

3rd Conference on Recent Advances in the Prevention and Treatment of  
**Childhood & Adolescent Obesity**  
**2010** *Families in Focus*



PRE-CONFERENCE SYMPOSIUM  
**Type 2 Diabetes Mellitus in Aboriginal Youth:  
Determinants and Interventions**  
**October 27, 2010**

MAIN CONFERENCE  
**October 28 - 29, 2010**

CONFERENCE LOCATION  
**Convention Centre  
1 Summers Lane  
Hamilton, ON**



PRESENTED BY:



**Interprofessional Continuing Education**  
The University of British Columbia  
*A Team Approach to Learning*



**UBC DENTISTRY**

IN COLLABORATION WITH:



# General Information

general information	<p>This conference brings together an interdisciplinary group of professionals working in the field of childhood and adolescent obesity. The 3rd conference will focus on the family. The meeting will examine important intergenerational and family-based determinants of childhood obesity. Specifically, the conference will provide insight on prevention and treatment strategies for children with obesity and their families at the policy, school, public health and primary care levels. In addition, emerging issues relating to childhood obesity and type 2 diabetes mellitus in aboriginal communities will be highlighted.</p>				
objectives	<ul style="list-style-type: none"><li>☞ To examine the role of the family in the etiology of childhood and adolescent obesity and its health consequences.</li><li>☞ To examine how to engage families in interventions for the prevention and treatment of childhood and adolescent obesity, including practical guidance on this engagement.</li><li>☞ To address the role of the family in the prevention and treatment of obesity and its health consequences, in particular type 2 diabetes in aboriginal families.</li><li>☞ To provide a forum for networking and collaboration among health professionals, educators, researchers, policy makers, trainees and other stakeholders with an interest in childhood obesity.</li></ul>				
who should attend	<p>This conference will be of interest to the following individuals:</p> <ul style="list-style-type: none"><li>• Administrators/Managers • Family Development Workers • Parents • Community Health Workers • Family Physicians • Policy Makers • Counsellors • Family Resource Program Staff • Principals • Diabetes Educators • Fitness Professionals • Psychologists • Dietitians and Nutritionists • Nurses • Social Workers • Educators • Paediatricians • Teachers • Researchers</li></ul> <p>And anyone interested in learning and sharing about issues and experiences regarding childhood obesity.</p>				
conference location	<p>The conference will take place at the Convention Centre, located on 1 Summers Lane in Hamilton, ON.</p>				
hotel and accommodation	<p>The accommodation will be provided by the Sheraton Hamilton Hotel, located on 116 King Street West, in Hamilton, ON. It is across the street from the conference location. We suggest you book your room NOW as we anticipate that our room block will fill up quickly. To reserve a room, please call 905-529-5515 or 1-800-325-3535 and let hotel reservations know that you are booking under the Obesity 2010 Conference room block.</p>				
parking	<p>Please note that the parking garage (underground) has a height restriction of 6'1". Self parking is \$9.99 per night for hotel guests.</p>				
travel information	<p>Nearby Airports: Hamilton International Airport - 10km; Buffalo Niagara International Airport – 97km; Toronto Pearson International Airport - 97km</p> <p>Nearby Cities: Ancaster - 10km; Burlington - 10km; Stoney Creek - 10km; Oakville - 21km; Brantford - 40km; Mississauga - 48km; Guelph - 56km; Kitchener - 56km; St. Catharines - 56km; Brampton - 64km; Waterloo – 64km; Niagara on the Lake – 72km; Niagara Falls (Ontario) – 72km; Port Dover – 72km; Toronto-Pearson – 72km; Toronto – 72km; Buffalo – 80km; Niagara Falls (New York) – 80km</p>				
general driving directions to the venue	<table><thead><tr><th><b>From Niagara Falls/Buffalo</b></th><th><b>From West</b></th></tr></thead><tbody><tr><td><ul style="list-style-type: none"><li>• Take Queen Elizabeth Way Westbound to Highway 403, Hamilton</li><li>• Take the Main Street East Exit</li><li>• Turn left on Summers Lane</li><li>• Turn left on King Street East</li></ul></td><td><ul style="list-style-type: none"><li>• Take Highway 401 to Highway 403 East</li><li>• Continue to the Main Street East Exit</li><li>• Follow Main Street until you reach Summer's Lane across from City Hall</li><li>• Turn left on Summer's Lane</li><li>• Turn left on King Street</li></ul></td></tr></tbody></table>	<b>From Niagara Falls/Buffalo</b>	<b>From West</b>	<ul style="list-style-type: none"><li>• Take Queen Elizabeth Way Westbound to Highway 403, Hamilton</li><li>• Take the Main Street East Exit</li><li>• Turn left on Summers Lane</li><li>• Turn left on King Street East</li></ul>	<ul style="list-style-type: none"><li>• Take Highway 401 to Highway 403 East</li><li>• Continue to the Main Street East Exit</li><li>• Follow Main Street until you reach Summer's Lane across from City Hall</li><li>• Turn left on Summer's Lane</li><li>• Turn left on King Street</li></ul>
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exhibiting	<p>Health associations and/or community organizations wanting to exhibit at this conference are invited to contact the conference organizers for more information.</p>				
Hamilton tourism	<p>There are many wonderful sights to see and things to experience while visiting Hamilton. If you would like more information on traveling in the area or things to do and see in Hamilton and nearby cities, please contact Tourism Hamilton: <a href="http://www.tourismhamilton.com/">http://www.tourismhamilton.com/</a> Phone: 905-546-2666 or 1-800-263-8590.</p>				

# General Information

**registration** Please see registration form (last page) for details. To receive the reduced early bird rate, you must register by **September 8, 2010**. Pre-registration prior to October 8, 2010 is strongly recommended to ensure you receive your course selections. All fees listed are in Canadian dollars (CAD\$) and include 5% GST. The tuition fee includes course materials, coffee breaks, and lunch on Friday.

Secure, fast, **online registration** is available for Visa and Mastercard holders at the conference organizer's website: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca). Please ensure that you have a copy of the program to assist you in your concurrent session selections while online. A registration receipt will be mailed to all registrants regardless of payment method after processing by our office.

To charge by **phone** (Mastercard or Visa only), please call: 604-827-3112 or toll free within North America 1-877-328-7744; to **fax** your registration form with payment information: 604-822-4835; to **mail** your registration form with cheque or payment information: REGISTRATION, UBC Interprofessional Continuing Education, Room 105-2194 Health Sciences Mall, Vancouver, BC V6T 1Z3, Canada.

**refund, transfer, and cancellation policy** Refunds will be made (less a \$50.00 processing fee) if written notice of withdrawal is received by **September 29, 2010**. No refunds will be granted for withdrawal after that date. There is a \$25 replacement charge in case of a registration transfer. Please contact us prior to **October 8, 2010** if you cannot attend and would like another person to come in your place. Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund will be issued.

**certificate of attendance, credits** A certificate of attendance will be prepared for all registrants including pre-approved continuing education credits where appropriate. This event is an Accredited Group Learning Activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Paediatric Society. This event is approved for a maximum of 15.0 credit hours. Please check our website: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca) for updates on credits.

**conference contact** For enquiries regarding the program, registration, or exhibiting at this conference, please contact Jo Nam at 604-822-2801 or by email [ipinfo@interchange.ubc.ca](mailto:ipinfo@interchange.ubc.ca).

**financial contributors** We would like to acknowledge with special appreciation the financial support from:



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Child Health  
Research Institute



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CHILDREN'S  
HOSPITAL

## COMMITTEE MEMBERS

**Katherine M. Morrison (Conference Chair)**, MD, FRCPC, Associate Professor, Department of Pediatrics, McMaster University, Hamilton, ON

**Geoff D.C. Ball**, PhD, RD; Assistant Professor, Department of Pediatrics, University of Alberta; Director, Pediatric Centre for Weight and Health, Stollery Children's Hospital, Edmonton, AB

**Jean-Pierre Chanoine**, MD, PhD; Clinical Professor and Head, Endocrinology and Diabetes Unit, BC Children's Hospital, Vancouver, BC

**Rachel Colley**, Junior Research Scientist, Healthy Active Living and Obesity Research Group (HALO), Children's Hospital of Eastern Ontario Research Institute and Assistant Professor, Department of Pediatrics, The University of Ottawa, Ottawa, ON

**Josie Geller**, PhD, RPsych, Director of Research, Eating Disorders Program, St. Paul's Hospital; Associate Professor, Department of Psychiatry, The University of British Columbia, Vancouver, BC

**Sara F.L. Kirk**, PhD, Canada Research Chair in Health Services Research; Director, Applied Research Collaborations for Health (ARCH), School of Health Administration, Dalhousie University, Halifax, NS

**Kristina Hiemstra**, Director, Interprofessional Continuing Education, University of British Columbia, Vancouver, BC

**Jonathan McGavock**, PhD, Assistant Professor, Robert Wallace Cameron Chair in Evidence-Based Child Health, Manitoba Institute of Child Health, Faculty of Medicine, University of Manitoba, Winnipeg, MB

**Sarah Robinson**, MSc, Administrator, Interdisciplinary Programs, Faculty of Science, McMaster University, Hamilton, ON

**Peter Rosenbaum**, BSc, MD, FRCPC, Professor of Paediatrics, McMaster University; Canada Research Chair in Childhood Disability, Hamilton, ON

**Brian W. Timmons**, PhD, Assistant Professor, Children's Exercise & Nutrition Centre, McMaster University and McMaster Children's Hospital, Hamilton, ON

**Angelo Tremblay**, MSc, PhD, Professor, Department of Social and Preventive Medicine, Laval University, Québec City, QC

## Pre-Conference Symposium Type 2 Diabetes Mellitus in Aboriginal Youth: Determinants and Interventions

11:30am Registration Opens

12:00pm Opening Remarks and Aboriginal Prayer

*Jonathan McGavock, PhD, Assistant Professor, Robert Wallace Cameron Chair in Evidence-Based Child Health, Manitoba Institute of Child Health, Faculty of Medicine, University of Manitoba, Winnipeg, MB*

12:30pm Keynote Presentation

**Type 2 Diabetes in Youth: Current State of Knowledge and Impact on Minority Groups**

*Phil Zeitler, MD, PhD, Professor of Pediatrics, Division of Endocrinology, University of Colorado Denver, Denver, CO*

**Learning Objectives:**

- ☞ To describe the epidemiology of type 2 diabetes in adolescents in North America
- ☞ To understand the etiology and pathophysiology of type 2 diabetes in adolescents
- ☞ To understand the impact of type 2 diabetes on racial and ethnic minorities in North America

Theme Maternal Determinants of Youth Onset T2DM

1:30pm **The Developmental Origins of Type 2 Diabetes in Children: Is There a Window of Opportunity in Pregnancy?**

*Heather Dean, MD, FRCPC, Professor of Pediatrics, University of Manitoba, Section of Pediatric Endocrinology, Children's Hospital, Winnipeg, MB*

**Learning Objectives:**

- ☞ To describe the history of type 2 diabetes in children in Canada
- ☞ To identify the unique genetic and prenatal factors that are associated with type 2 diabetes in youth in Manitoba
- ☞ To describe the accelerator hypothesis proposed by T. Wilkin

2:00pm **The Impact of Maternal Exercise on Future Disease Risk**

*Michelle F. Mottola, PhD, FACSM, Director, R. Samuel McLaughlin Foundation-Exercise and Pregnancy Lab; Associate Professor, School of Kinesiology, Faculty of Health Sciences & Dept. of Anatomy & Cell Biology, Schulich School of Medicine, The University of Western Ontario, London, ON*

**Learning Objectives:**

- ☞ To define factors during pregnancy that influence future disease risk in mother and infant
- ☞ To describe how healthy eating and an active lifestyle during pregnancy may prevent future disease risk
- ☞ To use this knowledge to promote a healthy lifestyle for mother, family and community

2:30 Nutrition & Exercise Break

Theme Physical Activity and Dietary Determinants of T2DM

3:00pm **Modifiable Lifestyle Factors and the Risk for Type 2 Diabetes in Youth**

*Jonathan McGavock, PhD, Assistant Professor, Robert Wallace Cameron Chair in Evidence-Based Child Health, Manitoba Institute of Child Health, Faculty of Medicine, University of Manitoba, Winnipeg, MB*

**Learning Objectives:**

- ☞ To describe the role of modifiable lifestyle factors in the pathogenesis of obesity and type 2 diabetes in youth
- ☞ To describe current rates of various lifestyle factors in particular physical activity, dietary habits, sleep and fitness levels among aboriginal youth
- ☞ To explore possible initiatives to elicit behaviour change to enhance positive lifestyle choices among aboriginal youth

3:30pm **Community-Based Intervention Programs Addressing Risk Factors for Type 2 Diabetes**

*Anthony Hanley, PhD, Associate Professor, Department of Nutritional Sciences, University of Toronto, Toronto, ON*

**Learning Objectives:**

- ☞ To understand the key components of successful and sustainable community-based intervention programs that address risk factors for type 2 diabetes

Theme Community Perspectives

4:00pm **Picturing "The Healthy Body" for First Nations Girls: A Photovoice Project**

*Jennifer Poudrier, BA, MA, PhD, Associate Professor, Department of Sociology; Research Associate, Indigenous Peoples' Research Centre; Research Affiliate, School of Public Health, University of Saskatchewan, Saskatoon SK*

*Jennifer M. Shea, MA, BA (honors), Aboriginal Epidemiologist, NL Centre for Health Information; PhD Candidate, University of Saskatchewan, Paradis, NL*

**Learning Objectives:**

- ☞ To understand the power of the visual in the contemporary understanding of 'race' and 'the healthy body' (healthy body weight and body image)
- ☞ To understand the photovoice methodology in the context of participatory community based research with First Nations communities and individuals
- ☞ To describe the meanings that First Nations girls from the Battlefords Tribal Council region in Saskatchewan give to the 'healthy body' through pictures, interviews and focus groups

4:30pm **Taking the Responsibility to Heal Ourselves: The Kahnawake Schools Diabetes Prevention Project**

*Alex M. McComber, MEd, Consultant, McComber Consulting; former Training Coordinator and Executive Director of the Kahnawake Schools Diabetes Prevention Project, Kahnawake, Mohawk Territory*

**Learning Objectives:**

- ☞ To understand the history, vision, mission, goals and objectives of a community-based participatory project in a Mohawk community
- ☞ To understand the importance of involving community in planning and decision-making in the development of a healthy lifestyles intervention project
- ☞ To understand the value of evolving intervention activities to meet the needs and interests of the community through pictures, interviews and focus groups

5:30pm Adjourn

# Main Symposium - Thursday, October 28th, 2010

8:00am Registration & Exhibits Open

8:30am Welcome Address

*Katherine M. Morrison, MD, FRCPC, Associate Professor, Department of Pediatrics, McMaster University, Hamilton, ON*

8:45am Keynote Address:

**How Can Shape Up Somerville Shake Up Canada?**

*Christina D. Economos, Associate Professor, New Balance Chair in Childhood Nutrition, Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA*

**Learning Objectives:**

- ☞ To recognize how a community-wide nutrition and physical activity intervention reduced weight gain in children
- ☞ To describe an approach to modify the environment in which decisions about diet and activity demonstrate more promise as a preventive strategy than individual educational approaches
- ☞ To discuss the role that the systems approach can play in environmental strategies to prevent childhood obesity.

9:45am Activity & Nutrition Break & Exhibits

Theme Intergenerational Influences in Childhood and Adolescent Obesity

10:15am Oral Abstract

10:25am **Beginning at the Beginning:  
The Influence of Fetal Life on Later Obesity**

*Katherine M. Morrison, MD, FRCPC, Associate Professor, Department of Pediatrics, McMaster University, Hamilton, ON*

**Learning Objectives:**

- ☞ To introduce the importance of a life course approach to understanding obesity
- ☞ To understand the importance of maternal health on the development of obesity and related health consequences in the offspring
- ☞ To understand intergenerational influences on childhood obesity

10:55am **Families in Transition: How Does Life in Canada Influence the Health of New Canadians and Their Children?**

*Gita Wahi, MD, FRCPC, Assistant Clinical Professor, Department of Pediatrics, McMaster University, Hamilton, ON*

**Learning Objectives:**

- ☞ To give an overview of the health risks new immigrant children may face
- ☞ To outline how challenges immigrant families face adapting to life in Canada may impact their risk of obesity
- ☞ To discuss health promotion strategies to target children new to Canada

11:25am Panel Discussion / Questions

12:00pm Lunch (On Your Own) & Exhibits

Theme Families in Focus - Community/Policy

1:30pm Oral Abstract

1:40pm **Across the Spectrum: Socio-Ecological Approaches to Healthy Weights**

*Kate Storey, PhD, RD, Research Associate, School of Public Health, University of Alberta, Edmonton, AB*

**Learning Objectives:**

- ☞ To explore “upstream” approaches to obesity prevention in multiple settings
- ☞ To present case studies of successful obesity prevention interventions in community and school contexts
- ☞ To identify future directions for social change-based interventions to promote healthy weights, including policy change.

2:10pm **Preventing Obesity in Youth: What’s Around For the Provinces of Eastern Canada?**

*Lyne Mongeau, DtP, PhD, Coordinator of the 2006-2012 Government Action Plan to Promote Healthy Lifestyle and Prevent Weight-related Problems, Investing for the Future, Ministry of Health and Social Services, Government of Québec; Adjunct Professor, Social and Preventive Medicine Dept, University of Montreal*

**Learning Objectives:**

- ☞ To present some data on obesity, eating behaviors and physical activity for the provinces of Eastern Canada
- ☞ To present a broad view of how the provinces are organized to implement actions to prevent obesity in youth
- ☞ To present a snap shot of evaluation results, when available, of what is done up to now

2:40pm Panel Discussion / Questions

3:10 Activity & Nutrition Break & Exhibits

3:40 **Debate: Regulation of Industry vs Industry Self-Regulation - What is the Most Productive Way To Improve the Influence of Advertising on the Behaviour of Children and Youth?**

*Moderator: Arya Sharma, MD/PhD, FRCPC, Professor of Medicine & Chair for Obesity Research and Management, University of Alberta; Medical Director, Edmonton Region’s Interdisciplinary Weight Wise Program; Scientific Director, Canadian Obesity Network, Edmonton, AB*

*Regulation of Industry: Yoni Freedhoff, MD, Medical Director, Bariatric Medical Institute, Ottawa, ON*

*Industry Self-Regulation: Laurette Dubé, Founding Chair and Scientific Director, McGill World Platform for Health and Economic Convergence; James McGill Chair of Consumer and Lifestyle Psychology and Behavior, Desautels Faculty of Management, McGill University, Montreal, QC*

4:40pm Social / Networking / Poster Viewing / Exhibits  
Light Refreshments provided

5:30pm Adjourn

# Main Symposium - Friday, October 29th, 2010

Theme Families in Focus:  
Childhood Obesity Prevention

8:30am Engaging Families and Enhancing Readiness for Change: Improving Service Utilization and Quality of Care

*Josie Geller, PhD, RPsych, Director of Research, Eating Disorders Program, St. Paul's Hospital; Associate Professor, Department of Psychiatry, The University of British Columbia, Vancouver, BC*

**Learning Objectives:**

- ☞ To describe research findings on engagement and readiness for change
- ☞ To apply a treatment philosophy that is informed by readiness research to overweight youth and their families
- ☞ To participate in an experiential exercise on overcoming assumptions and barriers to engagement

9:45am World Café: Engaging Families Across the Stakeholder Perspective

*Josie Geller*

10:30am Activity / Nutrition Break / Exhibits

11:00am Report Back - Development of Mind Map

Moderator: *Josie Geller*

Co-facilitator: *Sarah Robinson, MSc, Administrator, Interdisciplinary Programs, Faculty of Science, McMaster University, Hamilton, ON*

Summary and Closing Remarks: *Geoff D.C. Ball, PhD, RD; Assistant Professor, Department of Pediatrics, University of Alberta; Director, Pediatric Centre for Weight and Health, Stollery Children's Hospital, Edmonton, AB*

12:00pm Lunch (Provided), Exhibits & Poster Session

Theme Families in Focus:  
Childhood Obesity Treatment

1:30pm Oral Abstracts (2)

1:50pm Putting the Family Into Family-Centred Services – Does Improving the Process Improve the Outcome?

*Peter Rosenbaum, BSc, MD, FRCPC, Professor of Paediatrics, McMaster University; Canada Research Chair in Childhood Disability, Hamilton, ON*

**Learning Objectives:**

- ☞ To describe 'family-centred service' as a concept and an operational approach to child and youth care
- ☞ To report evidence that links service delivery to improved outcomes for families
- ☞ To discuss how these ideas and approaches can be applied in the context of services for obese children and youth

2:20pm The Influence of Mental Illness and Psychiatric Medications on Family-Centered Care for the Prevention and Treatment of Obesity

*Jana Davidson, MSc, MD, FRCPC(C), Medical Director and Head, Child and Adolescent Psychiatry, BC Children's Hospital and University of British Columbia; Clinical Associate Professor, Psychiatry, The University of British Columbia, Vancouver, BC*

**Learning Objectives:**

- ☞ To understand the interplay between mental illness and metabolism
- ☞ To understand the impact of psychiatric medications on metabolism
- ☞ To review a Family-Centered Care initiative in BC that addresses these issues and provides prevention and treatment tools

2:50pm Panel Discussion / Questions

3:20pm Summary Remarks & Evaluation

*Katherine M. Morrison, MD, FRCPC, Associate Professor, Department of Pediatrics, McMaster University, Hamilton, ON*

3:40pm Adjourn



## Things To Do in and near Hamilton

Hamilton has an impressive range of attractions destined to please many visitors. Here are some of the top attractions suggested by [www.tripadvisor.com](http://www.tripadvisor.com).

### Niagara Falls

Packed with attractions, world-class hotels and dining, exciting nightlife and family adventure, the Niagara Falls is a vacation paradise.

For more information: <http://www.niagarafallstourism.com/>

### Canadian Warplane Heritage Museum

The Canadian Warplane Heritage Museum features more than 40 aircraft, from vintage WWII aircraft to modern jets that have been flown by Canadian military and civilians.

For more information: <http://www.warplane.com>

### Art Gallery of Hamilton

Engage your imagination with this diverse art gallery.

For more information: <http://www.artgalleryofhamilton.com>

### Royal Botanical Gardens

Visitors can stroll through 2,700 acres of flowers and plants, which include a bird sanctuary and woodland arboretum.

For more information: <http://www.rbg.ca/>

### HMCS Haida

This WWII Tribal Class destroyer is now a floating memorial and naval museum.

For more information: <http://hmcshaida.ca>

## **DEADLINE FOR POSTER SUBMISSIONS - June 25, 2010**

**Please Note:** For presenters of accepted poster presentations, the conference does not cover honoraria, accommodation, travel or other associated expenses. However, the **primary** poster presenter will be asked to pay a reduced registration fee to attend the conference. Notification in regards to acceptance will be sent by June 2010.

### **CALL FOR ABSTRACTS:**

The 3rd Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity provides an excellent forum for authors to present their work in an interactive setting. Posters are ideal for presenting scientifically based investigations, clinical case studies, and demonstrations of community projects. Posters are intended to provide attendees with a forum to connect with each other and to engage in discussions about their work.

### **FOR TRAINEES ONLY:**

Up to four abstracts submitted by trainees will be chosen to be presented as oral presentations. Please indicate on your abstract submission whether or not you are a trainee (i.e., undergraduate student, health professional intern, graduate student, research fellow) and your presentation preference: 'Poster Presentation Only' or 'Poster or Oral Presentation'.

### **GUIDELINES FOR SUBMISSION:**

- Outline how your work is related to the conference objectives (please refer to Advance Notice)
- Abstract summary (400 words or less) must be submitted online at [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca) or by e-mail to [ipinfo@interchange.ubc.ca](mailto:ipinfo@interchange.ubc.ca) in Word Document format (.doc) or in Rich Text Format (.rtf)
- Submission Deadline: **Friday, June 25, 2010**
- Abstract Formatting
  1. Title of presentation
  2. Author name(s), organization name(s).  
List **primary presenter's name first** & underlined
  3. Street address, city, province/state, postal code, telephone number, fax number & email address of **all presenters**
  4. Background: An introduction to the topic and the problem(s) being addressed
  5. Purpose: Present main research questions, hypothesis, objectives for undertaking the investigation
  6. Methods: Include descriptions of participants, procedures, instrumentation, data analysis, or the equivalent
  7. Results: Results presented in the poster can be final or preliminary
  8. Conclusions: Clearly present the "take home messages" from your investigation as it relates to childhood and adolescent obesity. Keep in mind the goal of the conference is to encourage interaction between disciplines and between health care practitioners, researchers, policy makers and administrators
  9. Indicate if you are a trainee and would like to present this submission as an oral abstract.

\*\*\* To view a sample of an abstract submission for your reference and guidance, please refer to our website: [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca) under the "Obesity" Conference. \*\*\*

# 2010

3rd Conference on Recent Advances in the Prevention and Treatment of

## Families in Focus Childhood and Adolescent Obesity

October 27 - 29, 2010

Hamilton Convention Centre, Hamilton, ON

**PLEASE WRITE IN BLOCK LETTERS:**

One registration form per person. Please photocopy if more are needed.

Ms.  Mrs.  Miss  Mr.  Dr.

\_\_\_\_\_  
Last Name First Name Initials

\_\_\_\_\_  
Organization Name/Mailing Address

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City Prov/State Postal Code

( ) ( )  
Daytime Telephone Number / Local Fax Number

\_\_\_\_\_  
E-Mail

### AFFILIATION/PROFESSION:

Please indicate which Affiliation/Profession best describes you:

- |  |   |
|--|---|
| <input type="checkbox"/> Administrator/Manager           | <input type="checkbox"/> Nurse                  |
| <input type="checkbox"/> Community Health Representative | <input type="checkbox"/> Occupational Therapist |
| <input type="checkbox"/> Counsellor                      | <input type="checkbox"/> Parent                 |
| <input type="checkbox"/> Diabetes Educator               | <input type="checkbox"/> Policy Maker           |
| <input type="checkbox"/> Educator                        | <input type="checkbox"/> Principal              |
| <input type="checkbox"/> Elder                           | <input type="checkbox"/> Psychologist           |
| <input type="checkbox"/> Family Development Worker       | <input type="checkbox"/> Researcher             |
| <input type="checkbox"/> Family Physician                | <input type="checkbox"/> Social Worker          |
| <input type="checkbox"/> Family Resource Program Staff   | <input type="checkbox"/> Student                |
| <input type="checkbox"/> Fitness Professional            | <input type="checkbox"/> Teacher                |
| <input type="checkbox"/> Other: _____                    |   |

### TUITION FEES:

The registration fee includes conference material, Thursday lunch, refreshment breaks, and a certificate of attendance. **All rates are quoted in CAD and the tuition fee includes HST.** Please inform us of any dietary requirements.

**EARLY BIRD RATE, BEFORE SEPTEMBER 13TH, 2010**

**Pre-Conference Day** Wednesday, October 27, 2010  \$120

**Main Conference - Full Program (Thursday - Friday)**  \$335

**Thursday, October 28 ONLY**  \$215

**Friday, October 29 ONLY**  \$195

**RATE AFTER SEPTEMBER 13, 2010**

**Pre-Conference Day** Wednesday, October 27, 2010  \$140

**Main Conference - Full Program (Thursday - Friday)**  \$355

**Thursday, October 28 ONLY**  \$230

**Friday, October 29 ONLY**  \$215

**STUDENT RATE**  \$275

(limited number available)

Student rates are available for the **main conference only**. Must be paid in full before **September 15th, 2010**.

A copy of valid student photo ID must be sent with registration.

**TOTAL PAYMENT** = \_\_\_\_\_

Please note: A \$25 processing fee will be charged for the re-issue of lost tax receipts. PLEASE SEE GENERAL INFORMATION PAGE FOR CANCELLATION POLICY

Please visit our website for updates and to register online:

[www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

### METHOD OF PAYMENT

We are unable to register anyone without one of the following:

1. Payment by Visa, MasterCard or Cheque received at the time of the registration
2. Signed purchase order (original or photocopy)
3. Letter of Authorization from the manager on the organization's letterhead stating that they will be paying the registration fees. The letter should include the amount of registration fees, name and contact information of the manager
4. Signed cheque requisition form

**Mailing Address & Payment by Cheque:**

Please make your cheque payable to the University of British Columbia and send to: Interprofessional Continuing Education, The University of British Columbia, Room 105 – 2194 Health Sciences Mall, Vancouver, BC V6T 1Z3

**Charge by phone/fax:**

Local/International: (604) 827-3112; Toll free within Canada/USA: 1-877-328-7744 Register by Fax: (604) 822-4835

Please fill out this section if you are paying with a credit card:



\_\_\_\_\_  
Credit Card Number Expiry Date

\_\_\_\_\_  
Name of Card Holder

Please note: A \$25 processing fee will be charged for the re-issue of lost tax receipts. PLEASE SEE GENERAL INFORMATION PAGE FOR CANCELLATION POLICY.