

**2017 FASD Keyworker Training,  
Vancouver Airport Sheraton Hotel, Richmond, BC**

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**Trauma Informed Practice & The Science of Early Brain Development – Building Connections to Support Building Healthy Brains.** This presentation provides an introduction to core concepts that support an understanding of Trauma Informed Practice. We will focus on the impact of trauma or toxic stress on brain development and functioning. Participants will learn how the Adverse Childhood Experiences Study has brought awareness that toxic stress is more common in society than previously recognized. Special attention will be given to reviewing the definitions/ types of trauma and to learning the core concepts of brain development to understand how trauma can influence later behaviour and functioning. Participants will be provided a brief overview of the critical pillars of intervention to support individuals who have experienced trauma which include promoting “felt” safety through compassionate relationships and examples of supportive strategies that can be implemented to promote positive outcomes.