

Canadian Pediatric Endocrine Group Groupe canadien d'endocrinologie pédiatrique

# 2014 Scientific Meeting

February 20 - 22, 2014 Le Centre Sheraton Montréal Hotel | Montreal, QC

In cooperation with

a place of mind THE UNIVERSITY OF BRITISH COLUMBIA Interprofessional Continuing Education

interprofessional.ubc.ca/CPEG2014



We would like to acknowledge with great appreciation the financial contributions through unrestricted educational grants from the following organizations:

**CPEG 2014** 

# **Platinum Sponsors**



## **General Information**

• • • CPEG 2014

LEARNING OBJECTIVES & PROGRAM	The overall learning objective of this meeting is to present current state of knowledge of topics in pediatric endocrinology and diabetes.
	For session learning objectives, please see Page 7.
	Please note: 25% of the scientific program will be interactive.
REGISTRATION	<b>Online:</b> The most secure and fastest method to register is using the online registration available for Visa/MasterCard holders at the meeting organizer's website: interprofessional.ubc.ca/CPEG2014
	By Fax: Fax completed registration form to: 1-604-822-4835
	<b>Phone Registration:</b> Toll free within North America: 1-855-827-3112; other callers: 1-604-827-3112
	<b>Mail:</b> Send the registration form with cheque to this address: IN 9565 REGISTRATION, Interprofessional Continuing Education, The University of British Columbia, Room 105-2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3, Canada
	<b>Participants paying by credit card outside of North America:</b> Please inform your credit card company of the transaction as some banks put a block on credit card payments made outside your country.
TUITION FEES	Please see registration form (page 8 of brochure) for details. The tuition fee includes meeting materials, reception, breakfast and lunch for Friday & Saturday, dinner event on Friday and a certificate of attendance. Pre-registration prior to <b>January 10, 2014</b> is strongly recommended to take advantage of the early-bird rate.
REFUND AND CANCELLATION POLICY	Refunds will be made (less a \$50 processing fee) if written notice of withdrawal is received by January 10, 2014. No refunds will be granted for withdrawal after that date.
LOCATION	The conference will be held at Le Centre Sheraton Montréal Hotel located at 1201 René-Lévesque Blvd West, Montréal, QC. CPEG delegates will receive a special single/double occupancy rate of \$149.00/night + applicable taxes (standard), \$199.00/night + applicable taxes (club level) based on availability up until January 18, 2014. Extra person sharing a room (3rd person) will be charged an additional \$30.00 per person per night. Please specify that you are booking under the CPEG 2014 meeting room block to receive the reduced rates.
	CPEG is pleased to maintain its support of fellows in training and our nursing colleagues by offering <b>two nights</b> of complimentary double occupancy hotel accommodation for <b>out-of-town Fellows and out-of-town Active Nurses*</b> who attend CPEG 2014. You may submit your name for pairing by the meeting organizers, or you may submit as a pair of roommates for a hotel room (one form per pair). To submit your request, please visit http://www.interprofessional.ubc.ca/CPEG2014/location.asp. <b>Do not</b> contact the hotel directly if you fall under these categories; UBC will complete the booking.
	<b>If you are NOT an out-of-town active nurse member or an out-of-town fellow,</b> you will be responsible for booking your own room. To reserve a room by phone, please call local: (514) 878-2000 or toll-free: 1-800-325-3535; for email reservations: que.reservations.sm@deltahotels.com. To reserve online, please visit www.interprofessional.ubc.ca/CPEG2014/location.asp.
TRAVEL	Travel is not included in the registration fee. For <b>out-of-town active nurse members</b> , CPEG has committed a travel reimbursement of up to \$500/nurse. Please refer to the travel expense claim form which will be emailed to you.
CREDITS	This event has been approved by the Canadian Paediatric Society for a maximum of 9.5 credit hours under the Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. The specific opinions and content of this event are not necessarily those of the CPS, and are the responsibility of the organizer(s) alone.
	Please refer to our website for updates on credits: interprofessional.ubc.ca.
CONTACT	For additional enquiries, please contact Jo at 604-827-2638 or jo.ipce@ubc.ca.

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## Friday February 21

07:00	Breakfast, Registration & Exhibits (Foyer)
08:00	Opening Remarks & Welcome (Salon ABC) Dr. Danièle Pacaud, Dr. John Mitchell, and Ms. Susan Rybansky
<b>Theme I:</b> 08:15	<b>Fertility (Salon ABC)</b> Beyond Sequence Variation: Emerging Evidence that Epigenetics is an Important Regulator of Pubertal Timing Dr. Mark Palmert, Toronto, ON
08:55	Preserving Fertility, Preserving Hope: Options for Young Cancer Patients Fac- ing Therapy <i>Dr. Aaron Jackson, Ottawa, ON</i>
09:25	Ovarian Function in Anorexia Nervosa Dr. Madhusmita Misra, Boston, MA
10:10	Break & Exhibits (Foyer)
<b>Theme II</b> 10:40	<b>: Bone (Salon ABC)</b> Genomics of Osteoporosis Dr. Brent Richards, Montreal, QC
11:20	Diagnosis and Treatment of Osteoporosis in Children with Chronic Illnesses <i>Dr. Leanne Ward, Ottawa, ON</i>

12:00	Lunch (Salon Jerry & Joyce)
	Dessert & Exhibits (Foyer)

- 13:00 Posters (Foyer)
- 13:30 Split Rooms\* (See Page 5 for Nurses)

#### Theme III: Diabetes (Salon ABC)

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- 14:15 Closed Loop Systems to Control Blood Glucose in Adult and Pediatric Patients with Type 1 Diabetes Dr. Remi Rabasa-Lhoret, Montreal, QC
- 15:00 Break & Exhibits (Foyer)
- 15:30 Abstracts (6) (Salon ABC)
- 17:00 Adjourn

#### Friday Night Event

La Plaza (Holiday Inn Montreal Midtown) 19:00 Dinner & Entertainment

(Transportation will be provided)

## **Program: Nurses**

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\*Nursing (Salon Hemon) Friday February 21

#### **Guest Speaker**

13:30 Confronting Ethical Challenges in Pediatric Endocrine Nursing Dr. Franco Carnevale, Montreal, QC

#### **Highlights from International Meetings**

- 14:30 Highlights from joint meeting 2013 in Milan, Italy *Ms. Susan Rybansky, London, ON*
- 14:50 Puberty, Growth and a Planning Committee in Portugal . . . *Ms. Brenda Fraser, Ottawa, ON*
- 15:10 Break & Exhibits (Foyer)
- 15:30 Pens 2013 Highlights

#### **Interesting Cases**

- 15:45 Pumping Cortisol Ms. June Jacob, Victoria, BC
- 16:00 S/C Testosterone: Our Experience Ms. Lina Moisan, Montreal, QC

- 16:15 Syndrome of Inappropriate Antidiuretic Hormone (SIADH) Associated with Carbamazepine Use in a Patient with Central Diabetes Insipidus *Ms. Ronelda Gillis and Ms. Lorianne Peach, Halifax, NS*
- 16:30 Planning a Family Education Day Ms. Irena Hozjan ,Toronto, ON and Ms. Nicole Kirouac, Winnipeg, MB

17:00 Adjourn

## Program

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### Saturday February 22

- 07:00 Breakfast (Foyer)
- 08:00 Business Meeting (Salon ABC)
- 10:10 CPEG Growth Charts (Salon ABC)
- 10:35 Break & Exhibits (Foyer)

#### Theme IV: Endocrine Disruptors (Salon ABC)

- 11:20 Use of Brominated Flame Retardants in our Everyday Environment: Benefits of Fire Safety vs. Risks of Endocrine Disruption Dr. Cynthia Gates Goodyer, Montreal, QC
- 12:00 Lunch (Salon Jerry & Joyce) Dessert & Exhibits (Foyer)
- 12:30 Posters (Foyer)
- 13:00 Split Rooms\*\*
- 13:00 Abstracts (6) (Salon ABC)
- 14:30 Break & Exhibits (Foyer)

15:00 John Bailey Award (Salon ABC) Presented by Dr. Danièle Pacaud

> Fellowship Awards (Salon ABC) Presented by Dr. Elizabeth Sellers

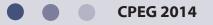
#### **Clinical Debate (Salon ABC)**

- 15:10 Use of Growth Hormone in Prader-Willi Syndrome Pro: Dr. Jill Hamilton, Toronto, ON Con: Dr. Arati Mokashi, Halifax, NS
- 16:10 Closing Remarks & Evaluation
- 16:30 Adjourn

# \*\*Nursing Program (Salon Hemon) 13:00 CPEN AGM 14:30 Center to Center Sharing: What's New?

- 15:00 Re-join Salon ABC

# **Learning Objectives**



Theme I: Fertility	<ul> <li>Beyond Sequence Variation: Emerging Evidence that Epigenetics is an Important Regulator of Pubertal Timing         <i>Dr. Mark Palmert, Toronto, ON</i> <ol> <li>Recognize the limited role that common and rare genetic variants play in regulating pubertal timing within the general population</li> <li>Assess recent findings about how the LIN28/let-7 axis regulates the HPG axis and modulates the timing of puberty</li> <li>Recognize that alternative genetic mechanisms (such as epigenetics) are likely additional, yet largely undiscovered, determinants of pubertal timing</li> </ol> </li> <li>Preserving Fertility, Preserving Hope: Options for Young Cancer Patients Facing Therapy         <ol> <li>Aaron Jackson, Ottawa, ON</li> <li>Provide a summary of patient demographics and fertility preservation practices in Canada</li> <li>Discuss the effects of cancer therapies on male and female fertility</li> <li>Review fertility preservation options and outcomes including oocyte, embryo, sperm, and ovarian tissue freezing</li> </ol> </li> <li>Ovarian Function in Anorexia Nervosa         <ol> <li>Recognize the impact of anorexia nervosa on the reproductive axis</li> <li>Recognize the impact of anorexia nervosa on the reproductive axis</li> <li>Recognize the impact of anorexia nervosa on the reproductive axis</li> <li>Apply available knowledge to develop appropriate therapeutic strategies</li> </ol> </li> </ul>
Theme II: Bone	Genomics of Osteoporosis         Dr. Brent Richards, Montreal, QC         1: Describe the methodology of a genome-wide association study         2: Recognize what makes a genetic association believable         3: Understand the relevance of modern genomics to the clinic         Diagnosis and Treatment of Osteoporosis in Children with Chronic Illnesses         Dr. Leanne M. Ward, Ottawa, ON         1: Review the current issues in the diagnosis of secondary osteoporosis in children         2: Discuss strategies for monitoring bone development in this setting         3: Summarize the current approach to treatment of osteoporosis in children with chronic illness
Theme III: Diabetes	<ul> <li>Practical Application of Continuous Glucose Monitoring in Diabetes Management</li> <li>Dr. Margaret Lawson, Ottawa, ON</li> <li>1: Identify candidates that can benefit from CGM use</li> <li>2: Describe strategies that help people use CGM more effectively</li> <li>3: Identify information that can be gained from analysis of CGM data</li> <li>Closed Loop Systems to Control Blood Glucose in Adult and Pediatric Patient with Type 1 Diabetes</li> <li>Dr. Remi Rabasa-Lhoret, Montreal, QC</li> <li>1: Review common barriers to optimal blood glucose control</li> <li>2: Using IRCM Closed loop program describe potential benefits and pitfall of single and dual hormone closed loop glucose control in adults and pediatric patients</li> <li>3: Illustrate major millstones to get a commercial closed loop device</li> </ul>
Theme IV: Endocrine Disruptors	Use of Brominated Flame Retardants in our Everyday Environment: Benefits of Fire Safety vs. Risks of Endocrine Disruption Dr. Cynthia Gates Goodyer, Montreal, QC 1: Explain the chemistry and function of brominated flame retardants (BFRs) 2: Address the pros and cons of BFR use in our everyday lives 3: Provide scientific data on the endocrine disrupter activities of BFRs and their potential effects on human health
Clinical Debate	Use of Growth Hormone in Prader-Willi Syndrome Pro: Dr. Jill Hamilton, Toronto, ON Con: Dr. Arati Mokashi, Halifax, NS 1: Describe the potential benefits and adverse effects of growth hormone therapy in Prader Willi Syndrome 2: Discuss the pros and cons of use of growth hormone in Prader Willi Syndrome 3: Discuss monitoring of children with Prader Willi Syndrome treated with growth hormone
Nursing Program	Confronting Ethical Challenges in Pediatric Endocrine Nursing Dr. Franco Carnevale, Montreal, QC 1: Identify significant ethical concerns in pediatric endocrine nursing 2: Discuss approaches for analyzing these ethical concerns 3: Outline clinical strategies for addressing these concerns

Canadian Pediatric Endocrine							
Groupe canadien d'endocrino CPEG 2014 Scientific Meeting: Montreal,	olo	gie l	pédia	-			Pediatric Endocrine Group en d'endocrinologie pédiatrique
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(please select only one) <ul> <li>Physician</li> <li>Registered Nurse</li> <li>Resea</li> </ul>	rcher		Of	ther:			
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(If applicable) Please inform us of any dietary requirement							
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