advisor on care of the elderly with diabetes.

Doreen's book "Diabetes and You" has received international recognition. She is co-author of the book "Food and Diabetes." Her research, innovative education programs and advocacy for those with diabetes has been honoured with many awards, grants and recognition of her work, including the Queen's Golden Jubilee medal for outstanding contributions to Canada and the community.

Gloria Kuffner, RN, CDE, ACSM Exercise Specialist, MACS Program

Gloria has 15 years experience in cardiac rehabilitation, exercise therapy, and diabetes care. Former Clinical Coordinator for Cardiac Rehabilitation and Diabetes Education at Burnaby Hospital, Gloria is a Certified Exercise Specialist and Diabetes Educator; in addition, she is a counselor and specialist in smoking cessation, stress management, weight management, heart disease and prevention, diabetes and depression. Gloria is currently enrolled in the MACS program at Trinity Western University.

PLEASE VISIT OUR WEBSITE FOR ADDITIONAL DATES, LOCATIONS AND TO REGISTER

www.interprofessional.ubc.ca

or call 604-822-2801 for further information