

FASD

The 3rd International Conference on

Fetal Alcohol Spectrum Disorder

Integrating Research, Policy and Promising Practice
Around the World: A Catalyst for Change

March 11th – 14th, 2009

Victoria Conference Centre
Victoria, British Columbia, Canada



Sponsored by



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GENERAL INFORMATION

Description

FASD is a window through which to view the state of our world. While it has a profound impact on individuals, families and all aspects of society, it is also a stimulus for change. This international conference will provide a forum to discuss and examine current research, policy and practice that will assist parents, caregivers, service systems and governments as they strive to prevent FASD and to provide a range of supports for people living with it. The emphasis of this conference will be the practical application of various forms of research covering these broad areas:

- Biomedical
- Clinical Diagnosis & Assessment
- Community
- Education
- Family
- Health
- Legal, Justice, Corrections
- Prevention
- Social Services

The conference will enhance our knowledge and collaboration, sharing findings of researchers and frontline professionals with recognized expertise.

Objectives

The conference goal is to highlight international research and promising practice as a catalyst for promoting social inclusion and creating healthy communities. Participants can expect to:

- Learn about the current practical application of leading research around the world and its potential to effect future change
- Learn about ways to engage multiple communities at multiple levels and build capacity
- Promote and nurture linkages across families, communities and international networks
- Foster clinical and community based research

Who Should Attend

Aboriginal support program workers • administrators/managers • alcohol and drug counsellors • caregivers • community members • corrections workers • dentists • dental hygienists • educators • education paraprofessionals • employers • employment counsellors • elected officials • family members • family support workers • family and specialty physicians • faith communities • FASD key workers • government ministries and departments • infant development consultants • infant mental health clinicians • international indigenous communities • judges • lawyers • mental health counsellors • midwives • nurses • parents • police • policy makers • prevention workers • program providers • psychiatrists • public and private funders • psychologists • researchers • registered clinical counsellors • social workers • students • supported child development consultants • teachers • vocational rehabilitation service providers and youth care workers.

Registration

Online: Secure, fast, online registration is available for Visa and Mastercard holders at the conference organizer's website: www.interprofessional.ubc.ca

By Fax: Fax completed registration form to: 604-822-4835

Charge-by-phone (please have Mastercard or Visa ready):

Toll free within North America: 1-877-328-7744; Other callers: 604-827-3112

Mail registration form with cheque to: IN 9540 REGISTRATION, Interprofessional Continuing Education, The University of British Columbia, Room 105-2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3, Canada

Tuition Fees

Please see registration form (on back of brochure) for details. The tuition fee includes conference materials, coffee, dessert reception, certificate of attendance and four lunches. Pre-registration prior to **February 5th, 2009** is strongly recommended to ensure you receive all conference materials.

Refund/Transfer and Cancellation Policy

Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by **February 5th, 2009**. No refunds will be granted for withdrawal after that date. There is a \$25 replacement charge in case of a registration transfer. Please contact us prior to **February 5, 2009** if you cannot attend and would like another person to come in your place.

Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund less a \$50 handling charge will be returned.

Professional Credits/ Certificate Of Attendance

All participants attending will be given a certificate stating that the conference involves 25 hours of educational instruction. Specialized credits have been applied for from several professional organizations. Please refer to our website for updates: www.interprofessional.ubc.ca.

LOCATION & TRAVEL INFORMATION

Conference Location Information

PARKING

The Conference will be held at the **Victoria Conference Centre**, 720 Douglas Street, Victoria, BC, Canada. Telephone: 250-361-1000; Toll Free: 1-866-572-1151

Under the Victoria Conference Centre. Early bird rate: \$8.50 (must be in by 9:00 am & out by 6:00 pm) Hourly Rate: \$1 – first half hour, \$2 – first hour, \$1.75 for each hour over 2 hours. Daily Maximum: \$13 (all day 06:00 am to midnight); another \$13 (midnight to 06:00 am); 24 hours maximum: \$26.00

Accommodation Information

The Fairmont Empress, Victoria, BC, Canada; Standard Guest Room \$119.00.

Toll free: 1-800-257-7544 Direct: 1-250-384-8111. We suggest you book your room NOW as we anticipate that our room block will fill up quickly. Don't miss staying at this heritage hotel! To reserve a room, please let hotel reservations know that you are booking under the Fetal Alcohol Spectrum Disorder Conference room block. **Alternative accommodation:** Please check our website for alternative accommodation options: www.interprofessional.ubc.ca

Travel Information

FLIGHTS

Victoria: Victoria Airport is serviced by both foreign and domestic airlines. For a complete list, please refer to their webpage at: www.victoriaairport.com. The most common carriers are:

Air Canada: www.aircanada.com; Toll-free: 1-888-247-2262

Westjet: www.westjet.com; Toll-free: 1-888-937-8538

United Airlines: www.united.ca or www.united.com; Toll-free: 1-800-538-2929

Seaplane information is available on Tourism Victoria's home page (see below). Harbour Air Seaplanes offers up to 30 scheduled service flights daily between downtown Victoria and downtown Vancouver and takes 35 minutes. Approximately cost: \$115.00 each way (plus tax).

Phone Number: (250) 384-2215 Toll Free: 1-800-665-0212

FERRIES

Vancouver – Victoria: BC Ferries runs the ferry service from Vancouver to Victoria. The ferry leaves approximately every two hours from Tsawwassen and the travel time to Swartz Bay, Vancouver Island, is 95 min. Online information and reservation: www.bcferries.com

Toll free: 1-888-223-3779; From outside North America: 1-250-386-3431

Washington State – Victoria: There are several companies offering this service. The crossing time is approximately 95 minutes. For more information contact one of the following:

Victoria Express: Tel: (250) 361-9144; (360) 452-8088

Victoria Clipper: Tel: (250)-382-8100; (206)-448-5000; Toll-free: 1-800-888-2535

BUS

Vancouver – Victoria: There are buses running from downtown Vancouver and from Vancouver Airport to Victoria. This service takes approximately 3.5 hours. www.pacificcoach.com

Phone Number: (604) 662-7575; Toll Free: 1-800-661-1725

Tourism Information

Victoria provides visitors with many opportunities to experience the West Coast lifestyle. If you would like more information on travelling in the area or things to do and see in Victoria and on Vancouver Island, please contact these organizations:

Tourism BC: Telephone: 1-800-HELLO-BC (435-5622); www.hellobc.com

Tourism Victoria: Telephone: 1-250-953-2033; Toll-Free: 1-800-663-3883;

E-mail: info@tourismvictoria.com; www.tourismvictoria.com

Exhibiting

Exhibit space is available for community and health organizations only. Space is limited and is provided on a first-come, first-served basis. Please contact conference organizers at 604-822-2801 or by email: ipinfo@interchange.ubc.ca

Acknowledgements

We gratefully acknowledge the financial and in-kind support from the following organizations:

- **BC FASD Resource Society**
- **BC Women's Hospital and Health Centre**
- **Canada Northwest FASD Partnership**
- **CONNECTIONS: Serving Adolescents and Adults with FASD**
- **Provincial Health Services Authority**
– support through the office of British Columbia Perinatal Health Program (BCPHP)
- **Public Health Agency of Canada**

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WEDNESDAY, MARCH 11

“Coming together is a beginning; staying together is progress; working together is success” *Henry Ford*

7:30am Registration & Exhibits (Open)

PLENARY SESSION

8:30am Welcome to Coast Salish Territory

8:40am Conference Introduction

Jan Lutke Conference Chair, Clinical Research Manager, Canada Northwest FASD Research Network, Centre for Community Child Health Research (CCCHR), The University of British Columbia, Vancouver, BC

8:45am Opening Remarks

9:00am FASD in an Animal Model: How Basic Science can Inform Practice and Policy (Geoffrey Robinson Memorial Lecture)

Joanne Weinberg, PhD; Professor and Distinguished University Scholar, Acting Head, Dept. of Cellular & Physiological Sciences, The University of British Columbia, Vancouver, BC

Animal models of FASD were first developed to address the initial skepticism that maternal alcohol consumption could cause severe adverse effects. Over the years, these models have been extremely valuable for examining how and why specific outcomes occur, and for investigating mechanisms underlying these outcomes. Our specific research focus is on the investigation of alcohol's adverse effects on brain and biological development, with a particular emphasis on hormonal, immune and behavioral outcomes. In this presentation we will present some of our data and discuss the implications of our findings for understanding secondary disabilities in children with FASD, and for informing clinical practice and policy development.

10:30am Coffee Break (Exhibits & Poster Viewing)

11:00am Panel: What Do We Do With What We Know? Roundtable Discussion on Research to Policy & Practice

Panel Facilitator: Joanne Weinberg, PhD, Professor and Distinguished University Scholar, Department of Cellular & Physiological Sciences, The University of British Columbia, Vancouver, BC

Nancy Day MPH, PhD, Professory of Psychiatry and Epidemiology, Western Psychiatric Institute and Clinic, Pittsburgh, PA

Maira Plant PhD, Professor of Alcohol Studies, Faculty of Health and Life Sciences, University of the West of England, Bristol, England

Christine Loock MD, FRCPC, Clinical Associate Professor, Department of Paediatrics, The University of British Columbia; Chair, Child & Youth Committee, British Columbia Medical Association; Council on Health Promotion, Sunny Hill Health Centre for Children, Vancouver, BC

12:00noon Luncheon Break (provided)

1:30pm CONCURRENT SESSION A 1:30 – 3:00pm

“Start by doing the necessary, then the possible, and suddenly, you are doing the impossible” *Saint Francis of Assisi*

The session has eight 90 minute sessions and two 3 hour sessions.

A1 Conceiving Risk, Divergent Responses – Perspectives on the Evolution of the Construction of FASD in Six Countries

Laurie Drabble PhD, MSW, MPH, Associate Professor, San Jose State University School of Social Work, San Jose, CA, USA

Nancy Poole MA, PhD(c), Research Associate, BC Centre of Excellence for Women's Health; Research Consultant on Women and Substance Use Issues, BC Women's Hospital, Vancouver, BC

Maira Plant PhD, Professor of Alcohol Studies, Faculty of Health and Life Sciences, University of the West of England, Bristol, England

Raquel Magri MD, Pediatrics, Neonatology and Perinatology, Hospital Pereira Rossell, Montevideo, Uruguay

Nazarius Tumwesigye PhD, Biostatistician/Demographer, School of Public Health, Makerere University, Kampala, Uganda

Qing Li MD, MM, PhD, Postdoctoral Fellow, Department of Clinical Neuroscience and FAS Centre, University of South Dakota (and China), Grand Forks, North Dakota, USA

Researchers from six countries involved in the Gender, Alcohol and Culture: An International Study (GENACIS) collaboration will provide an overview of the state of FASD prevention and differing constructions of risk across cultures. Through virtual and in-person participation, this panel invites reflection on cross-cultural differences and discussion of how we can learn from one another.

A2 Speech Language Pathologists (SLPs) and FASD: Food for Thought. What Have We Learned and Where are We Headed?

Kristal Bodaly M.Sc., SLP(C), Registered Speech-Language Pathologist, Asante Centre for Fetal Alcohol Syndrome, Maple Ridge, BC

Carol Woodworth M.Sc., SLP(C), Registered Speech-Language Pathologist, Asante Centre for Fetal Alcohol Syndrome, Maple Ridge, BC

This workshop is geared for SLPs who are working with individuals who have FASD and their families. It is meant as a time for us to share information about what we have found at the Asante Centre, both in assessments, diagnosis and intervention, and as a forum for discussion. Come prepared with your ideas and experience to share with the group.

A3 Three 30 Minute Presentations:

i) Enhanced Services for Women Help Kit Training: Building Capacity

Addictions Counsellors, Enhanced Services for Women, and Help Kit presenters

Health and social service providers face many challenges when trying to engage with women who are pregnant or at risk of becoming pregnant who are also using substances. This workshop will:

- Showcase Alberta Health Services Help Kit training
- Highlight the need for gender specific approaches while following current best practices.

ii) Making a Difference: Facilitating a Best Practice FASD Community Awareness Campaign

Kathleen Mitchell MHS, LCADC, Vice President and International Spokesperson, National Organization for Fetal Alcohol Syndrome (NOFAS), Washington DC, USA

This workshop will review the process of facilitating a community-based FASD prevention campaign. Participants will review two FASD prevention campaigns that were developed using a social marketing framework model: identifying the target market, media outlets, messages, materials and assessing effectiveness. All participants will receive a copy of the NOFAS Public Awareness Guidebook.

iii) Diverse Approaches to the Primary Prevention of FASD: A Network of Change

Stacey McHenry BA (Honours), Program Coordinator, FASD Prevention Program, Saskatchewan Prevention Institute, Saskatoon, SK

This presentation highlights current Saskatchewan FASD initiatives to demonstrate the importance of using a multifaceted approach to the primary prevention of FASD. Key projects emphasize community development, public education, and youth engagement. Together these projects facilitate a province-wide network of change.

A4 Attachment and Sensory Processing in Individuals with FASD

Kim Barthelemy, BMR, OTR, Occupational Therapist, Labyrinth Therapies, Victoria, BC

This session will explore the behavioural complexities experienced by teens and adults with FASD who demonstrate merging influences of sensory processing disorders and attachment disorders. These linked issues converge neurobiologically and together co-create challenges in behaviour, learning and relationships. Brief introduction into behavioural identification of these issues will be presented.

A5 Developing Promising Practices to Improve Child Welfare Outcomes for Children, Youth and Caregivers Affected by FASD

Debbie Schatia Director, Child Welfare Institute, Children's Aid Society of Toronto, Toronto, ON

Deborah Goodman PhD., Manager, Research and Program Evaluation, Children's Aid Society of Toronto, Toronto, ON

Brenda Packard, BSW, Supervisor, The Children's Aid Society of Toronto, Toronto, ON

Susan Porritt, Children's Service Worker, The Children's Aid Society of Toronto, Toronto, ON

Recognizing the significant number of children, youth and parents affected by FASD, the Children's Aid Society of Toronto undertook a number of initiatives to change the way service was provided with the goal of improving outcomes. The workshop will present information related to a series of pilot projects that were initiated across the agency including: respite, training, specialized placements, case consultations and collaborations with community. The findings of the research conducted will also be presented.

A6 A Process Approach to Cognitive Remediation in Children with Attention, Executive Function and Self-Regulation Deficits: Does it Help Children with FASD?

Vincenza Gruppiso PhD, Research Associate, Department of Psychology, University of Victoria, Victoria, BC

Kimberly Kerns PhD, Associate Professor, Department of Psychology, University of Victoria, Victoria, BC

Jennifer MacSween Research Assistant, Department of Psychology, University of Victoria, Victoria, BC

This workshop will describe cognitive remediation techniques which utilize a skill building, process training approach to improving under-

lying cognitive abilities. These types of remediation approaches have been utilized in populations of children with brain injuries and developmental conditions. The results from two studies with children with FASD will be presented.

A7 Adapting Motivational Interviewing for Individuals with FASD: Applications in Addictions and Other Treatment Settings

Dan Dubovsky, MSW, FASD Specialist, Substance Abuse Mental Health Services Administration (SAMHSA) FASD Center for Excellence, Rockville, MD

Motivational Interviewing is an evidence based practice that has demonstrated positive outcomes for individuals with substance use disorders, eating disorders, and other issues. Due to its reliance on cognitive abilities and verbal receptive language processing, it is not useful for many individuals with FASD. This session will describe the concept of motivational interviewing and will focus on ways it could be adapted to be more useful for work with those with FASD in addictions and other settings.

A8 Two 45 Minute Sessions

i) Long term Follow-Up Study of Children with FASD into Young Adulthood: Comparison of Our "Berlin-Study" to the Results of Ann Streissguth 1996 Study

Hans-Ludwig Spohr Head of Department (e.m.), Department of Pediatrics, DRK-Kliniken Westend, Berlin Germany; apl. Professor, Humboldt University Berlin, Berlin, Germany

We investigated the long-term sequelae of intrauterine alcohol exposure using physical examination, psychosocial interviews, and a behavioural checklist in a 20-year follow-up study of 39 patients with FASD originally diagnosed as having FASD in infancy and childhood.

ii) Executive Functioning (EF) in Children and Adolescents with FASD: A Paired Comparison of Two Groups of 15 Children and Adolescents With and Without FASD in Germany, Matched According to Their Age, IQ and Living Standards

Jessica Wagner Clinical Psychologist, Rehabilitation Hospital for Children and Adolescents, Beelitz, Germany

In this study, specific neuropsychological tests and a special questionnaire were used to evaluate EF in general and in specific EF-domains such as planning, selective inhibition, cognitive flexibility, concept formation and rule breaking. Alcohol-exposed children were deficient in their overall EF performance as indicated by the overall BADS score as well as specifically impaired in planning, selective inhibition and rule breaking.

Two 3-hour sessions:

A9 Fetal Alcohol Spectrum Disorders in Australia: Progress and Outcomes in Australia 2007-2009

Jan M Payne SRN(UKCC), MSc, Senior Research Officer and Project Manager, Division of Population Sciences, Telethon Institute for Child Health Research, Subiaco, Western Australia

Carol Bower MB BSM MSc, PhD, FAFPHM, DLSHTM, Clinical Professor, Senior Principal Research Fellow, Centre for Child Health Research, University of Western Australia, Division of Population Sciences, Telethon Institute for Child Health Research; Medical Specialist and Head, Birth Defects Registry, King Edward Memorial Hospital for Women, Subiaco, Western Australia

Anne Bartu PhD, FRCNA, Adjunct Professor School of Nursing and Midwifery, Faculty of Health Sciences, Curtin University of Technology; Principal Research Officer, Drug and Alcohol Office, Perth, Western Australia; Honorary Research Fellow, Women and Infants Research Foundation, Subiaco, Western Australia

Heather D'Antoine B App Sci, M Hlth Econ, Senior Research Officer, Division of Population Sciences, Telethon Institute for Child Health Research, Subiaco, Western Australia

Elizabeth Elliott MD, FRACP, FRCPC, FRCP, Professor of Paediatrics and Child Health, The University of Sydney; Consultant Paediatrician, The Children's Hospital at Westmead, Sydney; Director, The Australian Paediatric Surveillance Unit; and Practitioner Fellow, National Health and Medical Research Council of Australia

Raewyn Mutch MBChB, DipRACOG, FRACP, PhD, Research Fellow, Division of Population Sciences, Telethon Institute for Child Health Research, Subiaco, Western Australia

Colleen M. O'Leary BSc, MPH, Research Associate/PhD Candidate, Division of Population Science, Telethon Institute for Child Health Research, Subiaco, Western Australia

Elizabeth Peadon MBBS, MPH, FRACP, PhD., Australian Paediatric Surveillance Unit and the University of Sydney; Developmental Paediatrician, The Children's Hospital at Westmead, Sydney, New South Wales, Australia

Since 2001 the Alcohol and Pregnancy Research Group in Australia has promoted collaborative research with the aim of translating research into policy and practice. A strategic approach has been taken to conduct research with the aim of preventing prenatal alcohol exposure and Fetal Alcohol Spectrum Disorder. Progress and research outcomes in Australia from 2007-2009 will be presented.

A10 Fetal Alcohol Spectrum Disorder in the Legal System: A Multidisciplinary Assessment Model for Adults and Adolescents

Paul Connor, PhD; Assistant Professor, Fetal Alcohol and Drug Unit, Department of Psychiatry and Behavioral Sciences, University of Washington; Neuropsychologist for FASD Experts; and Private Practice, Des Moines, WA

Natalie Novick Brown, PhD; Clinical Assistant Professor, Department of Psychiatry and Behavioral Sciences, University of Washington; Program Director of FASD Experts; and Private Practice, Seattle, WA

Richard Adler, MD; Clinical Instructor, University of Washington School of Medicine and Antioch University; Medical Director of FASD Experts; and Private Practice, Seattle, WA

This presentation will describe a new model for forensic multidisciplinary assessment of adolescents and adults with suspected FASD who are facing litigation. This is the first such team assembled in the United States. The presentation will discuss a unique multistage approach to assessment and diagnosis of FASD in forensic settings.

3:00pm Coffee Break: Exhibits & Poster Viewing

3:30pm CONCURRENT SESSION B 3:30 – 5:00pm

The session has eight 90 minute sessions and the continued A9 and A10 sessions.

B1 Nutrition for FASD

Diane M. Black PhD, Fetal Alcohol Syndrome Foundation of the Netherlands, Uithuizen, Netherlands

Jennifer D. Thomas PhD., Department of Psychology, San Diego State University, San Diego, CA

FASD is more than "just" brain damage. Alcohol also damages the digestive tract, pancreas, liver, and kidneys. Adapted nutrition can improve the physical and mental health of persons with FASD. This presentation will review scientific evidence, including recent research on choline supplementation, and present observations on what helps.

B2 Developing an Adult FASD Diagnostic Clinic: The Victoria BC Experience

Jonathan Down MBBS, MHSc, DCH, FRCPC, Developmental Paediatrician, Vancouver Island Health Authority, Victoria, BC

Grace Gerry Adult FASD Clinic Coordinator and Social Worker, FASD Community Circle, Victoria, BC

Kathy Horne, PhD; Psychologist, Adult FASD Clinic, FASD Community Circle, Victoria, BC

The successful development of a multi-disciplinary adult FASD assessment clinic will be described including current progress, challenges and future goals. Complexities of diagnosing adults rather than children will be discussed including impacts of life experiences, mental health issues and secondary disabilities. Practical insights, evaluation methods and community supports will be shared.

B3 The FASD Training, Consultation and Leadership Team as a Model for Community Capacity Building

Debbie Schatia Director, Child Welfare Institute, The Children's Aid Society of Toronto, Toronto, ON

Diane Smylie MSW, Manager of Research, Policy and Program Development, Jean Tweed Centre, Toronto, ON

Donna Debolt BSW, RSW, FASD Specialist, Edmonton, AB

Deborah Goodman PhD, Manager, Research and Program Evaluation, Child Welfare Institute, the Children's Aid Society of Toronto, Toronto, ON

The workshop will review the City of Toronto's development of the FASD Training, Consultation and Mentoring Leadership Team. This is a unique collaboration between 12 agencies representing different service sectors. The purpose of the Leadership Team model is to build community capacity by training service providers to educate and provide case consultation to service and care providers related to the complexities of FASD. The workshop will provide details about the selection and training process as well as evaluation findings which demonstrate the impact of the model. Community families have also benefited from enhanced cross-sectoral partnerships. The Leadership Team exemplifies promising practices for training service and care providers working with children, youth, families and pregnant women affected by FASD.

B4 Youth with FASD and the Youth Criminal Justice System in Canada

Cathy Goodfellow LLB, LLM Associate Senior Counsel - Youth Criminal Defence Office, Calgary, AB

Patricia Yuzwenko LLB, Staff Counsel, Youth Criminal Defence Office, Edmonton, AB

This is an interactive examination of the youth justice process. Participants will be asked to help create a profile (social/emotional/educational history) of a "typical" youth involved in the youth justice system with the added dimension of an FASD diagnosis. In this way we can highlight the challenges faced by advocates, the prospect of issues related to "fitness" to stand trial, and the difficulties associated with applying the principles and objectives of the Youth Criminal Justice Act to the profiled youth. We will also examine available case law in the area.

B5 Supporting Change and Preventing FASD Through Collaborative Approaches with Women: Motivational Interviewing Training for Service Providers

Cristine Urquhart MSW, RSW, Provincial Training Consultant, Healthy Choices in Pregnancy Provincial Education and Resource Development, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Frances Jasiura BPHE, BSW, Training Consultant, Healthy Choices in Pregnancy Provincial Education and Resource Development, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

This session will describe training for service providers on Motivational Interviewing (MI) within a women-centred, harm reduction framework as the second phase of the ActNow BC - Healthy Choices in Pregnancy education initiative being undertaken in British Columbia, Canada. Reflections and outcomes will be shared as well as a brief introduction to MI.

B6 What do Brainwaves tell us about FASD? Using Electrophysiological Methods to Understand Cognitive Processing in Children with Fetal Alcohol Spectrum Disorder

Travis E. Baker MSc., Department of Psychology, University of Victoria, Victoria, BC

Vincenza Gruppuso PhD, Research Associate, Department of Psychology, University of Victoria, Victoria, BC

The goal of this workshop is to provide a basic introduction to electrophysiological approaches to neuroimaging. In addition to contributions to our understanding of brain and cognitive processes, this technique holds promise for clinical applications such as assisting in the diagnostic process and informing potential interventions. The workshop will include a review and discussion of recent electrophysiological findings for children with Fetal Alcohol Spectrum Disorder.

B7 Two 45 Minute Sessions:

i) Calgary Fetal Alcohol Network; Building Community Capacity

Erin Palashniuk Coordinator, Calgary Fetal Alcohol Network, Calgary, AB

The Calgary Fetal Alcohol Network is a community-based network that addresses issues related to FASD. The focus of CFAN's activities has been to create significant community impact throughout Calgary and region to address the underlying public attitudes, behaviours, and policies that affect children, youth and adults.

ii) The Vancouver and Surrey FASD Collaboration Roundtables Project in British Columbia as a Catalyst for Community Capacity-Building: Lessons from Strategic Planning

Ruth Annis Project Consultant, Vancouver & Surrey FASD Collaboration Roundtables Project, Vancouver, BC

Intersectoral collaboration and systemic change are both critical to better meeting the complex needs of persons with FASD. This project engages intersectoral committees of decision-makers to identify current choke points and gaps, work toward agreement on feasible changes and initiatives within existing resources and mandates, and strategize about how to advocate effectively for needed reforms.

B8 A Screening and Brief Intervention Approach in Health Care Settings

Bert Singleton BA, Access to Recovery Director, Colorado Division of Behavioural Health, Denver, CO

Brie Reimann BA, Screening, Brief Intervention, Referral to Treatment (SBIRT) Program Director, Peer Assistance Services, Denver, CO

Marci Eads PhD, SBIRT Project Principal Investigator, Colorado Department of Health Care Policy and Financing, Denver, CO

Carolyn Swenson MSPH, MSN, FNP, Project Manager, Colorado Clinical Guidelines Collaborative, Denver, CO

Leigh Fischer MPH, SBIRT Program Manager, Peer Assistance Services, Denver, CO

Improving Health Colorado, an initiative of the Governor's office, offers an opportunity for early identification and intervention with the non-dependent user of alcohol and other drugs. This screening tool and a brief motivational intervention have proven effective at altering patterns of use, leading to reduced levels of use or abstinence.

5:00pm Adjourn

THURSDAY, MARCH 12

"Confidence, like art, never comes from having all the answers; it comes from being open to all the questions" *Earl Gray Stevens*

8:00am Registration & Exhibits Open

PLENARY SESSION

8:30am Opening Remarks – Hans-Ludwig Spohr

Hans-Ludwig Spohr, Head of Department (e.m.), Department of Pediatrics, DRK-Kliniken Westend; apl. Professor, Humboldt University Berlin, Berlin, Germany

8:45am Research – Collaborative Initiatives on FASD

Moderator: Sterling K. Clarren MD, FAAP; CEO and Scientific Director, Canada NW FASD Research Network; Clinical Professor of Paediatrics, University of British Columbia; Clinical Professor of Pediatrics, University of Washington, Seattle, WA

An International Approach to Research

Edward Riley PhD; Director, Center for Behavioral Teratology, San Diego State University; and, Distinguished Professor, Department of Psychology, San Diego State University, San Diego, CA

Prenatal Diagnosis of FASD: Is it Possible?

Andrew D. Hull MD, FRCOG, FACOG, Associate Professor of Clinical Reproductive Medicine, Department of Reproductive Medicine, University of California, San Diego, San Diego, CA

Application of Magnetic Resonance Microscopy to an FASD Model

Kathleen K. Sulik PhD; Professor, Cell & Developmental Biology and Bowles Center for Alcohol Studies, The University of North Carolina at Chapel Hill, Chapel Hill, NC

A Multisite Neurobehavioural Assessment of FASD

Sarah Mattson PhD; Associate Director, Center for Behavioral Teratology, San Diego State University; and, Professor, Department of Psychology, San Diego State University, San Diego, CA

Can We Improve Our Ability To Detect Fetal Alcohol Syndrome? Using 3D Facial Images

Tatiana Foroud PhD, P. Michael Conneally Professor of Medical and Molecular Genetics, Indiana University School of Medicine; and Director of Hereditary Genomics Division, Indiana University School of Medicine, Indianapolis, IN

10:30am Coffee Break: Exhibits & Poster Viewing

11:00am Research—Collaborative Initiatives on FASD cont'd

12:00noon Luncheon Break (provided)

1:30pm Concurrent Session C

1:30 – 3:00pm

"If you have an apple and I have an apple and we exchange these apples, we each still have one apple. But if we each have an idea and we exchange these ideas, then each of us will have two ideas"
George Bernard Shaw

The session has eight 90 minute sessions and two 3 hour sessions.

C1 Supporting Parents with FASD – A Curriculum for Professionals/Service Providers Working with Parents with Fetal Alcohol Spectrum Disorder (FASD)

Velma Mockett Psychology Instructor, Vancouver Island University; Youth Withdrawal Management Coordinator, John Howard Society North Island, Nanaimo, BC

Jan Iverson Education Instructor, Faculty of Social Sciences, Vancouver Island University, Nanaimo, BC

This session will provide grounding for understanding the needs of parents with FASD. It will provide an overview of the curriculum that

has been developed to facilitate continued enhancement of the capacity of professionals engaged in the treatment and support of parents with FASD. The intention is that material from this presentation will serve as common reference points of knowledge and skills for professionals.

C2 Effects of Integrated Treatment Programs on Maternal Substance Use and Length of Treatment

Karen Milligan PhD, C. Psych., Psychologist, Children and Family Services, The Credit Valley Hospital, Mississauga, ON

Findings from our meta-analysis of integrated treatment programs for substance-using women and their children will be presented. We will address the effect of treatment on maternal outcomes and the moderating role of client and program characteristics. Discussion will include implications for the prevention and treatment of FASD and future research.

C3 Three 30 Minute Sessions:

i) Alcohol Use during Pregnancy in Manitoba: Results from a Population-Based Screening Tool

Mariette Jeanne Chartier RN, PhD, Research Scientist, Healthy Child Manitoba and Assistant Professor, Community Health Sciences, Faculty of Medicine, University of Manitoba, Winnipeg, MB

Jill Isbister BA, Program and Policy Consultant, FASD, Healthy Child Manitoba, Winnipeg, NB

Understanding the extent of alcohol use during pregnancy is essential for developing effective FASD prevention programs. We will examine the amount and frequency of alcohol use during pregnancy, differences in alcohol use after pregnancy awareness, characteristics associated with women who report any alcohol use and those who report using alcohol heavily during pregnancy.

ii) Dispelling Myths and Developing a Framework for Reducing the Risk of Alcohol-Exposed Pregnancies

Suzanne Tough PhD, Scientific Director, Alberta Centre for Child, Family & Community Research, Calgary, AB

Theoretically, effective strategies for reducing substance abuse would include addressing risk factors and antecedent events. Approaching substance abuse from a population health perspective informs strategies that may identify women at risk early enough for prevention. We will discuss strategies to optimize pregnancy outcomes and reduce the risk of FASD.

iii) ActNow BC Healthy Choices in Pregnancy: Provincial Education and Resource Development to Support the Prevention of FASD

Cristine Urquhart MSW, RSW, Provincial Training Consultant, Healthy Choices in Pregnancy Provincial Education and Resource Development, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Nancy Poole MA, PhD(c), Research Associate, BC Centre of Excellence for Women's Health; Research Consultant on Women and Substance Use Issues, BC Women's Hospital, Vancouver, BC

BC's Healthy Choices in Pregnancy initiative offers an example of the possibilities of FASD prevention focused on supporting change by service providers and health/social service systems. This session will describe the creative, evidence-based approaches to resource development and professional training being implemented by the HCIP team, in collaboration with regional health authorities and a range of women's service providers across BC.

C4 An Analysis of Outcomes Versus Practical Realities in Providing Services for Youth with FASD in Conflict with the Law—The Manitoba Youth Justice Program

Sally Longstaffe MD, Medical Director, Clinic for Drug & Alcohol

Exposed Children, Children's Hospital, Winnipeg, MB

Mary Kate Harvie Associate Chief Justice, Manitoba Provincial Court, Winnipeg, MB

The Winnipeg Youth Justice Program provides incarcerated youth with FASD assessments. The goal is reducing recidivism and providing a circle of support for the youth. We previously demonstrated a trend of decreased offences after intervention. We will present current outcomes, and discuss challenges of using this information to provide better services.

C5 Sleep Strategies that Work for Children with FASD

Brenda Fjeldsted B.O.T., O.T. Reg. (MB), Occupational Therapist, Clinic for Alcohol and Drug Exposed Children, Winnipeg Children's Hospital, Winnipeg, MB

Ana Hanlon-Dearman MD, MSc, FRCPC, FAAP, CBSM, Developmental Pediatrician, Clinic for Alcohol and Drug Exposed Children, Winnipeg Children's Hospital, Winnipeg, MB

The purpose of this workshop is to present evidence based information on sleep disorders in children with FASD along with practical strategies that work in managing these challenging difficulties. The impact of the neurodevelopmental injury associated with FASD on the neurobiology of sleep will be discussed. An approach to assessment of sleep disorders, followed by a discussion of environmental strategies, sensory based strategies, and medication options will be discussed. This workshop will be of interest to families, caregivers, and professionals who work with children with FASD and sleep problems.

C6 Bringing Consistency to Diagnosis of FASD in Clinics Across Canada Northwest

Sterling K. Clarren MD, FAAP; CEO and Scientific Director, Canada NW FASD Research Network; Clinical Professor of Paediatrics, University of British Columbia; Clinical Professor of Pediatrics, University of Washington, Seattle, WA

The Network has concluded four projects which should yield increased consistency and accuracy for FASD diagnosis. Developing accurate norms for palpebral fissure size in school age children of all ethnic groups; bringing consensus to the psychometric test battery; development of a common data set; revision and agreement on the brain code on the 4 Digit Diagnostic Code for FASD. Results from these projects will be presented.

C7 Women and Addiction – Finding Our Compassion

Mary Harber-Iles MSW, Assistant Professor, School of Social Work and Human Services, Thompson Rivers University, Kamloops, BC

This session will explore how beliefs and values are created around addiction issues, prevention concepts and how they impact the lives of women. If women feel judged and blamed we will not be able to support healthier choices, prevent FASD and eliminate barriers. Participants should be prepared to challenge their belief systems and develop strategies for supporting women in their community.

C8 Ethical Programming: Towards a Community-Centered Approach to Fetal Alcohol Syndrome, Mental Health and Addiction Programming in Aboriginal Communities

Caroline L. Tait PhD, Associate Director, Indigenous Peoples' Health Research Centre; Assistant Professor, Department of Native Studies, University of Saskatchewan; board member of First Nations, Inuit and Metis Advisory Committee to the Mental Health Commission of Canada, Saskatoon, SK

Canada's Aboriginal peoples are national leaders in fetal alcohol spectrum disorder prevention, addiction treatment and inter-generational trauma and mental distress therapies. The presentation argues that with the systematic application of ethical guidelines grounded in Aboriginal worldviews, paradigms and values, success rates for prevention, promotion, and treatment programming will increase because

of the added commitment to patients, clients, communities and organizations; potential harm to vulnerable populations will decrease; and higher levels of trust between government health ministries and different levels of primary health care in Aboriginal communities, specifically community front-line health organizations and workers will be achieved.

Two 3-hour Sessions:

C9 Neurocognitive Performance of Individuals with FASD Across the Lifespan: Executive Functions, Memory & Learning

Don Massey PhD, Clinical Neuropsychologist, Private Practice, Adjunct Professor, Department of Educational Psychology, University of Alberta, Edmonton, AB

Valerie Massey PhD, Neuropsychologist, Private Practice, Adjunct Professor, Department of Educational Psychology, University of Alberta, Edmonton, AB

Jacqueline Pei PhD, Consulting & Clinical Psychologist, Private Practice, Assistant Professor, Department of Educational Psychology & Assistant Clinical Professor, Department of Pediatrics, University of Alberta, Edmonton, AB

This presentation will consist of a panel of 3 professionals discussing the neuro-cognitive performance of children, adolescents and adults with FASD. Executive functions of the brain, including the neuro-anatomical structures involved in these highly complex functions, as well as the functional and behavioral implications of deficits in these areas will also be presented. The neuropsychological performance of individuals with FASD, with a particular emphasis on the discrepancy between results on intelligence testing and measures of executive functioning related to testing sensitivity will also be discussed. This presentation will also cover the newly emerging concept of neuro-cognitive decline, born out through case studies. The importance of thorough clinical evaluations, including the need for multi-modal assessment will be emphasized.

C10 FASD and Neglect in Infancy: The Therapeutic Impact of Relationships

Evelyn Wotherspoon, MSW; Spokesperson for the Infant Mental Health & Family Law Initiative, Toronto Sick Kids Hospital; Children's Mental Health Consultant, Collaborative Mental Health Care, Calgary Health Region, Calgary, AB

Karen Serrett, PhD; Consulting Psychologist, Collaborative Mental Health Care Program, Calgary Health Region, Calgary, AB

This workshop will review the emerging findings from neuroscientific research on the implications for mental health and brain development when infants with FASD are exposed to chronic neglect. In particular, the impact of responsive caregiving on affect regulation, the stress response system, and cognitive development will be highlighted. Implications for policy and practice will be discussed.

3:00pm Coffee Break: Exhibits & Poster Viewing

**3:30pm CONCURRENT SESSION D
3:30 – 5:00pm**

The session has eight 90 minute sessions and the continued C9 or C10 sessions.

D1 Education & Awareness of FASD for Justice Professionals

Marilou Reeve Counsel, Strategic Initiatives and Law Reform Unit, Department of Justice Canada, Ottawa, ON

Mary Johnston BH Sc, B Ed, Manager, FASD Initiative, Centre for Health Promotion and Chronic Disease Prevention and Control, Public Health Agency of Canada, Ottawa, ON

Diana Fox Research Coordinator, Department of Epidemiology and Community Medicine, Faculty of Medicine, University of Ottawa, Ottawa, ON

Charlotte Fraser Research Analyst, Research and Statistics Division, Department of Justice

The Department of Justice Canada (DOJ) and The Public Health Agency of Canada (PHAC) will discuss the tools available and the necessity of training justice professionals about the complex issues that arise when individuals with FASD come in conflict with the law. Topics discussed will include:

- An overview of what resources are currently available to train legal professionals about FASD.
- A Review of DOJ and PHAC research activities on FASD and the justice system
- An overview of what training materials have a national significance and include key components.

D2 Oculomotor Control in Children with Fetal Alcohol Spectrum Disorders: Saccadic Eye Movements Offer New Opportunities for Screening and Diagnosis

James Reynolds PhD, Professor, Department of Pharmacology & Toxicology, and Centre for Neuroscience Studies, Queen's University, Kingston, ON

This presentation will outline studies on the use of eye movement behaviour as an objective measure of brain dysfunction in children with FASD. Novel methodologies are being developed that may yield new tools that can be used to accurately and objectively classify brain dysfunction in young children.

D3 The Safety Net – Services for Transitional Youth & Adults Ineligible for Other Supports

Brenda Bennett Executive Director of Life's Journey Inc., Winnipeg, MB

Gwen Kydd Program Manager Spectrum Connections FASD Services, Winnipeg, MB

Spectrum Connections FASD Program is a made in Manitoba initiative dedicated to enhancing the lives of youth and adults living with Fetal Alcohol Spectrum Disorders who are ineligible for other government support programs. The program model activities will be highlighted through a case study and interactive process.

D4 NOGEMAG—An Education Of The Heart, Hand, Mind and Spirit: The Medicine Wheel Tools and the Eastern Door Centre. Maintaining Cultural Identity in the Screening, Diagnosis, Intervention and Prevention of FASD

Lori Vitale Cox MA, PhD, Acting Director, Eastern Door Centre, Elsipogtog First Nation, NB

The Medicine Wheel Tool Kit provides practical simple to use tools developed in a large First Nation community in Atlantic Canada in relation to FASD and other developmental conditions affecting the youth in the community. It offers a holistic community based approach to FASD screening, intervention and prevention. The Medicine Wheel school screening tool was recently chosen by Public Health Agency of Canada as one of five FASD screening tools to be developed nationally. The tool-kit also includes the Medicine Wheel Community Development Tool for mapping gaps and strengths in the community system in relation to a community FASD strategy as well as the Medicine Wheel Difference Game Cards for working with high risk mothers and affected youth post-diagnosis.

D5 Two 45 Minute Sessions:

i) Everything you Wanted to Know About Starting a Virtual Diagnostic Team, but Didn't Know to Ask: Starting from the Beginning

Anne Fenwick Director of Family Health, Region of Peel Health Department, Mississauga, ON

Lorna Montgomery Clinical Director, Infant and Child Development Services Peel, Trillium Health Centre, Mississauga, ON

Angelo Simone MD, Paediatrician, Trillium Health Centre, Mississauga, ON

Sandra Frampton Program Supervisor, Children's Services, Ministry of Children & Youth Services, Toronto, ON

Community partners in Peel dealing with children with special needs realized the need for a diagnostic service for FASD and started a virtual, cross disciplinary cross sectoral team to assess children under 6 years, to provide diagnoses. This presentation will outline the steps required and what you need to know to put together such a team.

ii) Four Years Later: The Virtual Team – Does It Work?

Cindy Cyr; BSc, O.T., OT Reg. (Ont.), Occupational Therapist, Peel Region FASD Clinical Service, and Child and Family Services, The Credit Valley Hospital, Mississauga, ON

Angela Lawton; BSc., DCS, MSc (pend), Psychometrist, Peel Region FASD Clinical Service and Trillium Health Centre, Mississauga, ON

Andrea Llewellyn; B.S.W., RSW, Social Worker, Peel Region FASD Clinical Service and Peel Children's Aid Society, Mississauga, ON

This workshop will provide a retrospective analysis of the evolution of a "virtual" diagnostic team; examining the advantages and challenges of a multi-agency team model from an administrative, clinical, and community perspective. Next steps for building capacity, optimizing clinical care, and supporting function through research will also be addressed.

D6 Applying the Concept of Neurological Dysregulation: Moving from Intentional to Reactive Behaviour

Louise Scott PhD, Paediatric Neuropsychologist, Private Practice, Scott & Associates, NeuroDevelopmental Services, Member of K-W, Brant & Hamilton FASD Diagnostic Team, Paris, ON

Beth Howell-Vervaeke Psychometrist, NeuroDevelopmental Services, Support to FASD Diagnostic Team & Research Program, Paris, ON

The concept of neurological dysregulation assists us to change our view of the behaviour of those prenatally exposed to alcohol. We can begin to apply the concepts and strategies of shaping and errorless learning to increase the available structure in the environment, to identify the triggers and to lessen the reactivity of the behaviour. This allows us to now understand that behaviour is reactive and not intentional. Specific strategies for home and school will be reviewed.

D7 Representation Agreements as a Tool to Support Decision-Making for Adults with FASD

Joanne Taylor; Executive Director, NIDUS Personal Planning Resource Centre, Vancouver, BC

Deborah Rutman, PhD; School of Social Work, University of Victoria, Victoria, BC

The presentation is based on a recent community-based research project in BC that aimed to improve public and family/caregiver knowledge about Representation Agreements (RAs) as a tool for personal planning for adults with FASD and their support people. Through this project we have delivered educational workshops in specific BC communities regarding the existence and applications of Representations Agreements as a tool for assisted decision making for adults with FASD and their support people; we also have provided practical and informational support to individuals with FASD who seek to make a Representation Agreement. The presentation includes findings from our project and will also include an overview of the concept of legal capacity (what it is; how it typically has been assessed—and where/how medical diagnoses fit with capacity assessments) and implications of capacity-related issues for adults with FASD and their support people.

5:00pm Adjourn

7:30pm CONCURRENT SESSION E & POSTER SESSION 7:30–9:00pm

"The measure of greatness is not found in your accomplishments, but in how much discouragement it takes to stop you" *Anonymous*

You can attend one of the 90 minute concurrent sessions in (E) or the Poster Session (presenters will be at their posters). Poster Session will be repeated on Friday at noon. Dessert with coffee & tea will be served.

E1 "Paws on Purpose: Innovations in Animal Assisted Therapy for FASD Programs"

Kristine Anderson MA (Candidate), Senior Program Manager, The Chimo Project, Edmonton, AB

This session will show you how Animal Assisted Therapy can be used to help clients with FASD achieve their goals. This workshop will provide participants with information, research and best-practice tools for effective planning and implementation of animal assisted therapy into their current FASD services and programs.

E2 The Mind, Body, Spirit Experience in Reestablishing a Cultural Identity in Female Adult Indigenous Offenders with FASD

E. Sharon Brintnell Dip P & OT, BOT, MSc FCAOT CDMP, Professor and Director, Occupational Performance Analysis Unit, Department of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta

Rebecca Martell, Clinical Associate, Occupational Performance Analysis Unit, Department of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta

William Smallacombe MA, Manager of Assessment & Treatment Services, Alberta Solicitor General & Public Safety, Correctional Service Division, Fort Saskatchewan Correctional Centre, Fort Saskatchewan, AB

Corrections to Community is a transitional support program for female Aboriginal offenders with FASD leaving the correctional environment and returning to the community. The Mind Body Spirit (MBS) program—a holistic approach to support societal re-entry based on traditional values and principles of the native culture—is employed. Each participant has a specific transitional support worker to assist the client with the connections to community service agencies. The client is able to develop or enhance their community living skills through a mentoring process with the Transitional Worker. The goal of the program is to create a safe and supported re-entry to the community and reconnection with community support agencies.

E3 Preventing FASD: Collaborating on a Health Determinants Approach

Amy Salmon PhD, Managing Director, Canada Northwest FASD Research Network, Addictions Research Unit Manager, Women's Health Research Institute, Clinical Assistant Professor, School of Population and Public Health, Faculty of Medicine, UBC, Adjunct Assistant Professor, Faculty of Human and Social Development, University of Victoria, Victoria, BC

Nancy Poole MA, PhD(c), Research Associate, BC Centre of Excellence for Women's Health; Research Consultant on Women and Substance Use Issues, BC Women's Hospital, Vancouver, BC

Additional speakers will be "members of the Network Action Team on FASD prevention from a women's health determinants perspective"

The members of the Network Action Team on FASD Prevention from a Women's Health Determinants Perspective will share (and seek feedback) on what we are learning through networking, research and knowledge exchange on the interwoven topics of women's substance use/addictions, reproductive health care, health promotion, service delivery and FASD prevention.

E4 Medication Use for Children and Adolescents with FASD: Implications for Individuals, Families, and Providers

Dan Dubovsky, MSW; FASD Specialist, Substance Abuse Mental Health Services Administration (SAMHSA) FASD Center for Excellence, Rockville, MD
Diane Fast, MD; Psychiatrist, BC Children's Hospital and the University of British Columbia, Vancouver, BC

There are a number of considerations that must be taken into account before medication is prescribed as a component of a treatment protocol. It is important for everyone involved to be clear in the use of medications as well as desired effects. This session examines medications that may be used with children and adolescents with FASD, examining rationales for their use. The development of a benefit/risk balance sheet when considering medication is examined and issues in adherence to medication are described.

E5 Making our Voices Heard: A Photovoice Exhibit by Mothers Whose Children are Living With Fetal Alcohol Spectrum Disorder (FASD)

Krista Lauer, MSc, Manager of International Policy, AIDS Project Los Angeles, Los Angeles, CA
Judy Kay, Coordinator, Healthy Generations, Sioux Lookout, ON

This session will provide a window into the lives of caregivers by screening a short film created by five mothers from Sioux Lookout, Ontario, Canada, whose children are living with FASD. Discussion will follow on community based research strategies (Photovoice), and the value of exploring and acknowledging "lived" expertise.

9:00pm Adjourn

FRIDAY, MARCH 13

"Knowledge is that which is acquired through learning. Wisdom is knowing what to do with it." Anonymous

8:00am Registration & Exhibits Open

PLENARY SESSION

8:30am Opening Remarks – Lorian Hayes

Lorian Hayes Founder, National Indigenous Australian Fetal Alcohol Syndrome Education Network (NIAFASEN), Queensland; Lecturer, Indigenous Health Unit, Division of International & Indigenous Health, School of Population Health, Faculty of Health Sciences, The University of Queensland, Australia

8:40am MRI, MRS, and fMRI Study of Children with FASD

Susan Astley, PhD; Director, Washington State FAS Diagnostic & Prevention Network, and Professor of Epidemiology, University of Washington, Seattle, WA
 Magnetic resonance (MR) technology offers non-invasive methods for in vivo assessment of neuroabnormalities. A comprehensive neuropsychological/psychiatric battery, coupled with MR imaging (MRI), MR spectroscopy (MRS), and functional MRI (fMRI) assessments, were administered to children with fetal alcohol spectrum disorders (FASD) to determine if global and/or focal abnormalities could be identified, and distinguish diagnostic subclassifications across the spectrum. The four study groups included: 1) FAS/Partial FAS; 2) Static Encephalopathy/Alcohol Exposed (SE/AE); 3) Neurobehavioral Disorder/Alcohol Exposed (ND/AE) diagnosed with the FASD 4-Digit Code; and 4) healthy controls with no prenatal alcohol exposure. The results of this comprehensive FASD MR study will be presented.

10:00am Coffee Break: Exhibits Open

**10:30 am CONCURRENT SESSION F
 10:30–12:00 noon**

The session has nine 90 minute sessions and one 3 hour session.

F1 "One small Program – One HUGE Impact!"

Teresia Loudon; ECE, Program Facilitator, Friday's Child: "Playing in the Light", Comox Valley Aboriginal Head Start, Courtenay, BC
Susan Urdea; Parent and Grandparent, Courtenay, BC

Funded by Ministry of Children and Family Development of BC, this FASD strengths-based community program offers a welcoming place where "whatever happens, happens, because life is like this." Families explore FASD together or with guest speakers, discussing everyday issues, building support and advocacy; belonging and believing "it takes a whole community to raise a child."

F2 Prenatal Exposure to Alcohol and Nicotine – Early Primary Schools Outcomes

Ray Peters, PhD; Professor Emeritus, Department of Psychology, Research Director Better Beginnings, Better Futures Research Unit, Queen's University, Kingston, ON
Mary Johnston, BH Sc, B Ed; Manager, FASD Initiative, Centre for Health Promotion and Chronic Disease Prevention and Control, Public Health Agency of Canada, Ottawa, ON

This analysis of the Better Beginnings, Better Futures longitudinal data examined relationships between prenatal exposure to alcohol and nicotine separately and in combination on outcomes of over 400 children over four years of primary school. Five domains of child development were analyzed: general development, cognitive development/ academic performance, social/emotional functioning, physical health, and behavior problems.

F3 Adapting the Roots of Empathy Program for Students with FASD

Kathy Kathy Manager of Program Integrity, Roots of Empathy, Toronto, ON
Dorothy Schwab OT Reg., Occupational Therapist, Roots of Empathy Instructor, School Therapy Services, Roots of Empathy, Winnipeg, MB
Donna Letchford Director of Curriculum, Roots of Empathy, Toronto, ON

Roots of Empathy is an innovative, evidence-based classroom program which has shown a dramatic effect in reducing levels of aggression in schoolchildren while raising social/emotional competence and increasing empathy. This session is a presentation of the program adapted to meet the needs and accommodate the learning styles of children with FASD.

F4 The Bridge Project: Making the Transition to Adulthood a Positive Experience for Young People Living with FASD

Ray Hartley Program Manager, The Bridge Program, PLEA Community Services Society of BC, Vancouver, BC
Sarah Dewar FASD Coordinator, The Bridge Program, PLEA Community Services Society of BC, Vancouver, BC

The Bridge Program is a demonstration project designed to improve the quality of life of young people living with FASD who are transitioning to adulthood. It provides practical transition support services; assistance accessing housing, income, and employment; social and life skill development; and advocacy within the larger service systems.

F5 Integrating Knowledge about FASD into Professional Human Service Programs: Thompson Rivers University FASD Program

Jay Goddard Program Co-ordinator, Human Service Programs – School of Social Work & Human Services, Thompson Rivers University, Williams Lake, BC

In 2004, Thompson Rivers University campuses in Williams Lake, Kamloops, Lillooet and Ashcroft, BC, delivered a program focusing on

skills and knowledge around FASD issues for entry level practice by front line human service personnel in school and community settings. The experience of the graduates, community agencies and instructors of these programs speaks to the importance of the integration of FASD into professional human service programs.

F6 Structured for Success Program: Research, Program Successes, Parents with Hope

Raylene Bryce BSW, Ministry of Children and Family Development, Family Development Response Team, Structured for Success Program, Prince George, BC

The Structured for Success Program provides services that are based on a neurocognitive/accommodations model in a wrap around service environment. The goal of the program and the focus of the current research is to validate the effectiveness of such a model of intervention with families whose adaptive function and parenting capacity has been compromised by suspected or confirmed diagnosis of an FASD.

F7 The Effectiveness of FASD Programs on Outcomes for At-Risk Mothers, Families and Parents with FASD

Carmen Rasmussen PhD, Assistant Professor, Department of Pediatrics, University of Alberta, Edmonton, AB

Dorothy Henneveld MA, Program Director, Catholic Social Services, Edmonton, AB

Dorothy Badry PhD, MSW, RSW, Assistant Professor, Faculty of Social Work, University of Calgary, Central and Northern Region, Edmonton, AB

Kennedy Denys BA, Research Assistant, Department of Pediatrics, University of Alberta, Edmonton, AB

A retrospective analysis of data collected from Catholic Social Services FASD programs (First Steps, Step by Step and Coaching Families) found overall improvement for clients pre to post program. These programs serve at-risk mothers, families and parents with FASD. Client demographics and additional information will be discussed for each program.

F8 Transdisciplinary Perspectives on FASD Prevention Research

Kim Hellemans PhD, Postdoctoral Fellow, Department of Cellular and Physiological Sciences, University of British Columbia, Vancouver, BC

Nancy Poole MA PhD(c), Research Associate, BC Centre of Excellence for Women's Health; Research Consultant on Women and Substance Use Issues, BC Women's Hospital, Vancouver, BC

Karen Ingersoll PhD, Clinical Psychologist, Department of Psychiatry and Neurobehavioral Sciences, University of Virginia, Charlottesville, VA

Amy Salmon PhD, Managing Director, Canada Northwest FASD Research Network, Vancouver, BC

This panel will highlight the progress we are making in generating evidence on the biological, clinical, health service and social factors that influence drinking in pregnancy. It will provoke discussion of how we can foster transdisciplinarity and collaboration across disciplines, in ways that improves the health of girls and women and prevents FASD.

F9 Hope for Women in Recovery: Facilitating Women in Recovery Summit

Kathleen Mitchell MHS, LCADC, Vice President and International Spokesperson, National Organization on Fetal Alcohol Syndrome (NOFAS), Washington, DC

Reaching birth mothers with information about drinking during pregnancy is key to preventing future alcohol exposed pregnancies. This workshop will review the steps necessary to plan, implement, and evaluate a Women in Recovery Summit, a best practice model designed to educate policy makers, addiction counselors and the women they serve.

One 3 Hour Session:

F10 Possibilities for Approaching Discipline with Youth with FASD: Utilizing a Relational and Strengths Based Approach

Stephen De Groot MSW, RSW, Consultant, Myriad Consultation and Counselling, Winnipeg, MB

Susan Opie MSW, RSW, FASD Consultant, Myriad Consultation and Counselling, Beausejour, MB

This interactive half-day workshop is highly practical in nature. It will explore concepts and principles for working with and caring for youth with FASD in a relational and strength-based way. This approach has been successfully used for over five years in caregiving by youth care workers, foster care parents and other caregivers. It provides ways to develop respectful relationships with individuals with FASD based on that individual's perceived needs, goals, interests, hopes and desires. This approach is individualized, developed in collaboration with the specific individual, and allows for plans to be continually updated allowing individuals to change and move towards their identified goals.

12:00noon Luncheon Break (provided)

12:45pm Optional Luncheon Sessions

Please indicate on the registration form if you wish to attend the **Roundtable Discussion** or **Poster Session** (repeated).

i) Poster Session (repeated) (presenters will be at their posters to answer questions)

ii) Roundtable Discussion – Research to Policy & Practice

At this conference, all types of research related to FASD and women's alcohol use in pregnancy are represented: including biomedical, clinical, health services, population health and policy research. At this roundtable, researchers from all these pillars of research will lunch together and informally discuss the implications of their work for policy and practice in the short and long term. This session will be hosted by the Canada Northwest FASD Partnership.

2:00pm CONCURRENT SESSION G 2:00–3:30pm

"He who knows all the answers has not yet asked all the questions" *Anonymous*

This session has nine 90 minute sessions and the continued F10 session.

G1 Intergenerational Family Interventions – A Child Welfare Response

Kathy Jones; PhD., RSW, Executive Director, Child and Family Services of Central Manitoba, Portage la Prairie, MB

Kim Clare; BSW, MSW PhD (ABD), RSW, Director, Inner City Social Work Program, University of Manitoba, Winnipeg, MB

This study looks at some of the dynamics facing adoptive families of adult children living with FASD who become involved in the child welfare system. Using qualitative interviews with adoptive parents and child protection workers, this study looks at ways that the child welfare system might provide a better model of support for the resulting complex family dynamics.

G2 Prevention of FASD in Northern Native Communities: A Practical School-Based Approach

Steven Jacquier MA, ABD, Director of Northern Educational Consulting, Anchorage, AK

David Gilliam PhD, Professor of Psychology, School of Psychological Sciences, University of Northern Colorado, Greeley, CO

Judith Kleinfeld PhD, Professor of Psychology, Director of Boys Project, Co-Director of Northern Studies, University of Alaska Fairbanks, Fairbanks, AK

In the classroom-based project “FASD in Lab Mice” (implemented for ten years in rural Alaska and in Colorado) students conducted Institutional Animal Care and Use Committee (IACUC)-approved scientific experiments examining alcohol and alcohol exposure during pregnancy. Students directly measured birth outcomes comparing control and treatment groups of lab mice. FASD prevention efforts based in this project won local and national awards; some students advanced to college studies and careers at significant institutions as a direct consequence of their participation. This project’s cultural compatibility received strong support in Native communities.

G3 Study of a Mentoring Program in First Nations Communities

Jan Andrews MSW, A/Manager FASD Strategic Programming Unit, First Nations Health Branch, Health Canada, Ottawa, ON

Anne Guy MA, Policy and Accountability Analyst, Health Canada, Halifax, NB

Sarah Steeves-Winn MA, MEd, Senior Program Officer, Health Canada, Ottawa, ON

Health Canada’s FASD Mentoring Program supports 40 mentoring projects in First Nations communities across Canada for women at risk of drinking during pregnancy. This workshop will describe the process and preliminary findings of a study which examined program development; implementation; current program functioning; successes and challenges

G4 FASD Art Therapy Project: A Pilot Study

Tanis Dick MAT, RCAT, ATR-BC, Art Therapist, Private Practice, Winnipeg, MB

Dorothy Schwab O.T. Reg. (MB), Community Liaison and Follow-up Worker, Clinic for Alcohol and Drug Exposed Children, Winnipeg, MB

This Art Therapy project used individual and group art therapy to provide disability education to youth diagnosed with FASD and their caregivers, improve child-caregiver fit, and create both a youth and a caregiver support group. Program development, objectives, therapeutic goals, creative interventions and project outcomes will be presented.

G5 Supporting Families with Children and Youth with FASD: Lessons from British Columbia’s Family Support Initiatives and Evaluation

Sharon Hume MSW, Evaluation Team Member – Key Worker and Parent/Caregiver Support Services Evaluation, and Principal of Nota Bene Consulting Group, Victoria, BC

Jim Luettgen PhD, Senior Consultant, Children & Youth with Special Needs Branch, BC Ministry of Children and Family Development, Victoria, BC

Deborah Rutman PhD, Evaluation Team Member – Key Worker and Parent/Caregiver Support Services Evaluation, and Principal of Nota Bene Consulting Group, Victoria, BC

Carol Hubberstey MA, Evaluation Team Member – Key Worker and Parent/Caregiver Support Services Evaluation, and Principal of Nota Bene Consulting Group, Victoria, BC

In this presentation, we will provide an overview of the Key Worker and Parent Support Services and discuss the results of the evaluation, including early and intermediate outcomes for children, families, and communities. In addition, there will be an opportunity for a discussion of issues, strengths and challenges in implementing multi-year, large-scale yet community-based initiatives, and issues in evaluation.

G6 Changing Public Policy related to FASD in the Juvenile and Criminal Justice System

Hon. Anthony Wartnik Owner, APW Consultants; Member, FASDExperts: Consultant to the Fetal Alcohol and Drug Unit, University of Washington School of Medicine, Mercer Island, WA

Kathryn Kelly Project Director, FASD Legal Resources Center, Fetal

Alcohol and Drug Unit, University of Washington School of Medicine, Seattle, WA

William J. Edwards Deputy Public Defender, Mental Health Court, Los Angeles County, Los Angeles, CA

As the courts and inter-related justice systems become more exposed to the subject of Fetal Alcohol Spectrum Disorders (FASD) and its multiple impacts on society and the justice systems, attitudes regarding how best to respond to the demands thereof are changing, not only in North America but in other parts of the world as well. This program presents the case for needed change in public policy, reasons and obstacles. Judge Wartnik will discuss access to justice and obstacles thereto. Mr. Edwards will discuss changing court attitudes/raising FASD at all stages. Ms. Kelly will discuss how the King County Drug Court is changing policy and practices regarding services.

G7 FASD Taskforce

Janet Christie; FASD Mom’s Mentoring Moms’ Project Co-ordinator, Victoria, BC

Tracie Fawkes; FASD Taskforce Co-ordinator, PEERS, Victoria, BC

The FASD taskforce has developed seven advisory groups across British Columbia that consist of community members concerned with the increasing number of sexually exploited youth and survival sex workers, particularly those affected with FASD. This presentation will include the community development process, and the four initiatives that will be shared with the communities. These include: Sex Workers Addressing Treatment (SWAT); FASD Family Collaborative Homes; Family Group Conferencing and the FASD Mom’s Mentoring Mom’s Project.

G8 Meaningful Therapy: Effective Approaches and Practices to Counselling

Corrinna Douglas MACP, FASD Program Supervisor & Counsellor; Insight Support Services Inc., Kamloops, BC

This session explores the complexities of Fetal Alcohol Spectrum Disorder related to counselling, and four significant guiding principles of therapy. Therapy is possible for individuals with FASD. The focus of this session is to examine key elements that facilitate ‘meaningful’ therapy.

G9 Validation of the FAS 4-Digit Diagnostic Code

Susan Astley, PhD; Director, Washington State FAS Diagnostic & Prevention Network, and Professor of Epidemiology, University of Washington, Seattle, WA

A recently completed FASD MRI/MRS/fMRI study (presented as the Keynote address) provided an opportunity to further validate the measurement scales and procedures for diagnostic classification used in the FASD 4-Digit Diagnostic Code. Data from this comprehensive MRI study suggest this diagnostic system is performing as it was designed to when it was created by Astley and Clarren in 1997. Clinically and statistically significant differences in neuropsychological outcomes and measures of neurostructure, neurometabolites, and neuroactivation were observed between three diagnostic subclassifications: 1) FAS/partial FAS, 2) Static Encephalopathy/Alcohol Exposed (SE/AE), and 3) Neurobehavioral Disorder/Alcohol Exposed (ND/AE). The ND/AE, SE/AE and FAS/PFAS groups reflected three clinically distinct and increasingly more affected diagnostic subclassifications under the umbrella of FASD.

3:30pm Break: Exhibits open / Poster Viewing

PLENARY SESSION

4:00–5:00pm Consequences of FASD on the Vulnerable Child and Society

Mary Ellen Turpel-Lafond B.C.’s Representative for Children and Youth

Ms. Turpel-Lafond will discuss FASD challenges and opportunities for children and youth dealing with the justice, education and child-serving systems. Over the years, she has observed the profound effect, consequences and costs of this disability on individuals, families and society, and will share some of her experiences with youth with FASD while on the bench of the Provincial Court of Saskatchewan. She will propose ways of not only accommodating but respecting children and youth with FASD, and their families. Ms. Turpel-Lafond will also examine ways of ensuring justice, education and child-serving systems function in a coordinated way.

5:00pm **Adjourn**

SATURDAY, MARCH 14

“A child’s life is like a piece of paper on which every person leaves a mark.”
Chinese Proverb

8:00am **Registration Open**

PLENARY SESSION

8:30am **Opening Remarks – Denis Lamblin**

Denis Lamblin MD, Developmental Paediatrician FASD Advisor to the French Health Ministry, Member of the National Council on Temperance, National Academy of Medicine award winner 2005, SAF FRANCE President, REUNISAF Founder, Medical Manager of the CAMSP (Fondation du Père FAVRON)

8:40am **FASD & Post Traumatic Stress Disorder (PTSD): Where Does One Begin and Where Does One End?**

Kieran D. O’Malley M.B. B.Ch. B.A.O. D.A.B.P.N.: Consultant Adolescent Psychiatrist, Belfast Trust Young Peoples Centre, Belfast, Ireland

This talk will explore the clinical relationships between FASD and PTSD that exist in certain children or adolescents who have been prenatally exposed to alcohol, but who also have experienced significant early trauma. The clinical examples are a product of almost 3 years child/ adolescent psychiatric consultation work in Belfast, but will include examples from the whole of Ireland. As well, the talk will incorporate previous clinical experience with Canadian and American patients. It is hoped that it will interweave the neurobiological with the psychological consequences of these two significant disorders which can be additive or synergistic.

9:40am **What Makes a Difference: Reflections from the Experience of Birth Moms**

Panelists: Bernadette Fuhrman, Canada; **Lorian Hayes**, Australia; **Debbie Kokay**, New Zealand; **Kathleen Mitchell**, United States; **Linda Mitchell**, Canada; **Elizabeth Russell**, Australia; **Phillipa Williams**, United Kingdom

10:30am **Coffee Break & Exhibits Open**

11:00am **CONCURRENT SESSION H** 11:00–12:30pm

The session has nine 90 minute sessions and a 2.5 hour session.

H1 **AYOOKHL GA NIT’IITSXWIM AHL HAA’NAKTHL GABISWIT**

Cindy Hardy PhD, R. Psych., Associate Professor, Psychology Program, University of Northern British Columbia, Prince George, BC

Brian Williams FASD Coordinator, Gitxsan Child & Family Services Society, Hazelton, BC

This workshop will present plans for a unique facility to be located in Gitxsan territory. The project involves construction of living units for families with FASD and a caretaker, and a centre for services, teaching, and healing activities. The facility will operate in accordance with Gitxsan cultural values and best practices.

H2 **An Evidence-Based Model for FASD Prevention: Effectiveness Among Women Who Were Themselves Prenatally Exposed to Alcohol**

Therese Grant PhD, Director, Fetal Alcohol and Drug Unit; and Director, Washington State Parent-Child Assistance Program, Associate Professor of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine, Seattle, WA

Janet Huggins PhD, Clinical Psychologist, Fetal Alcohol and Drug Unit; and Washington State Parent-Child Assistance Program, Department of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine, Seattle, WA

Kieran D. O’Malley M.B. B.Ch. B.A.O. D.A.B.P.N.: Consultant Adolescent Psychiatrist, Belfast Trust Young Peoples Centre, Belfast, Ireland

Speakers will present data from the Parent-Child Assistance Program (PCAP) intervention, comparing women who were heavily exposed to prenatal alcohol (N=131) with those unexposed (N=202). Presenters will describe practices particularly effective in helping exposed women achieve stability, social inclusion, and access to services; they will discuss transgenerational aspects of FASD.

H3 **Working with Individuals with FASD Who Self Injure**

Susan Opie MSW, RSW, Therapist, Macdonald Youth Services, Beausejour, MB

This workshop will discuss issues relevant to working with, parenting, or providing clinical services to individuals with FASD who develop coping mechanisms that are self-injurious, e.g. cutting. This workshop will examine stories of individuals with FASD who self-injure, supportive approaches family members and caregivers can utilize, as well as clinical issues and approaches that may be helpful for professionals working with clients with FASD who self-injure. Other areas of discussion will include discriminating between self-injurious and suicidal behaviours, discussing this complex issue with individuals with FASD, and the influence of peers who may also self-injure.

H4 **Cognitive Profiles and Social Risk Factors in Youth Justice Clients with FASD**

Julianne L. Conry PhD, R. Psych, Psychologist, Asante Centre for Fetal Alcohol Syndrome, Maple Ridge, BC

Kristal Bodaly MSc, S-LP(C), Speech and Language Pathologist, Asante Centre for Fetal Alcohol Syndrome, Maple Ridge, BC

This session will present the results of a three-year collaborative study between the Asante Centre and PLEA Community Services. Findings from the neuropsychological and behavioural measures and analyses of adverse social risk factors using the Adverse Childhood Events checklist will be the basis for a discussion on implications for current and probable future needs.

H5 **Breaking the Cycle: A Mother-Child Framework to Reduce Risk for Children Prenatally Exposed to Alcohol**

Gina DeMarchi E.C.E., Manager of Early Intervention Programs, Mothercraft/Breaking the Cycle, Toronto, ON

Nicole Racine Research Assistant, Mothercraft/Breaking the Cycle, Toronto, ON

This presentation will describe: (1) Mothercraft’s Breaking the Cycle and its integration of prevention, identification, assessment, and intervention conducted within a mother-child framework to reduce risk for alcohol-exposed children; (2) important research findings exploring the role of the mother-child relationship with cumulative risk effects and developmental outcomes of alcohol-exposed children.

H6 **The Preschool Assessment in FASD**

Ana Hanlon-Dearman MD, MSc, FRCPC, FAAP, CBSM, Developmental Pediatrician, Clinic for Alcohol and Drug Exposed Children, Winnipeg Children’s Hospital, Winnipeg, MB

Shelley Proven MSc, CCC-SLP, S-SL(C), Speech Language Pathologist,

Clinic for Alcohol and Drug Exposed Children, Winnipeg Children's Hospital, Winnipeg, MB

Brenda Fjeldsted B.O.T., O.T. Reg. (MB), Occupational Therapist, Clinic for Alcohol and Drug Exposed Children, Winnipeg Children's Hospital, Winnipeg, MB

The assessment of preschoolers with prenatal alcohol exposure is complex and at times controversial. Comprehensive multidisciplinary assessment can target areas predictive of diagnosis and requiring early intervention. The objectives of this workshop are to examine the brain domains available for assessment in preschoolers with alcohol exposure, describe their unique patterns of neurodevelopmental functioning, describe challenges and strategies in their assessment, and make recommendations regarding the diagnosis of FASD in this age group.

H7 Preparing for Professional Evaluations: The Most Useful Information People with FASD, Their Caregivers and Advocates Can Bring to Appointments

Isabelle Breton PhD, Registered Psychologist, Developmental Disability Mental Health Team (DDMHT), Victoria, BC

Tracy Ditty PhD, Developmental Disability Mental Health Team (DDMHT), Victoria, BC

Much is expected from professional evaluators who often meet the person they are evaluating once or twice before writing an extensive report and making life-changing recommendations. In this workshop the information most useful to a Psychology, Psychiatry, Nursing and Occupational Therapy evaluation will be reviewed and their rationale explained. Some user-friendly data gathering forms will be included which clients with FASD, their caregivers and advocates can use or modify to suit their needs.

H8 Status of FASD Prevention in Nine Areas in France, and Recommendation to Support FASD Prevention in France

Denis Lamblin MD, Developmental Paediatrician, FASD Advisor to the French Health Ministry, Member of the National Council on Temperance, National Academy of Medicine award winner 2005, SAF FRANCE President, REUNISAF Founder, Medical Manager of the CAMSP (Fondation du Père FAVRON)

In 2006 the French government decided to tackle the problem of FASD prevention and to make it a public health priority. Four new laws were approved which aim at prevention during pregnancies. These French Public Health Laws have provisions for information in schools, the training of health professionals, public awareness campaign through bottle labeling, and sensitization campaigns on the dangers of alcohol during pregnancy.

In 2007 following a pilot experiment in the Reunion Islands, the French Health Ministry has requested a mission to monitor how FASD prevention is organized in 9 French areas. From these observations, we have been able to highlight the factors supporting and hindering prevention. A set of recommendations has been forwarded to the National Health Director to better support FASD prevention in France.

2.5 Hour Session:

H9 Where Are We? Where Do We Need To Go Next? Educators look at FASD

First panel: Diagnosis/assessment and educational programming

Jacqueline Pei PhD, Consulting & Clinical Psychologist, Private Practice, Assistant Professor, Department of Educational Psychology & Assistant Clinical Professor, Department of Pediatrics, University of Alberta, Edmonton, AB

Christine Lilley Psychologist, Sunny Hill Health Centre for Children, Vancouver, BC

Barry Carpenter Special Educator, Order of the British Empire (OBE), Fellow, Harris Manchester College, Oxford, England

Madeline Price Educator, First Nations Education Steering Committee

Jennifer Turner PhD, Special Education District Supervisor, Boundary School District, BC

Second panel: Curriculum/skills learning

Ron Jorgenson Educator, Alberni School District, BC

Derrich Zimmer Trail Transitional School, Trail, BC

Dorothy Schwab Livingstone Bridges Program, Winnipeg School District, Winnipeg MB

This two-and-a-half hour session will include two panel discussions involving educators and other professionals. The first will address the issues related to the linkage or lack thereof between a FASD diagnosis/assessment and educational programming. The second will address issues related to curriculum and skills-related instruction and FASD. Lunch will be served after the panel sessions to enable participants (both panellists and audience) to meet and continue discussion of these issues. A final, brief session, will attempt to develop a research agenda from the session's discussion, and to identify possible venues for investigation. The possibility of later electronic communication among participants will be offered.

12:30pm Luncheon (provided)
(H9 Education session continued through lunch:
lunch to be served in the room)

PLENARY SESSION

"Use what talents you possess. The woods would be very silent if no birds sang there except those that sang the best" *Anonymous*

1:30pm Keynote: FASD: Moving on from Science to Public Policy

Anne Streissguth PhD; Professor Emerita, Dept. of Psychiatry & Behavioural Sciences, University of Washington, School of Medicine, Seattle, WA

2:30pm Closing Ceremonies – "Believe"

3:00pm StarFish Award Presentation

3:30pm Adjourn

"Don't say you don't have enough time.

You have exactly the same number of hours in the days as were given to Helen Keller; Louis Pasteur; Michaelangelo; Mother Teresa; Leonardo DaVinci; Thomas Jefferson and Albert Einstein"

– Anonymous

PROGRAM AT A GLANCE

Titles of presentations may have been abbreviated for space.
Please refer to the program for complete titles and description.

WEDNESDAY, MARCH 11

8:30am–12noon Plenary Session: FASD in an Animal Model

1:30–3:00pm Concurrent Session A

- A1 Conceiving Risk, Divergent Responses
- A2 Speech Language Pathologists and FASD: Food for Thought...
- A3 i) Enhanced Services for Women Help Kit Training
ii) ...Facilitating a Best Practice FASD Community Awareness Campaign
iii) Diverse Approaches to the Primary Prevention of FASD
- A4 Attachment and Sensory Processing in Individuals with FASD
- A5 Developing Promising Practices to Improve Child Welfare Outcomes...
- A6 A Process Approach to Cognitive Remediation in Children...
- A7 Adapting Motivational Interviewing for Individuals with FASD
- A8 i) Long Term Follow-up Study of Children with FASD/FAE into Young Adulthood
ii) Executive Functioning

3-hour sessions:

- A9 Fetal Alcohol Spectrum Disorder in Australia: Progress & Outcomes
- A10 Fetal Alcohol Spectrum Disorder in the Legal System
- 3:30–5:00pm Concurrent Session B (or Continued A9 / A10 Sessions)**
- B1 Nutrition for FASD
- B2 Developing an Adult FASD Diagnostic Clinic: The Victoria Experience
- B3 The FASD Training, Consultation and Leadership Team...
- B4 Youth with FASD and the Youth Criminal Justice System
- B5 Supporting Change & Prevention—Collaborative Approaches with Women
- B6 What do Brainwaves tell us about FASD?
- B7 i) Calgary Fetal Alcohol Network: Building Community Capacity
ii) The Vancouver and Surrey FASD Collaboration Roundtables Project ...
- B8 A Screening and Brief Intervention Approach in Health Care Settings

THURSDAY, MARCH 12

8:30am–12noon Plenary Session: Research – Collaborative Initiatives on FASD

1:30–3:00pm Concurrent Session C

- C1 Supporting parents with FASD
- C2 Effects of Integrated Treatment Programs on Maternal Substance Use...
- C3 i) Alcohol Use during Pregnancy in Manitoba
ii) Framework for Reducing the Risk of Alcohol-Exposed Pregnancies...
iii) ActNow BC Healthy Choices in Pregnancy
- C4 Providing Services for Youth with FASD in Conflict with the Law
- C5 Sleep Strategies that Work for Children with FASD
- C6 Bringing Consistency to Diagnosis of FASD in Northwest Canada Clinics
- C7 Women and Addiction – Finding Our Compassion
- C8 Ethical Programming: Towards a Community-Centered Approach

3-hour sessions:

- C9 Neurocognitive Performance of Individuals Across the Lifespan
- C10 FASD and Neglect in Infancy

3:30–5:00pm Concurrent Session D (or Continued C9 / C10 Sessions)

- D1 Education & Awareness of FASD for Justice Professionals
- D2 Oculomotor Control in Children with FASD
- D3 The Safety Net—Services for Transitional Youth & Adults
- D4 NOGEMAG—An Education Of The Heart, Hand, Mind And Spirit
- D5 i) ...Starting a Virtual Diagnostic Team
ii) Four Years Later: The Virtual Team—Does it Work?
- D6 Applying the Concept of Neurological Dysregulation
- D7 Representation Agreements as a Tool to Support Decision-Making...

7:30–9:00pm Concurrent Session E

Poster Session (repeated Friday at noon)
(Poster presenters will be present)

- E1 ... Innovations in Animal Assisted Therapy for FASD Programs
 - E2 The Mind, Body, Spirit Experience in Reestablishing a Cultural Identity...
 - E3 Preventing FASD: Collaborating on a Health Determinants Approach
 - E4 Medication Use for Children and Adolescents with FASD
 - E5 Making our Voices Heard: A Photovoice Exhibit by Mothers
- Poster Session: Presenters will be present

FRIDAY, MARCH 13

8:30–10:30am Plenary Session: MRI, MRS, and fMRI Study

10:30–12noon Concurrent Session F

- F1 “One small Program – One HUGE Impact!”
- F2 Prenatal Exposure to Alcohol & Nicotine—Early Primary Schools Outcomes
- F3 Adapting the Roots of Empathy Program for Students with FASD
- F4 The Bridge Project: Making a Positive Transition to Adulthood...
- F5 Integrating Knowledge into Professional Human Service Programs
- F6 Structured for Success Program
- F7 The Effectiveness of FASD Programs for At-Risk Families...
- F8 Transdisciplinary Perspectives on FASD Prevention Research
- F9 Hope for Women in Recovery: Facilitating Women in Recovery Summit

12noon–2:00pm Optional Luncheon Sessions:

- i) Poster Session repeated: Presenters will be present
- ii) Roundtable Discussion: Research to Policy & Practice

3-hour session:

- F10 Possibilities for Approaching Discipline with Youth with FASD

2:00–3:30pm Concurrent Session G (or Continued F10 Session)

- G1 Intergenerational Family Interventions—A Child Welfare Response
- G2 Prevention of FASD in Northern Native Communities
- G3 Study of a Mentoring Program in First Nations Communities
- G4 FASD Art Therapy Project: A Pilot Study
- G5 Supporting Families with Children and Youth with FASD
- G6 Changing Public Policy in the Juvenile and Criminal Justice Systems
- G7 FASD Taskforce
- G8 Meaningful Therapy: Effective Approaches and Practices to Counselling
- G9 Validation of the FAS 4-Digit Diagnostic Code
- G10 Continued F10 three hour session

4:00–5:00pm Plenary Session: Consequences of FASD on the Vulnerable Child and Society

SATURDAY, MARCH 14

8:30–10:30am Plenary Session: FASD & Post Traumatic Stress Disorder and: What Makes a Difference Panel

11:00am–12:30pm Concurrent Session H

- H1 AYOOKHL GA NIT’IITSXWIM AHL HAA’NAKTHL GABISWIT
- H2 An Evidence-Based Model for FASD Prevention
- H3 Working with Individuals with FASD Who Self Injure
- H4 Cognitive Profiles and Social Risk Factors in Youth Justice Clients...
- H5 ...A Framework to Reduce Risk for Children Prenatally Exposed to Alcohol
- H6 The Preschool Assessment in FASD

- H7 Preparing for Professional Evaluations
- H8 FASD Prevention in France

2.5-hour session:

- H9 Where Are We? Where Do We Need to Go Next? Educators Look at FASD

1:30–2:30pm Plenary Session: Moving on from Science to Public Policy

2:30pm Closing Ceremonies – “Believe”

3:00pm StarFish Award Presentation

3:30pm Adjourn

POSTER PRESENTATIONS

- 01 Occupational Therapy: Assessment of the Sensory Motor Domain in FASD**
Brenda Fjeldsted B.O.T., O.T. Reg. (MB), Occupational Therapist, Clinic for Alcohol and Drug Exposed Children, Children's Hospital, Winnipeg, MB
- 02 Using the NEPSY Test for Diagnosis of FASD: Do Subtest and Qualitative Score Patterns Predict Diagnosis? An Analysis of NEPSY Score Patterns in a Population of School Aged Children with FASD**
Sally Longstaffe MD, Medical Director, Clinic for Drug and Alcohol Exposed Children, Children's Hospital, Winnipeg, MB
Ana Hanlon Dearman MD, MSc FRCPC FAAP Clinical Research Scientist FASD, Clinic for Drug and Alcohol Exposed Children, Children's Hospital, Winnipeg, MB
- 03 Medicine Wheel Difference Game Cards for Needs Assessment and Goal Setting with Youth, Women and Parents: The Elsipogtog First Nation**
Lori Vitale Cox MA, PhD, Acting Director, Eastern Door Centre, Elsipogtog First Nation, NB
- 04 Developing the Ideal Service for Families Affected by Substance Use; A Work in Progress.**
Marijke Cederman RGON, RM, BHSc, Clinical Team Leader, Pregnancy and Parental Service, Community Alcohol and Drug Services, Waitemata District Health Board, Auckland, New Zealand
Rose K Neild MBChB, MPH, FACHAM, Addiction Specialist, Pregnancy and Parental Service, community Alcohol and Drug Services, Waitemata District Health Board, Auckland, New Zealand
- 05 Behavioral Assistance Dogs for Individuals with FASD; Creating Unconditional Companionship Through Intervention and Support**
Donnie Winokur Acting Director, NOFAS Georgia; Board Member-Atlanta Alliance on Developmental Disabilities, Roswell, GA
Jodee Kulp Better Endings New Beginnings; Liberty Ridge New Communities for Living; Knarwood S-A Companion/Service Dog Pilot for Adults living with FASD, Minneapolis, MN
- 06 Groups for Parents of Children with FASD and Other Hidden Disabilities: A study of Facilitators' Views**
Alice Home MSW, PhD, Professor, School of Social Work, University of Ottawa, Ottawa, ON
Paule McNicoll MSW, PhD, Associate Professor, School of Social Work, University of Ottawa, Ottawa, ON
- 07 Children With FASD In Care In Manitoba: An Examination Of The Social And Economic Costs**
Don Fuchs MSW, PhD, Professor, Faculty of Social Work, University of Manitoba, Winnipeg, MB
Linda Burnside BSW, Med, PhD, Executive Director, Disability Programs, Manitoba Family Services and Housing, Winnipeg, MB
- 08 Mental Health Outreach Team, Hamilton, Ontario**
William MacKinnon Mental Health/Outreach Team, Family Health Division, Public Health Services and First-Pilgrim United Church, City of Hamilton, Hamilton, ON
Michelle Semonovitch Mental Health/Outreach Team, Family Health Division, Public Health Services and Wesley Urban Ministries, City of Hamilton, Hamilton, ON
- 09 Living Success with FASD: The Views of Adolescents, Young Adults and their Families**
Allison Mounsey MSW, RSW, Complex Developmental Behavioural Conditions Program (CDBC), Sunny Hill Health Centre for Children, Vancouver, BC
Veena Birring MSW, Complex Developmental Behavioural Conditions Program (CDBC), Sunny Hill Health Centre for Children, Vancouver, BC
Stacey Walsh MSW, Complex Developmental Behavioural Conditions Program (CDBC), Sunny Hill Health Centre for Children, Vancouver, BC
- 10 Supporting Families with FASD: The "Cultivating Creative Children" Program Evaluation Findings**
Joanne Yakowec Program Coordinator, Canadian Metis Heritage Corp, Marguerite Riel Centre, Melfort, SK
Debra Edin Director of Operations, Canadian Metis Heritage Corp., Marguerite Riel Centre, Melfort, SK
- 11 Resiliency in High Risk Adolescents in the the Youth Justice System in Manitoba**
Ana Hanlon-Dearman MD, MSc, FRCPC, FAAP, CBSM, Developmental Pediatrician, Clinic for Alcohol and Drug Exposed Children, Winnipeg, MB
- 12 An Interview About the Concerns of Parents and Other Caregivers Raising Children With Fetal Alcohol Spectrum Disorders**
Hilary Cartwright, PhD; Clinical Psychologist and Assistant Professor, Department of Clinical Health Psychology, Faculty of Medicine, University of Manitoba, Winnipeg, MB
John Walker, PhD; Clinical Psychologist and Professor, Department of Clinical Health Psychology, Faculty of Medicine, University of Manitoba, Winnipeg, MB
Steven Feldgaier, PhD; Clinical Psychologist and Assistant Professor, Faculty of Medicine, University of Manitoba, Winnipeg, MB
Diane Hiebert-Murphy, PhD; Clinical Psychologist and Associate Professor, Faculty of Social Work, University of Manitoba, Winnipeg, MB
- 13 FASD Online Training Tool for Physicians and Health & Social Service Professionals, Offered through the MDCME.CA Portal**
Marie-Elizabeth Desourdy Program Consultant - FASD/NPF, Public Health Agency of Canada
- 14 Evaluating the Diagnosis of Fetal Alcohol Spectrum Disorders (FASDs)**
Carmen Rasmussen PhD, Assistant Professor, Department of Pediatrics, University of Alberta, Edmonton, AB
- 15 Equine Facilitated Mental Health Program for Individuals with FASD**
Karen McEwen BA, MEd, Psychotherapist & Executive Director, Ava Support Services Inc, Toronto, ON
Ashleigh Eccles BSc, O.T. Reg. Ont., Occupational Therapist, specializing in EFMH, Ava Support Services Inc., Toronto, ON



16 Double Exposure: A Better Practices Review on Alcohol Interventions In Pregnancy

Tessa Parkes PhD, Researcher, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Nancy Poole MA, Research Associate, British Columbia Centre of Excellence for Women's Health, and BC Women's Hospital, Vancouver, BC

Amy Salmon PhD, Researcher, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Lorraine Greaves PhD, Researcher, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Cristine Urquhart MSW, Provincial Training Consultant, Healthy Choices in Pregnancy Provincial Education and Resource Development, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

17 Risk of Child Abuse in Children with Fetal Alcohol Spectrum Disorder

Edgar Jimenez BSc, MD, Pediatric Resident, Dept. of Pediatrics and Child Health, Faculty of Medicine, University of Manitoba, Winnipeg, MB

Ana C. Hanlon-Dearman MD, MSc FRCP C FAAP Assistant Professor Pediatrics and Child Health, Dept. of Pediatrics and Child Health, Faculty of Medicine, University of Manitoba, Winnipeg, MB

18 Developing Primary Prevention Strategies: Conversations with Women

Robin Thurmeier FASD Resources Researcher, Saskatchewan Prevention Institute, Saskatoon, SK

Sameer Deshpande PhD, Assistant Professor, Faculty of Management, University of Lethbridge, Lethbridge, AB

Magdalena Cismaru PhD, Assistant Professor, Faculty of Business Administration, University of Regina, Regina, SK

19 Interrogative Suggestibility in Children with FASD: Preliminary Findings

Vincenza Gruppuso PhD, Research Associate, Department of Psychology, University of Victoria, Victoria, BC

20 Tailoring FASD Prevention Resources and Support to Address the Needs of Middle-Class Women

Cristine Urquhart MSW, Provincial Training Consultant, Healthy Choices in Pregnancy Provincial Education and Resource Development, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Nancy Poole MA, Research Associate, British Columbia Centre of Excellence for Women's Health, and BC Women's Hospital, Vancouver, BC

Louise Pitman Social Work Student, University of Queensland, BC Centre of Excellence for Women's Health, Vancouver, BC

21 Speech Language Pathology Assessment of the Communication and Social Communication Brain Domains in FASD

Shelley Proven MSc, CCC-SLP, S-LP(C), Speech Language Pathologist, Clinic for Alcohol and Drug Exposed Children, Children's Hospital of Winnipeg, Winnipeg, MB

22 Effects of a Strength-Based Motor Skill Development Program on Tests of Behaviour and Adaptive Functioning in Children with FASD

Mina Thomas Department of Kinesiology and Physical Education, University of the Fraser Valley, Abbotsford, BC

Kathy Keiver PhD, Department of Kinesiology and Physical Education, University of the Fraser Valley, Abbotsford, BC

Alison Pritchard-Orr MSc, Department of Kinesiology and Physical Education, University of the Fraser Valley, Abbotsford, BC

Chris Bertram PhD, Department of Kinesiology and Physical Education, University of the Fraser Valley, Abbotsford, BC

Ryan Konarski BKin, Department of Kinesiology and Physical Education, University of the Fraser Valley, Abbotsford, BC

23 An Orientation to FASD for Service Providers: Result of a Partnership Between University of Toronto and Peel FASD Clinical Service

Sherene Singh HBSc, Infant and Child Development Services Peel, Trillium Health Centre, Mississauga, ON

Craig Spencer Supervisor, Peel Children's Aid Society, Mississauga, ON

Liz Saunders Program Supervisor 0-6, Associated Youth Services of Peel, Mississauga, ON

Cheryl Neave Peel FASD Coordinator, Peel Children's Centre, Mississauga, ON

Stuart Kamenetsky PhD, Undergraduate Director & Faculty Advisor, Department of Psychology, University of Toronto, Mississauga, ON

24 FASD Stakeholders for Ontario

Sheila Burns FASD Consultant, Chair FASD Stakeholders for Ontario, Ajax, ON

25 Development of a Canadian Model for Calculating the Economic Impact of FASD

Anne-Marie Bedard Policy Analyst, Public Health Agency of Canada, Fetal Alcohol Spectrum Disorder Team, Ottawa, ON

Mary Johnston Manager, Public Health Agency of Canada, Fetal Alcohol Spectrum Disorder Team, Ottawa, ON

26 Improving Substance Use Treatment and Support for First Nations and Inuit Women Who are at Risk of Having a Child With FASD

Nancy Poole MA, Research Associate, British Columbia Centre of Excellence for Women's Health, and BC Women's Hospital, Vancouver, BC

Karen Gelb BA, Contractor with the BC Centre of Excellence for Women's Health

Jan Trainor BA, Contractor with the BC Centre of Excellence for Women's Health

27 Describing Four Levels of FASD Prevention: Canada-Wide Collaboration on the Creation of a Resource for Program Planners

Nancy Poole MA, Research Associate, British Columbia Centre of Excellence for Women's Health, and BC Women's Hospital, Vancouver, BC

Holly MacKay A/Team Leader/Chef d'equipe, FASD Team, Public Health Agency of Canada, Ottawa, ON

28 Clinical Interpretation of Data Across Multiple Disciplines in the Diagnosis of FASD

Kelly Price PhD, R. Psych., Neuropsychologist, Vancouver Island Children's Assessment Network, Queen Alexandra Centre for Children's Health, Vancouver Island Health Authority, Victoria, BC

Laurie Cole Speech-Language pathologist, Vancouver Island Children's Assessment Network, Queen Alexandra Centre for Children's Health, Vancouver Island Health Authority, Victoria, BC

29 Hearing Impairments in Young Children with FASD In Manitoba

Diana Dinon M.Cl.Sc., Clinical Service Leader, Department of Communication Disorders, Children's Hospital, Winnipeg, MB

Ana Hanlon-Dearman MD MSc FRCP C FAAP, Assistant Professor of Pediatrics and Child Health, Developmental Pediatrician, Children's Hospital, Winnipeg, MB

Shelley Proven MSc, CCC-SLP, SLP(C), Clinical Service Leader, Department of Communication Disorders, Children's Hospital, Winnipeg, MB

REGISTRATION FORM IN-9540

PLEASE WRITE IN BLOCK LETTERS:

One registration form per person. Please photocopy if more are needed.

Ms. Mrs. Miss Mr. Dr.

Last Name First Name Initials

Organization Name / Mailing Address

Mailing Address

City Prov / State Postal Code

Daytime Telephone Number / Local Fax Number

E-Mail

**FASD 2009: Integrating Research, Policy
and Promising Practice Around the World:
A Catalyst for Change**

Affiliation/Profession:

Please indicate which Affiliation/Profession best describes you:

- | | |
|--|--|
| <input type="checkbox"/> Administrator/Manager | <input type="checkbox"/> Parent |
| <input type="checkbox"/> Alcohol & Drug Counselor | <input type="checkbox"/> Person with FASD |
| <input type="checkbox"/> Corrections Worker | <input type="checkbox"/> Physician |
| <input type="checkbox"/> Educator | <input type="checkbox"/> Policy Maker |
| <input type="checkbox"/> Family Member | <input type="checkbox"/> Psychiatrist |
| <input type="checkbox"/> Family Support Worker | <input type="checkbox"/> Psychologist |
| <input type="checkbox"/> Infant Development Consultant | <input type="checkbox"/> Registered Nurse |
| <input type="checkbox"/> Judge | <input type="checkbox"/> Social Worker |
| <input type="checkbox"/> Lawyer | <input type="checkbox"/> Student |
| <input type="checkbox"/> Mental Health Counselor | <input type="checkbox"/> Teacher |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Vocational Rehab Service Worker |

Concurrent Sessions or Three Hour Sessions:

Please refer to the program for session descriptions.

You must enter your 2 choices or YOU WILL NOT BE REGISTERED. Example shown below in grey.

	1 st Choice	2 nd Choice
Example:	A1	A6

WEDNESDAY:

Please choose your first and second choice from the 90 minute sessions (A & B)

Session A _____

Session B _____

OR one 3-hour session (A9 or A10) _____

THURSDAY:

Please choose your first and second choice from the 90 minute sessions (C & D)

Session C _____

Session D _____

OR one 3-hour session (C9 or C10) _____

Session E _____

OR Poster Session (repeats on Friday at noon) yes

FRIDAY:

Please choose your first and second choice from the 90 minute sessions (F & G)

Session F _____

Session G _____

OR one 3-hour session (F10) _____

Optional luncheon sessions Poster Session (repeated) OR Roundtable

SATURDAY:

Please choose your first and second choice from the 90 minute sessions

Session H _____

OR 2.5-hour session (H9) yes

Tuition Fees:

Pre-registration prior to **February 5, 2009** is strongly recommended to ensure you receive all conference materials. All rates are quoted in \$CAD and the tuition fee includes GST. Please use one registration form per person.

The registration fee includes conference material, four lunches, coffee breaks, and a certificate of attendance.

Please inform us of any dietary requirements:

EARLY BIRD RATE, BEFORE JANUARY 12, 2009:

Full Wednesday–Saturday program \$699

The Early Bird Rate is available for the **full four day program only**

RATE AFTER JANUARY 12, 2009:

Full Wednesday–Saturday program \$765

Individual Rates

Wednesday, March 11th only \$250

Thursday, March 12th only \$250

Friday, March 13th only \$250

Saturday, March 14th only \$250

TOTAL PAYMENT = _____

STUDENT RATE (limited number available) \$350

Student rate available for the **full program only**.

A copy of valid student photo ID must be sent with registration.

Please fax a copy if you register online.

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