

Dementia & Personal Planning

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Alzheimer Society of B.C.
2015

Alzheimer Society of B.C.



Help for Today. *Hope for Tomorrow...*[®]

Alzheimer Society
BRITISH COLUMBIA



Alzheimer Society of B.C.

- Alzheimer Resource Centres
 - For information, education, support services and referrals.
- Education
 - Heads Up: An Introduction to Brain Health
 - Getting to Know Dementia
 - Shaping the Journey: *Living with Dementia*[®]
 - Family Caregiver Series
 - Additional Workshops
 - Tele-Workshops
- Information Bulletins
 - **In Touch** for caregivers.
 - **Insight** for people with dementia.
 - **First Link**[®] **Bulletin**.
 - **eContact** newsletter for Society news.
- Support Groups
 - For people with early symptoms.
 - For caregivers.

Dementia in B.C.

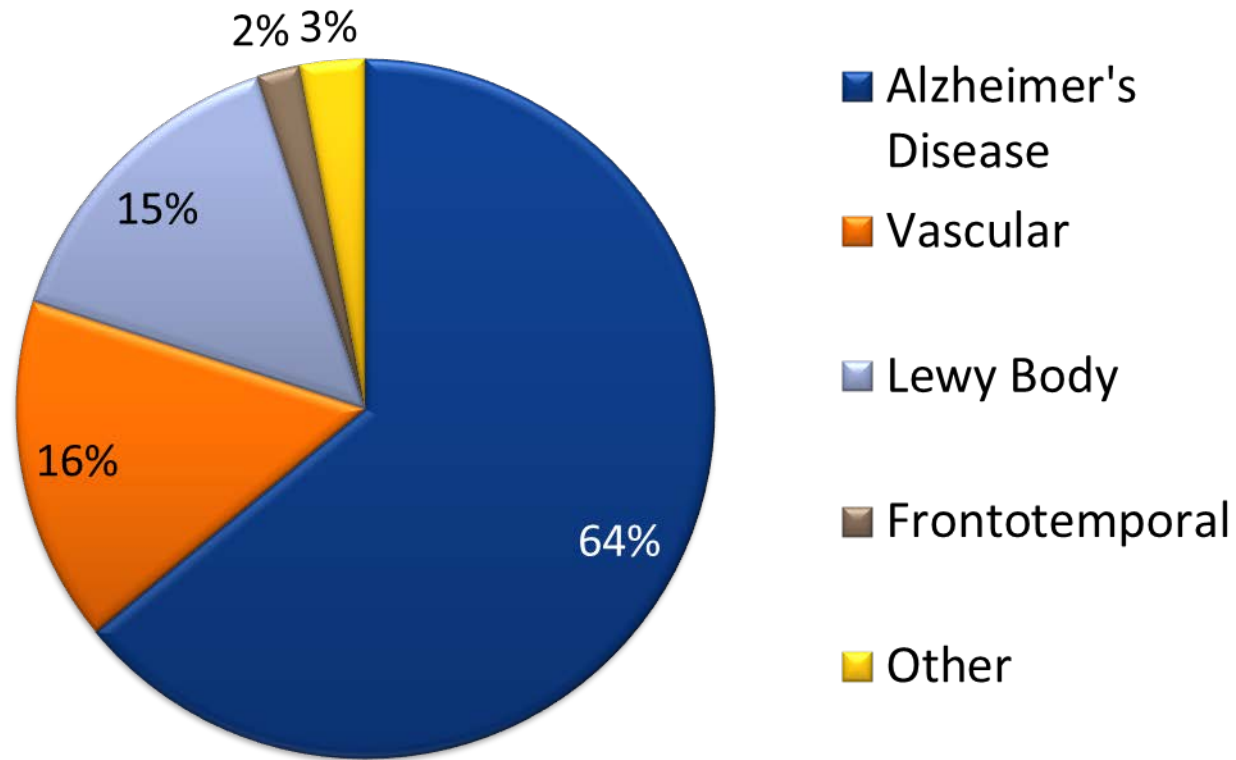
- More than **70,000** people in B.C. are currently living with Alzheimer's disease or another dementia.
- Of these, **10,000** are under the age of 65.
- More than **177,684** British Columbians will be living with the disease in 30 years.



Alzheimer's Disease and Other Dementias

- Dementia is not part of normal aging.
- There are many types of dementia.
- Dementia is progressive – it is experienced in stages.

Types of Dementia by Percentage



What the Alzheimer Society of B.C. Teaches Families

- Importance of early planning.
- Information about personal planning.
- Building a personal support network.
- Accessing services in your community.
- Safety issues.



READY, SET, PLAN!

This checklist will help you to decide whether you and your family have dealt with some important planning issues.

Have you thought about.....

Financial and Legal Affairs	Yes	No	Where to get more information
Ensuring that someone you trust can access your bank account and safety deposit box	<input type="checkbox"/>	<input type="checkbox"/>	Bank or credit union, Lawyer, Notary
Making and registering an <i>Enduring Power of Attorney</i>	<input type="checkbox"/>	<input type="checkbox"/>	People's Law School, Public Guardian and Trustee of B.C., Nidus Resource Centre, Lawyer, Notary
Making and registering a <i>Section 7 Representation Agreement</i> (if appropriate for your circumstances)	<input type="checkbox"/>	<input type="checkbox"/>	Nidus Resource Centre, Lawyer, Notary
Making and registering a will/review executor(s)	<input type="checkbox"/>	<input type="checkbox"/>	People's Law School, Lawyer, Notary
Appointing a guardian for minor children	<input type="checkbox"/>	<input type="checkbox"/>	Lawyer or Notary
Reviewing beneficiaries in life insurance, RRSP's, RRIF's, pensions etc.	<input type="checkbox"/>	<input type="checkbox"/>	Financial or Investment Advisor
Informing your family of wishes/plans to avoid potential disputes. Making a list of personal items and who you'd like to receive them.	<input type="checkbox"/>	<input type="checkbox"/>	
Completing the <i>Authorizing or Cancelling a Representative</i> form for CRA (T1013 - gives permission for someone else to access your tax information)	<input type="checkbox"/>	<input type="checkbox"/>	Canada Revenue Agency
Applying for applicable tax credits	<input type="checkbox"/>	<input type="checkbox"/>	Canada Revenue Agency
Developing a financial plan. If you own a business, develop a business management succession plan	<input type="checkbox"/>	<input type="checkbox"/>	Financial Advisor
Reviewing insurance needs (e.g. house, life, car or long-term care insurance)	<input type="checkbox"/>	<input type="checkbox"/>	Lawyer, Notary or Financial Planner
Including a charitable gift as part of your estate planning	<input type="checkbox"/>	<input type="checkbox"/>	Lawyer, Notary, favourite charity



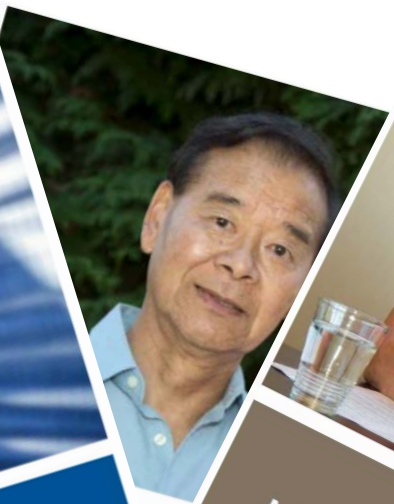
FREDA'S STORY

LIVING ALONE AND FINDING HELP
ON THE DEMENTIA JOURNEY



Building better communities, one grant at a time.

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MAKING YOUR WORKPLACE DEMENTIA FRIENDLY

INFORMATION FOR LEGAL PROFESSIONALS



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Alzheimer Society of B.C.'s DFC Initiative

The Alzheimer Society of B.C.'s *Dementia-Friendly Communities* initiative exists to support municipalities, the professional sector, community groups and the general public to become dementia-friendly through tools, education and partnership.



“The Dementia-Friendly Communities program will help create **inviting** and **supportive** communities where people like me who are living with dementia in the community can feel **comfortable** and **safe** walking, shopping and just getting around.”



Jim Mann,
B.C. Leadership Group

Contact Us

- **Alzheimer Society of B.C.**
 - 604-681-6530
 - 1-800-667-3742
- www.alzheimerbc.org
- **First Link® Dementia Helpline**
 - 1-800-936-6033
 - 604-681-8651 (Lower Mainland)

