

WEIGHT BIAS TOWARDS CHILDREN AND YOUTH WITH OBESITY: SOCIAL JUSTICE CONSIDERATIONS AND RECOMMENDATIONS FOR PRACTICE

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WEIGHT BIAS

1050
CALORIES

**CHOOSE LESS.
WEIGH LESS.**

650
CALORIES

PORTION SIZE MATTERS.
2000 calories a day
is all most adults need.

For more information and tips on healthy eating visit
CHOOSEHEALTHLA.com

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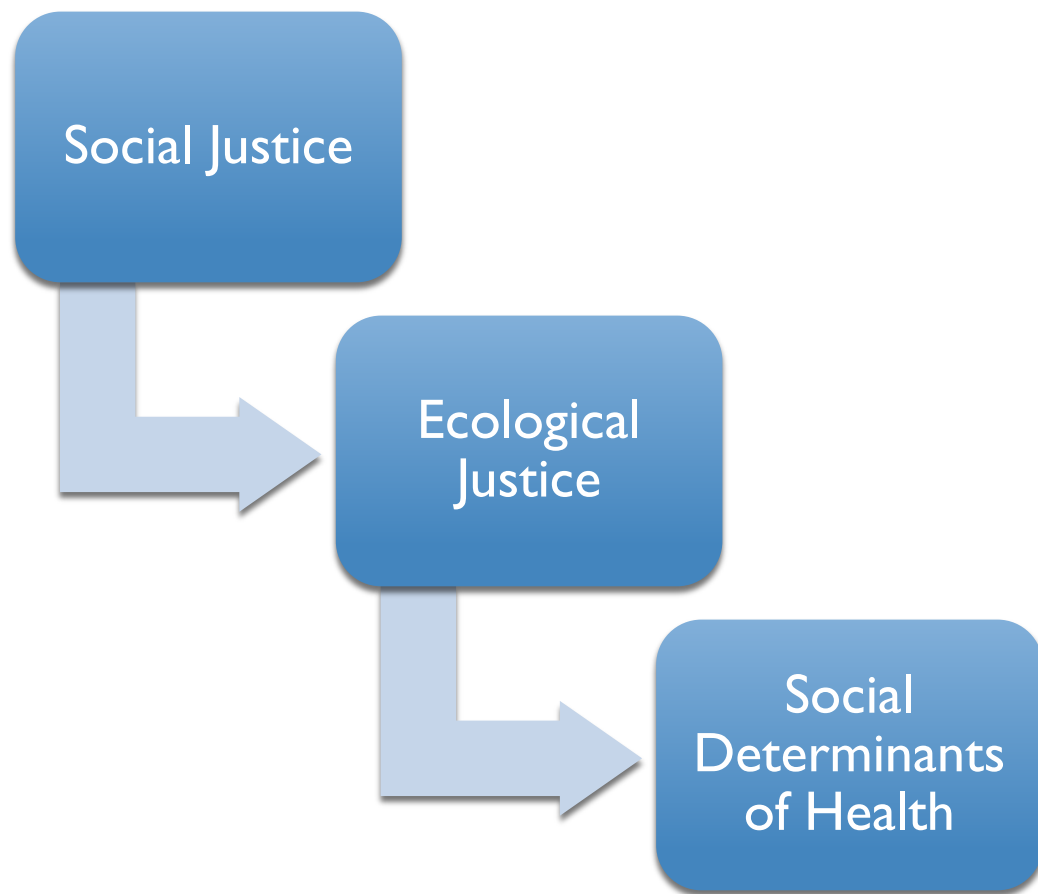
WARNING
**CHUBBY KIDS
MAY NOT
OUTLIVE THEIR
PARENTS**
stopchildhoodobesity.com

WARNING
**FAT KIDS
BECOME FAT
ADULTS.**
stopchildhoodobesity.com

WARNING
**BIG BONES
DIDN'T MAKE ME
THIS WAY.
BIG MEALS DID.**

WARNING
**HE HAS HIS
FATHER'S EYES,
HIS LAUGH AND
MAYBE EVEN HIS
DIABETES.**
stopchildhoodobesity.com

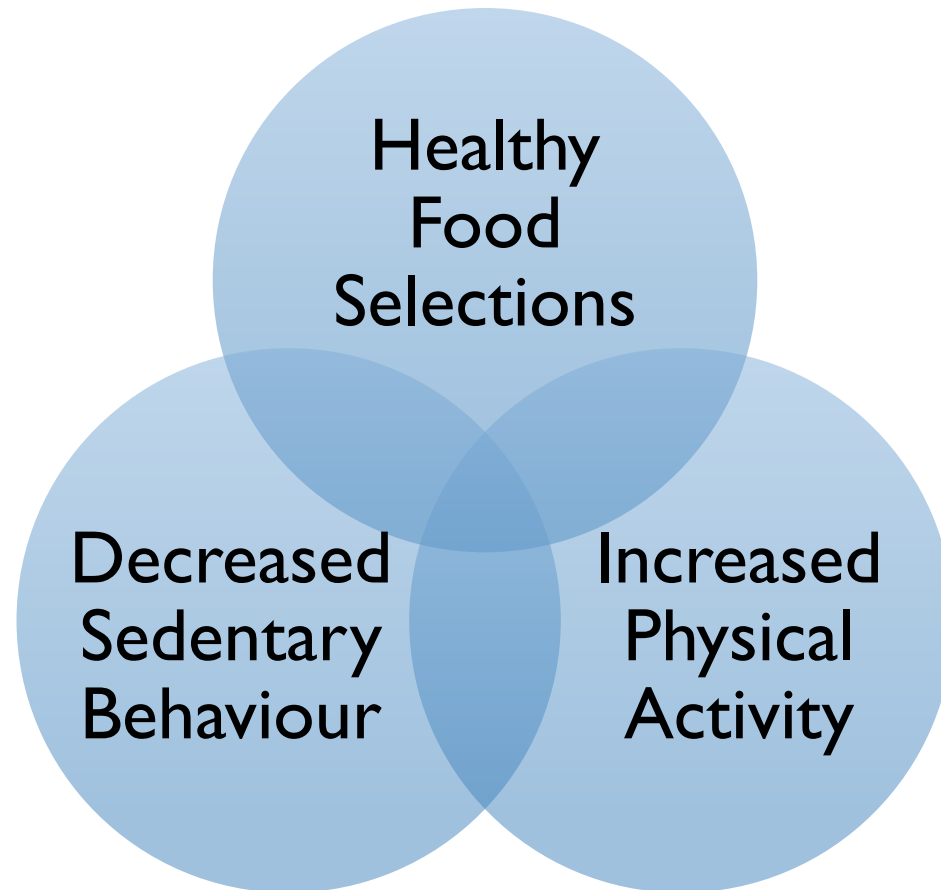
SOCIAL JUSTICE & SOCIAL DETERMINANTS OF HEALTH



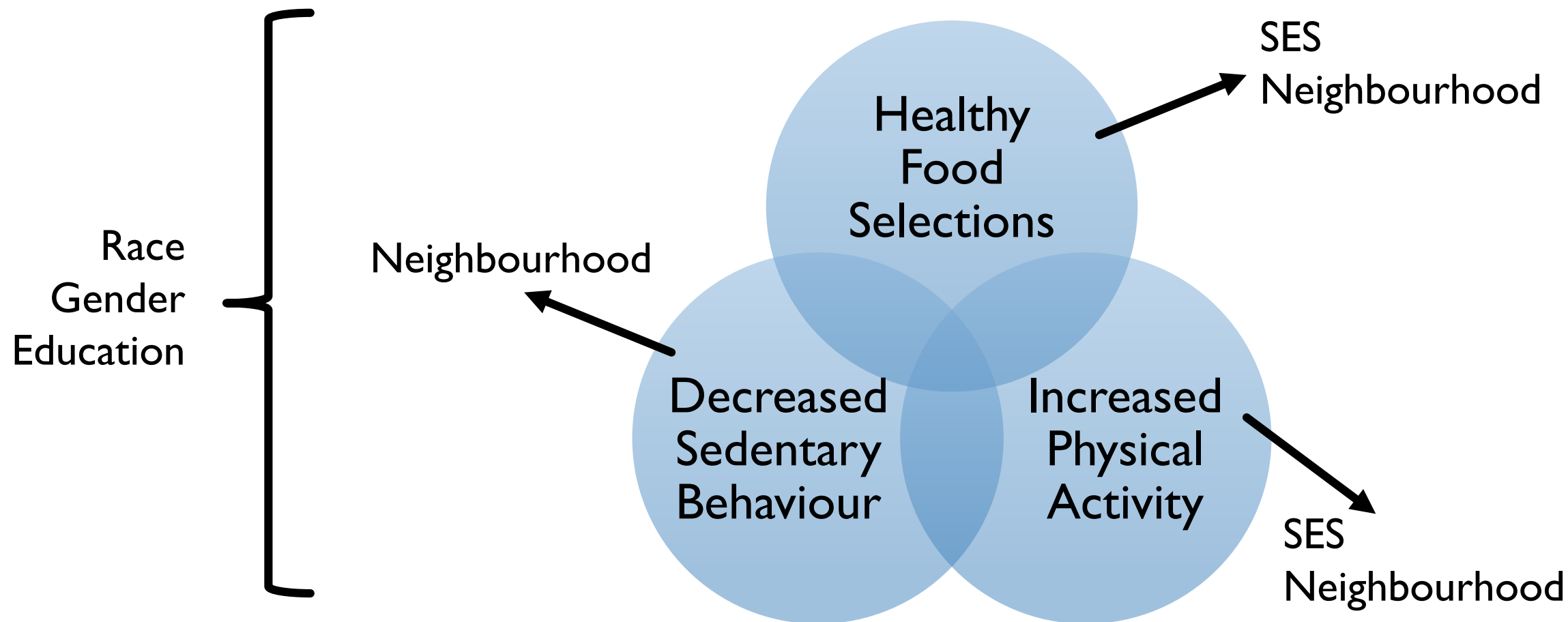
Social Determinants of Weight :

- Race
- Gender
- Socioeconomic Status
- Level of Education
- Neighbourhood Environment

OBESITY PREVENTION IN CHILDREN AND YOUTH



INTEGRATED PERSPECTIVE



FUTURE RESEARCH AND RECOMMENDATIONS

- Future Research:
 - How do the ecological justice factors interfere with obesity prevention efforts?
 - How can an ecological justice perspective be used to improve the success of prevention strategies?
- Recommendations:
 - Consider social locations
 - Identify specific barriers
 - Brainstorm specific solutions

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