

# CONFERENCE BROCHURE

canadian association  
for suicide prevention



CASP/ACPS  
presents:

association canadienne pour  
la prévention du suicide

## 2011 National Conference *New Conversations on Suicidality*

## Conférence Nationale 2011 *Des nouvelles conversations au sujet de la suicidalite*


The Coast Plaza Hotel and Suites  
*1763 comox street, vancouver, bc*

**pre-conference: october 3 octobre**  
**main conference: october 4 - 5 octobre**



in collaboration with:



Interprofessional  
Continuing  
Education 

[casp2011.ca](http://casp2011.ca)

# GENERAL INFORMATION

## PROGRAM-AT-A-GLANCE

### MONDAY, OCTOBER 3, 2011

7:45 am - 8:30 am	Pre-Conference Registration Open
8:30 am - 4:45 pm	Pre-Conference Sessions
6:30 pm	Main Conference Registration Open
7:00 pm	Welcome Reception
7:30 pm	CASP Annual General Meeting

### TUESDAY, OCTOBER 4, 2011

7:45 am - 8:30 am	Registration Open
8:30 am - 9:00 am	Welcome and Opening Remarks
9:00 am - 10:30 am	Keynote Address
10:30 am - 11:00 am	Coffee/Stretch Break/Exhibits Open
11:00 am - 12:30 pm	Concurrent Sessions A
12:30 pm - 1:45 pm	Lunch (on your own)
1:45 pm - 3:15 pm	Concurrent Sessions B
3:15 pm - 3:45 pm	Ceremony of Remembrance
3:45 pm - 5:15 pm	Concurrent Sessions C
5:15 pm	Adjourn
Evening	West Coast Banquet & Silent Auction

### WEDNESDAY, OCTOBER 5, 2011

8:00 am - 8:30 am	Registration Open
8:30 am - 9:30 am	Plenary Session
9:30 am - 9:45 am	Dave Masecar Community Wellness Award
9:45 am - 10:45 am	Poster Session
10:45 am - 12:15 pm	Concurrent Sessions D
12:15 pm - 1:30 pm	Lunch (on your own)
1:30 pm - 3:00 pm	Concurrent Sessions E
3:00 pm - 3:30 pm	Coffee/Stretch Break/Exhibits Open
3:30 pm - 4:30 pm	Closing Plenary Panel
4:30 pm - 4:45 pm	Closing Remarks
4:45 pm	Adjourn

### conference description:

The Vancouver CASP Conference Planning Committee is honoured to host the 2011 Canadian Association for Suicide Prevention Conference – NEW CONVERSATIONS ON SUICIDALITY – on the shores of English Bay in beautiful Vancouver, BC, October 3-5, 2011. Join with people from across the country interested in exploring, expanding and building upon the spectrum of what is known about suicide; prevention, intervention, postvention and research. The intention of this conference is to generate inclusive dialogue and stimulate new conversations on all aspects of suicidality. We are curious about conversations that explore such matters as:

- Deepening our understanding of cultural issues related to suicidality including exploration of diverse forms of culture, cultural competence, and cultural safety
- Innovative approaches to capacity building across the spectrum of care including family-centered approaches, shared care and collaborative practice models, crisis response, community follow-up and after care
- Spotlighting new and promising practices and strength-based approaches in workplaces, institutions and/or community settings
- Moving through crisis response and risk reduction helping to build lives worth living
- Impacts of the CASP Blueprint, various provincial strategies and the work of The Mental Health Commission of Canada on suicide prevention

Expect to share evidence, knowledge, skill and innovation coming out of research, clinical practice, and the lived experience of those whose work encompasses aspects of suicidality or whose lives or communities have been impacted. We look forward to welcoming you into these conversations.

### learning objectives:

To bring together diverse individuals and communities with a stake in suicide prevention, intervention and postvention to share their expertise, increase understanding and highlight their experiential and research based knowledge and its applications. Over the course of the conference we will:

- Explore innovative and promising practices, trends and policies using the lens of culture
- Further expand these discussions using the lenses of evidence-based practice, capacity building, practical application, and appreciative inquiry (what is working and how do we get more of it)
- Expand the conversation to include broader issues of intersectionality including ethical concerns, media roles and responsibilities, family engagement and advocacy
- Discuss practical application and integration of our learning while forging new connections and renewing old ones so we return to our communities encouraged and revitalized
- Strengthen the safety net for suicide prevention, intervention and postvention across Canada

### audience:

Participants will include, but are not limited to clergy, counsellors, crisis centre staff, educators, nurses, physicians, policy makers, psychologists, researchers, service recipients, social workers, survivors, and volunteers as well as anyone whose personal or professional lives or communities have been touched by suicide.

## location:

The Coast Plaza Hotel and Suites - 1763 Comox Street, Vancouver, BC. A special rate of \$149.00 CAD (plus applicable taxes) for a standard guest room is available for conference delegates. Reserve today to avoid disappointment by calling toll-free: 1-800-716-6199 or local: +1 604-688-7711, or online (online booking information can be found at [casp2011.ca](http://casp2011.ca)).

## professional credits/certificate of attendance:

Participants attending will be given a certificate stating 6 hours of educational instruction for the pre-conference and 11.5 hours of educational instruction for the main conference.

This program meets the accreditation criteria of **The Canadian Counselling and Psychotherapy Association (CCPA)**, and has been accredited for up to **17.5 CEU hours**.

**Please refer to our website for updates on credits: [casp2011.ca](http://casp2011.ca).**

## exhibiting:

Organizations interested in exhibiting at this conference are invited to contact the conference organizers for more information. Exhibit space is limited. Please contact +1 604-822-2801 or by e-mail: [ipinfo@interchange.ubc.ca](mailto:ipinfo@interchange.ubc.ca)

## on-site meetings:

There will be meetings running in conjunction with the conference. If you or your organization wishes to host/organize a meeting during the conference, please contact our office at [ipdocs@interchange.ubc.ca](mailto:ipdocs@interchange.ubc.ca). Include the following information:

- Meeting name, open or by invitation, anticipated number of participants, objective, a short description of the meeting, and the preferred time (note: meetings will have to be in the early morning, during lunch or in the evening as they cannot conflict with the educational portion of the conference).

Each meeting request will be reviewed by the planning committee and if approved, will be listed on-site. Please note that there may be an additional cost to host a meeting and space is based on availability so please submit your request ASAP.

**translation:** Please refer to our website for more information regarding translation provided for the conference: [casp2011.ca](http://casp2011.ca)

**acknowledgments:** We would like to acknowledge with great appreciation the financial contributions through unrestricted educational grants from:



**registration:** Please refer to pages 11 & 12 for information on registering for this program.

## IN MEMORIAM: DAVE MASECAR COMMUNITY WELLNESS AWARD



Dave Masecar passed away suddenly from a heart attack on December 24, 2010. For many years Dave was committed to suicide prevention in Canada, particularly at the community level. His work was extensive, particularly in First Nations and Inuit communities. He wrote far-reaching reports on community-based suicide prevention, including the Community Lifelines What is Working, What is Hopeful (2009) that was based on a CASP preconference day he organized on Aboriginal suicide prevention, co-authored the CASP Blueprint for a Canadian National Suicide Prevention Strategy (2004, 2009), wrote the Niagara Region Suicide Prevention Strategy (2006), and at the time of his death was co-editing a book on Aboriginal community success stories about suicide prevention in Canada. Dave served on the boards of the Ontario Association for Suicide Prevention, formerly known as the Ontario Suicide Prevention Network, and the Canadian Association for Suicide Prevention where he also served as president. Dave worked on the National Aboriginal Youth Suicide Prevention Strategy with the First Nations and Inuit Health Branch, Health Canada, and in 2009 wrote for them the valuable review, Suicide Clusters: A Discussion. He was a talented guitarist and was on the national 2003 Dreamcatcher Tour with Tom Jackson, where they worked on suicide prevention in Aboriginal communities. Dave was a Psychological Associate in Ontario and provided clinical services to children, families and communities. Dave's contributions to making our country a healthier place was an inspiration both within and outside of our field.

The Dave Masecar Community Wellness Award will be to honour people working with communities, or in communities, for suicide prevention.

MONDAY, OCTOBER 3, 2011

7:45 am - 8:30 am Pre-Conference Registration Open

8:30 am - 4:45 pm Pre-Conference Sessions (Full-Day or Morning / Afternoon Half-Day Sessions)

There will be a lunch break (Not Provided) from 12:00 noon - 1:15 pm. Tea & Coffee will be served during the 30-minute morning and afternoon breaks for all pre-conference sessions.

## Full-Day Sessions (8:30 am - 4:45 pm)

### FD1 Non-Suicidal Self Injury in Youth: From Evidence to Practice

**Mary Kay Nixon, MD, FRCPC**, Assistant Professor, Department of Psychiatry, University of British Columbia; Affiliate Assistant Professor, University of Victoria

This workshop will review recent research in self injury in youth related to prevalence, functions, correlates and predictors of the behaviour. The first portion of the workshop will focus on assessing youth with Non-Suicidal Self Injury (NSSI) and will provide certain tools for use in the assessment of NSSI depending on the setting. The second portion of the workshop will review interventions and tools that are available for that as well as group focused work on case examples to highlight how assessment can inform case formulation and treatment/intervention planning. The final portion of the workshop will be used for open discussion to discuss cases from workshop participants and encourage participation and further discussion from attendees.

#### Learning Objectives:

1. To become aware of current research in the field of NSSI in youth
2. To understand the use of screening and assessment tools in the understanding of NSSI in youth
3. To apply this understanding in the formulation of intervention/treatment strategies in case presentations of NSSI in youth

### FD2 Trauma Informed Care - Transforming Service Systems and Practices

**Tim Wall**, Director of Counselling Services, Klinik Community Health Centre, Executive Director - CASP, Co-Chair Manitoba Trauma Partnership, Winnipeg, MB  
**Mary Jo Bolton, MMFT** - Clinical Director of Counselling Services, Klinik Community Health Centre, Winnipeg, MB

This one day workshop will explore the meaning of trauma informed care and how to translate this knowledge into policy, practice and service delivery. The workshop will include an examination of the neurobiology of trauma and its clinical and program design implications as well as Manitoba's strategy to promote trauma informed care across multiple systems.

#### Learning Objectives:

1. Explain Trauma Informed Care and Practices
2. Discuss the affects of trauma and its implications for clinical practices and service delivery
3. Describe strategies for implementing trauma informed care across systems

## Morning Half-Day Sessions (8:30 am - 12:00 pm)

### AM1 Developing and Implementing an Effective Suicide Risk Management Strategy in a Large Health Organization

**Tristin Wayte, PhD**, Manager, Risk & Evaluation, BC Mental Health and Addiction Services, an Agency of the Provincial Health Services Authority, Coquitlam, BC  
**Barry Cooper, PhD**, Barry Cooper, R. Psych., Registered Psychologist, Forensic Psychiatric Services Commission, an Agency of the Provincial Health Services Authority; Clinical Instructor, Department of Psychiatry, UBC; Director of Research and Development, The Forensic Alliance, Port Coquitlam, BC

Designed for administrative and clinical leaders in mental health and addiction services, this workshop provides participants with the knowledge and practical tools to develop and implement a clinical protocol that meets Accreditation Canada's suicide risk management requirements. Best and promising practice in suicide risk management will be presented, and examples of clinical protocols will be explored via breakout sessions and case studies.

#### Learning Objectives:

1. Proactively assess whether your health service meets Accreditation Canada's Required Organizational Practice related to suicide risk management
2. Identify best, leading and promising practices in suicide risk management
3. Develop and implement a clinical protocol that is most appropriate for the population served by your health organization

### AM2 Suicide Prevention Among Older Adults: Enhancing Risk Assessment and Care Provision with the Canadian Coalition for Seniors' Mental Health (CCSMH) Late-Life Suicide Prevention Knowledge Translation Tools

**Marnin Heisel, PhD, C.Psych.**, Canadian Coalition for Seniors' Mental Health, The University of Western Ontario, Lawson Health Research Institute, University of Rochester Center for the Study and Prevention of Suicide, London, ON  
**Martha Donnelly, MD, FRCP(C)**, Canadian Coalition for Seniors' Mental Health, University of British Columbia, Vancouver, BC  
**Sharon Moore, RN, MEd, PhD, C.Psych.**, Canadian Coalition for Seniors' Mental Health, Athabasca University, Athabasca, AB

This half-day, interactive training workshop will focus on enhancing participant knowledge and understanding of the epidemiology of suicide among older adults, associated risk and resiliency factors, assessment tools and approaches to risk detection, intervention and outreach, employing the CCSMH toolkit and using presentation, group discussion, and case-based didactic methods.

#### Learning Objectives:

By the end of this workshop, participants will be able to demonstrate:

1. Familiarity with the epidemiology and risk and resiliency factors associated with suicide among older adults
2. Awareness of the available empirical evidence for suicide risk assessment and interventions with at-risk older adults
3. Understanding of knowledge translation tools designed to enhance detection of suicide risk and interventions for older adults at-risk for suicide

## Afternoon Half Day Sessions (1:15 pm - 4:45 pm)

### PM1 River of Life: A Journey

**Suzanne McLeod**, Curriculum Developer, Centre for Suicide Prevention, Calgary, AB

This workshop will reflect on the steps taken to form a collaborative relationship with Aboriginal communities and provide an insight of our journey as we worked with Elders and other community members to develop the training course in Aboriginal Youth Suicide. The workshop will also provide a demonstration of the content of the curriculum, including Teaching Stories, Learning Activities, and Case Studies.

#### Learning Objectives:

1. Analyze the challenges of collaborating with diverse cultural groups
2. Describe Centre for Suicide Prevention learning and growth of understanding in this process
3. Demonstrate key cultural components of the River of Life curriculum

### PM2 Management of Chronically Suicidal People

**Lorne Korman, PhD, R.Psych.**, Scientist, BC Mental Health and Addiction Services, Clinical Associate Professor, Department of Psychiatry, University of British Columbia, Vancouver, BC

This workshop will explore key issues in conducting interviews about clients' suicide histories, and describe how this information can be used to assess and manage risk with clients who are chronically suicidal. In addition, we will explore how information gleaned from reviews of client's suicide histories can be used to establish preliminary behavioral formulations that can inform clinicians about when and how to intervene effectively to reduce clients' suicidal behaviors.

#### Learning Objectives:

1. Participants will learn how to select episodes of suicide and self-injury for analysis when interviewing chronically suicidal clients about their histories of self-harm
2. Participants will be able to list four questions to ask when interviewing clients about their histories of self-harm
3. Participants will learn how they can use information from clients' histories of suicide and self-harm to build preliminary behavioral formulations to help change these behaviours in therapy

MONDAY, OCTOBER 3, 2011

- 6:30 pm** Main Conference Registration Open
- 7:00 pm** Welcome Reception (Cash Bar Available)
- 7:30 pm** **CASP Annual General Meeting, with speaker TBA**

TUESDAY, OCTOBER 4, 2011

- 7:45 am - 8:30 am** Registration Open (Coffee/Refreshments Not Provided)
- 8:30 am - 9:00 am** Welcome and Opening Remarks
- 9:00 am - 10:30 am** Keynote Address: Risk for Suicide: A Panel Confronts Situational Dilemmas in Clinical Judgment and Decision Making  
**Alan Berman, PhD, Executive Director, American Association of Suicidology (AAS) & President of the International Association for Suicide Prevention, Washington, DC, USA**  
**Panel Members TBA**  
**Learning Objectives:**
  1. Identify criteria for assessing imminent suicide risk
  2. Defend clinical decision making in working with a person at risk
  3. Recognize complexity of clinical assessment and treatment of the person at risk
- 10:30 am - 11:00 am** Coffee/Stretch Break - Exhibits Open & \*Survivor Welcome - in the Survivor Room\*

**11:00 am - 12:30 pm** Concurrent Sessions A (90-Minute Sessions)

## **A1** 4 Oral Presentations

**Crisis Counselling Online: Building Rapport with Suicidal Youth**  
**Maria Timm, MA, University of British Columbia, Vancouver, BC**

**Reading Between the (On)Lines: Discursive Constructions of Self-Harming and Suicidal Identities**  
**Aubrey Baldock, MA, CYC Candidate, Child and Youth Counsellor, Vancouver, BC**

**You Don't Call Us, We'll Call You! Reach-Out Phone Call Program**  
**Amelie Gauthier, Coordinator, Centre prevention suicide le Faubourg, Saint-Jerome, QC**

**YouthInBC.com - What Our Crisis Chat has Taught Us and What Else We Have to Learn**  
**T. Jonathan Tanaka, BSW, Social Work, Crisis Intervention & Suicide Prevention Centre of BC, Vancouver, BC**  
**Elizabeth Robbins, Clinical Manager, Crisis Intervention & Suicide Prevention Centre of BC, Vancouver, BC**  
**Richard Kramer, Distress Services Director, Crisis Intervention & Suicide Prevention Centre of BC, Vancouver, BC**

## **A2** 4 Oral Presentations

**A Randomized Controlled Trial of Problem Solving Therapy for People who Present to Hospital After Self-Harm**  
**Cynthia Sharon, MSc(Hons), PG Dip Health Psych, NZ Registered Psychologist, ACCESS study Project Manager, Department of Psychological Medicine, University of Auckland, Auckland, New Zealand**

**Dissertation: Investigating Prevalence Rates and Biopsychosocial Risk Factors For Suicidality In Newly Diagnosed Cancer Outpatients**  
**Lisa Priebe, PhD, Registered Provisional Psychologist (AB), Visiting Research Student, Tom Baker Cancer Centre, Department of Psychosocial Resources, Calgary, AB**

**Are Factors Predicting Suicidal Behaviours Among the Persons Entering Treatment for Addictions Similar to Those Found in the General Population?**  
**Helene Simoneau, PhD, Researcher, Centre Dollard-Cormier, Institut universitaire sur les dépendances, Montreal, QC**

**The Role of Personality in Suicide**  
**Alexis May, MA, Department of Psychology, University of British Columbia, Vancouver, BC**

## **A3** The Next Day: An Interactive Documentary

**Alex Jansen, Producer, Pop Sandbox, Toronto ON**

A description of the creative process behind The Next Day will be followed by a demonstration of the web interactive and excerpts from the novel. Ethical considerations, stakeholder engagement strategies, reactions to the project, and potential teaching/awareness uses will be discussed. Workshop participants will be invited to share their impressions.

## **Session A3 cont.**

### **Learning Objectives:**

1. Navigate The Next Day online interactive feature
2. Discuss ethical and stakeholder considerations involved in the development of a new media project on suicide
3. Examine personal and professional reactions to new media projects on suicide

## **A4** Start Where You Are and Keep The Wheels Turning - Creative Suicide Prevention for Rural Settings

**Katie Stuart, PhD, Child & Youth Mental Health Team Leader, Ministry of Children and Family Development, Gibsons, BC**  
**Donna Schmirler, District Counselor, School District #46, Gibsons, BC**  
**Heather Gordon, Coordinator, Chatalech Sechelt Community School, Sechelt, BC**  
**Doris Rank, MEd, Family Counsellor/Coordinator, Sunshine Coast Community Services, Sechelt, BC**

Learn how to build community capacity from the talent base around your committee table. Learn secrets and survival skills of endurance and how your history and accomplishments can make your committee's work something that people come to value. Engage in a creative process where working from a template, you develop your own (brochure or game) as a resource you can take back to use in your communities.

### **Learning Objectives:**

1. Discover how to build community capacity from the talent base around your committee table
2. Demonstrate the secrets and survival skills of helping your committee endure over the long haul and evaluating your accomplishments to show your community the value of the work you do
3. Engage in a creative process in which you will work from a template to develop your own community-specific resource

## **A5** Session Changed - Previously Session E5 The Influence of Culture on Professional Practice

**Norma Sanchez, Coordinator, Cross-Cultural Mental Health Program, Vancouver Coastal Health, Vancouver, BC**  
**Karla Maranhao, MSc, Mental Health Worker/Registered Clinical Counsellor, Cross-Cultural Mental Health Program, Vancouver Coastal Health, Vancouver, BC**

This workshop explores the impact that culture has in the therapeutic relationship. Working with survivors of suicide and family members from cultures that have negative views regarding suicide will be addressed. Through a self-awareness exercise and case study, participants will enhance their skills in engaging clients in culturally appropriate conversations.

### **Learning Objectives:**

1. Analyze your own values and beliefs and how they impact the therapeutic relationship
2. List three skills that you would like to use to engage clients in culturally appropriate conversations
3. Demonstrate how you would work with survivors of suicide or their family members when they are from a culture that has negative views regarding suicide

# MAIN CONFERENCE (October 4, 2011) Cont.

**12:30 pm - 1:45 pm** Lunch (on your own) Exhibits & Poster Viewing, Survivor Room Open

**1:45 pm - 3:15 pm** Concurrent Sessions B (90-Minute Sessions)

## **B1** 4 Oral Presentations

**Nation-Wide Delivery and Evaluation of Suicide Intervention Skills Training to Veterans Affairs Canada Field Office Personnel**  
*Richard F. Ramsay, MSW, Social Work, LivingWorks Education, Calgary, AB*

**Suicide Prevention Implies Symptom Management: The Role of Psychiatric Service Dogs**

*Joan Esnayra, PhD, President & Founder, Psychiatric Service Dog Society, Arlington, VA, USA*

*Craig Love, PhD, Research Psychologist, Westat, Southern Arapahoe, Arlington, VA, USA*

**Suicide Risk: A Population Based Perspective**

*Jitender Sareen, MD, FRCPC, Professor of Psychiatry, Community Health Sciences and Psychology, University of Manitoba, Winnipeg, MB*

**Suicide and Homicide - Suicide in a Blue Culture**

*Antoon A. Leenaars, PhD, First Past President, Canadian Association for Suicide Prevention, Windsor, ON*

*Bob Usui, Inspector (retired), Investigative Services, Vancouver Police Department, Vancouver, BC*

## **B2** 4 Oral Presentations

**Nges Siy: I Love You**

*Darcy N. Dennis, Research Manager, Carrier Sekani Family Services, University of Northern BC, Prince George, BC*

*Travis Holyk, Director of Research and Policy Development, Carrier Sekani Family Services (CSFS), Prince George, BC*

**Development of a Suicide Prevention Roundtable**

*Jenn Brasch, MD, FRCPC, Associate Professor, Department of Psychiatry & Behavioural Neurosciences, McMaster University; Medical Director, Psychiatric Emergency Service, St. Joseph's Healthcare Hamilton, Hamilton, ON*

*Sid Stacey, MHSc, FCCHL, FACHE, Principal, HPI - Health Policy Integration; Adjunct Faculty, Health Policy Management; Evaluation Program, University of Toronto; Vice Chair, Suicide Prevention Community Council of Hamilton, Hamilton, ON*

**Rally the Society for Suicide Prevention: A Project to Change Culture in Quebec**

*Bruno Marchand, General Manager, Association québécoise de prévention du suicide, Québec City, QC*

*Luc Massicotte, Mobilization Coordinator, Association québécoise de prévention du suicide Québec City, QC, affiliated to Centre for Research and Intervention on Suicide and Euthanasia, Québec City, QC*

**Strengthening the Safety Net for Suicide Prevention, Intervention & Postvention (PIP) - Implementing a Knowledge Exchange Strategy in the Interior Health Region**

*Jenny Turco, RSW, Population Health Facilitator, Interior Health, Kamloops, BC*

**B3 Calling the Spirit - Soul Catcher: A Conversation about the Spirit of living - Kwakwaka-wakw , Coast Salish Teachings**

*Ray McGuire, Choctaw & Co-Founder, Aboriginal Suicide and Critical Incident Response Team, Nanaimo, BC*

*Penny Seward, ASCIRT Coordinator Ts'ewulhtun Health (ASCIRT Co-founder), Cedar, BC*

*William Seward, Snuneymuxw Elder (ASCIRT cultural support), Cedar, BC*

*Sally Williams, Health Consultant Gwawaenuk Tribe (Elder & Co-founder ASCIRT), Port Hardy, BC*

This year's theme is 'New Conversations on Suicide' and in keeping with this, 'Calling the Spirit - Soul Catcher' opens a dialogue that brings out First Nations' knowledge and wisdom on the spirit of living. By exploring the spiritual dimension of living and suicide we create a conversation that is and always has been familiar to First Nations people. 'Let's xwulmuxwqun - Let's talk in our language. (Coast Salish)

**Learning Objectives:**

1. Compare and contrast traditional First Nations and contemporary understanding of suicide
2. Explore new conceptual postures based on First Nations 'ways of knowing'
3. Envision new strategies for planning prevention and intervention community programs

## **B4** Extending Conversations and Enlivening Possibilities in Youth Suicide Prevention Practice

*Jennifer White, EdD, Assistant Professor, School of Child and Youth Care, University of Victoria, Victoria, BC*

*Jonathan Morris, MA, Sessional Instructor, School of Child and Youth Care, University of Victoria, Victoria, BC*

*Tiffany Young, Community Education Youth Programs Specialist, Crisis Intervention and Suicide Prevention Centre of BC, Vancouver, BC*

*Lu Ripley, Community Education Director, Crisis Intervention and Suicide Prevention Centre of BC, Vancouver, BC*

*Lyndsay Wells, Public Education Program Coordinator, School of Child and Youth Care, Central Vancouver Island Crisis Society, Nanaimo, BC*

A small group of community educators and researchers have been meeting to critically reflect on current approaches to school-based suicide prevention education. Through a process of reflecting on our practices, we have been able to imagine new ways of engaging with this work, placing an emphasis on possibility, hope, and creativity.

**Learning Objectives:**

1. To summarize findings from our collaborative study on school-based suicide prevention education
2. To invite critical reflection on common assumptions underlying youth suicide prevention education
3. To highlight new opportunities for meaningfully engaging youth in classroom based discussions about suicide

## **B5** 2 45-Minute Sessions

**Developing a Support Group for Survivors of Suicide**

*Marlyn Ferguson, Valley View Funeral Home, Surrey, BC*

*Joan Sharp, Department of Biological Sciences, Simon Fraser University, Burnaby, BC*

Survivors of suicide have unique needs that may not be met by friends, family, or existing social services. A support group can help survivors in an atmosphere of trust and understanding. In this workshop, we will describe a suicide support group and allow workshop participants to work through some of its activities.

**Learning Objectives:**

1. We will explore the gaps in current services for survivors of suicide and consider how a support group helps to meet the unique needs of this group
2. We will work through sample activities used in the support group
3. Participants in this workshop will learn how to set up a support group for suicide survivors and how to facilitate or run an alumni group offering continued support for survivors

**What's in a Name: A Facilitated Discussion Exploring Issues of Inclusion for all Those Whose Lives Have Been Touched by Suicide, Whether Bereavement or Suicidal Behaviours**

**Facilitated by:**

*Yvonne Bergmans, MSW, RCSW, Suicide Intervention Consultant, Suicide Studies Research Unit, St. Michael's Hospital, Toronto, ON*

Survivors who have been bereaved by suicide, survived attempts, who have cared for those with suicide-related behaviours are invited to join in this conversation on the term 'survivor'. This conversation is a step toward opening the doors of belonging and inclusion for all survivors.

**Learning Objectives:**

1. Greater appreciation/understanding of the term "survivor"
2. Insight into the need for inclusion as members of CASP
3. Discuss actions to make inclusion a reality and not just an idea

**3:15 pm - 3:45 pm**

Ceremony of Remembrance (Break & Exhibits Open)

3:45 pm - 5:15 pm Concurrent Sessions C (90-Minute Sessions)

## C1 4 Oral Presentations

### The Reasons to Go On Living Project--A Narrative Analysis on the Theme of Hope

*Jenn Brasch, MD, Associate Professor, McMaster University, Hamilton, ON*

### Depiction of Suicide in Three Short Films

*Hilda Fernandez, MA, Mental Health Therapist, S.A.F.E.R., Vancouver, BC*

### Boundary Crossing Saves Life

*Rex Roman, PhD, Ethicist, Women's College Hospital, Toronto, ON*

*Brenda Whiteman, BA, BSW, RSW, Mental Health Clinician, The Peterborough Clinic, Peterborough, ON*

### To Include or Not to Include Suicidal Participants in Research

*Rahel Eynan, MA, Research Coordinator, Suicide Studies Research Unit, St. Michael's Hospital, Toronto, ON*

*Yvonne Bergmans, MSW, RCSW, Suicide Intervention Consultant, Suicide Studies Research Unit, St. Michael's Hospital, Toronto, ON*

## C2 4 Oral Presentations

### Male Suicide: Talking About a Silent Epidemic

*Dan Bilsker, PhD, Psychologist, Centre for Applied Research in Mental Health and Addiction, Vancouver, BC*

*Jennifer White, EdD, Assistant Professor, School of Child and Youth Care, University of Victoria, Victoria, BC*

### Dying to Be Men: Exploring the Relationship Between Masculinity and Male Suicidal Behaviour

*Jo River, BN (Hons), Associate Lecturer, Research Coordinator, PhD Candidate, The University of Sydney, Sydney, Australia*

### Masculine Ideals Among Older Men Who Experience Depression and Suicidal Ideation

*Christina S. Han, MA Candidate, Research Assistant, School of Nursing, University of British Columbia, Vancouver, BC*

### Suicides in Boys and Girls: What Can We Learn?

*Anne E. Rhodes, PhD, Research Scientist, Suicide Studies Research Unit, St. Michael's Hospital, Toronto, ON*

*Saba Khan, Epidemiologist, Institute for Clinical Evaluative Sciences, Toronto, ON*

## C3 Communities Addressing Suicide Together

*Angela M. Davis, BScHE, Health Promotion, Communities Addressing Suicide Together, Canadian Mental Health Association NS Division, Dartmouth, NS*

Communities Addressing Suicide Together (CAST) is an initiative of the CMHA-NS that brings communities together to form Coalitions to Address Suicide. The Communities Addressing Suicide Together Tool Kit supports the Coalitions in their work. This workshop is an abridged version of the day-long Tool Kit Orientation and will utilize various activities to familiarize participants with the tool kit components and population health approaches to addressing suicide.

### Learning Objectives:

1. Explore best and promising population health approaches to addressing suicide
2. Describe the components of the Communities Addressing Suicide Together Tool Kit
3. Discuss what is working: the challenges and successes of community based suicide prevention in Nova Scotia

## C4 Recruiting, Training, and Sustaining: How to Utilize Volunteers to Develop a Survivor of Suicide Program in Your Community Agency

*Sandra T. McNally, MA, Mental Health/Suicide Prevention, La Frontera Arizona - EMPACT-Suicide Prevention Center, Tempe, AZ, USA*

*Jill E. McMahon, MC, Mental Health/Suicide Prevention, La Frontera Arizona - EMPACT-Suicide Prevention Center, Tempe, AZ, USA*

This workshop will focus on how to utilize volunteers for developing and sustaining a successful Survivor of Suicide Program. Presenters will share their experiences and expertise in developing such a program, highlighting the importance of volunteer recruitment, training, and community involvement.

### Learning Objectives:

1. Explain the criteria for recruiting volunteers for an SOS program
2. Identify the components of an SOS group facilitator training program
3. Discuss ways to sustain SOS volunteers through supervision and peer lead support

## C5 A Deliberate Balance: Balance and Boundaries with a Suicidal Person

*Darien Thira, PhD, Darien Thira Consulting Incorporated, Vancouver, BC*

This interactive workshop will offer a values-based approach to healthy boundaries when helping a suicidal person.

### Learning Objectives:

1. Understand how to enhance a person's self esteem by balancing two essential values
2. Explore how to balance those values when helping a suicidal person
3. Practice a simple technique that will ensure healthy boundaries are maintained

## C6 2 45-Minute Sessions

### Implementing Innovative Youth Suicide Prevention Programs in our Schools

*Lyndsay Wells, Public Education Program Coordinator, Central Vancouver Crisis Society/Vancouver Island Crisis Line, Nanaimo, BC*

Creating positive connections in schools can be challenging. This workshop will explore methods of relationship building to effectively implement suicide prevention programming that combines practice based evidence with current research to create participatory, memorable spaces for learning.

### Learning Objectives:

1. Better understand the process involved in creating, maintaining, and sustaining suicide prevention programs in ever changing school districts
2. Observe how practice based evidence combined with current research can create participatory, safe, and memorable learning experiences
3. Discover the power of positive connection and be asked to come back to schools again and again

### Integrating Mindfulness into Suicide Prevention Programs

*Lu Ripley, Community Education Director, Crisis Intervention and Suicide Prevention Centre of BC, Vancouver, BC*

*Tiffany Young, Community Education Youth Programs Specialist, Crisis Intervention and Suicide Prevention Centre of BC, Vancouver, BC*

As part of our suicide prevention program, the Crisis Centre has developed a mindfulness-based stress management workshop for students in grades 8-12. In this session, delegates will become informed of how mindfulness has been introduced into our school program and how it is being received by students and teachers. The session will include experiential mindfulness practices and considerations for implementation.

### Learning Objectives:

1. Describe the value of integrating mindfulness into suicide prevention programming for adolescents
2. Explain the components of a mindfulness program for youth aimed at building coping skills
3. Prepare to implement a mindfulness stress management workshop with adolescents

5:15 pm

Adjourn

## Evening Event

## West Coast Banquet & Silent Auction - Including Awards from CASP

Please be sure to register early for The West Coast Banquet & Silent Auction as space is limited. This event is not included in the conference registration fees and is an additional \$28 (\$25 +HST) through advanced registration or \$45 (\$40 +HST) for onsite registration (if available).

# MAIN CONFERENCE (October 5, 2011)

WEDNESDAY, OCTOBER 5, 2011

**8:00 am - 8:30 am** Registration Open - (Coffee/Refreshments Not Provided) Exhibits Open & Poster Viewing

**8:30 am - 9:30 am** Plenary Session: Hate Kills: A Social Justice Response to "Suicide"

**Vikki Reynolds, PhD, RCC, Clinical Supervisor/Instructor, Vancouver, BC**

- Learning Objectives:**
1. Consider an anti-oppression analysis of "suicide", specifically addressing social contexts of injustice which allow for the violence of "suicide" to occur
  2. Engage with critical language practices in order to reveal the power and violence in play around the language of "suicide"
  3. Reflect on wider social responses required to address the social context in which "suicide" occurs

**9:30 am - 9:45 am** Dave Masecar Community Wellness Award

**9:45 am - 10:45 am** Poster Session- Presenters will be available at their posters for Q&A  
Exhibits Open (Coffee Provided)

**10:45 am - 12:15 pm** Concurrent Sessions D (90-Minute Sessions)

## **D1** 2 45-Minute Sessions

**"Working with a Wing and a Prayer": Anglican Church's Council of the North Suicide Prevention Project**

**Bishop Mark MacDonald, National Anglican Indigenous Bishop, Anglican Church of Canada, Toronto, ON**

**Cynthia A. Patterson, Coordinator, Suicide Prevention Project, Council of the North, Anglican Church of Canada, Quebec City, QC**

**Looking for Something to Look Forward to: A Five-Year Retrospective Review of Child and Youth Suicide in B.C.**

**Meridith Sones, Injury Prevention Specialist, Child Death Review Unit, BC Coroners Service, Ministry of Public Safety and Solicitor General, Burnaby, BC**

## **D2** 4 Oral Presentations

**Contexts of Resilience Among Toronto Street-Involved Youth: An Exploration of Experiences of Suicidality and Self-Harm**

**Katarina Kolar, University of Toronto, Coquitlam, BC**

**Determinants of Suicidal Ideation in Youth**

**Danielle D. Sullivan, MA, Instructor, CDI College, Vancouver, BC; Social and Epidemiological Research Department, Centre for Addiction and Mental Health, Toronto, ON**

**Suicide and Suicide Prevention in Youth: Using the Evidence**

**Tyler R. Black, MD, FRCPC, Child and Adolescent Psychiatrist, Child and Adolescent Psychiatric Emergency (CAPE) Unit, BC Children's Hospital, Vancouver, BC**

**Exploring Relationships Between Family Context and Suicidality Among Métis Peoples in Canada: Reflections From the 2006 Aboriginal Peoples Survey**

**Briana Hagen, BA(Hons), MSc(c), Master's Student, University of Saskatchewan, Saskatoon, SK**

## **D3** Engaging Diversity in Communities, Being Culturally Competent

**Michael A. Taylor, MTS, Managing Director, Rashid Taylor Consultants, Toronto, ON**

Our increasingly diverse country includes new Canadians with differing views about health, life and death, illness and wellness. This workshop will help participants to start to understand the complexities of diversity and the need for cultural competency in responding to needs of the people that we engage.

### **Learning Objectives:**

1. Start to understand Cultural Competency and a lexicon of terms around Diversity and Cultural Competency
2. Learn the building blocks of becoming culturally competent in their work
3. Learn ways of engaging diverse communities in their work

## **D4** Bonnes pratiques pour intervenir auprès de la personne suicidaire au Québec *Presentation will be held in French, but Handout Material will also be available in English*

**Julie Lane, Chercheuse, Direction de la coordination et des affaires académiques, Centre de santé et de services sociaux - Institut universitaire de gériatrie de Sherbrooke, Sherbrooke, QC**

**Stéphane Ruel, Direction générale de santé publique, Direction du développement des individus et de l'environnement social, Ministère de la Santé et des Services sociaux, Québec, QC**

**Bruno Marchand, directeur de l'Association québécoise de prévention du suicide (AQPS), Québec, QC**

Une démarche partenariale d'implantation de bonnes pratiques en prévention du suicide est en cours au Québec.

### **objectifs d'apprentissage:**

1. Exposer cette démarche
2. Avoir un aperçu de la nouvelle grille d'estimation de la dangerosité
3. Expérimenter certaines étapes de l'intervention auprès de la personne suicidaire

## **D5** The Community is the Medicine - First Nations Perspective

**Esther Charlie, Aboriginal Suicide and Critical Incident Training Coordinator/Mentor, Inter Tribal Health Authority, Nanaimo, BC**

**Lee Wittmann, ASCIRT Coordinator/Mentor, Inter Tribal Health Authority, Nanaimo, BC**

**Marina White, FNHH Southern Outreach Coordinator & Community & Member, Inter Tribal Health Authority, Nanaimo, BC**

To provide a brief understanding of colonization and the impact this has had on First Nation communities. Demonstrate through group activity a look at pre-contact to present day importance of community connection and cultural practices for First Nation people. How this is vital to the healing and empowerment for First Nations communities facing suicide. Group activity shows the importance of the community working together to support each other during suicidal crisis or any other critical incidents.

### **Learning Objectives:**

1. Understand how colonization has impacted First Nations communities looking pre-contact, how the residential school system destroyed the community, family and individuals
2. Explore the strength and courage of a Mother that lost her son to suicide; and the importance of community connection; and how cultural practices were vital to the healing of herself and the family. See how working together to overcome the impact of colonization and importance to revitalizing cultural practices and understand the cultural differences
3. Innovative approach and building capacity- (ASCIRT) Aboriginal Suicide and Critical Incident Training - This respectful and interactive learning approach provides opportunities for ALL community members to participate in the Community Wellness and in the creation of a Community based ASCIRTeam

**12:15 pm - 1:30 pm** Lunch (On Your Own) - Exhibits & Poster Viewing, Survivor Room Open



**1:30 pm - 3:00 pm** Concurrent Sessions E (90-Minute Sessions)

## **E1** 4 Oral Presentations

### **The Stopover, After the News, Before the Grief: Supporting Families in Shock**

**Amelie Gauthier**, Coordinator, Centre prevention suicide le Faubourg, Saint-Jerome, QC

### **Cross Cultural Review of Suicide and Spiritual Model of Counseling for South Asians**

**Kala Singh**, MBBS, Clinician, Fraser Health Authority, New Westminster, BC

### **Transforming the Pain: An Exploration of the Lived Experiences of Suicide Survivors who Become Peer Counsellors**

**Olga Oulanova**, MA, PhD Candidate, Counselling Psychology, University of Toronto, Toronto, ON

### **Healing the Effects of Suicide: A Culturally Safe Suicide Postvention Framework**

**Judy M. (Davies) North**, MA, Clinician; Private Trainer & Consultant, New Westminster, BC

## **E2** Illagiiktugu – We Are Partners

**Caroline Anawak**, Suicide Intervention Specialist, Department of Health & Social Services, Government of Nunavut, Iqaluit, NU

**Natan Obed**, Director, Nunavut Tunngavik Inc., Iqaluit, NU

**Angélique Dignard**, Constable, Drug Awareness Member, RCMP Drugs and Organized Crime Awareness Service, Service de sensibilisation aux drogues et au crime organisé de la grc, Division V, Iqaluit, NU

**Becky Kilabuk**, Chair of the Board ELC, Isaksimagit Inuusirmi, Katujjiqatiguit (Embrace Life Council), Iqaluit, NU

**Irene E. Fraser**, Masters PSR, Territorial Suicide Intervention Specialist, Government of Nunavut, Cambridge Bay, NU

Nunavut suffered extremely high suicide rates for many years. A Partnership of Government, Nunavut Tunngavik the Land Claims Organization, Embrace Life Council and RCMP developed a Nunavut Suicide Prevention Strategy on the premise 'Suicide is Everybody's Business'. Come hear about the Action Plan to de-normalize, disrupt and challenge what has become an option for youth.

#### **Learning Objectives:**

1. Utilize the partnership approach, being aware of the wide variety of challenges, mandates and perspectives that partners bring to the table in creating a Suicide prevention Strategy
2. Be able to be more strategic in applying their efforts to work with other agencies and systems towards a common goal
3. Gain insight into achieving consensus in the development of an Action Plan to support and implement a Suicide Prevention Strategy

## **E3** Left 2 Live: An Educational Youth Suicide Postvention Resource

**Karen Moss**, MA, BC Council for Families, Vancouver, BC

**Linda Finlayson**, MA, Saanich School District, Central Saanich, BC

The Left 2 Live DVD workshop provides a unique opportunity to learn directly from youth who have been bereaved by suicide. It consists of personal youth stories, direction from youth on how they wish to be supported and information on how to incorporate the DVD tool into your professional work.

#### **Learning Objectives:**

1. Increase the confidence and skills of professionals supporting youth bereaved by suicide
2. Assist in decreasing the risk of complicated grief, further mental health concerns and suicide contagion after a suicide death
3. Educate on how to use the resource in professional practice

**3:00 pm - 3:30 pm** Coffee/Stretch Break - Exhibits & Poster Viewing, Survivor Room Open

**3:30 pm - 4:30 pm** Closing Plenary Panel: Religious/Spiritual Perspectives on Suicide

Facilitated by: **Soma Ganesan**, MD, FRCPC, Clinical Professor, Department of Psychiatry, UBC Head and Medical Director, Department of Psychiatry, Vancouver Acute Medical Director, Adult Community Mental Health Services Director, Cross Cultural Psychiatry Program, UBC Physician Leader, Riverview Hospital, Vancouver, BC

Panelists: **Michael A. Taylor**, MTS, Managing Director, Rashid Taylor Consultants, Toronto, ON  
**Lee Brown**, Director, Institute for Aboriginal Health, College of Health Disciplines, University of British Columbia, Vancouver, BC  
**Sharon Smith**, Spirituality Consultant, Vancouver Community Mental Health Services, Vancouver, BC

**Learning Objective:** To increase understanding to provide respectful and caring support to Canadians of diverse cultural backgrounds/faiths/traditions

**4:30 pm - 4:45 pm** Closing Remarks & Evaluation

**4:45 pm** Adjourn

## **E4** Recommendations for Policies and Procedures Resulting from the Study: Understanding the Risk of Suicide Associated with Recent Discharge

**Yvonne Bergmans**, MSW, RCSW, Suicide Intervention Consultant, Suicide Studies Research Unit, St. Michael's Hospital, Toronto, ON

**Rahel Eynan**, MA, Research Coordinator, Suicide Studies Research Unit, St. Michael's Hospital, Toronto, ON

The aim of this research project was to develop an understanding of the observed increased risk for suicide following discharge from an inpatient psychiatric service. Our presentation will discuss the factors that can be applied to making recommendations for discharge, preparation and post-discharge patient care as well as policy implications.

#### **Learning Objectives:**

1. Understand the factors that may be associated with the increased risk of suicide in patients recently discharged from an inpatient psychiatric treatment facility
2. Understand, from the patients' perspective, the difficulties they experience in the transition from hospital to the community
3. Discuss possible policy and procedural changes that may increase the likelihood of success for patients recently discharged from hospital post suicide attempt

## **E5** Session Changed - Previously Session A5 Spirituality and Spiritual Accompaniment in the Midst of Crisis

**Sharon Smith**, PhD, Rehabilitation Sciences, Spirituality Project, Vancouver Community Mental Health Services, Vancouver, BC

**Caroline Penhale**, MA Theology, Campus Minister at UBC, University Hill Congregation, United Church of Canada, Vancouver, BC

This session will take the form of story telling, brainstorming ideas and facilitated discussion. Participants will be introduced to anonymous stories of individuals for whom spiritual experiences, community and beliefs played a role in their coping with suicidal thoughts. These vignettes will be used to raise issues and prompt discussion.

#### **Learning Objectives:**

1. Consider the role spiritual experiences play for individuals considering suicide
2. Discuss ways that spiritual communities can be empowered to get alongside people during suicidal crisis
3. Explore professionals' role in negotiating spiritual beliefs concerning suicide

## **E6** Survivors in Action Panel

#### **Facilitated by:**

**Dammy Damstrom Albach**, MA, MSW, Co-Chair, Coordinator, S.A.F.E.R., Vancouver, BC

**P. Bonny Ball**, Past Chair, Survivor Division, Canadian Association for Suicide Prevention, North Vancouver, BC

#### **Learning Objectives:**

Participants attending this session can expect to gain:

1. Greater appreciation and understanding for the term "Survivor in Action"
2. Insight into how those bereaved by suicide may achieve a new normal through engagement and action
3. Discussion of the contributions those bereaved by suicide can offer to suicide prevention

## POSTER LISTING

Posters will be available for viewing during registration, lunch and coffee/stretch breaks on October 5, 2011.

All poster presenters will be available at their posters for Q&A during the following poster session time:

**Wednesday, October 5, 2011 9:45 am - 10:45 am**

### **Breaking the Silence: New Options for Death Notices After Suicide**

**P. Bonny Ball**, BA, Survivor in Action, CASP, North Vancouver, BC

### **Connecting and Delinking Men's Depression and Suicide: Some Manly Actions**

**Christina S. Han**, MA Candidate, Research Assistant, School of Nursing, University of British Columbia, Vancouver, BC

### **Minority Stress and Ethnic Group Differences in Assessing Risk for Suicide**

**Leighna Harrison**, Clinical Psychology, Palo Alto University, Palo Alto, CA, USA

### **When Does Suicide Ideation Lead to a Suicide Attempt?**

**Jacqueline Hewitt**, Student, Department of Psychology, University of British Columbia, Maple Ridge, BC

### **Compare the Effect of Dialectical Behavior Therapy Accompanied with Medical Therapy, and Medicine Therapy Without Dialectical Behavior Therapy in Reducing the Rate of Suicide Attempts.**

**Ahmad Karbalaee Mohammad Meygani**, PhD of General Psychology, Department of Psychology Science & Research Branch, Islamic Azad University, Iran

### **Suicide Contagion and Seasonal Effects at Two U.S. Universities: Insights from a Poisson Model**

**Don Mackenzie**, PhD Candidate, Massachusetts Institute of Technology, Cambridge, MA

### **Reiki: Spirit & Community Wellness - A Collaborative Model for Suicide Prevention**

**Tonya L. McLaughlin**, RPN RP-CRA, Nurse, Reiki Practitioner, Taekwondo Master, College of Registered Psychiatric Nurses of BC, Canadian Reiki Association, World TKD Federation of BC, Langley, BC

### **Tattered Teddies: Suicide in Children**

**Suzanne McLeod**, Curriculum Developer, Centre for Suicide Prevention, Calgary, AB

### **Exploring the Discursive Limits of "Suicide" in the Classroom: A Foucauldian-Inspired Discourse Analysis of a School-Based Youth Suicide Prevention Program**

**Jonathan Morris**, MA, Research Assistant & Sessional Instructor, School of Child and Youth Care, University of Victoria, Victoria, BC

### **Nuxalk Volunteer Suicide Response Team: The Triumphs and Struggles**

**Judy M. (Davies) North**, MA, Clinician; Private Trainer & Consultant, New Westminster, BC

### **Cultural Perspectives to Suicide: Preventive and Remedial Strategies**

**Kenneth Okpomo**, Eagle Protection and Safety Services, Festac Town, Lagos, Nigeria

**Moses Samuel Johnson**, Eagle Protection and Safety Services, Festac Town, Lagos, Nigeria

### **Female and Male Young Offenders: Do They Share the Same Risk Factors for Suicidal Behavior?**

**Nicolas Plante**, Mps, Psychologist, Centre de recherche de l'Institut Philippe-Pinel, Montreal, QC

### **Choices 2 Reaching Out: Engaging Youth in Preventing Suicide**

**Lu Ripley**, Community Education Director, Crisis Intervention and Suicide Prevention Centre of BC, Vancouver, BC

**Tiffany Young**, Community Education Youth Programs Specialist, Crisis Intervention and Suicide Prevention Centre of BC, Vancouver, BC

### **Gatekeepers and Suicide Prevention**

**Kafui Sawyer**, Community Psychology Team Coordinator & Mental Health Therapist, Ministry of Children and Family Development, Chilliwack, BC

**Nicole Leuthardt**, Suicide Prevention Educators, Chilliwack, BC

### **Young Adults' Lived Experiences of Parental Suicide**

**Lara Schultz**, MA, PhD Candidate, University of Calgary, Vancouver, BC

### **Intersectionality of Multiple Minority Identities and Preferred Means/Methods of Suicide**

**Laura M. Sciacca**, MA, Clinical Psychology, Palo Alto University, Palo Alto, CA



**planning committee:**

**Dammy Damstrom Albach**, MA, MSW, Co-Chair, Coordinator, S.A.F.E.R., Vancouver, BC

**Ian Ross**, MSc, Co-Chair, Executive Director, Crisis Centre, Vancouver, BC

**P. Bonny Ball**, Past Chair, Survivor Division, Canadian Association for Suicide Prevention, North Vancouver, BC

**James M. Bolton**, MD, Assistant Professor of Psychiatry and Psychology, University of Manitoba, Winnipeg, MB

**Madeleine Dion Stout**, RN, BN, MA, Honorary Professor, School of Nursing, University of British Columbia, Vancouver, BC

**Kristina Hiemstra**, BA, Director, Interprofessional Continuing Education, University of British Columbia, Vancouver, BC

**Pamela Joshi**, Msc, Project Manager, BC Mental Health and Addiction Services, Provincial Health Services Authority, Vancouver, BC

**Karla Maranhao**, Msc, RCC, Cross Cultural Mental Health Worker, Cross Cultural Mental Health Program, Vancouver Coastal Mental Health Services, Vancouver, BC

**Joti Samra**, PhD, R. Psych., Adjunct Professor & Scientist, Faculty of Health Sciences, Simon Fraser University, Vancouver, BC

**Megan Schellenberg**, Program Coordinator, Michael Smith Foundation for Health Research, Vancouver and Co-Chair, Youth Advisory Council, Mental Health Commission of Canada, Surrey, BC

**Debbie Sesula**, Peer Support Program for VCMHS (Vancouver Community Mental Health Services), Vancouver, BC

**Jude Swanson**, Lived Experience with Mental Illness, Peer Support Worker, Vancouver Community Mental Health Services, Vancouver, BC

**Cheryl Washburn**, PhD, R. Psych., Director, Counselling Services, Student Development and Services, University of British Columbia, Vancouver, BC

**abstract review committee:**

**Dammy Damstrom Albach**, MA, MSW, Co-Chair, Coordinator, S.A.F.E.R., Vancouver, BC

**Ian Ross**, MSc, Co-Chair, Executive Director, Crisis Centre, Vancouver, BC

**P. Bonny Ball**, Past Chair, Survivor Division, Canadian Association for Suicide Prevention, North Vancouver, BC

**James M. Bolton**, MD, Assistant Professor of Psychiatry and Psychology, University of Manitoba, Winnipeg, MB

**Hilda Green**, MA, Provincial Lead, Aboriginal Health, PHSA Indigenous Cultural Competency Training, Provincial Health Services Authority, Vancouver, BC

**Kristina Hiemstra**, BA, Director, Interprofessional Continuing Education, University of British Columbia, Vancouver, BC

**Pamela Joshi**, MSc, Project Manager, BC Mental Health and Addiction Services, Provincial Health Services Authority, Vancouver, BC

**Jude Platzer**, RN, Director, The Josh Platzer Society - Teen Suicide Prevention and Awareness, Vancouver, BC

**Natalee Popadiuk**, PhD, R. Psych., Assistant Professor, Counselling Psychology Program Faculty of Education, University of Victoria, Victoria, BC

**Jude Swanson**, Lived Experience with Mental Illness, Peer Support Worker, Vancouver Community Mental Health Services, Vancouver, BC

**Cheryl Washburn**, PhD, R. Psych., Director, Counselling Services, Student Development and Services, University of British Columbia, Vancouver, BC

## REGISTRATION INFORMATION

**registration:**

*\*The most secure method\** **Online:** Secure, fast, online registration is available for Visa and MasterCard holders at the conference organizer's website: [casp2011.ca](http://casp2011.ca)

**By Phone:** Register and pay over the phone: Local/International: +1 604-827-3112 or toll-free within Canada/USA: 1-877-328-7744.

**By Fax:** Fax the registration form to +1 604-822-4835 and indicate that you would like to pay with VISA or MasterCard. We will send you the secure on-line link to enter your credit card information.

**Mail:** Send the registration form with cheque to: IN 9567 REGISTRATION, Interprofessional Continuing Education, The University of British Columbia, Room 105-2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3, Canada.

**Participants paying by credit card outside of North America:** Please inform your credit card company of the transaction as some banks put a block on credit card payments made outside your country.

**refund and cancellation policy:**

Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by September 3, 2011. No refunds will be granted for withdrawal after that date. There is a \$25 replacement charge in case of a registration transfer. Please contact us prior to September 3, 2011 if you cannot attend and would like another person to come in your place.

# REGISTRATION FORM | IN9567

Online Registration: [casp2011.ca](http://casp2011.ca)

PLEASE WRITE IN BLOCK LETTERS:

One registration form per person. Please photocopy if more are needed.

Ms.  Mrs.  Miss  Mr.  Dr.

\_\_\_\_\_  
Last Name First Name Initials

\_\_\_\_\_  
Organization Name/Mailing Address

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City Prov/State Postal Code

\_\_\_\_\_  
Daytime Telephone Number/Local Fax Number

\_\_\_\_\_  
E-Mail

Please indicate if you are interested in French translation:

Yes  No

## Concurrent Session Choices

Please refer to the program for session descriptions.  
Please specify which concurrent sessions that you plan to attend so we may allocate appropriate rooms. Some sessions may fill up quickly, in this case you will be registered in your second choice.

Example shown in grey.

Example: 

<b>1<sup>st</sup> Choice</b>	<b>2<sup>nd</sup> Choice</b>
A1	A4

### Monday, October 3, 2011 (Pre-Conference)

Please choose your first and second choices from the pre-conference sessions (Either FD or AM & PM)

**Full Day Session FD:** \_\_\_\_\_

**OR**

**Morning Session AM:** \_\_\_\_\_

**Afternoon Session PM:** \_\_\_\_\_

### Tuesday, October 4, 2011

Please choose your first and second choices from the 90-Minute Concurrent Sessions (A, B, & C)

**Session A:** \_\_\_\_\_

**Session B:** \_\_\_\_\_

**Session C:** \_\_\_\_\_

### Wednesday, October 5, 2011

Please choose your first and second choices from the 90-Minute Concurrent Sessions (D & E)

**Session D:** \_\_\_\_\_

**Session E:** \_\_\_\_\_

## Affiliation/Profession:

Please indicate which Affiliation(s)/Profession(s) best describes you:

- |  |   |
|--|---|
| <input type="checkbox"/> Counsellors         | <input type="checkbox"/> Psychologists      |
| <input type="checkbox"/> Crisis Centre Staff | <input type="checkbox"/> Researchers        |
| <input type="checkbox"/> Educators           | <input type="checkbox"/> Service Recipients |
| <input type="checkbox"/> Nurses              | <input type="checkbox"/> Social Workers     |
| <input type="checkbox"/> Pastor/Minister     | <input type="checkbox"/> Survivors          |
| <input type="checkbox"/> Physicians          | <input type="checkbox"/> Volunteers         |
| <input type="checkbox"/> Policy Makers       | <input type="checkbox"/> Other _____        |

## Tuition Fees

Pre-registration prior to September 3, 2011 is strongly recommended to ensure you receive all conference materials. All rates are quoted in \$CAD and the tuition fee includes HST. Please use one registration form per person. The registration fee includes conference material, coffee breaks, a reception, and a certificate of attendance. \*Please remember to register for the West Coast Banquet & Silent Auction as this is **not** included in the conference fee.

	Pre-Conference (October 3)	Main Conference (October 4 - 5)
<b>(BEFORE AUGUST 15, 2011)</b>		
Early Bird Rate	<input type="checkbox"/> \$212 (\$189 + HST)	<input type="checkbox"/> \$400 (\$357 + HST)
CASP Member Rate	<input type="checkbox"/> \$189 (\$169 + HST)	<input type="checkbox"/> \$372 (\$332 + HST)
<b>(AFTER AUGUST 15, 2011)</b>		
Normal Rate	<input type="checkbox"/> \$245 (\$219 + HST)	<input type="checkbox"/> \$465 (\$415 + HST)
<b>Full Time Student/ Survivor Rate</b>	<input type="checkbox"/> \$123 (\$110 + HST)	<input type="checkbox"/> \$230 (\$205 + HST)
<b>Individual Rates</b>		
Half Day Registration (PreConference ONLY)	<input type="checkbox"/> \$135 (\$120 + HST)	
Tuesday, October 4 ONLY		<input type="checkbox"/> \$252 (\$225 + HST)
Wednesday, October 5 ONLY		<input type="checkbox"/> \$252 (\$225 + HST)
<b>West Coast Banquet &amp; Silent Auction*</b>		
*This event is not included in the conference fee. Please register early as space is limited.		
(Tuesday, October 4, 2011)		
Conference Attendee Rate		<input type="checkbox"/> \$28 (\$25 + HST)
Additional Guest Rate		<input type="checkbox"/> \$45 (\$40 + HST)

Total Payment = \$ \_\_\_\_\_

Please note that a copy of valid student photo ID must be sent with student registrations. Please fax a copy if you register online.

Please inform us of any dietary requirements:

## Method of Payment

### Payment by Credit Card

- Complete the full registration online at [casp2011.ca](http://casp2011.ca) with your Visa or MasterCard
- Fax the registration form to +1 604-822-4835 and indicate that you would like to pay with Visa or MasterCard. We will send you the secure on-line link to enter your credit card information  
\*PLEASE DO NOT FAX CREDIT CARD INFORMATION\*
- Register and pay over the phone: Local/International: +1 604-827-3112 or toll free within Canada/USA: 1-877-328-7744 (VISA or MasterCard)

### Payment by Cheque

Please make your cheque payable to the University of British Columbia and send it along with complete registration form to:  
Interprofessional Continuing Education  
The University of British Columbia  
Rm. 105 – 2194 Health Sciences Mall  
Vancouver, BC, V6T 1Z3

### Alternative Payment Methods

- Mail or fax complete registration form along with one of the following:
- Signed purchase order (PO)
  - Letter of Authorization (LOA) from the manager on the organization's letterhead stating that they will be paying the registration fees. The letter should include the amount of registration fees, name and contact information of the manager
  - Signed cheque requisition form (ChReq)

### Please Indicate Below How You Would Like to Pay

- Credit Card:** Please e-mail me a secure on-line link to enter my credit card number
- Cheque:** Payment is enclosed with mailed registration form
- PO/LOA/ChReq:** Purchase order/letter of authorization/cheque requisition form is enclosed with faxed/mailed registration form