

Time to Change

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Jola Berkman
Neonatal Care Coordinator, PSBC



Disclosure

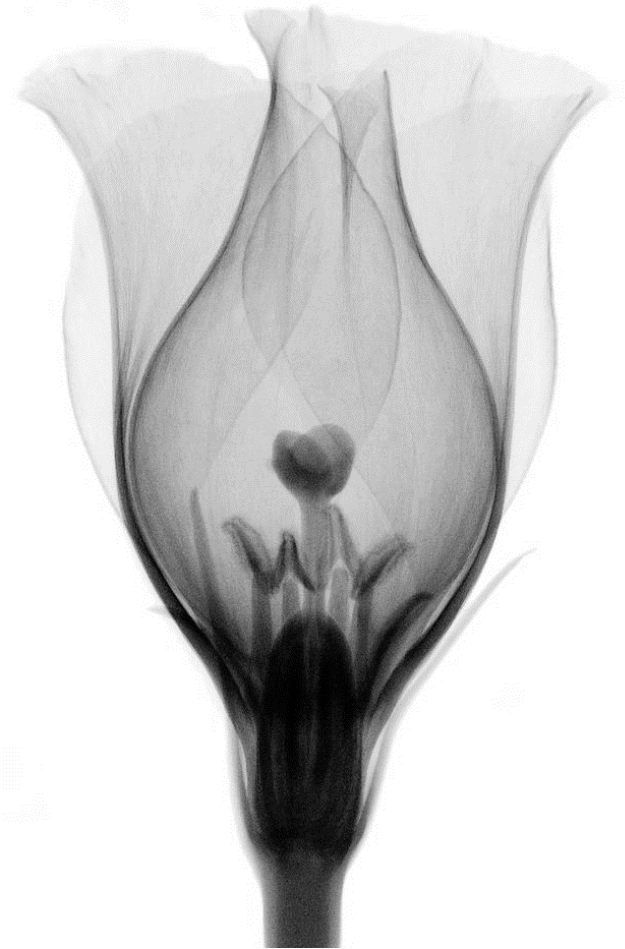
- No conflicts of interest

A extraordinary family with an extraordinary baby



Time to change...

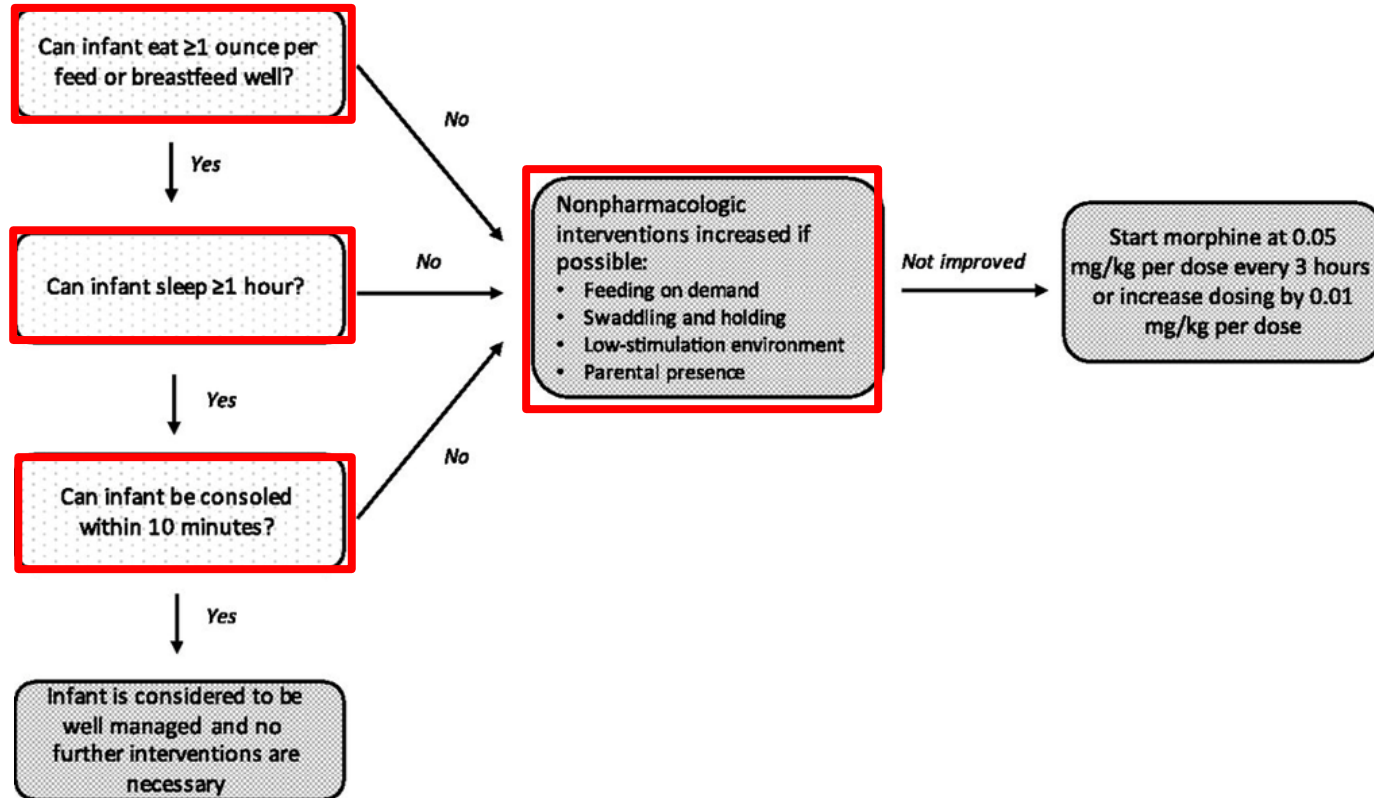
- How do we assess these babies?
- How we support these families and babies?
- **NOW: Neonatal Opioid Withdrawal**



Finnegan Neonatal Abstinence Scoring System

- Most common scoring system used to assess withdrawal symptoms
- Modified versions
- Issue with inter-rater reliability
- Often over score and over treat
- Ensure that staff all understand and agree on definitions of scoring item
- Do NOT score a hungry baby

ESC Approach



Grossman, M. R., Lipshaw, J., Osborn, R. R., & Berkwitt, A. K. (2018). A Novel Approach to Assessing Infants With Neonatal Abstinence Syndrome. *Hospital Pediatrics*.

Non-pharmacological Strategies

- Rooming in
- Breastfeeding
- Cue based care
- Therapeutic Handling

Strategies



Therapeutic Handling Strategies

- Skin-to-skin/cuddling for extended periods of time
- Swaddling
- Slow, gentle handling
- Environmental stimulation to match infant's tolerance
- C position
- Vertical rocking

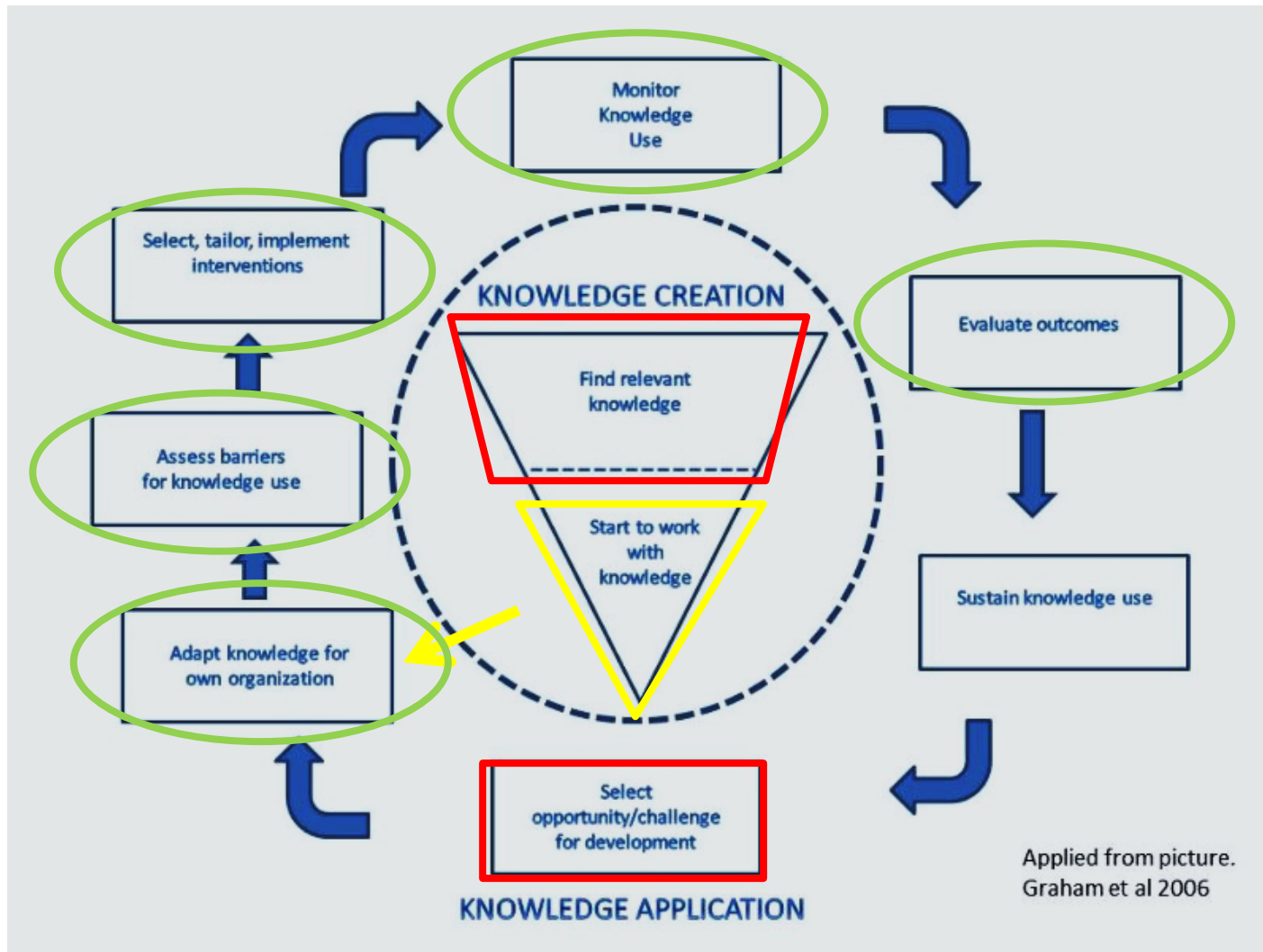
What are we hoping to achieve?

- Decrease use of morphine
- Decrease LOS
- Decrease related cost
- **Promote infant and maternal mental health**
- Investment in the future

Plan for change, a collaborative effort



Knowledge-to-Action Framework



Questions?