

Emerging Practices in Mental Health Conference

Tailoring Mental Health Services for People
with Developmental Disabilities

Third Biennial Conference of the

British Columbia Association for Mental Health
in Developmental Disability (BC AMHiDD)

April 16th & 17th, 2004

The Coast Plaza Hotel and Suites
1763 Comox Street, Vancouver

April 15th Evening

The UBC Dept. of Psychiatry and Pacific Cinémathèque present

FRAMES OF MIND: Monthly Mental Health Film Series & PUBLIC FORUM



Sponsored by

Interprofessional Continuing Education
University of British Columbia

In Cooperation With

British Columbia Association for Mental
Health in Developmental Disability
(BC AMHiDD)

NADD An association for persons with
developmental disabilities and
mental health needs.
The National Association for the Dually Diagnosed

THURSDAY Evening, April 15th, 2004 at Pacific Cinémathèque

The UBC Dept. of Psychiatry and Pacific Cinémathèque present

FRAMES OF MIND: Monthly Mental Health Film Series & PUBLIC FORUM

7:00 pm Doors Open

7:30 pm Video Presentation of Our House
USA 2003. Director: Sevan Matossian

This cinema verite-style documentary captures with unhesitating openness a year in the lives of three unique residents with developmental disorders who live at Sueno House, a supported living house, in Santa Barbara. Laura survived sexual and physical abuse, a gender transformation, and 10 years in a state hospital. Tim is a 47-year-old alcoholic with cerebral palsy and severe behavioural problems. Tim S. has Down's syndrome, is on probation and is facing the challenges and responsibilities of adulthood. Filmed with a production budget of less than \$1000.00 by Sevan Matossian, who also lived and worked at Sueno House, the film leaves little doubt that life in this home is often loud, chaotic and stressful. Daily routines are frequently interrupted by behavioural outbursts, 911 calls and emergency-room visits. Yet there are also moments of remarkable tenderness and courage in Matossian's uncompromising labour of love. Winner of multiple prizes, including Best Documentary at Nodance 2003, Cinequest 2003 and MidCoast Film & Arts Festival, 2003. Colour, VHS, 83 mins.

The film is followed by a post-screening discussion with Dr. Robin Friedlander, Dr. Caron Byrne and moderated by Dr. Harry Karlinsky (see Conference Presenters)

Co-sponsored by the BC Association for Mental Health in Developmental Disability

TICKETS

\$7.50 Regular

\$6.00 Students & Seniors

Tickets available at the door & online at www.cinematheque.bc.ca

Pacific Cinémathèque Annual membership (\$3) is required for this event and those under 18 may attend.

For Information on the Monthly Film Series, please call

UBC Dept. of Psychiatry

Tel: 604.822.7610

or visit

www.psychiatry.ubc.ca/cme/film

Emerging Practices

Conference Program

The Conference is being held at the Coast Plaza Hotel & Suites, 1763 Comox Street, Vancouver

FRIDAY, April 16th, 2004

7:30 Registration, Coffee & Muffins

8:15 Opening Remarks

8:30 **Plenary**

Evaluating Services for Individuals with Developmental Disabilities and Behavioural Health Needs in the United States

Joan Beasley

9:15 **Plenary**

Positive Behaviour Support: The Promise and The Challenge

Pat Mirenda

10:00 Refreshments (in exhibit area)

10:30 **CONCURRENT WORKSHOPS GROUP 1** (10:30 - 12:00)

1A To Screen or Not to Screen (90 mins)

Lynn Jacobsen

Even the best mental health assessment can lead to the wrong conclusion without a good physical assessment. As the pressure on our primary care providers increases and more and more people utilize the services of walk-in clinics, routine health care concerns can be overlooked. This is problematic in the general population, but add communi-

cation barriers, past psychiatric problems and uncommon presentation of illness, and it becomes even more of a challenge to ensure proper assessment and treatment of physical illness. The question of routine physical screening in mental health assessments raises as many questions and concerns as it answers. This presentation will use 3 case studies to illustrate the treatment issues and dilemmas faced by the DDMH team when a medical illness masquerades as a psychiatric problem.

1B A Multidisciplinary Treatment Approach for Adults with Asperger's Syndrome and Related Disorders: Lessons from the University of Pennsylvania Social Learning Disorders Program
Tony Rostain (90 mins)

Recent clinical advances and new research in the area of developmental disabilities has afforded exciting new opportunities to study and treat social learning disorders in adults. The major new conceptual advance in recent years has been the reclassification of social dyspraxia as a critical aspect of autism and autistic-like conditions that are increasingly seen as existing on a continuum (i.e. Autistic Spectrum Disorders). The Social Learning Disorders Program of the Penn Department of Psychiatry was created to provide clinical care (diagnostic assessment, psychosocial treatments, and medication treatments) for adults with Asperger syndrome (AS) or high-functioning autism (HFA),

as well as for adults with related disorders (semantic-pragmatic disorder, nonverbal learning disability, schizoid personality disorder, atypical OCD with social phobia, or other “social dyspraxias”). This workshop will review the screening, assessment and intervention approaches we have been developing at Penn. Case studies will be presented to illustrate the diagnostic tools and treatment strategies that have we have found most useful. Special emphasis will be given to systems issues that influence treatment outcome including family involvement, links to vocational rehabilitation services, and case management.

1C Why People with Developmental Disabilities have Challenging Behaviour: Values and Methods for Providing Support
Nathan Ory (90 mins)

Persistent challenging behaviour may be the result of unrecognized developmental disabilities that are truly handicapping the individual's capacity to learn, or to specific mental health and emotional adjustment issues. This session explains the differences and how caregivers can be successful through acting in different roles and using different skills.

1D Sleep Disorders and Developmental Disabilities
Jon Fleming (90 mins)

Increasingly disturbed sleep is being recognized as a significant risk factor for poor health and psycho-social adjustment. Additionally, institutionalization of patients previously well cared for in the home setting is often precipitated by disrupted sleep in the patient and/or exhaustion in the carer. In the past 10 years there have been significant advances in the assessment, diagnosis and management of individuals with disturbed sleep. This workshop will begin with a review of normal sleep throughout the life cycle, common mechanisms which lead to disrupted sleep and specific sleep disorders known to affect individuals with developmental disabilities. Both behavioral and pharmacological innovations in managing disturbed sleep will be reviewed

1E Genetic Syndromes that can Manifest as Mental Illness and Mental Retardation: How to Recognize Them, What to do Next and Why This Can be Important.

Jehannine Austin (30 mins)

A significant fraction of individuals with dual diagnosis of mental illness and mental retardation will have an underlying genetic syndrome. There are dozens of genetic syndromes that can manifest as mental retardation and mental illness, many of which are thought to be under-diagnosed. This talk will focus on the features of a selection of these syndromes and will touch on the importance and impact of a genetic diagnosis.

PDD and ADHD: What Role Should Exclusionary Criteria Play in the Development of Treatment Plans
John Yarschenko (60 mins)

Diagnostically individuals with a Pervasive Developmental Disorder are unable to obtain the diagnosis of Attention Deficit Hyperactivity Disorder. The impact that symptoms of ADHD have on individuals, families, caregivers and support systems is significant. An accurate diagnosis is the precursor to quality treatment strategies and the subsequent improvements one might anticipate. But without this diagnosis how can we as caregivers, support persons, and agencies provide effective assistance to individuals with PDD and symptoms of ADHD? During this hour the discussion will focus on developing and implementing treatment plans for individuals with PDD and symptoms of ADHD. We will discuss the rationale and importance of community based approaches, supporting the support system, and structuring programs for success. These plans will demonstrate a framework of safe and effective practice for those who provide support and care for these often challenging individuals

12:00 Lunch & Networking (optional pre-purchased box lunch & networking or registrants are on their own)

1:30 **Plenary**
 Pharmacologic Treatment of Patients with Neuropsychiatric Disorders: New Directions
Tony Rostain

2:00 **Plenary**
 Tourette Syndrome and Developmental Disabilities: A Brief Update
Roger Freeman

2:30 **Plenary**
 Diagnosis & Assessment of Autism Spectrum Disorders: The State-of-the-Art and the State of the Province
Vikrum Dua

3:00 Refreshments (in exhibit area)

3:30 **CONCURRENT WORKSHOPS GROUP 2** (3:30 - 5:00)

2A Individualized Cross Systems Crisis Prevention and Intervention Planning
Joan Beasley (90 mins)

Cross systems collaboration in the crisis prevention and intervention planning process helps the individual, professionals and caregivers to manage challenges and to accurately identify what to do as well as who to call to help prevent a crisis. This presentation describes the benefits and obstacles in cross-system collaboration for crisis prevention and intervention planning, and offers a format

and protocol to assist multiple service providers in the development of an effective crisis prevention and intervention process.

2B Working Together: A Collaborative Model for the Provision of Psychological Assessment and Service Delivery for People who have Dual Diagnoses
Thomas Robinson, David Hallman (90 mins)

Since 1995, in communities in the northwest interior of British Columbia, Canada, a collaborative model to support the health care and service needs of people who have intellectual disabilities and either a diagnosed mental illness or challenging behaviour, has been operational. The basis for this approach has been the utilization of a psychological assessment in conjunction with a community consultant who would actively facilitate follow-up service delivery.

2C Autism - Early Intervention Effectiveness in British Columbia
Pat Mirenda (90 mins)

This workshop will provide an overview of the results of the autism evaluation project in BC, including 1- year outcomes for children receiving individualized funding services (IEII) and 2-year outcomes for children receiving early intensive behavioural interventions services (EIBI).

2D Gentle Teaching: How to Make it Work in Today's Systems
Cam Dore (90 mins)

The roots of Gentle Teaching go back over 20 years. Dr. John McGee PhD its mentor and founder still crosses the world presenting workshops on Gentle Teaching. This presentation will explore common factors associated with agencies that have a history of successfully working in the community with those who have challenging behaviours. Case examples and resources will be presented. The focus will be on implementing an agency wide philosophy of Gentle Teaching from the perspective of agency leaders, managers and health professionals.

2E Young Adults with Asperger's Syndrome: Clinical and Personal Perspectives of a Population at Risk
Kevin Stoddart, Chris Dakin (90 mins)

This presentation will review the common presenting issues of these individuals and their families based on Dr. Stoddart's clinical experience. The second presenter, Mr. Chris Dakin, will discuss his personal story and journey, which includes his experience with Asperger's and mental health issues. As someone well connected to the Asperger's community, he offers insights into common stumbling blocks that people with Asperger's face.

2F Psychopharmacology in Treatment of Autism Spectrum Disorders: Rationalizing the Practice
Vikrum Dua (90 mins)

The use of psychopharmacologic agents in the treatment of children and youth with Autism Spectrum Disorders (ASD, or Pervasive Developmental Disorders - PDD) is not uncommon. The complexity of the treatment is compounded by a social milieu that features negative media terms, and numerous cautionary government advisories. Far too frequently psycho-pharmacologic agents are prescribed either empirically for "autistic" symptoms or for "behavioural" control. Even though disorder-specific treatment algorithms have influenced psychiatric practice for non-developmentally disabled patients, this trend is less consistently evident with the use of psychiatric medications with ASD patients. The presenter will argue that guiding treatment decisions by meticulous identification of specific co-morbid psychiatric syndromes (eg. social phobia, ADHD, bipolar disorder etc.) yields a more fruitful result with the greatest functional improvement and the fewest adverse effects and complications. Specific case examples will be presented.

5:00 RECEPTION

All registrants are invited to attend

6:00 **BC AMHiDD Annual General Meeting**

All are welcome to attend this Annual General Meeting of the British Columbia Association for Mental Health in Developmental Disability

SATURDAY, April 17th, 2004

8:00 Registration

8:15 Welcoming Remarks
Robin Friedlander

8:30 **Plenary**
FASD Justice Committee Project
Donna Debolt, Jim Olsen

10:00 Refreshments (in exhibit area)

10:30 **CONCURRENT WORKSHOPS GROUP 3** (10:30 - 12:00)

- 3A** Community Living British Columbia: What's it all about? Where are we at with implementation? And What about mental health supports within this new organization?

Nancy Hall (90 mins)

This workshop will present an overview of Community Living British Columbia as it currently exists. Discussion will focus on coordination and support for families and service providers from both Community Living as well as the Health Authorities.

- 3B** Effective Advocacy for Individuals with Developmental Disabilities (DD) and Serious Mental Illness: A Consumer, Family and Professional Panel

Tina Donnelly (90 mins)

Experience in the mental health field has demonstrated that family advocacy is extremely effective. This workshop will take the form of a panel consisting of consumers and family members who will provide real life vignettes of their personal experience or family experience of mental illness in the context of Developmental Disability (DD). The panel will try to highlight what worked well and what was not helpful with regard to services offered when a particular individual with DD was seriously mentally ill/in crisis. The discussion will then be opened up to the professionals and audience members with the goal being to generate themes and courses of action that could be used to help families who have similar problems.

- 3C** Tourette Syndrome and Developmental Disabilities: An In-Depth Consideration of Diagnostic and Treatment Issues

Roger Freeman (90 mins)

This workshop will extend material covered in the brief plenary session and consider such questions: Are tics different in the presence of developmental disabilities? Is treatment always necessary, and how does one decide? How do tics interact with the symptoms and treatment of other disorders that may be co-morbid? How can we deal with misconceptions of families, the media, and other clinicians?

- 3D** A Publicly Funded ABA Program with Pre-School Children with Autism in Manitoba, Canada

Angela Corinick, Jill Franchuk (90 mins)

Applied Behaviour Analysis is a highly effective treatment that can assist children diagnosed with Autism Spectrum Disorders to develop skills that lead a more integrated life within society. However, carefully developed clinical and administrative processes and measures are essential to ensure the effective implementation of an ABA Program. Key features of the St. Amant Program will be presented.

- 3E** Risk Assessment in Forensics

Emlene Murphy (90 mins)

This workshop will introduce information on the assessment and management of risk of violence. This can be an important focus in planning for the transfer of persons from secure care to community care, or in assessing the need for brief crisis-oriented respite care. A review will be presented of the history of the emerging literature on risk assessment and its potential usefulness in treatment planning. Some vignettes will be presented to emphasize the role of risk assessment in planning for safe care using the least restrictive alternatives in prevention of violence.

- 3F** Mental Health Nurses' Roles in the Mental Health Support Teams of British Columbia: A Panel Discussion

Eric Bontogon, Flora Job, Silvia Kuntze, Madeline MacLeod Moderator: **Amtul Humayun**

Community nursing is a diverse and specialized field. The provincial mental health nurses as members of a multidisciplinary team in the mental health support teams are even more so. The Island, Interior, Lower Mainland & Northern nurses deliver multifaceted and wide-ranging supports to communities around the province. A commonality is that they deliver mental health support to persons with Developmental Disabilities. Mental health nurses are vital professionals in the coordination of mental health services to individuals, their families and caregivers through education, monitoring and collaboration with interdisciplinary teams and multiple service providers. Each nurse on the panel will share how they have identified and tailored their knowledge and expertise specifically to their communities' needs, and discuss specific challenges and the ever-increasing needs of persons with Developmental Disabilities. The panel will then open up to the audience for discussion and questions.

12:00 **Lunch & Networking** (optional pre-purchased box lunch & networking or registrants are on their own)

1:30 **Plenary**
Emerging Practices in Support for Women with Substance Use Problems
Nancy Poole

2:00 **Plenary**
System Requirements for Supporting People with Challenging Behaviours
Nancy Hall

2:30 Refreshments (in exhibit area)

3:00 **CONCURRENT WORKSHOPS GROUP 4** (3:00 - 4:30)

4A What Keeps People with FASD out of the Legal System

Diane Fast, Julianne Conry (90 mins)

While many people with FASD become involved in the legal system, there are others who attend school or college, work, and live semi-independently. Factors in their success include early diagnosis, consistent support caregivers and understanding teachers, employers and physicians. Case reports will be discussed.

4B Emerging Practices: Neuropsychological and Adaptive Skills Assessment in Intellectual Disabilities

Joseph Klanick (90 mins)

This workshop will review current thinking on assessment of cognitive, adaptive, and neuropsychological function in individuals with intellectual disability (ID). The presenter will discuss the purpose of assessments, as well as the nature, appropriateness, usefulness and limitations of the tools used.

4C Towards a Best Practice Model for Rural-based FASD Diagnosis

Jacqueline Pei, Valerie Massey (90 mins)

Fetal Alcohol Spectrum Disorder (FASD) is a complex medical disorder requiring contributions from many professions to ensure accurate diagnosis and treatment, something made especially difficult in rural settings. In this workshop we will review the unique nature of FASD and its diagnosis, then discuss the benefits and challenges of the "Lakeland Model" for a multi-disciplinary rural FASD clinic, unique in North America.

4D Dragon Busters: Treatment Approach for Persons with Developmental Disabilities & OCD and Some other Anxiety/Fear Based Disorders

Joyce Forsythe (45 mins)

Dragon Busters: Modified treatment approach for persons who have developmental disabilities and OCD or other anxiety based disorders. Includes tools and resource materials that have been modified for our client population.

Adult Guardianship and Consent Legislation in BC: Protection, Conflict and Confusion.

Caron Byrne (45 mins)

The partly enacted new consent and guardianship legislation in BC contains many potential layers of protection for vulnerable persons, but there are difficulties in the practical application and interpretation of these laws. In this presentation the legislation will be reviewed and areas high-

lighted including finding/choosing a Temporary Substitute Decision Maker (TSDM), the Representation Agreement, and as well, the difficulties in establishing whether an individual has the capacity to give valid consent. In addition, case histories will be reviewed that will highlight the potential need for invoking the Adult Guardianship section of these laws but also the systemic and emotional impediments to initiating this process. This legislation has many implications for people with developmental disabilities, for their families and caregivers and for their health care providers.

4E Pro-active Every Minute: Vigilant Every Second. Supporting (and Surviving) Persons with Extreme Challenging Behaviours and Mental Health Disorders

Nathan Ory (90 mins)

Some children/adults receiving intensive supports are not responsive to "typical" behavioral programming. Some individuals display frequent episodes of violent, destructive, aggressive behaviour, and loss of self-control. Focus is on the mechanics of comprehensive behaviour support plans for prevention, how to finesse and defuse escalating episodes and effective crisis intervention.

4:30 Adjourn and Conference Evaluations
(Please hand in evaluations at the registration desk)

Randy James (Chair), BA BSW
Team Director, Developmental Disability Mental Health Services, Interior Health Authority, Kelowna, BC

Caron Byrne, BA MSc MD
Consultant Psychiatrist, Island Mental Health Support Team, Vancouver Island Health Authority; and Interior Mental Health Support Team, Clinical Assistant Professor, Department of Psychiatry, Faculty of Medicine, UBC, Vancouver, BC

Tina Donnelly, RPN, BHSc
Team Manager, Fraser Valley and West Coast Mental Health Support Teams, Port Coquitlam, BC

Joyce Forsythe, RN, BSN, CPMHN(C)
Community Nurse, North Region Mental Health Support Team, Prince George, BC

Robin Friedlander, MD, MB, ChB, M Med(Psych)
FF Psych(SA) FRCP(C), Clinical Director, Simon Fraser Health Region, West Coast and Fraser Valley Mental Health Support Teams, Vancouver, BC; Clinical Associate Professor, Dept. of Psychiatry, UBC Faculty of Medicine, Vancouver, BC

Amtul Humayun, RPN
Team Coordinator, West Coast Mental Health Support Team, Fraser Health Region, Vancouver, BC

Elaine Liau
Director, Interprofessional Continuing Education at the University of British Columbia, Vancouver, BC

Clair Schuman
Coordinator for Education and Family Support, BC Association of Community Living, Vancouver, BC

Glenda Steffler, RPN CH3
Coordinator, Island Mental Health Support Team Vancouver Island Health Authority, Victoria, BC

Jehannine Austin, Ph.D., M.Sc., Genetic Counsellor, Early Psychosis Intervention (EPI) Program Peace Arch Hospital, White Rock, BC

Joan B. Beasley, Ph.D., United States National Consultant, Chestnut Hill, MA

Eric Bontogon, RPN, BA, North Island Nurse, Island Mental Support Team, Vancouver Island Health Authority

Caron Byrne, *see committee listing*

Julianne Conry, Ph.D., Professor Emeritus, Department of Educational and Counselling Psychology and Special Education, University of British Columbia, Vancouver, BC

Angela Cornick, Dr., Coordinator Psychology Services Clinical Coordinator, ABA Program, St Amant Centre Inc., Winnipeg, MB

Chris Dakin, Consumer, Victoria, BC

Donna Debolt, FAS Specialist, Alberta Family and Social Services, Lethbridge, AB

Tina Donnelly, *see committee listing*

Cam Dore, MSW, Executive Director, H.O.M.E. Society, Abbotsford, BC

Vikram Dua MD, FRCP(C), Child & Adolescent and Forensic Psychiatrist, Network Co-director, BC Autism Assessment Network and the Provincial Autism Resource Centre, Clinical Assistant Professor, University of British Columbia, Vancouver, BC

Diane Fast, MD, Clinical Associate Professor, BC Children's Hospital and Youth Forensic Services, Departments of Psychology and Special Education, University of British Columbia, Vancouver, BC

Jonathan Fleming, Dr., Co-Director, Sleep Program, UBC Hospital; Deputy Head and Associate Professor, Department of Psychiatry, University of British Columbia, Vancouver, BC

Roger Freeman, B.A. (German Literature), Swathmore College, MD, (Johns Hopkins University), Dipl. Psychiatry (McGill University), Clinical Professor of Psychiatry, Associate in Pediatrics, University of British Columbia; Clinical Head, Neuropsychiatry Clinic, BC Children's Hospital; Professional Advisory Board, Tourette Syndrome Foundation of Canada; College of Reviewers, Canada Research Chairs, Vancouver, BC

Robin Friedlander, *see committee listing*

Joyce Forsythe, *see committee listing*

Jill Franchuk, Administrative Coordinator, ABA Program, St Amant Centre Inc., Winnipeg, MB

Nancy Hall, Ph.D., Senior Advisor, Interim Authority for Community Living British Columbia and Adjunct Professor, Department of Psychiatry, University of British Columbia, Vancouver, BC

David Hallman, Ph.D., Psychologist, Queenswood Professional Resource Group, Prince George, BC

Lynn Jacobsen, RPN, Coordinator-Okanagan Service Area, Developmental Disability Mental Health Services, Interior Health Authority, Kelowna, BC

Flora Job, RPN, BA (Psych), Fraser Valley Mental Health Support Team

Harry Karlinsky, MD, MSc, FRCPC, Clinical Professor and Director, Continuing Medical Education and Professional Development, Dept. of Psychiatry, University of British Columbia, Vancouver, BC

Joseph M. Klancnik, Ph.D. RPsych, West Coast and Fraser Valley Mental Health Support Teams: West Coast Psychological Services, Vancouver, BC

Silvia Kuntze, RN, BSN, West Coast Mental Health Support Team

Madeline MacLeod, RN, MSN, Community Nurse, Interior Mental Health Support Team, Cariboo Region, Interior Health Authority

Valerie Massey, Dr. Ph.D., Lakeland FASD Diagnostic Clinic, Edmonton, AB

Pat Mirenda, RN, BA, MS, Ph.D, Associate Professor, Department of Educational and Counselling Psychology, and Special Education, University of British Columbia, Vancouver, BC

Emlene Murphy, MD, FRCPC(C), Director, Clinical Services Forensic Psychiatric Services Commission, Vancouver, BC

Jim Olsen, Constable, Lethbridge Police Service, Lethbridge, AB

Jacqueline Pei, Dr. , Ph.D., Lakeland FASD Diagnostic Clinic, Edmonton, AB

Nancy Poole, MA, Consultant, The Aurora Centre, BC Women's Hospital, Vancouver, BC

Thomas Robinson, Director, Thomas Robinson Consulting, Houston, BC

Anthony L. Rostain, MD, Director of Education, Department of Psychiatry, Associate Professor, Psychiatry and Pediatrics, University of Pennsylvania School of Medicine, Philadelphia, PA

Kevin Stoddart, M.S.W., Ph.D, R.S.W., Family Therapist, Private Practice, Toronto, Ont.

Nathan Ory, M.A., Registered Psychologist, Island Mental Health Support Team, Vancouver Island Health Authority, Victoria, BC

John Yarschenko, Registered Psychiatric Nurse, Developmental Disability Mental Health Services, Interior Health Authority, Kelowna, BC

Conference Description

Advances in our understanding of depression, anxiety, early psychosis, autism and other disorders, have improved our ability to treat these conditions. This conference will examine how complex presentations, where the biopsychosocial interactions do not fit into neatly defined diagnostic categories, should be addressed. Emerging Practices will look at how research can benefit people with developmental disabilities. Specific sessions will include behaviour support, communication, adaptive functioning and emerging service delivery practices, recognizing the dilemmas of rural/urban and scarce specialist services. The focus of this conference is on integrating practical approaches with research, recognizing that getting a "best fit" for mental health services for people with developmental disabilities is an emerging practice.

Who should attend?

The conference will be of interest to a multi-disciplinary audience, including families and caregivers. The conference will bring together direct services, multi-disciplinary teams, families, university and college programs, researchers, primary care physicians, psychiatrists, nurses, psychologists, ministry/authority/mental health administrators and case managers/planners.

Location & Conference Hotel

The conference will be held at the
Coast Plaza Hotel and Suites
1763 Comox Street
Vancouver, BC Canada V6G 1P6
Telephone: 604.688.7711
Toll free in North America: 1.800.663.01144
Fax: 604.685.7210

Please make your own reservation by calling the hotel directly. Identify yourself with the Emerging Practices conference. Hotel tax of 10% and 7% GST must be added to all rates.

Rates: **\$129** single, double or twin occupancy
 \$169 one bedroom suites, additional person \$20

Children under 18 stay free in same room as parents (max. applies). A block of rooms will be held at the conference rate until **March 17th, 2004**. The Coast Plaza is within easy walking distance of world famous Stanley Park, the beaches of English Bay, and a wide variety of restaurants.

Parking

- Conference Hotel - \$2.00 per hour up to \$8.00 per day.
- West End Community Centre, 870 Denman (entrance off Haro) \$4.50 - \$5.00 per day (\$1 coins accepted)

Registration

Online

Secure, fast, online registration is available for Visa and Mastercard holders at the conference organizer's website:

www.interprofessional.ubc.ca

By Fax

Fax completed registration form to: **604.822.4835**

Charge-by-phone (please have Mastercard or Visa ready)

Toll free within BC **1-877-328-7744**

Other callers: **604.822.6156**

Pre-registration prior to **April 1st, 2004** is strongly recommended to ensure you receive all conference materials.

Please ensure that you have a copy of the program to assist you in your workshop selections while online. A registration receipt will be mailed to all registrants regardless of payment method after processing by our office.

You may also register online or by fax using a credit card for payment, or by mail with a cheque, purchase order or credit card payment. Please see registration form for further details.

Tuition Fees

See Registration Form for more details. The tuition fee includes conference materials and refreshment breaks.

Refund and Cancellation Policy

Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by April 5th, 2004. No refunds will be granted for withdrawal after that date.

Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund less a \$50 handling charge will be returned.

Study Credits / Certificate of Attendance

A Certificate of Attendance will be prepared for all registrants listing hour for hour instruction.

Physicians:

MAINPRO M1 and AMA Category 1 credits applied for.

In-Kind Support

We acknowledge with special appreciation the in-kind support from:



Tourism Information

Vancouver provides visitors with many opportunities to experience the West Coast lifestyle. If you would like more information on travelling in the area or other accommodations, please call these numbers:

Tourism BC

Tel: 1.800.HELLO.BC (435.5622)

www.hellobc.com

Tourism Vancouver

Tel: 604.683.2000

Fax: 604.682.6838

www.tourism-vancouver.org

General Information

If you require additional information about the Emerging Practices in Mental Health Conference or about any of the Interprofessional Continuing Education events please contact us at:

Tel: 604.683.2801

Fax: 604.682.6838

Email: interprof@cehs.ubc.ca

or visit our webstie at www.interprofessional.ubc.ca

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Register online at

www.interprofessional.ubc.ca

TIPS:

- have a copy of the program with you to assist in workshop selection
- have a visa or mastercard ready for processing payment

UPCOMING EVENTS

- **Altogether Better Health: Progress in Interprofessional Education**
May 6 - 7, 2004
- **International Research Society for Spinal Deformities Annual Meeting**
June 10 - 12, 2004
- **Women's / UBC Mini Med School**
Dates TBA

Contact Information

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Scheduling of the concurrent workshop sessions. Titles of presentations have been abbreviated for space. Please refer to the program for complete titles and description.

Friday April 16th

	10:30 am	11:00 am	Noon
1A	To Screen or Not to Screen		
1B	Multidisciplinary Treatment Approach for Adults with Asperger's Syndrome		
1C	Why People with Developmental Disabilities have Challenging Behaviour		
1D	Sleep Disorders and Developmental Disabilities		
1E	Genetic Syndromes	PDD and ADHD	
	3:30 pm		5:00 pm
2A	Individualized Cross Systems Crisis Prevention and Intervention Planning		
2B	Working Together		
2C	Autism - Early Intervention		
2D	Gentle Teaching		
2E	Young Adults with Aspergers's Syndrome		
2F	Psychopharmacology in Treatment of Autism		

Saturday April 17th

	10:30 am	Noon
3A	Community Living British Columbia	
3B	Effective Advocacy for Individuals with Developmental Disabilities	
3C	Tourette Syndrome and Developmental Disabilities	
3D	A Publicly Funded ABA Program	
3E	Risk Assessment in Forensics	
3F	Mental Health Nurses' Roles	
	3:00 pm	4:30 pm
4A	What Keeps People with FASD out of the Legal System	
4B	Emerging Practices	
4C	Towards a Best Practice Model for Rural-based FASD Diagnosis	
4D	Dragon Busters: Treatment Approach for Persons with DD	Adult Guardianship and Consent Legislation in BC
4E	Pro-active Every Minute	

