

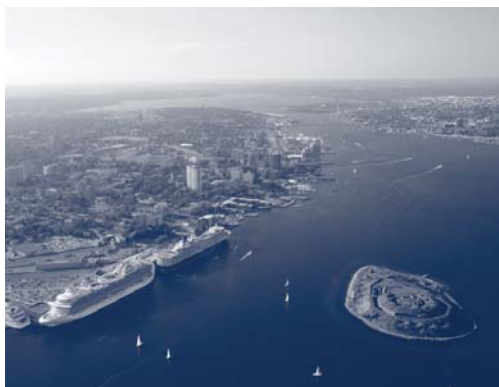
4th Conference on Recent Advances in the Prevention and Management of

Childhood & Adolescent Obesity

Strategies and Solutions -
From Practice to Policy

October 24th - 26th, 2012

The Lord Nelson Hotel & Suites | Halifax, NS



photos: destinationhalifax.com

Presented by

In Collaboration with



Conference Information Online: interprofessional.ubc.ca

GENERAL INFORMATION

Description

This conference brings together an interdisciplinary group of professionals and policy makers working in the field of childhood and adolescent obesity. The 4th conference will focus on strategies and solutions - from practice to policy. This theme recognizes that obesity is a complex problem requiring a complex solution-oriented approach to its prevention and management. Specifically, the conference will showcase examples of the best and promising practice across Canada, and across multiple settings. From provincial level policies to school and community level interventions, and through practice-based management programs targeting multiple behaviours that are associated with obesity, the conference seeks to promote a solution-oriented approach to obesity prevention and management.

Objectives

- To examine how to engage multiple stakeholders in interventions for the prevention and management of childhood and adolescent obesity
- To highlight policy, solution-oriented approaches and promising practice for childhood and adolescent obesity prevention and management
- To provide a forum for networking and collaboration among health professionals educators, researchers, policy makers, trainees and other stakeholders with an interest in childhood and adolescent obesity

Who Should Attend

This conference will be of interest to anyone interested in learning about and sharing issues and experiences regarding childhood & adolescent obesity including, but not limited to, the following individuals:

Administrators/Managers, Community Health Workers, Counsellors, Diabetes Educators, Dietitians, Early Childhood Educators, Educators, Family Development Workers, Family Physicians, Family Resource Program Staff, Fitness Professionals, Health Promoters, Nurses, Nutritionists, Paediatricians, Parents, Policy Makers, Psychologists, Researchers, School Principals, Social Workers, Students and Teachers

Location and Hotel Information

Hotel Information:

The Lord Nelson Hotel & Suites, 1515 South Park Street, Halifax, NS

The conference hotel and accommodation will be provided by The Lord Nelson Hotel & Suites. We are pleased to offer a group rate of \$109 for Petite, \$119 for Classic and \$129 for Executive based on single or double occupancy, plus 2% marketing levy and 15% HST. We suggest you book your room now as we anticipate that our room block will fill up quickly. To reserve a room, please call 1 (800) 565-2020 or +1 (902) 423-5130 and let hotel reservations know that you are booking under the "Obesity 2012 Conference" room block.

For delegates making their reservations online, simply use the following link to access the group reservation page:

https://res.lordnelsonhotel.com/booking_engine/GroupLogin.aspx?groupid=24321&grouppassword=37013749

Reservations will be accepted until the room release date of Monday, September 10, 2012.

Registration

Online: Secure, fast, online registration is available for Visa/MasterCard holders at our website: interprofessional.ubc.ca.

By Fax: Fax completed registration form to: +1 (604) 822-4835

Charge-by-phone (please have Mastercard or Visa ready): Toll free within North America: 1 (855) 827-3112; Other callers: +1 (604) 827-3112

Mail: Send the registration form with cheque to:

IN 9553 REGISTRATION, Interprofessional Continuing Education, The University of British Columbia, Room 105-2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3, Canada.

Participants paying by credit card outside of North America: Please inform your credit card company of the transaction as some banks put a block on credit card payments made outside your country.

Tuition Fees

Please see registration form (on back of brochure) for details. To receive the reduced early-bird rates, you must register by **Friday, September 7, 2012**. The tuition fee includes all conference materials, certificate of attendance, coffee breaks, two lunches and a reception. Pre-registration prior to Monday, September 24, 2012 is strongly recommended to ensure you receive all conference materials.

Refund and Cancellation Policy

Refunds will be made (less a \$50 processing fee) if written notice of withdrawal is received by Monday, September 24, 2012. No refunds will be granted for withdrawal after that date. Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund will be issued.

Exhibitors

Health associations and/or community organizations wanting to exhibit at this conference, please contact the organizers at +1 (604) 822-7524 or by email: marina.ipce@ubc.ca.

Professional Credits

This program meets the accreditation criteria of the Canadian Counselling and Psychotherapy Association (CCPA).

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Paediatric Society.

This program has been accredited by the College of Family Physicians of Canada for up to 16 Mainpro-M1 credits.

A certificate of attendance will be issued to all participants listing pre-approved continuing education credits. For updates regarding credits, see our website: interprofessional.ubc.ca.

Contact Information

For questions regarding the conference program, registration or other matters, please contact Interprofessional Continuing Education at +1 (604) 822-7708, Fax: +1 (604) 822-4835 or email: yolande.ipce@ubc.ca.

Student Travel Support Program

The purpose of the Student Travel Support Program is to help students (Senior Undergraduates; Master's; Doctoral) travel to and deliver an Oral or Poster Presentation at the The 4th Conference on Recent Advances in the Prevention and Management of Childhood and Adolescent Obesity. This program does not support travel expenses for lab exchange travel. Up to four (4) students will receive \$500.00 CDN each to support their travel and registration fee for this conference. The Application Deadline is **11:59 pm MST Friday, June 29, 2012**. Please visit www.obesitynetwork.ca for more information.

Halifax Tourism

Halifax, Nova Scotia where the best living history in Canada, countless festivals & events, and succulent seafood combine with first-rate facilities and cosmopolitan flair to make a unique and unforgettable meeting and convention destination. Getting to Halifax is easy, with convenient connections by air, sea and land to major travel hubs world wide, Halifax is more accessible than you may think! Please visit www.halifaxinfo.com for more information.

Pre-Conference: Wednesday, October 24, 2012

08:30 - 09:30	Registration
09:30 - 10:00	Introduction and Presentation of Nova Scotia Case Study
10:00 - 11:00	Presentation of Provincial/Territorial Case Studies
11:00 - 11:15	Coffee Break: Exhibits Open & Poster Viewing
11:15 - 12:45	Presentation of Provincial/Territorial Case Studies
12:45 - 13:45	Lunch (provided): Exhibits Open & Poster Viewing
13:45 - 14:45	Identifying Common Elements of Successful Practice Across Provinces and Territories in Groups
14:45 - 15:00	Coffee Break: Exhibits Open & Poster Viewing
15:00 - 16:00	Sharing Common Elements Across Groups
16:00 - 16:30	Next Steps: Application of Results from the Meeting

Main Conference: Thursday, October 25, 2012

08:00 - 08:30	Registration
08:30 - 08:45	Opening Remarks
08:45 - 09:45	Theme I: What Conditions Promote Effective Change?
09:45 - 10:15	Coffee Break: Exhibits & Posters
10:15 - 11:25	Theme I Continued
11:25 - 12:00	Q & A with Theme I Presenters
12:00 - 13:30	Lunch (on your own): Exhibits & Posters
13:30 - 14:15	Theme I Continued
14:15 - 15:00	Theme II: Prevention & Management: What Does Success Look Like?
15:00 - 15:30	Coffee Break: Exhibits & Posters
15:30 - 16:40	Theme II Continued
16:40 - 17:15	Q & A with Theme II Presenters
17:15	Social networking / Poster Viewing and Exhibits - Light Fare provided by the Picchione Lecture Series
18:30 - 20:30	Free Public Evening Session: All delegates are encouraged to attend

Main Conference: Friday, October 26, 2012

08:00 - 08:30	Registration
08:30 - 09:30	Theme II Continued
09:30 - 10:30	Poster Session & Refreshments
10:30 - 11:40	Theme III: Showcasing and Celebrating Success
11:40 - 12:00	Q & A with Theme III Presenters
12:00 - 13:00	Lunch (provided): Exhibits Open & Poster Viewing
13:00 - 14:00	Theme III Continued
14:00 - 14:30	Q & A with Theme III Presenters
14:30 - 14:45	Summary Remarks & Evaluation

Disclosure of Potential Conflicts of Interest

In keeping with accreditation guidelines, presenters participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

PLANNING COMMITTEE

Sara FL Kirk, Conference Chair

PhD, Canada Research Chair in Health Services Research, School of Health and Human Performance, Atlantic Health Promotion Research Centre (AHPRC) Adjunct Professor, IWK Health Centre, Halifax, NS

Geoff D.C. Ball

PhD, RD; Associate Professor, Department of Pediatrics, University of Alberta; Director, Pediatric Centre for Weight and Health, Stollery Children's Hospital, Edmonton, AB

Jean-Pierre Chanoine

MD, PhD; Clinical Professor and Head, Endocrinology and Diabetes Unit, BC Children's Hospital, Vancouver, BC

Kristina Hiemstra

Director, Interprofessional Continuing Education, University of British Columbia, Vancouver, BC

Lisa MacDougall

Executive Director, HEAL Cape Breton (Healthy Eating Active Living), Sydney, NS

Katherine Morrison

MD, FRCPC, Associate Professor, Department of Pediatrics, McMaster University, Hamilton, ON

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Misty Rossiter

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Anne Wareham

Coordinator/Psychologist, Janeway Lifestyle Program, Child Health Program, Eastern Health, St. John's, NL

FINANCIAL CONTRIBUTORS

We would like to acknowledge with special appreciation the financial support from:



**HEART &
STROKE
FOUNDATION**



Picchione Lecture Series:

Generous support from the Picchione Family and the Dalhousie Medical Research Foundation



IH RTP
INTEGRATED HEALTH RESEARCH
TRAINING PARTNERSHIP

What is the Impact of Comprehensive School Initiatives on Obesity Prevention?

Pre-Conference Description

This pre-conference workshop will focus on consolidating current evidence across Canada to inform obesity prevention through comprehensive school interventions and initiatives. Following an introduction on the importance of a comprehensive school health approach, representatives from each province/territory will have the opportunity to present the case of evidence in their region during the morning session. Additional school-based interventions and initiatives will be invited to participate through a lunchtime poster session. The afternoon will focus on identifying common elements of successful practice and understanding the most effective practices to inform obesity prevention. This full-day session will be interactive and informative with participants ending the day with a shared understanding of comprehensive school health within their own jurisdiction. This session will be of particular interest to those interested in schools as a setting for health promotion.

Objectives

1. To highlight the evidence supporting promising practices and policies for childhood and adolescent obesity prevention as it relates to comprehensive school health.
2. To identify common elements of successful comprehensive school health policies and practices
3. To provide a forum for networking and discussion to support individuals involved with policy, practice and research related to comprehensive school health.

Facilitators

Sara FL Kirk, Canada Research Chair, Dalhousie University, Halifax, NS

Jessie-Lee Langille, Project Coordinator, CLASS II Project, Dalhousie University and PhD Student, University of Alberta, Edmonton, AB

Paul Veugelers, Professor, School of Public Health, University of Alberta, Edmonton, AB

Schedule

08:30 - 09:30 Registration

09:30 - 10:00 Introduction and Presentation of Nova Scotia Case Study

10:00 - 11:00 Presentation of Provincial/Territorial Case Studies

11:00 - 11:15 Coffee Break: Exhibits Open & Poster Viewing

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14:45 - 15:00 Coffee Break: Exhibits Open & Poster Viewing

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16:00 - 16:30 Next Steps: Application of Results from the Meeting

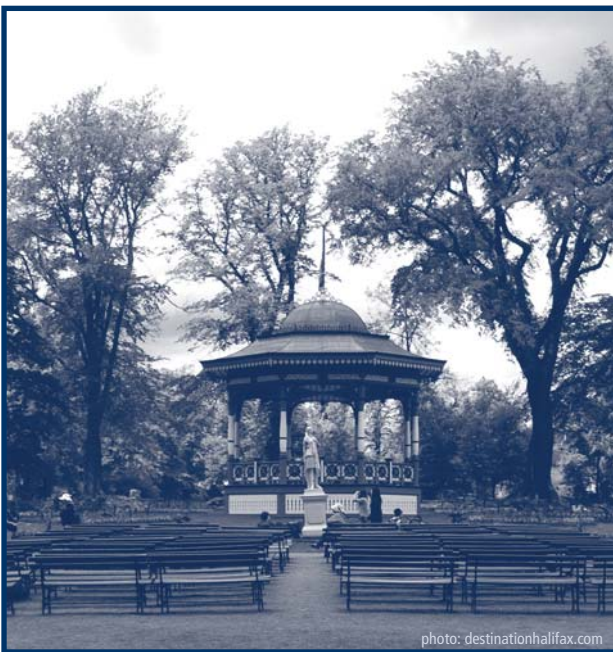


photo: destinationhalifax.com

Top Five Attractions in Halifax

- 1. The Halifax Public Gardens** (opposite the hotel)
This beautiful Victorian-inspired garden has been open to the public since 1875 and remains as one of Halifax's most beautiful and cherished sites.
www.halifaxpublicgardens.ca
- 2. Citadel National Historic Site** (400m from the hotel)
Experience an exciting part of Canada's history by visiting this 18th-century fort with a sweeping view of downtown Halifax.
www.pc.gc.ca/lhn-nhs/ns/halifax/index.aspx
- 3. Pier 21** (2.2km from the hotel)
Plan a visit to this national testament to the Canadian immigration experience, which pays tribute to the citizens of Canada who have enriched this culturally diverse country.
www.pier21.ca
- 4. Historic Properties** (1.2km from the hotel)
This charming site is filled with restaurants, pubs, clothing and specialty shops in restored 18th-century buildings on the waterfront.
historicproperties.ca
- 5. Maritime Museum of the Atlantic** (1.2km from the hotel)
Located in the heart of Halifax's waterfront, there's no better place to immerse yourself in Nova Scotia's rich maritime heritage than the Maritime Museum of the Atlantic.
museum.gov.ns.ca

08:00 - 08:30 **Registration**

08:30 - 08:45 **Opening Remarks**

The Honourable David Wilson, Minister, Nova Scotia Department of Health and Wellness, Halifax, NS

08:45 - 09:45 **Keynote Address: Children and the Next Generation of Public Health** (Including Q&A)

Bill Jeffery, LLB, National Coordinator, The Centre of Health Science in the Public Interest, Ottawa, ON

Learning Objectives:

1. Particularize the public policy rationale for public health nutrition policies to ensure health protective environments for children and their families involving advertising to children, school nutrition standards, subsidies and curriculum, and restaurant offerings
2. Recognize advocacy opportunities and techniques for reforming policies at the local, provincial, and national levels
3. Delineate and predict obstacles to reforms among decision-makers in government bureaucracies, elected officials, and food and other private sector stakeholders and develop techniques for overcoming them

09:45 - 10:15 **Coffee Break: Exhibits Open and Poster Viewing**

Theme I: What Conditions Promote Effective Change?

10:15 - 10:25 **Oral Abstract #1: Adolescent Body Mass Index: Associations with the Built Environment**

Cindy L Shearer, Postdoctoral Fellow, Atlantic Health Promotion Research Centre, Halifax, NS

10:25 - 10:55 **Individual Behaviour Change in the Context of Complexity**

T. Michael Vallis, PhD, RPysch, Psychologist and Lead, Behaviour Change Institute, Capital Health, Associate Professor, Family Medicine & Psychiatry; Adjunct Professor, Psychology, Dalhousie University Halifax, NS

Learning Objectives:

1. Become aware of the skills required to support sustained behaviour change
2. Become familiar with changes in the HCP-Patient relationship regarding change
3. Become familiar with the skills of motivational enhancement, behaviour modification and emotion management

10:55 - 11:25 **Key Ingredients Toward a Recipe for Change**

Melanie Barwick, Associate Scientist and Scientific Director Knowledge Translation, Child Health Evaluative Sciences, Research Institute, Hospital for Sick Children; Associate Professor, Department of Psychiatry and Dalla Lana School of Public Health, University of Toronto, Toronto, ON

Learning Objectives:

1. List the 5 elements essential for effective implementation
2. Recall at least 2 frameworks in support of implementation of evidence
3. Recall at least 2 tools that can assist with implementation
4. Describe 3 surprises about change

11:25 - 12:00 **Q & A: Discussion with Theme I Presenters**

12:00 - 13:30 **Lunch (on your own): Exhibits Open & Poster Viewing**

13:30 - 14:15 **Change at a Different Level: Community Participation and Policy** (Including Q&A)

Patricia Williams, PhD, PDt, Associate Professor and Canada Research Chair in Food Security and Policy Change, Department of Applied Human Nutrition; Director, Participatory Action Research and Training Center on Food Security, Halifax, NS

Learning Objectives:

1. Gain a fuller understanding of the implications of food insecurity on the prevention and management of childhood and adolescent obesity in Canada
2. Gain a fuller understanding of how to support effective change in the community and how this can inform policy from the ground up
3. Discuss potential opportunities for affecting change through participatory approaches to build a more effective response to the prevention and management of childhood and adolescent obesity

Theme II: Prevention & Management: What Does Success Look Like?

14:15 - 15:00 **ParticipACTION: Inspiring Canadians to Move More** (Including Q&A)

Christa Costas-Bradstreet, Relationship Manager, ParticipACTION, Toronto, ON

Learning Objectives:

1. Provide an overview of the current Canadian context related to physical activity and children and youth
2. Describe the role of ParticipACTION in physical activity promotion to children and youth
3. Introduce key physical activity initiatives, policies and resources across Canada

15:00 - 15:10 **Exercise/Stretch Break**

15:10 - 15:30 **Coffee Break: Exhibits Open and Poster Viewing**

15:30 - 15:40 **Oral Abstract #2: Nutritional Quality of Children's School Lunches: Changes in Lunchtime Nutrient Intakes from 2007 to 2010**

Sarah Sparks, MSc, Department of Applied Human Sciences, University of Prince Edward Island, Charlottetown, PE

15:40 - 16:10 **What Does 'Success' Mean in Pediatric Weight Management?**

Geoff Ball, PhD, RD; Associate Professor, Department of Pediatrics, University of Alberta; Director, Pediatric Centre for Weight and Health, Stollery Children's Hospital, Edmonton, AB

Learning Objectives:

1. Discuss key issues concerning severe obesity in children & youth
2. Describe barriers and facilitators to providing weight management care
3. Examine how success is defined in managing pediatric obesity

16:10 - 16:40 **From Research to Practice: Considering the Embodied Experiences of Children in Obesity Treatment**

Pamela Ward, BN, RN, MEd, PhD, Centre for Nursing Studies, St. John's, NL

Learning Objectives:

1. Demonstrate an understanding of how children conceptualize obesity
2. Discuss the impact of dominant health messaging on children defined as obese
3. Discuss the benefits of reframing the traditional approach to prevention and treatment to focus on a "health in many sizes approach"

16:40 - 17:15 **Q & A: Discussion with Theme II Presenters**

17:15 **Social networking / Poster viewing and Exhibits** Light Fare provided by Picchione Lecture Series

Public Evening Session: Picchione Lecture Series

**Research and the future of Healthcare
Childhood Obesity Prevention:
Complex Solutions to a Complex Problem
Thursday, October 25, 2012**

18:30 Presentation of current research on childhood obesity

19:15 Panel discussion/Q & A with audience

20:00 Wine and cheese reception

Please join us for an interactive panel discussion with:

Yoni Freedhoff, MD

Physician and Medical Director, Bariatric Medical Institute, Ottawa, ON

Robert Strang, MD

Chief Public Health Officer and Chief Medical Officer of Health, Department of Health and Wellness, Halifax, NS

Sara FL Kirk, Conference Chair, PhD

Canada Research Chair in Health Services Research, School of Health and Human Performance, Atlantic Health Promotion Research Centre (AHPRC) Adjunct Professor, IWK Health Centre, Halifax, NS

With generous support from the Picchione Family and the Dalhousie Medical Research Foundation, the Picchione Lecture serves to engage public interest and understanding of the role of health research in delivering quality health care.

08:00 - 08:30 **Registration**

Theme II: Prevention & Management: What Does Success Look Like? (Continued)

08:30 - 09:30 **Panel: Policies for Prevention - Challenges and Opportunities**

Facilitator: **Yoni Freedhoff**, MD, Physician and Medical Director, Bariatric Medical Institute, Ottawa, ON

Robert Strang, MD, Chief Public Health Officer and Chief Medical Officer of Health, Department of Health and Wellness, Halifax, NS

Dawn Stegen, Director of Regional Services, Physical Activity, Sport and Recreation Branch, Department of Health and Wellness, Halifax, NS

Chris Power, President & CEO, Capital Health, Halifax, NS

Learning Objectives:

At the end of this panel, participants will have:

1. Gained an appreciation of the multiple perspectives involved in setting policy for childhood and adolescent obesity prevention
2. Gained an understanding of the factors involved in policy development

09:30 - 10:30 **Poster Session & Refreshments**

Theme III: Showcasing and Celebrating Success

10:30 - 10:50 **Achieving Success in Obesity Prevention and Management: What We Know and What We Don't**

Sara FL Kirk, Conference Chair, PhD, Canada Research Chair in Health Services Research, School of Health and Human Performance, Atlantic Health Promotion Research Centre, (AHPRC) Adjunct Professor, IWK Health Centre, Halifax, NS

Learning Objectives:

1. List the core components of successful programs for addressing obesity
2. Appraise the strengths and weaknesses of different approaches for addressing obesity
3. Select an appropriate approach for addressing obesity in own practice/setting

10:50 - 11:00 **Exercise/Stretch Break**

11:00 - 11:20 **Developing Comprehensive Food and Nutrition Standards for Regulated Child Care Settings: Nova Scotia's Journey**

Tina Swinamer, MSc, PDt, Coordinator, Early Childhood Nutrition, Nova Scotia Department of Health and Wellness, Halifax, NS

Learning Objectives:

1. Describe the process utilized to develop Standards and Guidelines for Food and Nutrition in Regulated Child Care in Nova Scotia
2. Describe the importance of a comprehensive approach in creating Food and Nutrition Standards in Regulated Child Care
3. Discuss the importance of a collaborative approach in developing food and nutrition standards and policies

11:20 - 11:40 **Alberta Health Services: A Provincial Approach to Pediatric Obesity**

Carol Ellendt, RD, Director, Provincial Chronic Disease Planning, Alberta Health Services, Edmonton, AB

Learning Objectives:

1. Develop an understanding of the process involved in the development of a comprehensive provincial obesity program involving community care, health promotion, primary and specialty care
2. Describe key factors to success, including establishing realistic timelines and objectives when implementing a multi-faceted strategy
3. Recognize the varied aspects and considerations when planning provincial pediatric specific obesity initiatives

11:40 - 12:00 **Q & A: Discussion with Theme III Presenters**

12:00 - 13:00 **Lunch (provided): Exhibits Open & Poster Viewing**

13:00 - 13:20 **Peer-based Mentoring for Achieving Behaviour Change in Youth: Results from a Randomized Controlled Trial of the Healthy Buddies Curriculum**

Jonathan McGavock, PhD, Robert Wallace Cameron Chair in Evidence-Based Child Health; Assistant Professor, Department of Pediatrics and Child Health, Manitoba Institute of Child Health, University of Manitoba, Winnipeg, MB

Learning Objectives:

1. Analyze and critique the literature on previous school-based initiatives for achieving healthy weights in children
2. Discuss the potential psychosocial mediators of behavior change modified by peer mentoring
3. Review the results of a recent effectiveness trial of the Healthy Buddies Curriculum in 20 schools in the province of Manitoba

13:20 - 13:40 **Janeway Lifestyle Program: Shifting the Focus from Obesity Treatment to Chronic Disease Prevention**

Anne Wareham, Coordinator/Psychologist, Janeway Lifestyle Program, Child Health Program, Eastern Health, St. John's, NL

Tracey Bridger, MD, FRCPC, Medical Director, Lifestyle Program, Janeway Lifestyle Program, Child Health Program, Eastern Health, St. John's, NL

Learning Description:

1. Understand the rationale behind shifting the focus from obesity to chronic disease prevention
2. Discuss ways to assess overall health and progress other than using BMI as the sole focus
3. Demonstrate how a program can work using this philosophy

13:40 - 14:00 **Are We Successful in Treating Childhood Obesity? The McMaster Children's Hospital Experience**

Katherine Morrison, MD, FRCPC, Associate Professor, Department of Pediatrics, McMaster University, Hamilton, ON

Learning Objectives:

1. Understand varying options on how to define success in weight management programs for children
2. Know the literature on health outcomes during treatment for childhood obesity
3. Consider barriers and facilitators for treatment of childhood obesity

14:00 - 14:30 **Q & A: Discussion with Theme III Presenters**

14:30 - 14:45 **Summary Remarks & Evaluation**

14:45 **Adjourn**

EXTENDED DEADLINE *ONLY* FOR POSTER SUBMISSIONS: Friday, June 29, 2012

Please Note: For presenters of accepted poster presentations, the conference does not cover honoraria, accommodation, travel or other associated expenses. However, the primary poster presenter is eligible for a reduced registration fee to attend the conference. Notification in regards to acceptance will be sent in July 2012.

CALL FOR ABSTRACTS

The 4th Conference on Recent Advances in the Prevention and Management of Childhood and Adolescent Obesity provides an excellent forum for authors to present their work in an interactive setting. Posters are ideal for presenting scientifically based investigations, clinical case studies, and demonstrations of community projects. Posters are intended to provide attendees with a forum to connect with each other and to engage in discussions about their work.

FOR TRAINEES ONLY

Up to four abstracts submitted by trainees will be chosen to be presented as oral presentations. Please indicate on your abstract submission whether or not you are a trainee (i.e., undergraduate student, health professional intern, graduate student, research fellow) and your presentation preference: 'Poster Presentation Only' or 'Poster or Oral Presentation.'

GUIDELINES FOR SUBMISSION

- Outline how your work is related to the conference objectives (please refer to Page 2)
- Abstract summary (400 words or less) must be submitted online at interprofessional.ubc.ca or by e-mail to jo.ipce@ubc.ca in Word Document format (.doc)
- Submission Deadline: The deadline has been extended to Friday, June 29, 2012
- Abstract Formatting
 1. Title of presentation
 2. Author name(s), organization name(s). List primary presenter's name first & underlined
 3. Street address, city, province/state, postal code, telephone number, fax number & email address of all presenters
 4. Background: An introduction to the topic and the problem(s) being addressed
 5. Purpose: Present main research questions, hypothesis, objectives for undertaking the investigation
 6. Methods: Include descriptions of participants, procedures, instrumentation, data analysis, or the equivalent
 7. Results: Results presented in the poster can be final or preliminary
 8. Conclusions: Clearly present the "take home messages" from your investigation as it relates to childhood and adolescent obesity. Keep in mind the goal of the conference is to encourage interaction between disciplines and between health care practitioners, researchers, policy makers and administrators
 9. Indicate if you are a trainee and would like to present this submission as an oral or a pre-conference abstract.

*** To view a sample of an abstract submission for your reference and guidance, please refer to our website: interprofessional.ubc.ca under the "Obesity" Conference. ***

ENQUIRIES

If you have any questions, please contact Jo Nam by phone: +1(604) 822-2801 or by email: jo.ipce@ubc.ca

2012

Childhood & Adolescent Obesity

Strategies and Solutions -
From Practice to Policy

October 24th - 26th, 2012
The Lord Nelson Hotel & Suites | Halifax, NS

PLEASE WRITE IN BLOCK LETTERS:
One registration form per person. Please photocopy if more are needed.

Ms. Mrs. Miss Mr. Dr.

Last Name	First Name	Initials
Organization Name/Mailing Address		
Mailing Address		
City	Prov/State	Postal Code
()		
Daytime Telephone Number / Local		
E-Mail		
Please inform us of any dietary requirements		

TUITION FEES

Pre-registration prior to September 24, 2012 is strongly recommended to ensure you receive all conference materials. All rates are quoted in \$CAD and the tuition fee includes 15% HST. Please use one registration form per person. The pre-conference fee includes conference material, Wednesday lunch, refreshment breaks and a certificate of attendance. The main registration fee includes conference material, Thursday reception, Friday lunch, refreshment breaks, and a certificate of attendance.

EARLY BIRD RATE, BEFORE SEPTEMBER 7, 2012

- Pre-conference (Wednesday, October 24) \$175 (\$152.17+ HST)
- Main Conference - Full Program (Thursday - Friday) \$375 (\$326.09+ HST)
- Thursday, October 25 ONLY \$225 (\$195.65+ HST)
- Friday, October 26 ONLY \$225 (\$195.65+ HST)

RATE AFTER SEPTEMBER 7, 2012

- Pre-conference (Wednesday, October 24) \$205 (\$178.26+ HST)
- Main Conference - Full Program (Thursday - Friday) \$425 (\$369.57+ HST)
- Thursday, October 25 ONLY \$250 (\$217.39+ HST)
- Friday, October 26 ONLY \$250 (\$217.39+ HST)

Please select the format you would like to receive the syllabus in:

- Paper copy or
- Electronic (a memory stick with the presentation materials will be given to you on-site at the conference)

Full-Time Student Rate (Before September 7, 2012) \$275 (\$239.13+ HST)

*Please note that the full program does NOT include the pre-conference day. A letter from your supervisor/department head stating that you are a full time student or a valid student photo ID must be sent with student registrations. Please fax a copy if you register online.

Thursday Public Evening Session

I will be attending the Free Public Evening Session Yes No

Total Payment = \$ _____

AFFILIATION/PROFESSION

Please indicate which Affiliation/Profession best describes you:

- | | |
|--|---|
| <input type="checkbox"/> Administrator/Manager | <input type="checkbox"/> Nurse |
| <input type="checkbox"/> Community Health Worker | <input type="checkbox"/> Nutritionist |
| <input type="checkbox"/> Counsellor | <input type="checkbox"/> Paediatrician |
| <input type="checkbox"/> Diabetes Educator | <input type="checkbox"/> Parent |
| <input type="checkbox"/> Dietitian | <input type="checkbox"/> Policy Maker |
| <input type="checkbox"/> Early Childhood Educator | <input type="checkbox"/> Psychologist |
| <input type="checkbox"/> Educator | <input type="checkbox"/> Researcher |
| <input type="checkbox"/> Family Development Worker | <input type="checkbox"/> School Principal |
| <input type="checkbox"/> Family Physician | <input type="checkbox"/> Social Worker |
| <input type="checkbox"/> Family Resource Program Staff | <input type="checkbox"/> Student |
| <input type="checkbox"/> Fitness Professional | <input type="checkbox"/> Teacher |
| <input type="checkbox"/> Health Promoter | <input type="checkbox"/> Other: _____ |

PAYMENT TOTAL & METHOD OF PAYMENT

Pre-conference Total \$ _____
Main Conference Total \$ _____
Total Payment = \$ _____

Please Indicate Below How You Would Like to Pay

- Credit Card: Please email me a secure online link to enter credit card #
- Cheque: Payment is enclosed with mailed registration form
- PO/LOA/ChReq: Purchase order/letter of authorization/cheque requisition form is enclosed with faxed/mailed registration form

For detailed information on registration payment methods, please refer to the "Registration" on page 2.



Please visit our website for updates and to register online:

interprofessional.ubc.ca