

The **6th**
Conference on

Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity

Understanding the Interplay between Physical and Mental Health



October 24–26, 2016

Fairmont Chateau Laurier
Ottawa, Ontario
Canada

Sponsored by



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THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional
Continuing
Education



In collaboration with

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Conference Information Online: www.interprofessional.ubc.ca/Obesity2016

GENERAL INFORMATION

Description	This conference brings together an interdisciplinary group of professionals working in the field of childhood and adolescent obesity. The 6th Conference will focus on the role of mental health in the etiology and management of childhood and adolescent obesity. The meeting will examine important psychobiological and psychosocial determinants of childhood obesity. Specifically, the conference will provide insight on prevention and management strategies in childhood obesity at the policy, school, public health, and all care levels through a mental health lens.
Learning Objectives	<ul style="list-style-type: none"> • To examine the role of mental health and social determinants as risk factors for childhood and adolescent obesity and its health complications • To review the role of weight bias and discrimination as a barrier to weight management in children and families • To address the special needs of children and youth with disabilities and/or mental illness living with obesity • To examine mental health in the assessment, prevention and management of childhood obesity, including parent/family mental health
Who Should Attend	<p>This conference will be of interest to anyone interested in learning about and sharing issues and experiences regarding childhood & adolescent obesity, including but not limited to:</p> <ul style="list-style-type: none"> • Administrators/ Managers • Community Health Workers • Counsellors • Diabetes Educators • Dietitians • Early Childhood Educators • Educators/Teachers • Family Development Workers • Family Physicians • Family Resource Program Staff • Fitness Professionals • Health Promoters • Nurses • Nutritionists • Paediatricians • Parents • Policy Makers • Psychologists • Researchers • School Principals • Social Workers • Students
Location & Accommodations	The conference hotel and accommodation will be provided by the Fairmont Chateau Laurier , located on 1 Rideau Street, Ottawa, Ontario, K1N 8S7. We are pleased to offer a group rate of \$205 (+tax) for Fairmont category rooms on single or double occupancy. Reserve today to avoid disappointment by booking online, or call 1-800-441-1414 and let the hotel know that you are booking under the Childhood and Adolescent Obesity 2016 Conference room block.
Registration and Tuition Fees	<p>Please see the Registration Form on the last page of the brochure.</p> <p>ONLINE Secure, fast, online registration is available for Visa/MasterCard holders on our website at www.interprofessional.ubc.ca</p> <p>FAX Fax completed registration form to 604-822-4835</p> <p>CHARGE-BY-PHONE (please have MasterCard or Visa ready) Toll free within North America: 855-827-3112; Other callers: 604-827-3112</p> <p>MAIL Send the registration form with cheque to: IN 9553 REGISTRATION, Interprofessional Continuing Education, The University of British Columbia, Room 105- 2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3, Canada.</p> <p>Participants paying by credit card outside of North America: Please inform your credit card company of the transaction as some banks put a block on credit card payments made outside your country.</p>
Refund and Cancellation Policy	Refunds will be made (less a \$50 processing fee) if a written notice of withdrawal is received by Tuesday, September 23, 2016. No refunds will be granted for withdrawal after that date. Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund will be issued.
Exhibitors	Health associations and/or community organizations wanting to exhibit at this conference, please contact Kathryn Booth, Program Assistant, at 604-822-7708 or at kathryn.ipce@ubc.ca .
Professional Credits	This program meets the accreditation criteria of the Canadian Counselling and Psychotherapy Association (CCPA). This event is an Accredited Group Learning Activity eligible for up to 13.5 Section 1 credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by UBC Division of Continuing Professional Development. Each physician should claim only those credits he/she actually spent in the activity.
Conference Updates	For conference updates please visit www.interprofessional.ubc.ca/Obesity2016 . You can also follow www.twitter.com/IPCE_UBC #caobesity2016

Financial Contributors:







PROGRAM - AT - A - GLANCE

Monday, October 24

- 8:30 **Opening Remarks**
- 9:00 **Epidemiology and Socio-Contextual...**
Kathy Georgiades
- 9:45 **Focus on Mental Health in Children...**
Gary Goldfield
- 10:15 *Break | Posters and Exhibit Viewing*
- 10:30 **The Effect of Adverse Childhood Events...**
Christopher Mushquash
- 11:15 **Bullying in Childhood and its Impact...**
Tracy Vaillancourt
- 12:00 *Lunch | Posters and Exhibits viewing*
- 1:15 **Weight Stigma in Healthcare & Education...**
Angela Alberga, Brendon Goodman
- 1:45 **Reducing Weight Bias in Practice and Research**
Sara FL Kirk
- 2:30 *Break | Posters and Exhibit Viewing*
- 2:45 **Promoting Health Instead of Size...**
Kathy Kater
- 3:30 **Reframing Healthy Weights Messaging...**
Gail McVey
- 4:00 *Closing Remarks*

Tuesday, October 25

- 8:45 **Psychosocial Impact of Living with...**
Meg Zeller
- 9:30 **Family Engagement Experience**
- 10:00 *Break | Posters and Exhibit Viewing*
- 10:30 **Concurrent Session A**
- 12:30 *Lunch | Posters and Exhibits viewing*
- 1:30 **Concurrent Session B**
- 3:00 *Break | Posters and Exhibit Viewing*
- 3:15 **Pediatric Weight Management Through...**
Anna Aylett
- 3:45 **Parenting and Limit Setting...**
Anne Wareham
- 4:15 *Poster Session | Wine and Cheese Reception*

Wednesday, October 26

- 8:45 **Families as Agents of Change...**
Joseph Skelton
- 9:30 **Obesity, Marker of Colonial Violence...**
Barry Lavallee
- 10:15 *Break | Posters and Exhibit Viewing*
- 10:45 **The Role of Strengths and Resiliency...**
John Lyons
- 11:45 *Closing Remarks*

PLANNING COMMITTEE

Stasia Hadjiyannakis, Co-Chair

MD, FRCPC, Pediatric Endocrinologist, Centre for Healthy Active Living (CHAL); Clinical Investigator, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada

Annick Buchholz, Co-Chair

Clinical Psychologist, Centre for Healthy Active Living (CHAL); Clinical Investigator, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada

Geoff D.C. Ball

PhD, RD; Associate Professor, Department of Pediatrics, University of Alberta; Director, Pediatric Centre for Weight and Health, Stollery Children's Hospital, Edmonton, AB

Tracey Bridger

MD, FRCPC, Associate Professor of Paediatrics, Memorial University/Pediatric Endocrinologist, Medical Director Janeway Lifestyle Program, Janeway Child Health Centre, St. John's, NL

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Katherine Morrison

MD, FRCPC, Associate Professor, Department of Pediatrics and Medical Director Metabolism and Childhood Obesity Clinical Programs, McMaster Children's Hospital; Co-Director Metabolism and Childhood (MAC) Obesity Research Program, McMaster University, Hamilton, ON

Jane Rutherford

MSc, Exercise Specialist, Centre for Healthy Active Living, Children's Hospital of Eastern Ontario (CHEO), Ottawa, ON

MONDAY, OCTOBER 24

8:00 am–8:30 am **Registration Open**8:30 am–9:00 am **Welcome and Opening Remarks**9:00 am–9:45 am **The Epidemiology and Socio-Contextual Determinants of Child and Youth Mental Health**

Kathy Georgiades, PhD, Associate Professor of Psychiatry & Behavioral Neurosciences, McMaster University & Offord Centre for Child Studies, Hamilton, ON

LEARNING OBJECTIVES:

1. Provide an update on the evidence documenting the prevalence and distribution of child and youth mental health difficulties across different demographic populations and contexts
2. Examine rates of mental health service use and unmet need
3. Provide evidence that supports the potential role of social-contexts (i.e., schools and communities) in promoting and addressing child and youth mental health and reducing social inequalities
4. Discuss gaps in our existing evidence and future priorities for research and practice

9:45 am–10:15 am **Focus on Mental Health in Children and Youth Living with Obesity**

Gary Goldfield, PhD, Registered Clinical Psychologist; Senior Scientist, HALO group, CHEO Research Institute; Associate Professor, Departments of Pediatrics, Human Kinetics, Psychology and Population Health, University of Ottawa; Adjunct Research Professor, Psychology, Carleton University; Ottawa, ON

LEARNING OBJECTIVES:

1. Describe the psychological sequelae and comorbid conditions associated with children and youth living with obesity, and how these factors can inform treatment planning

10:15 am–10:30 am **Break (Posters and Exhibit Viewing)**10:30 am–11:15 am **The Effect of Adverse Childhood Events on Health Moving Beyond Individual-Difference Variables**

Christopher Mushquash, C.Psych, Canada Research Chair in Indigenous Mental Health and Addiction, Department of Psychology, Northern Ontario School of Medicine, Lakehead University, Thunder Bay, ON

LEARNING OBJECTIVES:

1. Describe the effects of adverse childhood events on health
2. Participants will be encouraged to move beyond individual-difference variables and consider the importance of broader conceptualizations of health

11:15 am–12:00 pm **Bullying in Childhood and its Impact on Physical and Mental Health: The Role of BMI**

Tracy Vaillancourt, PhD, Professor and Canada Research Chair, University of Ottawa, Ottawa, ON

LEARNING OBJECTIVES:

1. Examine the link between bullying and physical and mental health
2. Identify the temporal sequence between bullying and health outcomes
3. Discuss BMI as a risk factor, an outcome, and a moderator/mediator in the bullying–health link

12:00 pm–1:15 pm **Lunch (Posters and Exhibits viewing)**1:15 pm–1:45 pm **Weight Stigma in Healthcare & Education: Impact on Children & Families**

Angela Alberga, PhD, Postdoctoral Scholar, Faculty of Kinesiology, University of Calgary, Calgary, AB
Brenndon Goodman, Patient Representative, Toronto, ON, Canada

LEARNING OBJECTIVES:

1. Understand the prevalence & negative consequences of weight stigma
2. Listen to a young adult's personal account of experiencing weight stigma in childhood & adolescence (Mr. Brenndon Goodman, member of the Canadian Obesity Network's Public Engagement Committee, Toronto, Ontario)
3. Learn about current research & initiatives that address weight stigma in healthcare & education sectors
4. Acquire practical strategies on how to engage children & youth living with obesity in a respectful and non-judgemental manner in both research & practice

1:45 pm–2:30 pm **Reducing Weight Bias in Practice and Research**

Sara FL Kirk, PhD, Professor of health Promotion and Canada Research Chair, Dalhousie University and the IWK Health Centre, Halifax, NS

LEARNING OBJECTIVES:

1. Highlight how weight bias affects physical and mental health and wellbeing;
2. Consider ways in which weight bias may be perpetuated within society and culture,
3. Present practical strategies on ways to reduce weight bias in practice and research.

2:30 pm–2:45 pm **Break (Posters and Exhibit Viewing)**2:45 pm–3:30 pm **Promoting Health Instead of Size in Children and Teens: Teaching Kids to Care For—Not Compare—Their Diverse Bodies**

Kathy Kater, LICSW, Psychotherapist, Consultant, and Author, Private Practice, North St. Paul, MN, USA

LEARNING OBJECTIVES:

1. Recognize how the goal of "weight management" has led to a situation in which children are systematically taught to compare, judge, disconnect from and become aversive to their bodies, putting them at high risk for body image, eating, fitness and weight concerns
2. Become motivated to reframe and transform their concerns about "weight control" into concerns about educating, supporting, and motivating kids to eat well, stay fit, manage stress, and remain self-accepting of and connected to their diverse sized bodies
3. Be prepared with a model, conversation starters and some of the language needed to engage with kids and their families in ways that are effective in motivating choices that enhance health and overall well-being

MONDAY, OCTOBER 24, CONT'D.

3:30 pm–4:00 pm **Reframing Healthy Weights Messaging: What Adult Influencers Need to Know. Findings From an Ontario-based Public Health Professional Development Intervention Study**
Gail McVey, C.Psych, Ontario Community Outreach Program for Eating Disorders, University Health Network, Toronto, ON

LEARNING OBJECTIVES:

1. Increase awareness about the role of adult influencers in the promotion of healthy weights
2. Increase knowledge about risk and protective factors common to eating disorders and obesity
3. Enhance understanding and skills to reframe weight-related conversations using a mental health framework
4. Increase knowledge about research findings supporting professional development training in mental health and healthy weights

4:00 pm–4:15 pm **Closing Remarks**



TUESDAY, OCTOBER 25

8:45 am – 9:30 am **Psychosocial Impact of Living with Severe Obesity**
Meg H. Zeller, PhD, Professor of Pediatrics, Division of Behavioral Medicine and Clinical, Psychology Cincinnati Children's Hospital, University of Cincinnati College of Medicine, Cincinnati, OH, USA

LEARNING OBJECTIVES:

1. Gain knowledge in the identification of the psychosocial correlates of pediatric severe obesity
2. Learn how to differentiate for whom psychosocial risks are greater
3. Learn how to apply this knowledge in clinical care

9:30 am–10:00 am Family Engagement Experience

10:00 am–10:30 am **Break (Posters and Exhibit Viewing)**

CONCURRENT SESSION A

10:30 am–12:30 pm

A1/B1 Pediatric Obesity: The Essentials for Helping Without Harming
Anna Aylett, Registered Dietitian, Centre for Health Active Living, Children's Hospital of Eastern Ontario, Ottawa, ON
Laurie Clark, C. Psych, Clinical Psychologist, Centre for Healthy Active Living, Children's Hospital of Eastern Ontario; Clinical Investigator, CHEO Research Institute; Clinical Professor, School of Psychology, University of Ottawa, Ottawa, ON, Canada
Stasia Hadjiyannakis, MD, FRCP, Pediatric Endocrinologist, Centre for Healthy Active Living (CHAL); Clinical Investigator, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada
Jane Rutherford, MSc, Exercise Specialist, Centre for Healthy Active Living, Children's Hospital of Eastern Ontario (CHEO), Ottawa, ON

LEARNING OBJECTIVES:

1. Apply a practical set of tools designed to guide health practitioners in pediatric obesity counseling

and management (5 As of Pediatric Obesity, The 4 M's Framework, The Edmonton Obesity Staging System-Pediatric)

2. Apply a framework to assess weight related health and mental health complications
3. Apply a framework through which to identify and address potential drivers of weight gain and barriers to weight management

10:30 am–11:30 am

A2i

Importance of Sleep for Mental and Physical Health
Jean-Philippe Chaput, PhD, Research Scientist, Healthy Active Living and Obesity Research Group, CHEO Research Institute, Ottawa, ON

LEARNING OBJECTIVES:

1. Better understand the mechanisms by which a lack of sleep can lead to adverse health outcomes
2. Better understand possible solutions and tips to improve their sleep hygiene

11:30 am–12:30 pm

A2ii

Excessive Technology Use and Its Impact on Physical and Mental Health

Lisa Pont, MSW, RSW, Addiction Therapist/Trainer, CAMH, Toronto, ON

LEARNING OBJECTIVES:

1. Identify prevalence rates of excessive technology use
2. Describe the risk factors for developing excessive technology use
3. Understand the impact of excessive technology use on physical and mental health
4. Identify support and treatment options available to address excessive technology use

TUESDAY, OCTOBER 25 CONT'D.

ORAL PRESENTATIONS

10:30 am–12:30 pm

- A3i** **Building a Health and Wellness Clinic with Patients and Families: The Application of Experience-based Co-design to Paediatric Weight Management**
Jennifer Green, Registered Dietitian, Trillium Health Partners, Mississauga, ON
- A3ii** **Moving Towards Consensus on Weight Bias Reduction Messages and Strategies**
Ximena Ramos Salas, MSc, PhD Candidate, School of Public Health, Canadian Obesity Network and University of Alberta, Edmonton, AB
- A3iii** **Children's Eating Behavior Questionnaire: Associations with Body Composition and Lifestyle Behaviors in Overweight and Obese Prepubescent Children**
Tamara Cohen, School of Dietetics and Human Nutrition, McGill University, Montreal, QC
- A3iv** **Subclinical Atherosclerosis in Children Enrolled in Weight Management**
Jenifer Li, MSc Candidate, Department of Pediatrics, McMaster University, Hamilton, ON
- A3v** **Attitudes Toward Collaboration Among Agencies Promoting Healthy Weights Among Urban First Nations and Métis Children and Families**
Ornell Douglas, Project Manager, Propel Centre for Population Health Impact, Waterloo, ON
Dana Zummach, Project Manager, Propel Centre for Population Health Impact, Waterloo, ON
- A3vi** **Pathways to Overeating in Children and Adolescents with Obesity**
Hayyah Clairman, Graduate Student, Institute of Medical Science, University of Toronto, The Hospital For Sick Children, Toronto, ON

12:30 pm–1:30 pm **Lunch (Posters and Exhibits viewing)**

1:30 pm–3:00 pm **CONCURRENT SESSION B**

1:30 pm–3:00 pm

- B1/A1** **Pediatric Obesity: The Essentials for Helping Without Harming** (Cont'd)
See A1 for details

1:30 pm–2:15 pm

- B2i** **Children with Physical and Intellectual Disabilities**
Amy McPherson, PhD, CPsychol, AFBPsS, Scientist, Participation & Inclusion, Bloorview Research Institute Assistant Professor, Dalla Lana School of Public Health & Graduate Department of Rehabilitation Science, University of Toronto, Holland Bloorview Kids Rehabilitation Hospital, Toronto, ON
LEARNING OBJECTIVES:
1. Understand disability-specific issues in pediatric obesity and weight-management
2. Identify areas of clinical practice and research where inclusion of children with disabilities can be enhanced

2:15 pm–3:00 pm

- B2ii** **Psychopharmacology and Pediatric Obesity**
Dina Panagiotopoulos, Clinical Professor, Division of Endocrinology, Department of Pediatrics, University of British Columbia, Vancouver, BC
LEARNING OBJECTIVES:
1. Describe the complex inter-relationship between certain features of mental health conditions (MHCs), chronic stress, genetic factors, lifestyle issues & medications AND obesity/metabolic dysfunction in youth
2. Identify risks for obesity and metabolic dysfunction in children treated with the most commonly prescribed classes of psychotropic medications

1:30 pm–3:00 pm

- B3** **Motivational Interviewing, Health Behaviours and Body Image—How They Work Together**
Elizabeth Dettmer, Ph.D., C.Psych., Psychologist, Sick Kids Team Obesity Program (STOMP), The Hospital for Sick Children, Toronto, ON
Annick Buchholz, Clinical Psychologist, Centre for Healthy Active Living (CHAL); Clinical Investigator, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada
LEARNING OBJECTIVES:
1. Why children and teens/families are reluctant to talk about weight, body image, eating, & exercise
2. How families and children would like health care providers (HCP) to approach and work on weight issues
3. Motivational interviewing techniques that help HCPs to productively collaborate with patients and families in the quest for improved body image and healthy lifestyle practices

3:00 pm–3:15 pm **Break (Posters and Exhibit Viewing)**

- 3:15 pm–3:45 pm **Pediatric Weight Management Through Ellyn Satter's Division of Responsibility in Feeding**
Anna Aylett, Registered Dietitian, Centre for Health Active Living, Children's Hospital of Eastern Ontario, Ottawa, ON
LEARNING OBJECTIVES:

1. Learn what children and parents are each responsible for in the feeding relationship
2. How conventional nutrition approaches to weight management interfere with the Division of Responsibility and can be counterproductive
3. How and why to encourage families to achieve Eating Competence

- 3:45 pm–4:15 pm **Parenting and Limit Setting as Agents of Change in Chronic Disease Prevention**
Anne Wareham, Psychologist/Program Lead, Janeway Lifestyle Program, Eastern Health, St. John's, NL
LEARNING OBJECTIVES:

1. Discuss the role of parenting style and limit setting on the health behaviours of children
2. Describe assessment and respectful intervention approaches in working with parents
3. Reflect on the challenges that parent-clinicians face in providing parenting advice in clinical practice

4:15 pm **Poster Session | Wine and Cheese Reception**

WEDNESDAY, OCTOBER 26

- 8:45 am–9:30 am **Families as Agents of Change: Engaging the Whole Family in Weight Management**
Joseph Skelton, MD, MS, Director, Brenner FIT (Families In Training) and Associate Professor of Pediatrics, Brenner Children's Hospital, and Wake Forest School of Medicine, Winston-Salem, NC, USA
 LEARNING OBJECTIVES:
1. Learn approaches to engaging whole families in behavioral weight management
 2. Understand parents as agents of change in the family
 3. Discuss age and developmental considerations in pediatric weight management

- 9:30 am–10:15 am **Obesity, a Marker of Colonial Violence**
Barry Lavalley, MD, CCFP, FCFP, MCISc, Director, Centre for Aboriginal Health Education, University of Manitoba, Winnipeg, MB
 LEARNING OBJECTIVES:
1. Expand knowledge to inform an understanding of obesity among Indigenous youth
 2. Understand the relationship between colonization and the health of Indigenous youth

- 10:15 am–10:45 am **Break (Posters and Exhibit Viewing)**
 10:45 am–11:45 am **The Role of Strengths and Resiliency is Overcoming Challenges with Personal Weight in Children and Youth**
John Lyons, PhD, Senior Policy Fellow, Chapin Hall, University of Chicago (Adjunct, University of Ottawa), Chicago, IL, USA
 LEARNING OBJECTIVES:
1. Help attendees conceptualize weight control strategies in a broader framework of personal meaning
 2. Allow attendees to identify and list strengths
 3. Allow attendees to articulate a relationship between strength and resilience that assists care planning
- 11:45 am–12:00 pm **Closing Remarks**

POSTER PRESENTATIONS

The formal poster session is scheduled at 4:15 on Tuesday, October 25. Poster presenters will be available at this time for a Q & A period. For more information about the call for posters and poster listing please visit our website at www.interprofessional.ubc.ca/Obesity2016.



Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity

Understanding the Interplay between Physical and Mental Health

October 24–26, 2016 | Fairmont Chateau Laurier, Ottawa, ON

IN 9553

PLEASE WRITE IN BLOCK LETTERS:

One registration form per person. Please photocopy if more are needed.

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Last Name First Name Initials

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Please inform us of any dietary requirements

Affiliation/Profession

Please indicate which Affiliation/Profession best describes you:

- | | | |
|--|--|---|
| <input type="checkbox"/> Administrator/Manager | <input type="checkbox"/> Family Resource Program Staff | <input type="checkbox"/> Psychologist |
| <input type="checkbox"/> Community Health Worker | <input type="checkbox"/> Fitness Professional | <input type="checkbox"/> Researcher |
| <input type="checkbox"/> Counsellor | <input type="checkbox"/> Health Promoter | <input type="checkbox"/> School Principal |
| <input type="checkbox"/> Diabetes Educator | <input type="checkbox"/> Nurse | <input type="checkbox"/> Social Worker |
| <input type="checkbox"/> Dietitian | <input type="checkbox"/> Nutritionist | <input type="checkbox"/> Student |
| <input type="checkbox"/> Early Childhood Educator | <input type="checkbox"/> Paediatrician | <input type="checkbox"/> Teacher |
| <input type="checkbox"/> Educator | <input type="checkbox"/> Parent | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Family Development Worker | <input type="checkbox"/> Policy Maker | |
| <input type="checkbox"/> Family Physician | | |

Session Selection (see pages 5 & 6)

Please select the concurrent sessions you want to attend on Tuesday, October 25:

Concurrent Session A: (Select 1) **Concurrent Session B: (Select 1)**A1 B1 A2 B2 A3 B3 **Registration Fees**

Pre-registration prior to September 16, 2016 is strongly recommended to ensure you receive all conference materials. All rates are quoted in \$CAD and the registration fee includes 13% HST. Please use one registration form per person.

The registration fee includes electronic syllabus, Monday and Tuesday lunches, Tuesday reception, refreshment breaks, and a certificate of attendance.

EARLY BIRD RATE, BEFORE SEPTEMBER 16, 2016Full Program (Monday–Wednesday) \$475**RATE AFTER SEPTEMBER 16, 2016**Full Program (Monday–Wednesday) \$525**Individual Day**Monday, October 24 ONLY \$275Tuesday, October 25 ONLY \$275Wednesday, October 26 ONLY [half day] \$150**Full-Time Student Rate (before September 16, 2016)**Full Program \$350

*Please note that a letter from your supervisor/department head stating that you are a full time student or a valid student photo ID must be sent with student registrations. Please fax a copy if you register online.

Tuesday Evening Reception (no fee) Attending **or** Not attending

Total Payment = \$ _____

Please visit our website for updates and to register online: interprofessional.ubc.ca/Obesity2016**Method of Payment****Payment by Credit Card**

- Complete the full registration online at interprofessional.ubc.ca/Obesity2016 with your Visa or MasterCard
- Fax the registration form to 1-604-822-4835 and indicate that you would like to pay with Visa or MasterCard. We will send you the secure on-line link to enter your credit card information. PLEASE DO NOT FAX CREDIT CARD INFORMATION
- Register and pay over the phone: Local/International: 1-604-827-3112 or toll free within Canada/USA: 1-855-827-3112 (VISA or MasterCard)

Payment by Cheque

Please make your cheque payable to the University of British Columbia (UBC) and send it along with complete registration form to:

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Rm.105 – 2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3**Alternative Payment Methods**

Mail or fax complete registration form along with one of the following:

- Signed purchase order (PO);
- Letter of Authorization (LOA) from the manager on the organization's letterhead stating that they will be paying the registration fees. The letter should include the amount of registration fees, name and contact information of the manager; or
- Signed cheque requisition form (ChReq).

Please indicate your method of payment:

- Credit Card:** Please email me a secure online link to enter credit card #
- Cheque:** Payment is enclosed with mailed registration form
- PO/LOA/ChReq:** Purchase order/letter of authorization/cheque