Optimizing the Care of Mothers, Children and Youth
The Coast Plaza Hotel and Suites at Stanley Park
1763 Comox Street
Vancouver, B.C. Canada

June 1-3, 2006

PRE-CONFERENCE WORKSHOP Thursday, June 1, 2006

Penny Simkin
"When Survivors Give Birth"
Understanding and Healing the Effects of Early Sexual

Abuse on Childbearing Women

Sponsored by:



In Cooperation with:







PROGRAM AT A GLANCE

This table is given as a guide to the scheduling of the two main conference days. The pre-conference workshop schedule can be found on the third page of this brochure. The times indicate commencement of the next presentation. Concurrent sessions are 90 minutes long unless otherwise indicated. Titles of presentations have been abbreviated for space. Please refer to the program for complete titles, presenters and descriptions.

FRIDAY, June 2nd, 2006

8:00am Registration

8:30am Welcome Jan Radford

8:45am Opening Remarks Bob Peterson

9:00am Keynote Address Melodie Chenevert

10:00am Refreshment Break

10:30am Concurrent Sessions A

"Effects of Type 2 Diabetes Mellitus on Pregnancy"

Interdisciplinary Professional Practice Councils A2

A3 Self-Care Program for Women with Postpartum Depression

A4 Strengthening the Circle of Life

The Buddy Up for Breastfeeding Program A5

A6 I Have to Go to the Hospital for WHAT!?

The Influence of Pediatric Intensive Care Unit Δ7

8A Deciding When It's Labor

12:00pm Lunch (registrants on their own)

1:00pm Concurrent Sessions B

Outcomes of Planned Hospital Birth: Midwives vs. Physicians

B2 Prevention of Family Violence in Our Community

B3 Breastfeeding and the Rational Use of Supplements

B4 Excited, Exhausted and Emotional

B5 Supporting Maternal and Child Health

This Won't Hurt: Youth Evaluating Local Health Services B6

The Nature of Maternal Guilt and its Resolution - 45 minutes

2:30pm Refreshment Break & Exhibits Open

3:00pm **Concurrent Sessions C**

> C1 Positive Mental Health in Motherhood

C2 "So Now You're Telling Us We're Not Safe!"

C3 Father Involvement and Its Effect

C4 Maternal and Child Health Line

C5 Healthy Children Healthy Futures

Achieving Baby-Friendly Initiative C6

C7 Lessons Our Premature Baby Families Have Taught Us

C8 Advancing Health-Care Practice

5:00pm Reception & Entertainment

SATURDAY, June 3rd, 2006

8:30am Registration

9:00am Welcome Jan Radford

9:15am Panel Presentation Maria LeRose

10:30am Refreshment Break & Exhibits Open

11:00am Concurrent Sessions D

Solving the Mystery of School-Age Children's Grief

D2 Working to Make a Difference

D3 Reducing Risk Through Policy Design

The Families in Recovery Generation D4

D5 Health Service Delivery for Three Populations of Families

D6 Improving Care for Women with Complex Needs in Pregnancy

D7 Partnering with Aboriginal Communities - 45 minutes

D8 Enhancing the Well-being of Mothers, Children and Youth

12:30pm Lunch (provided) & Poster Session

1:30pm Concurrent Sessions E

Roll Over KUBLI! Rock on T.A.T.

E2 Baby Teeth - Aren't They Just for the Tooth Fairy?

E3 Supporting Families Affected by Parental Mental Illness

E4 The Continuum Concept

E5 Growing Up with a Chronic Health Condition

E6 Multidisciplinary Collaborative Primary Maternity Care Project

Conclusions and Recommendations

E7 Women's Experience of Livebirth after Stillbirth

F8 Decreasing the Barriers for High Risk Pregnant and Early

Parenting Women and Their Children

3:00pm Stretch Break

3:15pm Closing Address Melodie Chenevert

4:15pm Adjourn & Evaluation

PLANNING COMMITTEE

Jan Radford

Director, Surrey Health Services

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Director, Learning and Development, Children's & Women's Health Centre of BC

Clinical Nurse Specialist, Perinatal, Royal Columbian Hospital, Fraser North; Adjunct Professor, School of Nursing, University of British Columbia

Elaine Liau

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Cathy Massey

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Clinical Education Leader, BC Women's Hospital & Health Centre

Monica Nicol

Clinical Nurse Educator, Maternal Child Program, Surrey Memorial Hospital

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Clinical Nurse Educator, Pediatric Unit, MSA Hospital

Cathy Rouleau

Patient Care Coordinator, Department of Obstetrics, Langley Memorial Hospital

Sue Stewart

Physiotherapist, Sunny Hill Health Centre for Children

Dori Van Stolk

Clinical Education Leader, BC Children's Hospital & Sunny Hill Health Centre for Children

Kim Williams

Clinical Nurse Educator, Family Birthing Unit, Surrey

Memorial Hospital

GENERAL INFORMATION

Conference Description:

This conference will provide an exciting opportunity to explore current trends in maternal, child and youth health. Participants will learn about evidence based programs or services from across the country and strategies for promoting linkages between the hospital and community.

Who Should Attend:

This conference is unique in targeting a multidisciplinary audience: Nurses, Midwives, Physicians, Rehabilitation Therapists, Dietitians/ Nutritionists, Family Support Workers, Counselors, Social Workers, Infant Development Consultants and other Health Professionals who work in or are interested in Maternal Child Youth health.

Conference Objectives:

- To critically analyze trends in the health and wellness of mothers, children and youth;
- To explore current and future challenges in the care of mothers, children, and youth;
- To share research findings and current best practices associated with mothers, children and youth;
- To provide opportunities for health care professionals to discuss the achievement of professional and personal wellness within an ever changing environment
- To strengthen interprofessional collaboration and practice across the continuum of care.

Location:

Coast Plaza Hotel and Suites, 1763 Comox Street, Vancouver, BC Canada. Telephone: (604) 688-7711 or Toll free in North America: 1-800-663-1144. Fax: (604) 688-5934. www.coasthotels.com Please use the online booking code: YOUTH

Please make your own reservation by calling the hotel directly. **Identify** yourself with the Maternal Child Youth 2006 conference. Hotel tax of 10% and 7% GST must be added to all rates.

Rates: \$155 single, double or twin occupancy

\$185 one bedroom suites (single, double or triple occupancy), additional person \$20, children under 18 stay free in same room as parents (max. applies).

A block of rooms has been booked and will be held at the conference rate until May 1, 2006.

The Coast Plaza is within easy walking distance of world famous Stanley Park, the beaches of English Bay, and a wide variety of restaurants.

Parking

- •Conference Hotel \$12.00 per day; \$17.00 Valet Parking per day
- •West End Community Centre, 870 Denman (entrance off Haro) \$2.00 all day (\$1 coins accepted)

Financial Assistance

We would like to acknowledge with special appreciation the financial support from the following organizations:

- · Surrey Health Services
- · BC Women's Hospital & Health Centre
- BC Children's Hospital
- · Ministry of Children and Family Development
- BC Ministry of Health
 Women's, Maternal and Children's Health
 Healthy Children, Women & Seniors
 Population Health and Wellness



Four Ways to Register!

- On the web: www.interprofessional.ubc.ca (Mastercard and Visa only)
- By telephone:

Local/International: (604) 822-6156 Toll free within Canada/USA: 1-877-328-7744

- By Fax: (604) 822-4835 (Mastercard and Visa only)
- By mail with a cheque, purchase order or credit card.

Please see registration form for more details.

Registration before May 10, 2006 is strongly recommended to ensure you receive all conference materials.

The registration fee for the main conference includes conference materials, refreshment breaks, Saturday lunch and a no-host bar reception on Friday evening.

If you register for the pre-conference day only, the fee includes course materials, lunch and refreshment breaks.

Refund and Cancellation Policy

Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by May 25, 2006. Substitutions are allowed before May 25, 2006 and are not subject to the \$50.00 processing fee. No refunds will be granted for withdrawal after that date.

Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient.

Certificate of Attendance

A Certificate of Attendance will be prepared for all registrants listing pre-approved continuing education credits.

Exhibitors

Non-profit, commercial and corporate organizations wishing to have a display booth are invited to contact the conference organizers. Exhibit space is limited and we encourage interested organizations to contact us. Please contact Leanne at ipinfo@interchange.ubc.ca or at 604-822-2801.

THURSDAY, June 1st, 2006 PRE-CONFERENCE WORKSHOP

When Survivors Give Birth

Understanding and Healing the Effects of Early Sexual Abuse on Childbearing Women



This workshop is designed for anyone who works with childbearing women, many of whom are survivors of childhood sexual abuse (CSA). The potential for retraumatization is great for these women, but so is the potential for healing when the care is sensitive and appropriate. This workshop includes essential information on how CSA impacts the woman, the birth process, and her postpartum adjustment. Ms. Simkin provides extensive practical guidance on improving the client-caregiver relationship, allaying the woman's fears and minimizing the negative effects of CSA on the birth process.

Workshop Objectives

- 1. List behaviors that may be exhibited during pregnancy, childbirth, and post partum by survivors of childhood sexual abuse.
- 2. Define childhood sexual abuse (CSA).
- 3. List life events that tend to precipitate memories of childhood sexual abuse.
- 4. Describe the power differential between a maternity caregiver and the client.
- 5. Recognize events or actions that may "trigger" anxiety or another adverse reaction when a childhood sexual abuse survivor anticipates or experiences childbirth.
- 6. List suggestions and teaching techniques that childbirth educators and prenatal and postpartum caregivers may use that are less likely to upset childhood sexual abuse survivors.
- 7. State a useful and truthful motto for caregivers when they have clients whom they perceive to be hostile or "difficult".
- 8. Describe body memories.

General Information

9. List possible "homework activities" for pregnant childhood sexual abuse clients to prepare for childbirth.

The Pre-Conference Workshop will take place at:	Park	8:00 AM	Workshop Registration
The Coast Plaza Hotel and Suites at Stanley Par 1763 Comox Street Vancouver, BC		8:30	Topic Introduction
			Definition of Childhood Sexual Abuse (CSA)
	t- 0.20		Impact of CSA on Concious Memory and Woman
Please check in at the registration desk from 8:00 am on Thursday morning.	to 8:30 am		Impact on Care Provider
Registrants will receive Pre-Conference materials, refreshm breaks and lunch.	frachmant	10:00	Break
	errestiment	10:15	Impact of CSA on Pregancy
breats and tartern			Teaching Self-Help Techniques to Reduce Symptoms
Registration To register for the one day Pre-Conference workshop, please indicate by checking the appropriate section on the registration form on the back page of this brochure.			Relationship Between Woman and Caregiver
		12:00 PM	Lunch (provided)
		1:00	Impact of CSA on Labor and Birth
			Impact of CSA on Postpartum and Mood Disorders
Early Bird Rate for Pre-Conference Workshop (before April 5, 2006)	\$150	2:30	Break
		2:45	Counselling After Traumatic Birth
Regular Rate for Pre-Conference Workshop	\$195		Conclusion and Evaluation



(after April 5, 2006)

Penny Simkin, PT, is a physical therapist who has specialized in childbirth education since 1968. She estimates she has prepared over 9,000 women, couples, and siblings for childbirth. She has assisted hundreds of women or couples through childbirth as a doula. She is the author of many books on birth for both parents and professionals. Her latest products for birth educators and doulas are "The Road Map of Labor." a birth video, titled "The 3Rs: Relaxation, Rhythm, and Ritual," and a Birth Sling—an aid to the dangle position for second stage labor.

Adjourn

Workshop Itinerary

Currently, she serves on several boards of consultants and editorial boards, including the journal, *Birth: Issues in Perinatal Care*; the International Childbirth Education Association; and the Seattle Midwifery School.

Today her practice consists of childbirth education, birth counseling, and labor support, combined with a busy schedule of conferences and workshops.

FRIDAY, June 2nd, 2006

8:00am Registration

8:30 Welcome

Jan Radford, Conference Chair

8:45 Opening Remarks

"BC Child Health Services Network"

Robert Peterson

9:00 Keynote Presentation:

Through the Looking Glass: Reward and Recognition in the Topsy-Turvey world of

Health Care
Melodie Chenevert

10:00 Refreshment Break

CONCURRENT SESSIONS A

A1 "The Effect of Type 2 Diabetes Mellitus on Pregnancy: An Analysis of 231 Outcomes" Sharon Kozak, Colleen J. Marshall, Suet On Tong, Rema R. Sanghera, Stella Burgi, Jason M. Kong and David M. Thompson

Audience: Advanced

Although the epidemic of Type 2 diabetes has a major impact on the health of mothers and babies, there are few reported outcomes. B.C. Women's presents an analysis of 231 consecutive Type 2 diabetic pregnancy outcomes, and compares these with Type 1 diabetic pregnancies and with the control population.

A2 Interdisciplinary Professional Practice Councils Monica Nicol and Kim Williams

Audience: Intermediate

By using the principles of partnership and collaboration, our unit, in our health service area and throughout Fraser Health, is working towards creating a caring and respectful work environment that provides optimal patient care. This presentation will share where we were, where we are and where we hope to be. Professional Practice Councils are inclusive and encourage every member of the interdisciplinary team to share their opinions and ideas as we work together to advance practice and improve care.

A3 Self-Care Program for Women with Postpartum Depression and Anxiety: Patient Guide Deirdre Ryan, Jules Smith, Doris Bodnar

Audience: All Levels

The Self-Care Program for women with postpartum depression and anxiety: Patient Guide was created to complement other treatments (e.g. medications or psychotherapy) and to build a resistance to future illness; as well as minimize the effects of the illness on the mother, the infant, the mother-infant interaction and the relationship with the partner. The Program is divided into two main sections: 1) information: to educate about the causes, presentation and different treatments of postpartum depression and therefore empower women 2) action: practical strategies to improve their self-care, help them recognize and challenge their negative thinking habits and develop problem solving skills. This latter part of the program provides structured exercises to help women become active participants in their own treatment and recovery.

A4 Strengthening the Circle of Life - A Model of A Community Partnership Joyce MacKenzie and Patricia Mason

Audience: Beginner/Intermediate

This presentation will focus on discussing findings from a project that identified the most effective ways and fundamental characteristics of offering culturally appropriate pre and post natal care to Aboriginal expectant parents and their families in an urban community. They will explore how a unique partnership between a non-profit agency and a University College helps to meet the learning needs of nursing and psychology students and community members to the benefit of both.

A5 The Buddy Up for Breastfeeding Program Diane Brusse and Marianne Laxton

Audience: Beginner/Intermediate

Public Health Nurses are offering an innovative and effective approach to support mothers to continue with breastfeeding for six months or longer. The program is a volunteer, telephone-based peer support intervention. Successes and challenges of implementing and coordinating the program will be discussed.

A6 I Have to Go to the Hospital for WHAT!?: Preparing Children and Families for Health Care Experiences Susie Hauff and Paula Black

Audience: Beginner

A child's eye-view of the hospital experience complete with discussions around the impact of hospitalization on child development and family coping. This workshop will provide an interactive opportunity to explore preparation materials and techniques, as well as, engage participants in thinking about using preparation in their own practice.

A7 The Influence of Pediatric Intensive Care Unit (PICU) Culture on End-of-Life Decision Making Tracie Northway

Audience: Intermediate/Advanced

This presentation focuses on the findings of a study investigating the nature of pediatric critical care culture in Canada and its influence on end-of-life decision making for children for whom the possibility of cure is remote or non-existent.

A8 Deciding When It's Labour: The Experience Of Women Who Have Received Antepartum Care At Home

Lynne Palmer

Audience: Beginner

The researcher will report on a study designed to describe how women who had received symptom recognition teaching and decision guides provided by an antepartum care at home program decided that subsequent episodes of symptoms represented labour and whether or not to seek help. Implications for professional practice will be discussed.

12:00 Lunch (Registrants are on their own)

1:30 Concurrent Session B begins Please see next page

FRIDAY, June 2nd, 2006

CONCURRENT SESSIONS B 1:00-2:30 PM

B1 Outcomes of Planned Hospital Birth Attended by Midwives vs. Physicians in British Columbia Patricia Janssen

Audience: Intermediate

A two-year prospective comparison of birth outcomes among all low risk women planning a midwife-attended hospital birth in British Columbia vs. those among women planning a physician-attended birth demonstrated reduced rates of obstetrical interventions, without change in rates of neonatal morbidity.

B2 Prevention of Family Violence in Our Community: A Public Health Initiative

Jennifer MacLeod, Cynthia Sousa, Carole Desmeules

Audience: Intermediate

This community-wide family violence prevention initiative involved the development of a community response protocol for domestic violence, innovative training sessions (including an interactive ethics forum and a practice session with standardized patients), community conferences, webpage development, distribution of resource materials, and awareness-raising campaigns. Interviews and chart audits were used to assess change.

B3 Breastfeeding and the Rational Use of Supplements The Journey Towards Optimal Care Marina Greene

Audience: All Levels

Based on best evidence, the Baby-Friendly Initiative supports exclusive breastfeeding. Unfortunately, current practice in many hospitals fails to achieve this standard. This presentation will describe clinical case presentations to overcome barriers as well as explore policy and education strategies developing in a large tertiary hospital striving to meet the criteria of the BFI.

B4 Excited, Exhausted and Emotional: Interactive Talks at Mother and Baby Groups on Postpartum Emotions Shelia Duffy and Georgie Hutchinson

Audience: All Levels

Interactive talks conducted at mother and baby groups provide an effective tool in the prevention and early recognition of difficult postpartum adjustments including postpartum depression and anxiety. These talks offer a natural forum for new mothers to explore issues related to postpartum adjustment through discussion and sharing of personal stories.

B5 Supporting Maternal and Child Health: Housing, Shelter and Women's Substance Use and Recovery Lorraine Greaves, Natasha Jategaonkar, Nancy Poole, Amy Salmon

Audience: All Levels

Housing and place of recovery are key determinants of substance use, reduction and recovery for mothers. Presentation will assess needs of women in treatment programs, transition housing, hospital stabilization, and supported housing. Housing and place of recovery improves maternal and child health, supporting prevention, harm reduction and recovery without relapse.

B6 This Won't Hurt: Youth Evaluating Local Health Services and Research on the Impact of Youth Engagement

Jessica Chant

Audience: All Levels

This presentation explores participatory action research (PAR) processes for including youth in evaluation of their healthcare and the impact of youth engagement in the lives of youth in tertiary healthcare. This presentation will present finding from PAR processes at BC Children's Hospital and will explore and elucidate youth-friendliness in development of healthcare policy.

B7 The Nature of Maternal Guilt and its Resolution in Relation to a Child's Chronic Illness/Disability Connie Canam

Audience: All Levels

PLEASE NOTE: This session is only 45 minutes in length

This presentation will explore the nature of maternal guilt and its resolution in relation to a child's chronic illness/disability by drawing on the narratives of fourteen mothers who participated in in-depth interviews following a group program for parents of children with chronic health conditions.

2:30 Refreshment Break (Exhibits Open)

CONCURRENT SESSIONS C 3:00-4:30 PM

C1 Positive Mental Health in Motherhood: Outcomes of Treatment

Shaila Misri Audience: All Levels

Mental illness is common amongst childbearing women with particular vulnerability in pregnancy and postpartum. Postpartum depression affects approximately 1 in 10 women, and is treatable with a high recovery rate. This lecture will focus upon the potential positive outcomes of maternal treatment for the women, infants, partners, and the community.

C2 "So Now You're Telling Us We're Not Safe!": Creating a Culture of Safety Within Pediatric Critical Care.

Katrina Verschoor, Lynn Coolen, Leslie Braun, Rita Dekleer, Gordon Krahn, Lisa Krueckl, Tracie Northway, Alecia Robin, Deb Scott, Peter Skippen

Audience: Intermediate/Advanced

Existing cultural values and beliefs in health care present barriers to "making it easy to do the right thing and difficult to cause harm". This panel presentation will focus on the experiences of one unit in shifting the culture to one of safety.

C3 Father Involvement and Its Effect on Children, Mothers, Fathers, and Families Jennifer Sundstrom

Audience: Intermediate

Over the past 10 years there has been tremendous change in the role of the father. Our understanding of this role is also shifting as research reveals the importance of father involvement. This session introduces some of the key research and information about father involvement highlighting its impact on children, mothers, fathers and families.

FRIDAY, June 2nd, 2006

C4 "Who You Gonna Call?" Maternal and Child Health Line Toni Ormston and Mary Gardiner

Audience: Intermediate

The Maternal and Child Health Line is based in Victoria, Australia and is a 24 hour, 7 day a week state wide telephone service, available to families with children from birth to school age. This presentation describes the service from its development through to its present day operation.

C5 Healthy Children Healthy Futures, A Modular Based Parenting Education Program for Parents of Children 0 to 6, A National Pilot Project Supported by the Public Health Agency of Canada

Mark Turner, Christine Sim, Mark Sutherland, Delavina Lawrence, Lori Gardner

Audience: Beginner

Started in 1995, Healthy Children Healthy Futures is a CAPC funded, modular peer facilitated parenting education and discussion program presented locally by two Aboriginal Friendship Centres. We will be presenting information on the work we do, facilitating a mini module session, having fun, thinking, eating and answering questions about this well-received program.

C6 Achieving Baby-Friendly Initiative Frances Jones and Pam O'Sullivan

Audience: All Levels

The Baby-Friendly Initiative provides hospitals and communities a measure of best practice outcomes for new families. Effective change in old established health care practices is difficult particularly in large institutions. At BC Women's Hospital and Health center a project was undertaken to achieve the Baby-Friendly Hospital Initiative. The Goal was to improve the exclusive breastfeeding rate after 15 years of various approaches with limited success. The PDSA model was used in this project as an approach to process improvement which helps teams accelerate the adoption of proven and effective change.

C7 Lessons Our Premature Baby Families Have Taught Us Michael Whitfield, Philippa Hubber-Richard, Debbie Johannesen

Audience: All Levels

This session brings together professionals in health care, rehabilitation, ECE and education in an interactive session which will focus NOT on medical outcome, but concentrate on lessons learned from families coping with the lived experience of having a high risk premature baby from birth to adulthood.

Participants in this session are asked to come with at least one most important lesson they have learned from families, which they feel would be important to assist professionals in their practice to share with the group.

C8 Advancing Health-Care Practice: Exploring the Links Between Woman Abuse, Substance Use and Pregnancy/Early Parenting Lynda Dechief and Jill Cory

Audience: Intermediate

This workshop introduces innovative web-based learning modules on the complex links between violence against women in relationships, mental health issues, and substance use. Best practices in providing health-care and support to pregnant and early parenting women facing 'high risk' issues will be explored in an interactive way.

5:00 Reception

Wine and Cheese & Entertainment

SATURDAY, June 3rd, 2006

8:30am Registration

9:00 Welcoming Remarks

Jan Radford, Conference Chair

9:15 Panel Presentation featuring Youth and Parents
Mental Health in Children and Youth What Children and Families Want
You to Know

Maria LeRose, Facilitator

10:30 Refreshment Break (Exhibits Open)

CONCURRENT SESSIONS D 11:00-12:30 NOON

D1 Solving the Mystery of School-Age Children's Grief Kay Johnson

Audience: All Levels

Workshop goals are to learn about evidence-based practice theories; real life learning; case scenarios; and what's available for family support. Participants will learn how our own experience influences our work with grieving children; what they teach us; how to facilitate their journey; and how to enhance our practice right now.

D2 Working to Make a Difference: Guidelines for Best Practices in Family Resource Programs Marianne Drew-Pennington and Lisa Martin

Audience: Beginner/Intermediate

Not only has the government worked collaboratively to allocate funds to individual family resource programs (FRPs) throughout the province, but they have worked with the BC Association of Family Resource Programs to develop and implement a framework of best practices. This included a three-year study to evaluate (FRPs) to determine their impact on short and long term outcomes for families. The evaluation is specific to the key areas of practice and outcomes as presented in the best practices publication, "Working to Make a Difference". This workshop will provide an overview of the partnership, an introduction to Working to Make a Difference: Guidelines for Best Practices in Family Resource Programs and findings from the evaluation.

D3 Reducing Risk Through Policy Design: A Case Example

Betty Braund and Jill Cory

Audience: Intermediate

The 2003 murder of a woman, in a BC hospital, prompted BC Women's Hospital to develop a policy aimed at increasing women's safety. Using a case example, conference participants will examine the Privacy Block/Alias Security Policy which uses a gendered, womencentred approach and contrast it to a gender neutral policy designed for the same purpose.

D4 The Families in Recovery Generation: Healing with Love - Maternity Care for Substance Using Women and their Newborn

Yalila Seaman and Patti Johnson

Audience: Beginner

Fir Square at BC Women's Hospital provides maternity care for pregnant women with problematic substance use. There is also continuity of care in the community for these mothers and their infants. Our goal is to follow a harm reduction approach and use creative problem solving techniques within interdisciplinary teamwork.

SATURDAY, June 3rd, 2006

D5 Health Service Delivery for Three Populations of Potentially Vulnerable Families:

Three Interagency, Collaborative, Community Based Programs

Virginia Hayes, Sherry McGillis, Andrea Findlay, Laraine Michalson, Diane Wood

Audience: All Levels

This presentation describes how three primary health programs (Building Blocks, Sheway, and the Safe Babies Program) have moved away from problem-oriented approaches to a collaborative model of health promotion through family-centred care.

D6 Improving Care for Women with Complex Needs in Pregnancy

Melanie Basso and Wendy Newson

Audience: Advanced

This presentation describes a multidisciplinary Complex Care Task Force (CCTF) force at BC Women's Hospital initiated to improve the coordination of care to women with complex needs in pregnancy. The benefits include a coordinated approach to care planning which centers around the woman and improves communication and coordination of service provision.

D7 Partnering with Aboriginal Communities: Type II Diabetes Prevention in Children and Youth Lynn Van Hofwegen and Heather Meyerhoff

Audience: Intermediate/Advanced

PLEASE NOTE: This session is only 45 minutes long

Early findings in a participatory action research study addressing prevention of Type 2 Diabetes in aboriginal children and youth will be presented. Type 2 Diabetes in children and youth has been increasing steadily with aboriginal youth and children at additional risk. Strategies for community participation in prevention of Type 2 Diabetes will be discussed.

D8 Enhancing the Well-Being of Mothers, Children and Youth by Promoting Positive Father Involvement Jennifer Sundstrom, Jeff McLean, Bob Kay, David Sheftel

Audience: Beginner/Intermediate

Research, toolkits, and key information about father involvment will be presented by representatives from various Father Involvment programs in the Lower Mainland.

12:30 Lunch (provided) & Posters

CONCURRENT SESSIONS E

E1 ROLL OVER KUBLI! ROCK ON T.A.T.!: A More Comprehensive Systematic Framework for Cardiotocographic Interpretation

Tina Tier

Audience: Advanced

Fetal cardiotocographic interpretation sometimes results in differing opinions and significant discord between the health care interpreters. Adopting a systematic framework for the assessment of pertinent parameters [TIER'S ANALYSIS TOOL] supports Nurses, Midwives, and Physicians to achieve agreement in interpretation, incorporate clinical reasoning and acts as a prompt to appropriate action.

E2 Baby Teeth- Aren't They Just for the Tooth Fairy? Laura Leadbetter-Fuoco

Carolynne Epp

Audience: Beginner

Early Childhood Tooth Decay is a severe dental disease where the front teeth decay with gradual progression to the back teeth. Dental procedures are the most common surgical procedures that children receive in BC hospitals- it is estimated that over 8100 children in BC are affected by this disease each year. This disease is preventable - the key is education for caregivers and parents. This presentation deals with common questions heard from parents, ranging from when to start brushing to what to feed my child. Information about <u>free</u> public health dental clinics and early intervention strategies will also be provided

E3 Supporting Families Affected by Parental Mental Illness

Desiree Blume and Lyne Brindamour

Audience: Intermediate

The Provincial Working Group for Supporting Families with Parental Mental Illness hosted a Forum in December 2004 as a means of advancing related practices, policies, programs and protocol. Recently they have summarized the findings from this Forum that was attended by stakeholders across the Province. This presentation will outline current issues and ways to support these families through family-centred care, advanced planning (the Ulysses Agreement) and interdisciplinary collaboration.

POSTER PRESENTATIONS

The posters will be set up for delegates to view throughout the entire conference. The presenters of the posters will be available to answer questions at the poster session during Saturday lunch.

Maternal Stress Mediates Effects Of Neonatal Pain On Infant Cortisol And Cognition In Preterm Infants Mai Thanh Tu

Post-Doctoral trainee, Department of Pediatrics, University of British Columbia; Centre for Community Child Health Research (CCCHR), BC Women's and Children's Hospital, Vancouver, BC

Ruth Grunau

Associate Professor, Department of Pediatrics, University of British Columbia, at the Centre for Community Child Health Research (CCCHR, Early Human Experience Unit), BC Women's and Children's Hospital, Vancouver, BC

A Parent Education Program for Parents of Children and Youth with Chronic Deseases and/or Disabilities

Assistant Professor, School of Nursing, University of British Columbia, Vancouver, BC

An In-House Perinatal Nursing Education Project at BC Women's Hospital

Beverly Buchinski

Program Coordinator, Birthing Program, BC Women's Hospital, Vancouver BC **Melanie Basso**

Senior Practice leader - Perinatal, BC Women's Hospital, Vancouver, BC

Optimizing Parental Child Attachment in Pediatric Critical Care

Karen LeComte

RN, MSN, Clinical Nurse Coordinator, Pediatric Critical Care Program, BC Children's Hospital, Vancouver, BC

Rosella Jefferson

RN, MSN, Clinical Nurse Speicalist, Critical Care Program, BC Children's Hospital, Vancouver, BC

Mother-Baby Togetherness: A Simple Plan Jeyachandra Pillay

Antepartum/Postpartum Program Corrdinator, BC Women's Hospital, Vancouver, BC

SATURDAY, June 3rd, 2006

E4 The Continuum Concept in Establishing Infant Feeding Best Practices in Health Professionals and Families

Marianne Brophy

Informed decision making on infant feeding is positively affected by evidence-based best practice in prenatal, intrapartum and postnatal care. This session examines key anticipatory guidance messages and clinical competencies to empower families and health professionals to protect, promote and support breatfeeding.

E5 Growing up with a Chronic Health Condition: Supporting Developmentally Appropriate Care for Youth during the Process of Transition from Pediatric to Adult Care

Rochelle Einboden and Jorge Pinzon

Audience: Intermediate

Transition from pediatric to adult care represents a significant challenge to youth, their families, and health care providers supporting them. This session will provide an interactive opportunity for multidisciplinary health care providers to review principles of a developmentally appropriate transition program. The ON TRAC model will be described, and specific tools and materials will be shared.

E6 Multidisciplinary Collaborative Primary Maternity Care Project (MCP²) Conclusions and Recommendations

Kim Campbell, Margaret McNamee, Malcolm Anderson

Audience: Intermediate

This interactive workshop will provide a summary of the activities of the MCP² project, including a framework for developing models of collaborative maternity care, guidelines to facilitate the implementation of these models, recommended standards for terminology and scope of practice within these models and information on the knowledge, attitudes and beliefs of health care providers towards collaboration.

E7 Women's Experience of Livebirth After Stillbirth Patty Keith

Audience: Intermediate/Advanced

This presentation presents the findings of a recent qualitative research study or 14 women's experiences of a healthy pregnancy subsequent to stillbirth. It will include themes identified throughout the continuum of care and helpful and unhelpful caregiver interaction towards the goal of improving care to this vulnerable subset of women.

E8 Decreasing the Barriers for High Risk Pregnant and Early Parenting Women and Their Children Kim Williams and Denise Penaloza

Audience: All Levels

Maxxine Wright Community Health Centre offers a safe womencentered, nonjudgmental environment for pregnant and early parenting women and their children whose lives have been impacted by violence or abuse and problematic substance use. An interdisciplinary team works with women to help them develop the skills and confidence needed to care for and advocate for themselves and their children.

3:00 Stretch Break

3:15 Closing Address:

Imagine That! Creativity & Innovation for Health Care Professionals

Melodie Chenevert

4:15 Adjourn and Evaluations

Feedback from The Maternal Child Youth Conference 2003

"The information was up-to-date and relevant to my field and therefore was extremely useful"

"Very informative - just what I was looking for - specific information that I can use in my community and share with other communities. The handouts are an excellent resource."

"I'm a team leader and I can use these topics to generate discussion within our organization to increase knowledge and create support for the role of Nurse Practicioner."



Four Ways to Register!

- On the web: www.interprofessional.ubc.ca (Mastercard and Visa only)
- By telephone:

Local/International: (604) 822-6156 Toll free within Canada/USA: 1-877-328-7744

- By Fax: (604) 822-4835 (Mastercard and Visa only)
- By mail with a cheque, purchase order or credit card.

Please see registration form for more details.

Registration before May 10, 2006 is strongly recommended to ensure you receive all conference materials.

The registration fee for the main conference includes conference materials, refreshment breaks, Saturday lunch and a no-host bar reception on Friday evening.

If you register for the pre-conference day only, the fee includes course materials, lunch and refreshment breaks.

This program is also available online at: www.interprofessional.ubc.ca

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MATERNAL CHILD YOUTH Conference 2006

Optimizing the Care of Mothers, Children and Youth	☐ Nurse ☐ Family Support Worker ☐ Midwife ☐ Educator	
PLEASE WRITE IN BLOCK LETTERS: One registration form per person. Please photocopy if more are needed. Ms. Mrs. Mrs. Mrs. Dr.	Physician Psychologist Rehabilitation Therapist Social Worker Infant Development Consultant Dietitian/Nutritionist Counsellor Government	
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E-Mail Where did you hear about this conference?	Pre-Conference Workshop: Full day workshop: Thursday, June 1st, 8:30am-4:15pm \$\sigma\$ \$150	
Journal/Newsletter Website Link/Search	Maternal Child Youth Conference (Please note: does NOT include Pre-Conference workshop)	
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CONCURRENT SESSIONS:	Rates after April 5, 2006	
Please refer to the program for session descriptions Concurrent sessions are filled on a first come, first served basis.	Pre-Conference Workshop: Full day workshop: Thursday, June 1st, 8:30am-4:15pm \$\(\) \$ 195	
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Session D: D1 D2 D3 D4 D5 D6 D7 D8 Session E: E1 E2 E3 E4 E5 E6 E7 E8	Student: Available for the full program only, paid before May 10, 2006. A copy of valid student photo ID must be sent with registration. Full 3-day Program	
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