

# Healthy Mothers and Healthy Babies

*Working Together to Improve Perinatal Outcomes*

March 1-2, 2018 | The Sheraton Vancouver Airport, Richmond, BC

## PROGRAM AT A GLANCE

THURSDAY, MARCH 1, 2018

|                     |  |                       |
|---------------------|--|-----------------------|
| 7:00 am - 8:00 am   | <b>Registration &amp; Breakfast</b> (Provided)   | Britannia Foyer       |
| 8:00 am - 9:00 am   | <b>Opening Prayer</b> - Elder Gail Sparrow ( <i>Musqueam First Nation</i> )<br><b>Opening Remarks</b><br><i>Susan Wannamaker</i><br><i>Madame Sophie Grégoire Trudeau (Recorded Message)</i> | Britannia Ballroom    |
| 9:00 am - 10:00 am  | <b>Opening Plenary: Improvisation and the Art of Medicine: Adaptable Skills for an Uncertain World</b><br><i>Belinda Fu</i>  | Britannia Ballroom    |
| 10:00 am - 10:30 am | <b>Break</b>   Exhibits & Poster Viewing<br>(Coffee & Refreshments Provided)   | Britannia Foyer       |
| 10:30 am - 12:00 pm | <b>Concurrent Sessions A</b>   |                       |
| <b>A1</b>           |  | Britannia B           |
| <b>A1i</b>          | <b>Improving the Healthcare Response to Gender-based Violence</b><br><i>Ann Pederson, Stephanie Bouris, Nancy Delgado, Kate Rossiter</i>   |                       |
| <b>A1ii</b>         | <b>Cultivating Resilience: Maternity Care Providers Mitigate Intergenerational Impacts of ACEs</b><br><i>Roxanne Blemings, Theresa Killam, Jan Ference</i>                                   |                       |
| <b>A2</b>           |  | Britannia A           |
| <b>A2i</b>          | <b>First Nation Families and Health Care Providers: Walking the Perinatal Journey...</b><br><i>Barbara Webster, Lucy Barney</i>  | <i>(0.75 R CERPS)</i> |
| <b>A2ii</b>         | <b>Building Blocks for Sustainable Rural Maternity Care</b><br><i>Jude Kornelsen, Kira Barwich</i>   |                       |
| <b>A3</b>           |  | Elmbridge             |
| <b>A3i</b>          | <b>SmartMom: Texting for Prenatal Education</b><br><i>Patricia Janssen</i>   | <i>(0.5 R CERPS)</i>  |
| <b>A3ii</b>         | <b>Is Your Prenatal Ultrasound Department Family-Centred? Why You Should Care...</b><br><i>Suzanne Moccia, Leandro Nosal, Meggie Ross, Bernd Wittmann</i>                                    |                       |
| <b>A3iii</b>        | <b>Developing Provincial and National Breastfeeding Protocols...</b><br><i>Sonya Boersma, Lea Geiger</i>   | <i>(0.5 L CERPS)</i>  |
| <b>A4</b>           |  | Britannia C           |
| <b>A4i</b>          | <b>Newborn Sepsis: Who Needs Treatment?</b><br><i>Pascal Lavoie</i>  |                       |
| <b>A4ii</b>         | <b>Sudden Unexpected Postnatal Collapse</b><br><i>Lani Wittmann, Kaylee Larocque, Samantha Buchanan, Kate McKinnon, Jessica Peattie</i>  | <i>(0.5 L CERPS)</i>  |
| <b>A4iii</b>        | <b>Shaping Health Equity Practice: A Review of Key Perinatal Documents in British Columbia...</b><br><i>Megan Black</i>  |                       |
| 12:00 pm - 1:00 pm  | <b>Lunch</b> (Provided)  | Britannia Foyer       |
| 1:00 pm - 1:30 pm   | Poster Session   | Britannia Foyer       |

1:30 pm - 3:00 pm **Concurrent Sessions B****B1**

Elmbridge

**B1i** **Immigrant Women and Reproductive Mental Health Care Access: An Environmental Scan**  
*Joyce O'Mahoney, Nancy Clark, Joanne Smrek*

**B1ii** **Interventions That Improve Maternity Care for Immigrant Women in England...**  
*Gina Higginbottom*

**B1iii** **MotherFirst: Maternal Mental Health Strategy for Saskatchewan**  
*Angela Bowen*

**B2**

Britannia B

**B2i** **Pasteurized Donor Human Milk: When Do We Use and When Do We Abuse?** *(0.5 L CERPS)*  
*Frances Jones*

**B2ii** **Domperidone for Breastfeeding: What Does the Evidence Tell Us?** *(0.5 L CERPS)*  
*Lorri Puil*

**B2iii** **Baby-Friendly Re-Designation: Not All Sunny Ways and Sunny Days!** *(0.5 L CERPS)*  
*Lani Wittmann, Frances Jones*

**B3**

Britannia C

**B3i** **Informed Decision Making for Next Birth after Caesarean Section**  
*Sarah Kaufman, Stephanie Bouris, Leisha Murphy*

**B3ii** **Forceps, Vacuum, or Cesarean? Evaluating Mode of Delivery Options Following...**  
*Giulia Muraca*

**B4**

Britannia A

**B4i** **Legalization of Cannabis: Implications for Maternal and Infant Health in BC...** *(0.5 R CERPS)*  
*Sabrina Luke, Nancy Poole*

**B4ii** **Are We Over-Treating Infants with Neonatal Abstinence Syndrome?** *(0.5 L CERPS)*  
*Lenora Marcellus*

**B4iii** **Clinical Management of Opioid Use Disorder in Pregnant Women** *(0.5 R CERPS)*  
*Cheyenne Johnson, Jola Berkman*

3:00 pm - 3:30 pm **Break | Exhibits & Poster Viewing**  
*(Coffee Provided)*

Britannia Foyer

3:30 pm - 4:30 pm **Plenary: Vaginal Seeding and Placentophagy: Understanding the Controversy**  
*Chelsea Elwood*

Britannia Ballroom

4:30 pm - 4:45 pm **Closing Remarks and Door Prizes**

4:45 pm - 6:30 pm **Networking Reception**

Britannia Foyer

**FRIDAY, MARCH 2, 2018**

7:30 am - 8:00 am **Registration & European Breakfast** *(Provided)*

Britannia Foyer

8:00 am - 8:30 am **Opening Remarks and Door Prizes**

8:30 am - 9:30 am **BC Success Stories Panel:**

**Shaping Practice to Promote Vaginal Birth in BC**

*Patricia Janssen, Glen Hamill, Erin O'Sullivan, Erica Phelps, Jacobus Strydom, Brenda Wagner*

Britannia Ballroom

9:30 am - 10:30 am **Plenary: Mental Health Across the Perinatal Period**

*Cindy-Lee Dennis*

10:30 am - 11:00 am **Break | Exhibits & Poster Viewing** *(Coffee & Refreshments Provided)*

Britannia Foyer

11:00 am - 12:30 pm **Concurrent Sessions C**

|                    |   |                       |
|--------------------|---|-----------------------|
| <b>C1</b>          |   | Britannia A           |
| <b>C1i</b>         | <b>Healthy &amp; Home: A Program for New Mothers</b><br><i>Tonia N. Olson, Julie Smith-Fehr</i>   | <i>(0.5 R CERPS)</i>  |
| <b>C1ii</b>        | <b>Smoothing the Transition from Hospital to Home - Innovative Strategies...</b><br><i>Christina Cantin</i>   | <i>(0.5 R CERPS)</i>  |
| <b>C1iii</b>       | <b>Can the "ABC's for New Parents" Book Developed through an Interprofessional...</b><br><i>Estelle Paget, Andrew Macnab</i>  | <i>(0.5 R CERPS)</i>  |
| <b>C2</b>          |   | Britannia C           |
| <b>C2i</b>         | <b>Shifting the Public Health Nursing Care Paradigm in Island Health...</b><br><i>Erin O'Sullivan, Liz MacKay, Jan Tatlock</i>  | <i>(0.5 R CERPS)</i>  |
| <b>C2ii</b>        | <b>Walking Together: A Participatory Action Research Approach to Developing Physical...</b><br><i>Jessica Webb, Francine Darroch, Robyn Fabiosa</i>                                 |                       |
| <b>C2iii</b>       | <b>MOREOB in BC: Improving Outcomes During Large Scale Change</b><br><i>Sheri DeMeester, Svetlana Korch, Maria Mascher, Nancy Humber, Megan Delf, Ruth Johnson, Vanessa Salmons</i> |                       |
| <b>C3</b>          |   | Elmbridge             |
| <b>C3i</b>         | <b>Rolling into Parenthood: Key Physical, Mental Health and Breastfeeding...</b><br><i>Karen Hodge, Melanie Basso, Amanda Lee</i>   | <i>(0.75 L CERPS)</i> |
| <b>C3ii</b>        | <b>Benefits of Kangaroo Care: Patient and Provider Perspectives</b><br><i>Michelle Peltier, Horacio Osioovich</i>   | <i>(0.75 L CERPS)</i> |
| <b>C4</b>          |   | Britannia B           |
| <b>C4i</b>         | <b>HerWay Home: Lessons Learned and Promising Practices for Supporting Perinatal...</b><br><i>Amanda Seymour</i>  | <i>(0.5 R CERPS)</i>  |
| <b>C4ii</b>        | <b>Mobile Maternity (MoM): A New Kind of Telehealth</b><br><i>Mona Mattei, Jude Kornelsen, Shiraz Moola</i>   |                       |
| <b>C4iii</b>       | <b>Evaluating the Impact of Enhancing Prenatal Healthcare Services: The BC Experience...</b><br><i>Sylvie Langlois, Krystal van den Heuvel, Scally Chu</i>                          |                       |
| 12:30 pm - 1:30 pm | <b>Lunch</b> (Provided)   Exhibits & Poster Viewing   | Britannia Foyer       |
| 1:30 pm - 3:00 pm  | <b>Concurrent Sessions D</b>  |                       |
| <b>D1</b>          |   | Britannia B           |
| <b>D1i</b>         | <b>Whose Agenda and Whose Destiny? MultiStakeholder Design of an Online...</b><br><i>Saraswathi Vedam</i>   |                       |
| <b>D1ii</b>        | <b>Reduced Prevalence of Small-for-Gestational Age Birth For Vulnerable Women....</b><br><i>Daphne McRae</i>  |                       |
| <b>D1iii</b>       | <b>Barriers to Addressing Perinatal Mental Health Issues in Midwifery Settings</b><br><i>Hamideh Bayrampour</i>   | <i>(0.5 R CERPS)</i>  |
| <b>D2</b>          |   | Elmbridge             |
| <b>D2i</b>         | <b>Engaging with the Truth and Reconciliation Commission Call to Action #33...</b><br><i>Lenora Marcellus, Nancy Poole, Hanna Scrivens</i>  | <i>(0.75 R CERPS)</i> |
| <b>D2ii</b>        | <b>Support in the Perinatal Period for Women Struggling with Addiction...</b><br><i>Jan Ference</i>   | <i>(0.75 R CERPS)</i> |
| <b>D3</b>          |   | Britannia C           |
| <b>D3i</b>         | <b>Applying an Adverse Childhood Experience (ACE) Lens to the Postpartum...</b><br><i>Sara Cave, Riffaht Mamdani</i>  | <i>(0.5 R CERPS)</i>  |

**D3ii The BC Healthy Connections Project (BCHCP): A Scientific Evaluation of Nurse-Family...**  
*Nicole Catherine, Donna Jepsen*

**D3iii The Childbirth Fear Questionnaire (CFQ): A New Measure of Fear of Childbirth**  
*Nichole Fairbrother*

**D4**

Britannia A

**D4i Motherwise Fills Gaps for Moms at Risk** *(0.5 R CERPS)*  
*Mona Mattei, Tanya Momtazian, Sheena Albrecht*

**D4ii Childbirth Education: Building Women's Capacity** *(0.5 R CERPS)*  
*Farah Jetha, Amanda Kelloway*

**D4iii Improving Maternity Patient Preparation: Engaging Providers and Patients**  
*Lana Sullivan, Ann Pederson, Renee Fernandez*

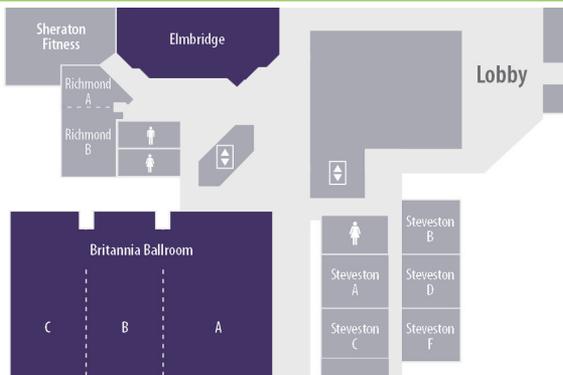
3:00 pm - 3:30 pm **Break | Exhibits & Poster Viewing** (Coffee & Refreshments Provided) Britannia Foyer

3:30 pm - 4:30 pm **Life Is Simple: So Why Do We Screw It Up?** Britannia Ballroom  
*Louis Hugo Francescutti*

4:30 pm - 5:00 pm Closing Remarks & Door Prizes

5:00 pm Adjourn

**The Sheraton Vancouver Airport**



**Acknowledgements**

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**northern health**  
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