

# DIAGNOSIS: Why It's Never Too Late

**PRESENTED BY**

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# LEARNING OBJECTIVES

- Recognize the value and critical importance of an FASD diagnosis
- Consider the multiple lifelong benefits of a diagnosis
- Realize the essential need for access to advocates, supports, and tools, to work effectively with adults with FASD



What  
challenges  
do adults  
with FASD  
face?

# CHALLENGES



'Mikesssss'. (n.d.). Open padlock with key [Dreamstime.com ID 7636864]. From [bit.ly/2GhZKHe](https://bit.ly/2GhZKHe).  
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# CHALLENGES & REASONS



1. From lived experience share your challenges and the reasons for them.



2. Listen to learn; ask clarifying questions.



3. Listen Learn  
Shape → EVIDENCE

(Top) Lake, H. (2013).  
Speak up, make your voice heard.  
From <https://flic.kr/p/9rAjnQ>. CC BY-SA 2.0.

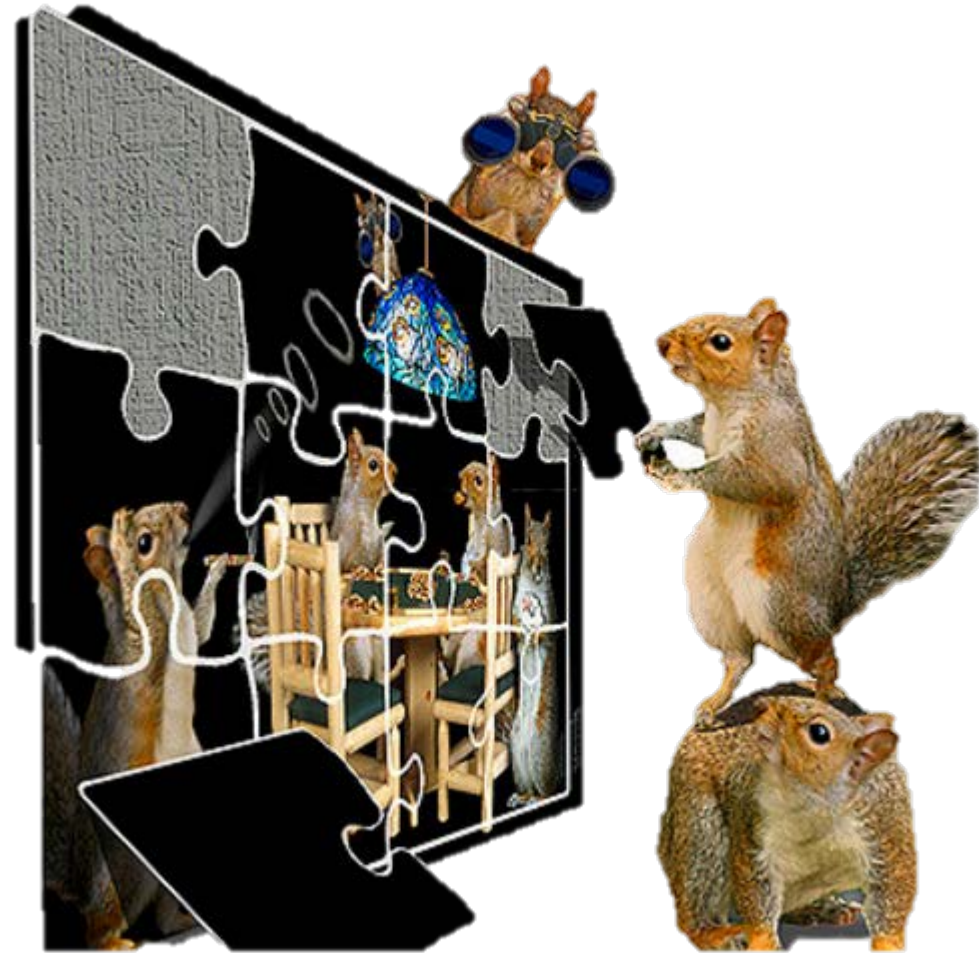
(Mid) 'Flickinpick'. (2012).  
I'm all ears.  
From <https://flic.kr/p/dmVAZf>. CC BY-SA 2.0.

(Bot) Scharpen, J. (2007). Maagnif-eye.  
From <https://flic.kr/p/ECYn5>  
With the kind permission of the artist.

REVEAL

RESPOND

RELATE



Zachritz, C. aka 'Charlie is here'. (2009). Teamwork. From <https://flic.kr/p/64W91o>.  
Used with the kind permission of the artist.

# PRIMARY EFFECTS

- difficulty with receptive language
- auditory processing difficulties
- impaired memory
- difficulty linking cause and effect
- impaired adaptive functioning
- inconsistent performance
- difficulty with time and money
- developmental lag



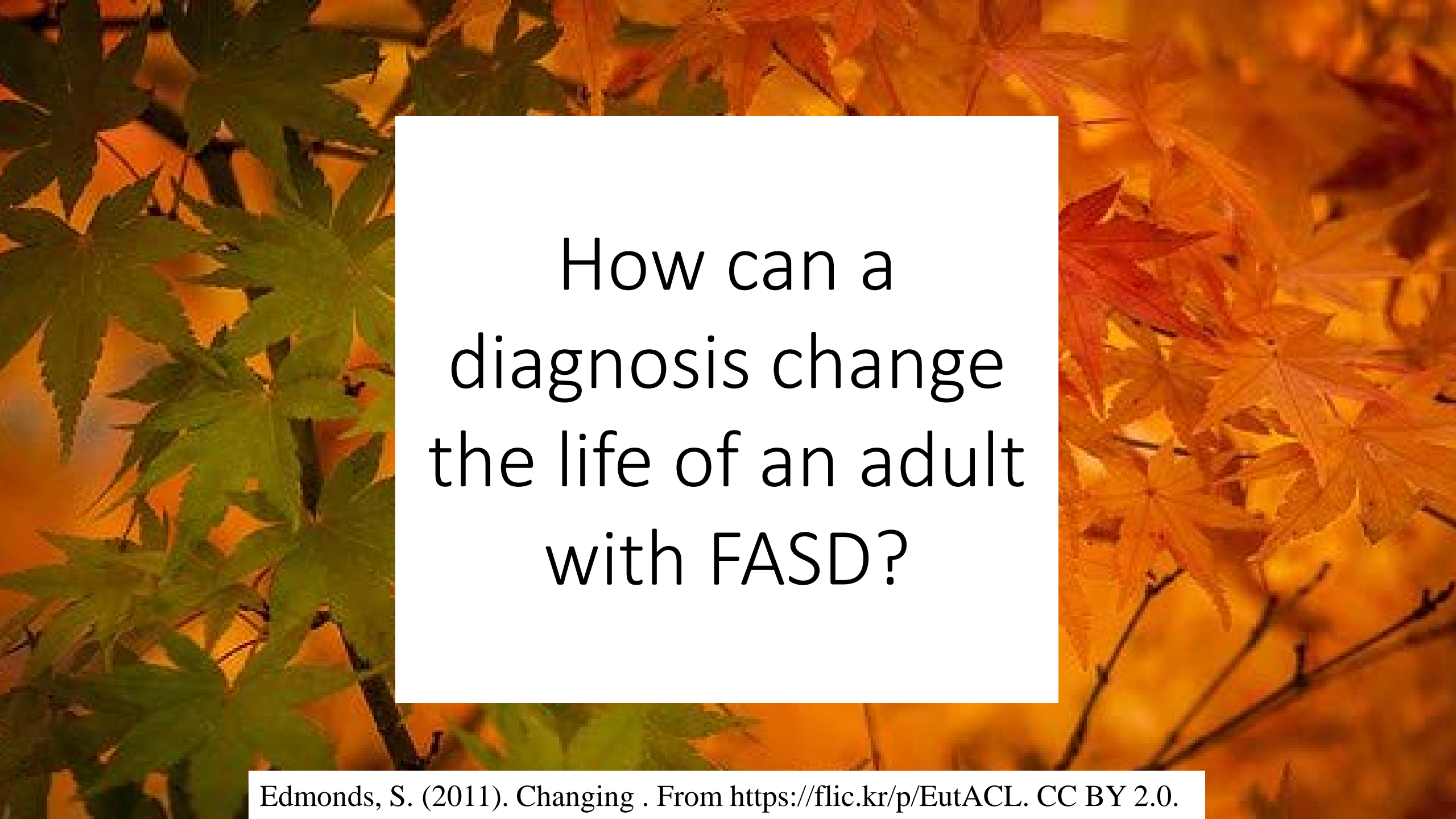
# SECONDARY EFFECTS

- mental health issues
- fatigue
- anger and frustration
- manipulative
- trouble with the law
- victimization
- drug and alcohol abuse
- homelessness



What's the result?

Original photo.




How can a  
diagnosis change  
the life of an adult  
with FASD?



A wide-angle photograph of a winding asphalt road that curves through a vast, hilly landscape. The terrain is covered in golden-brown grass, and the hills in the background are under a clear, light blue sky. The road has a white shoulder line and a double yellow center line. In the foreground, there is a wooden fence and some tall grass. A white rectangular box is overlaid on the center of the image, containing the title text.

# The Road to Diagnosis & Beyond

“Wall Boat”. (2017). Winding Road. F. From <https://flic.kr/p/XZHe6b>. CC BY-SA 2.0.



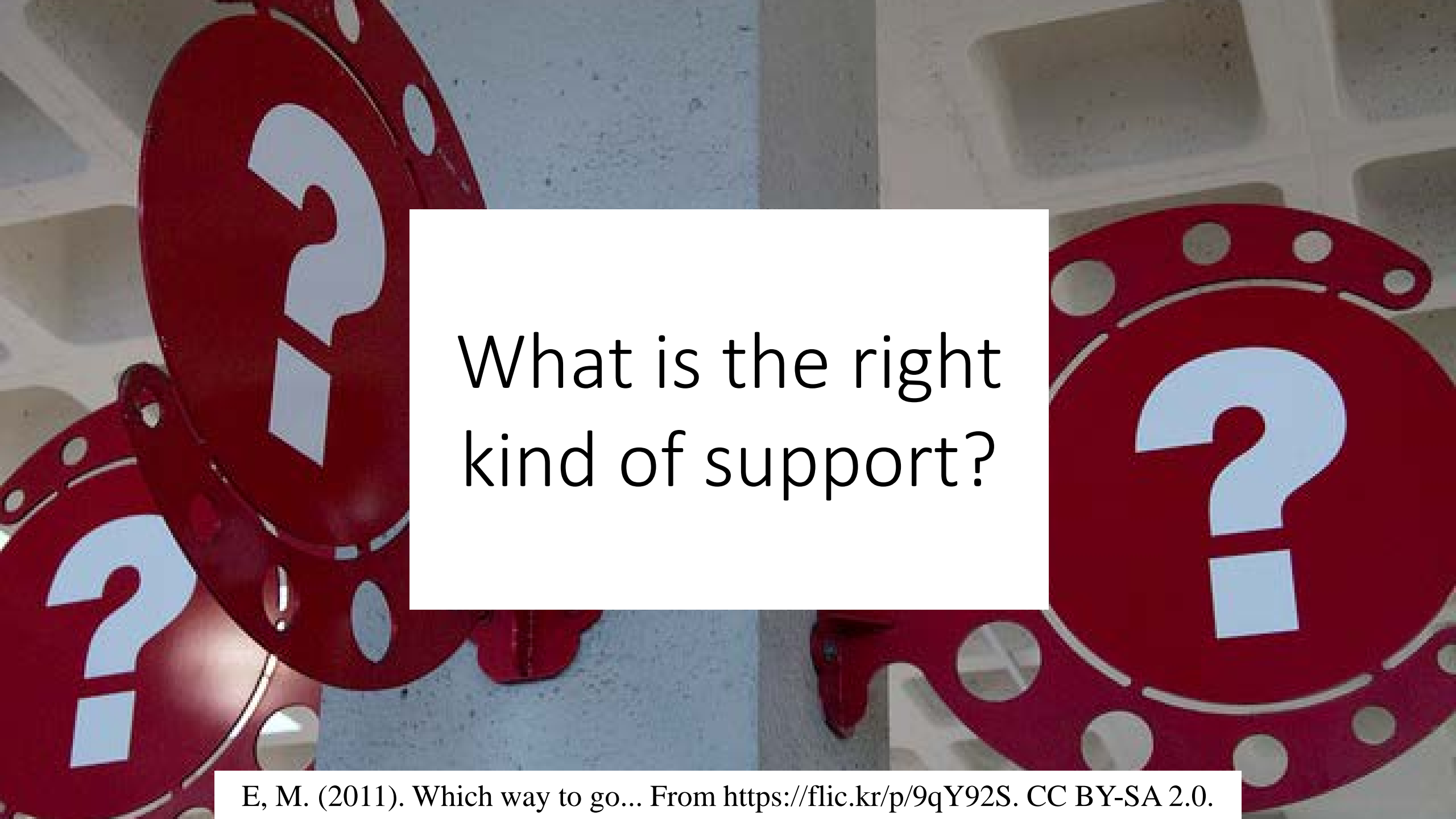
How can a  
diagnosis change  
the life of an adult  
with FASD?

As previously cited.

Is adulthood too late  
for diagnosis?



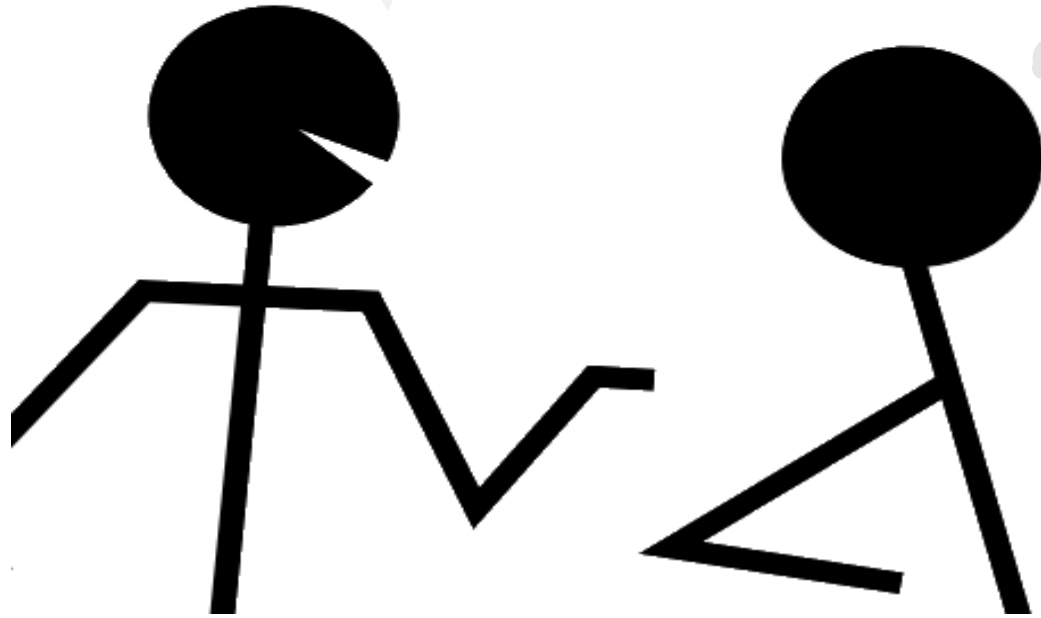




What is the right  
kind of support?

THIS IS WHAT  
YOU'RE GOING  
TO DO.....

How do I tell him  
that I can't do  
that!?!?!?!?!?!?!?



TRADITIONAL  
SUPPORT

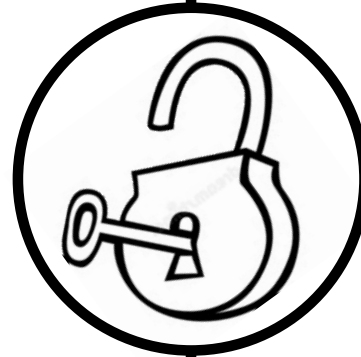


**Old ways won't  
open new doors.  
Author Unknown**

Adapted from 'Monika'. (2012). Door. From <https://flic.kr/p/cjkti5>. CC BY-2.0

**CHALLENGES**

**NEEDS / SUPPORTS**



As previously cited.

# THE ROAD TO SUCCESS



1. What do you need to be successful?




2. What will you do to help them be successful?



3. How will you help gather evidence to support the value of meeting these needs?

As previously cited.

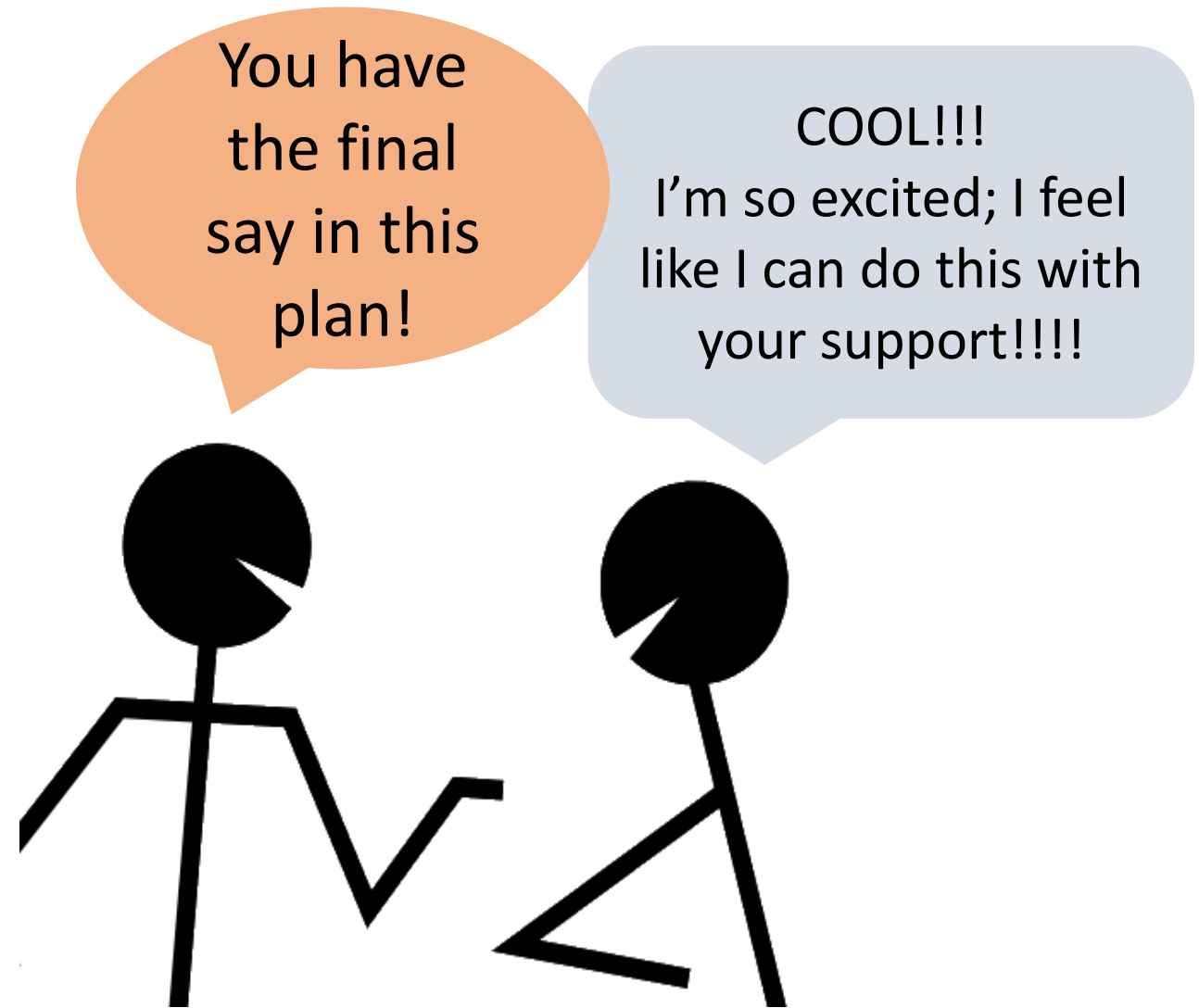


What does the  
right support  
look like?

Friedman, K. (2011). Support. From <https://flic.kr/p/bVuonG>. Awaiting permission.



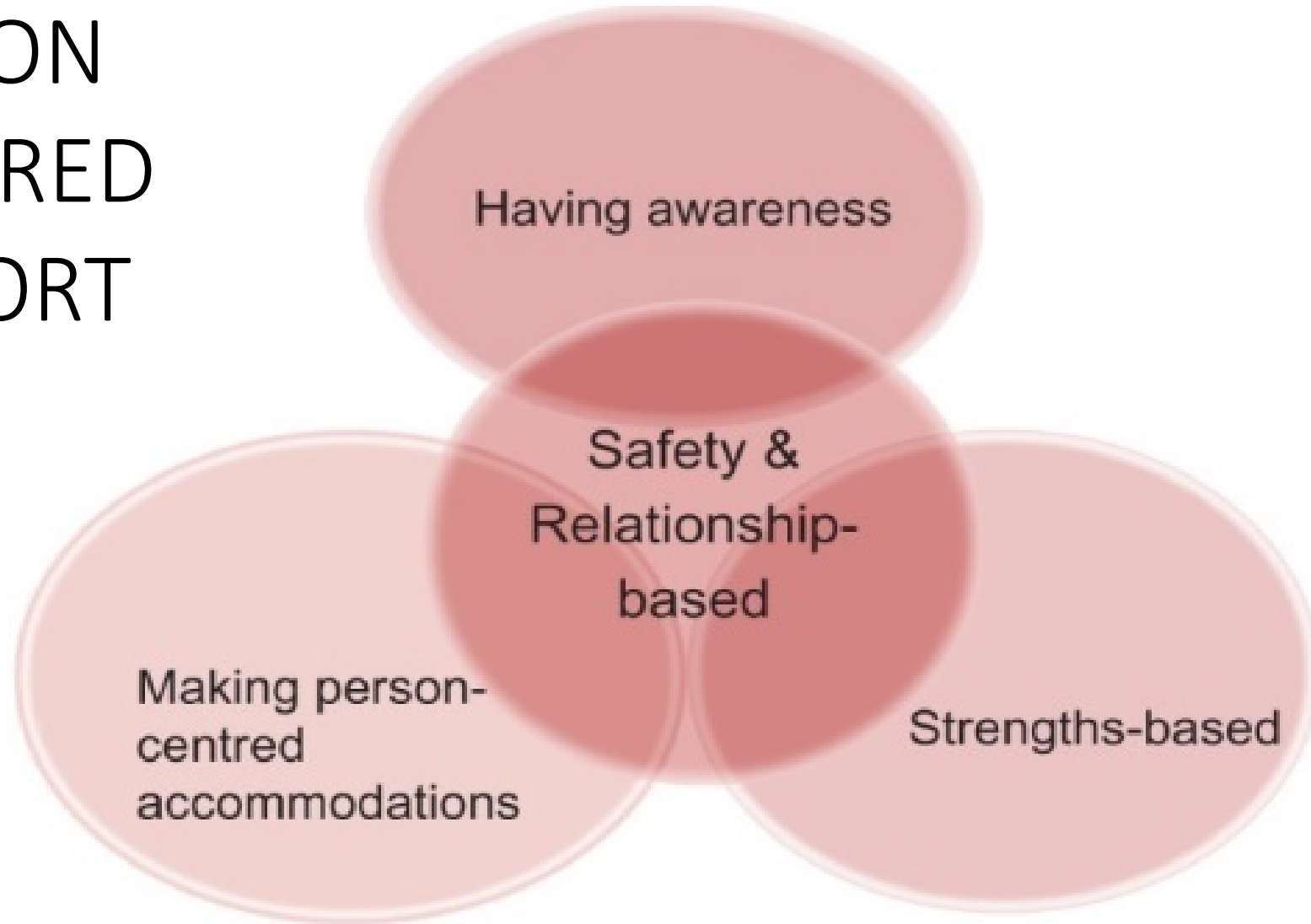
# PERSON CENTERED SUPPORT





Creative Sustainability. (2014). Creative Teamwork. From <https://flic.kr/p/pvZhgb>. CC BY-SA 2.0.

# PERSON CENTERED SUPPORT



Rutman. D. (2016). Figure 1: Principles of an FASD-informed approach.

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**CHALLENGES**

**NEEDS / SUPPORTS**



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“I alone cannot change the world, but I can cast a stone across the water to make many ripples.”

(Mother Theresa)





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# NOTES re: CITATIONS

- Images have been cited on the slides.
- All other sources are cited in the reference list which follows. Original URLs have been shortened to make it easier to locate them.
- All syllabus slides with presenter notes can be seen at <http://bit.ly/2Gu5Wfl>
- Additional helpful FASD resources can be found in Google Docs at <http://bit.ly/2hgkOCn>

## References

Badry, D., PhD, & Bradshaw, C., PhD. (2011). *Assessment and diagnosis of FASD among adults: A national and international systematic review*. (pp. 1-76) (Public Health Agency of Canada). Retrieved March 13, 2018, from <http://bit.ly/2FKAUST>.

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Rutman, D. (8 May, 2016). Becoming FASD informed: Strengthening practice and programs working with women with FASD. *Substance abuse: Research and treatment*, 10, suppl1, 13-20. Retrieved March 13, 2018, from <http://bit.ly/2p7ZH9J>. [doi:10.4137/SART.S34543]