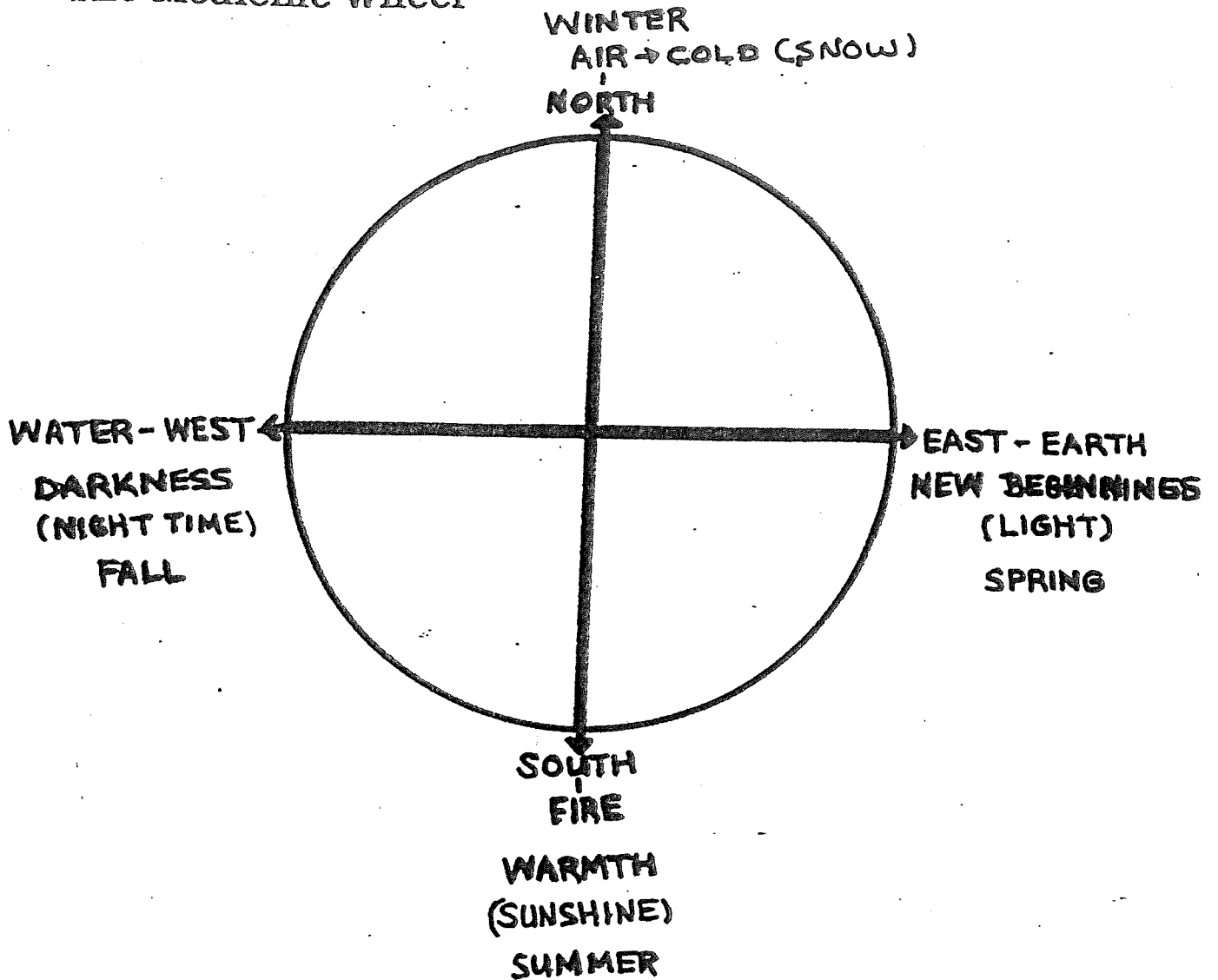


The Medicine Wheel



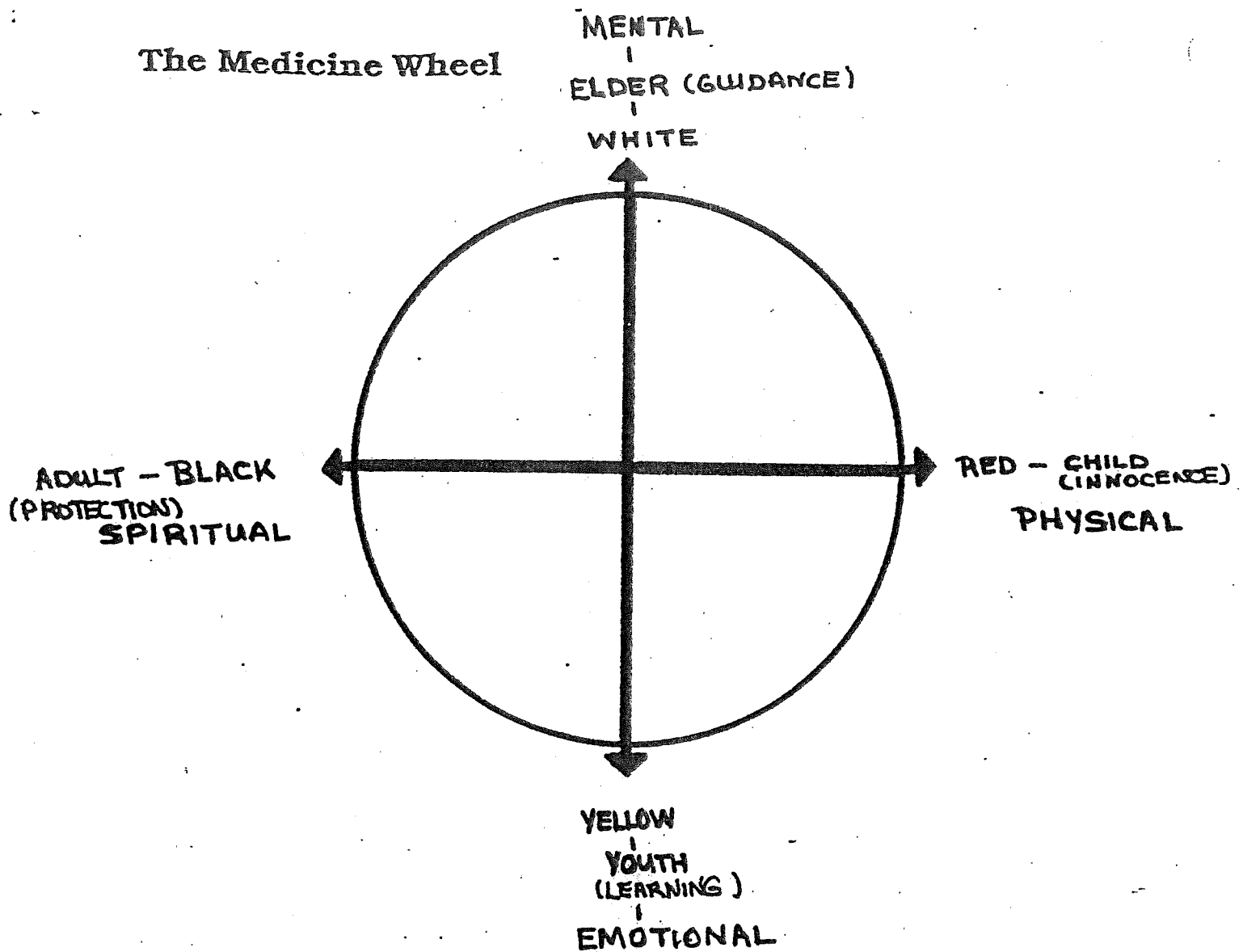
The Medicine Wheel = Balance & Equality

4 Directions → East, North, South, West

4 Elements → Earth, Air, Fire, Water

4 Seasons → Spring, Winter, Summer, Fall

The Medicine Wheel



The Medicine Wheel: Balance & Equality

4 Races of Mankind → Red, Yellow, Black, White

4 Stages of Life → Child, Youth, Adult, Elder

4 Aspects of Self → Mental, Physical, Emotional, Spiritual